

Zawodnicy sklasyfikowani - mężczyźni

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	1	MIELEWCZYK	PIOTR	WARSZAWA	PIEKIELNI WARSZAWA	1990	M30		1 00:15:18 00:15:18	1 00:15:27 00:15:27	1 00:15:40 00:15:40		3
2	8	GONTARCZYK	RAFAŁ	OSTROWIEC ŚWIĘTOKRZYSKI	TEAM NEVER GIVE UP	1989	M30	3 00:15:34 00:15:33	2 00:15:23 00:15:23			1 00:15:31 00:15:29	6
3	4	ŚWIRGOŃ	ADAM	LUBLIN	TRENERBIEGANIA.PL / CRAZY DREAM-ADAMS TEAM	1994	M20	4 00:15:44 00:15:44	5 00:15:40 00:15:40	2 00:15:45 00:15:44		5 00:16:03 00:16:02	11
4	653	JABŁOŃSKI	ARTUR	WARSZAWA/HORODŁO	DREAM RUN/NATIONALE-NEDERLANDEN	1981	M40		8 00:16:03 00:16:03	4 00:15:51 00:15:50	3 00:16:10 00:16:09		15
5	5	WIĘCKOWSKI	ŁUKASZ	WARSZAWA		1995	M20	5 00:15:49 00:15:48	11 00:16:49 00:16:46			2 00:15:49 00:15:48	18
6	101	MIKIELSKI	DANIEL	OLSZTYNEK		1990	M30	15 00:16:42 00:16:39	10 00:16:47 00:16:47	9 00:16:24 00:16:23	4 00:16:31 00:16:30	8 00:16:21 00:16:19	21
7	396	PARFIANOWICZ	PIOTR	WARSZAWA	UNTS WARSZAWA	1994	M20	11 00:16:22 00:16:21	12 00:16:51 00:16:50	7 00:16:14 00:16:14		4 00:15:52 00:15:52	22
8	533	BOGDANOWICZ	DOMINIK	WARSZAWA	TRIATHLETES PERFORMANCE I EAZYMUT.PL	1995	M20	12 00:16:29 00:16:28		6 00:16:11 00:16:10		7 00:16:07 00:16:06	25
9	1224	MILEWSKI	DOMINIK	PŁOCK	RYKOWISKO TEAM/ LASPORTIVA	1998	M20		15 00:16:57 00:16:56	5 00:16:07 00:16:05		9 00:16:25 00:16:23	29
10	10	ORZEL	MICHAŁ	LUBLIN	BANDA GRUDNIA	1981	M40	14 00:16:34 00:16:33		8 00:16:21 00:16:19		11 00:16:31 00:16:29	33
11	7	MACHOWSKI	PAWEŁ	WARSZAWA	ADIDAS RUNNERS WARSAW	1992	M30		21 00:17:23 00:17:21	11 00:16:47 00:16:46		3 00:15:50 00:15:50	35
12	1134	GAWRON	PAWEŁ	WARSZAWA	ADIDAS RUNNERS WARSAW	1991	M30	20 00:16:56 00:16:54	13 00:16:51 00:16:50	13 00:16:56 00:16:55		10 00:16:27 00:16:26	36
13	559	TABER	KONRAD	BRWINÓW	PASSION FIRST	1996	M20	21 00:17:01 00:16:58	19 00:17:09 00:17:08	12 00:16:50 00:16:48			52
14	291	JOSYPENKO	JĘDRZEJ	WARSZAWA	DREAM RUN	1986	M30	23 00:17:20 00:17:17	25 00:17:36 00:17:36	19 00:17:14 00:17:10		15 00:17:02 00:16:59	57
15	466	WILCZURA	MAREK	WARSZAWA	BIEGANIEPO40.PL / SPARTANIE DZIECIOM	1972	M50		31 00:17:50 00:17:48	29 00:17:35 00:17:32	8 00:17:47 00:17:45	25 00:18:01 00:17:58	62
16	593	MIOTK	MARCIN	WARSZAWA	NEON TEAM / MIOTK.PL	1973	M40	32 00:17:47 00:17:46	33 00:18:03 00:18:03	20 00:17:17 00:17:17		13 00:16:57 00:16:56	65
17	458	KRZEMPEK	ALEKSANDER	WARSZAWA	BIEGANIEPO40.PL	1973	M40	29 00:17:35 00:17:33	27 00:17:34 00:17:34	35 00:17:44 00:17:44	11 00:18:06 00:18:06		67
18	621	DZICZEK	SZYMON	WARSZAWA	PASSION FIRST	1995	M20		43 00:18:41 00:18:36		7 00:17:25 00:17:23	18 00:17:18 00:17:16	68
19	202	ŁABĘDZKI	KONRAD	WARSZAWA	DUKLANOWSKI TEAM	1986	M30	19 00:16:56 00:16:53	29 00:17:40 00:17:39		22 00:18:54 00:18:52		70
20	583	KUR	ADRIAN	WARSZAWA	DUCLA ACADEMY WARSZAWA	1990	M30	47 00:18:28 00:18:27			10 00:17:57 00:17:56	16 00:17:03 00:17:00	73
21	448	KRYGIER	KRZYSZTOF	WARSZAWA	SPIESZSIEPOWOLI.PL	1991	M30	68 00:19:12 00:19:05	30 00:17:42 00:17:40	22 00:17:20 00:17:18		21 00:17:29 00:17:27	73
22	209	KOBIĄŁKA	KONRAD	WARSZAWA	KS LEMIESZ TEAM WARSZAWA	1978	M40	26 00:17:22 00:17:18	35 00:18:18 00:18:17			23 00:17:36 00:17:34	84
23	263	WOŹNIAK	PRZEMYSŁAW	LEGIONOWO	WIELISZEW HERON TEAM	1984	M30	44 00:18:19 00:18:15			14 00:18:24 00:18:19	27 00:18:05 00:17:59	85
24	26	KLECZEWSKI	PIOTR	WARSZAWA	LO64	2005	M16	27 00:17:23 00:17:21	34 00:18:16 00:18:16	28 00:17:30 00:17:29			89
25	9	RACZYŃSKI	MIKOŁAJ	WARSZAWA	ADIDAS RUNNERS WARSZAWA	1992	M30	13 00:16:31 00:16:29	66 00:19:27 00:19:21	14 00:17:08 00:17:07			93
26	476	GOZDEK	RADEK	WARSZAWA	BIEGANIEPO40.PL	1973	M40	75 00:19:15 00:19:13	52 00:18:58 00:18:58	59 00:18:46 00:18:43	16 00:18:31 00:18:29	26 00:18:04 00:18:01	94
27	1071	URMANOWSKI	DANIEL	WARSZAWA	DREAM RUN	1988	M30	38 00:18:09 00:18:07	41 00:18:37 00:18:33	67 00:18:56 00:18:52	20 00:18:45 00:18:44	38 00:18:31 00:18:27	94
28	207	PISAREWICZ	KAROL	WARSZAWA	MINISTRY OF SILLY WALKS	1988	M30		44 00:18:43 00:18:41	34 00:17:46 00:17:43		20 00:17:27 00:17:25	98
29	494	STANKOWSKI	RAFAŁ	OŻARÓW MAZOWIECKI	SZURAMSOBIE / UNIA HRUBIESZÓW	1981	M40	33 00:17:55 00:17:54	42 00:18:41 00:18:39	46 00:18:14 00:18:11		24 00:17:58 00:17:55	99
30	152	SKWARCZ	PAWEŁ	WARSZAWA	BIEGANIEPO40.PL	1984	M30	39 00:18:10 00:18:09		56 00:18:48 00:18:41	27 00:19:04 00:18:58	33 00:18:25 00:18:21	99
31	262	WITKOWSKI	PAWEŁ	ŁAJSKI	WIELISZEW HERON TEAM	1979	M40	30 00:17:37 00:17:36		39 00:17:53 00:17:51		31 00:18:18 00:18:16	100
32	79	SŁOWIŃSKI	MARCIN	WARSZAWA	DREAM RUN	1978	M40	62 00:18:43 00:18:42		48 00:18:20 00:18:17	17 00:18:33 00:18:30	35 00:18:27 00:18:23	100

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	340	PAŹDZIOCH	KACPER	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	2005	M16	34 00:17:56 00:17:48	32 00:17:51 00:17:50	36 00:17:47 <u>00:17:45</u>	66 00:21:15 00:21:12		102
34	1334	PIREK	MARIUSZ	WARSZAWA	TRINERGY TEAM	1985	M30			58 00:18:47 00:18:43	18 00:18:40 00:18:38	28 00:18:10 <u>00:18:07</u>	104
35	498	WOJTYNA	ŁUKASZ	WARSZAWA	NEON TEAM	1987	M30		47 00:18:49 00:18:42		21 00:18:52 00:18:42	38 00:18:36 <u>00:18:01</u>	106
36	1139	WIŚNIEWSKI	KRZYSZTOF	WARSZAWA	DREAM RUN	1982	M40	49 00:18:40 00:18:34	49 00:18:52 00:18:50	52 00:18:34 00:18:31	28 00:19:08 00:19:08	30 00:18:18 <u>00:18:15</u>	107
37	493	BIELIŃSKI	MACIEK	WARSZAWA		1986	M30	54 00:18:47 00:18:44	37 00:18:24 00:18:18			22 00:17:31 <u>00:17:28</u>	113
38	128	CHRAPEK	JANUSZ	WARSZAWA	BIEGANIEPO40.PL	1980	M40	43 00:18:18 <u>00:18:17</u>	54 00:19:11 00:19:03	63 00:18:54 00:18:48	29 00:19:11 00:19:06	44 00:18:48 00:18:43	116
39	315	KUROWSKI	MACIEJ	WARSZAWA	NATIONALE-NEDERLANDEN	1980	M40	58 00:18:47 00:18:46	46 00:18:47 00:18:44		31 00:19:16 00:19:14	42 00:18:41 <u>00:18:37</u>	119
40	405	ROSINSKI	PATRYK	WARSZAWA	PASSION FIRST	1997	M20	40 00:18:10 00:18:08	59 00:19:17 00:19:11	27 00:17:28 <u>00:17:23</u>		103 00:21:28 00:21:17	126
41	1369	ANDREYEUSKI	PAVEL	WARSZAWA	ADIDAS RUNNERS	1990	M30			64 00:19:01 00:18:48	19 00:18:42 <u>00:18:36</u>	43 00:18:47 00:18:38	126
42	644	KWIATKOWSKI	MATEUSZ	KOMORNICA	WIELSZEW HERON TEAM	1989	M30		64 00:19:24 00:19:20	57 00:18:52 <u>00:18:42</u>	23 00:18:56 00:18:52	47 00:18:50 00:18:46	127
43	439	PARMEE	ALEXANDER	WARSZAWA	ADIDAS RUNNERS WARSAW / ŻÓRAWSKI TEAM	1990	M30	41 00:18:12 00:18:12	48 00:18:53 00:18:50	40 00:17:55 <u>00:17:52</u>			129
44	201	TKACZ	PATRYK	GRANICA	ROZBIEGANE MICHAŁOWICE	1992	M30	76 00:19:18 00:19:15	73 00:19:38 00:19:34		24 00:18:57 00:18:50	41 00:18:40 <u>00:18:35</u>	138
45	424	ROJEK	PRZEMYSŁAW	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	2005	M16	45 00:18:27 00:18:18	56 00:19:16 00:19:07	43 00:18:13 <u>00:18:08</u>	67 00:21:16 00:21:12		144
46	485	GOGOL	TOMASZ	ŁOMIANKI		1989	M30		72 00:19:36 00:19:33	81 00:19:39 00:19:32	33 00:19:22 00:19:20	40 00:18:38 <u>00:18:32</u>	145
47	322	ŁADNO	MARCIN	SKRZESZEW	WIELSZEW HERON TEAM	1979	M40	69 00:19:12 00:19:07	133 00:24:52 00:21:35	75 00:19:30 00:19:20	30 00:19:13 00:19:07	50 00:19:05 <u>00:19:00</u>	149
48	1119	OCZKOWSKI	MATEUSZ	CHOTOMÓW	GRUPA BIEGOWA CHTMO	1978	M40	48 00:18:32 <u>00:18:28</u>	50 00:19:00 00:18:56	55 00:18:50 00:18:40			153
49	227	PIATKA	TOMASZ	WARSZAWA	ADIDAS RUNNERS WARSAW	1984	M30	56 00:18:45 <u>00:18:45</u>	61 00:19:17 00:19:14	71 00:19:08 00:19:03	37 00:19:40 00:19:36		154
50	1092	SZKÓŁKA	ROBERT	CHOTOMÓW	WIELSZEW HERON TEAM	1973	M40	59 00:18:51 00:18:47		62 00:18:57 00:18:47		34 00:18:26 <u>00:18:22</u>	155
51	370	ŚWIĘCICKI	IGNACY	WARSZAWA	OBOZYBIEGOWE.PL	1984	M30	50 00:18:41 <u>00:18:36</u>	57 00:19:15 00:19:08	65 00:18:53 00:18:50		51 00:19:09 00:19:02	158
52	400	SOBICZEWSKI	RAFAŁ	ŁOMIANKI	PASSION FIRST	1984	M30	55 00:18:46 00:18:45	45 00:18:44 <u>00:18:42</u>			60 00:19:22 00:19:18	160
53	483	GÓRECKI	RAFAŁ	LESZNO	UKS MELO BLONIE	1978	M40	85 00:19:42 00:19:41		90 00:19:57 00:19:49	34 00:19:23 00:19:20	48 00:18:56 <u>00:18:50</u>	167
54	129	KMIĘĆ	CEZARY	WARSZAWA	KS LEMIESZ TEAM WARSZAWA	1969	M50	65 00:19:04 <u>00:19:02</u>	113 00:20:58 00:20:52	80 00:19:37 00:19:31	35 00:19:24 00:19:20	69 00:19:41 00:19:34	169
55	481	PARASZKA	ŁUKASZ	WARSZAWA	MINIONS SPEED TEAM	1987	M30	91 00:19:55 00:19:54	75 00:19:40 00:19:37	79 00:19:35 00:19:30	41 00:19:57 00:19:54	58 00:19:18 <u>00:19:12</u>	174
56	158	KAMIŃSKI	PAWEŁ	WARSZAWA	ADIDAS RUNNERS WARSAW	1976	M40	61 00:18:52 00:18:50		61 00:18:54 <u>00:18:47</u>		53 00:19:08 00:19:04	175
57	457	GAWĘŁ	PIOTR	ŁOMIANKI		1978	M40	60 00:18:55 <u>00:18:48</u>	84 00:20:00 00:19:55	78 00:19:33 00:19:25	38 00:19:51 00:19:44	249 00:29:44 00:27:06	176
58	380	KURIATA	ŁUKASZ	WARSZAWA	EDC RUNNERS	1986	M30	84 00:19:50 00:19:41	86 00:20:09 00:19:59	84 00:19:41 00:19:33	39 00:19:55 00:19:48	54 00:19:13 <u>00:19:06</u>	177
59	31	PRZYCHODZKI	ŁUKASZ	ŁAJSKI	TEAM KOPEĆ	1981	M40	73 00:19:18 00:19:13	68 00:19:31 00:19:27			37 00:18:31 <u>00:18:27</u>	178
60	231	ANDERS	DAMIAN	MYSIADŁO	KONDYCJA PIASECZNO	2006	M16	37 00:18:08 <u>00:18:06</u>	123 00:21:35 00:21:26			29 00:18:13 00:18:09	189
61	353	OSTROWSKI	MARCIN	WARSZAWA	PZU SPORT TEAM	1986	M30	94 00:20:11 00:19:57	82 00:19:55 00:19:47		45 00:20:12 00:20:04	68 00:19:44 <u>00:19:33</u>	195
62	554	OTŁÓWSKI	ALEKSY	WARSZAWA	TRIMASTERS	1991	M30	101 00:20:24 00:20:15	100 00:20:46 00:20:33	91 00:20:00 00:19:50	44 00:20:10 00:20:03	61 00:19:29 <u>00:19:21</u>	196
63	429	GAŁĄZKA	ŁUKASZ	CHOTOMÓW	KMD RUNNING CLUB	1981	M40	72 00:19:16 00:19:12	71 00:19:33 00:19:28			55 00:19:14 <u>00:19:08</u>	198
64	53	KRYWCZUK	TOMASZ	WARSZAWA	ADIDAS RUNNERS WARSAW	1995	M20	37 00:20:23 00:20:11	123 00:21:35 00:21:26	132 00:21:42 00:21:30	51 00:20:20 00:20:16	49 00:18:58 <u>00:18:52</u>	199
65	346	BRZUSZKIEWICZ	MICHAŁ	WARSZAWA	KMD RUNNING CLUB/ DREAM RUN	1988	M30	66 00:19:05 00:19:03	69 00:19:31 00:19:28	66 00:18:56 <u>00:18:52</u>			201
66	510	BARAŃSKI	KRZYSZTOF	PIASECZNO	ADIDAS RUNNERS WARSAW	1989	M30	126 00:21:10 00:21:02	139 00:21:48 00:21:42	94 00:20:06 00:19:52	43 00:20:01 00:19:53	64 00:19:38 <u>00:19:28</u>	201

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
67	188	WERNER	KAMIL	WARSZAWA	DZIKI BIEG	1984	M30			88 00:19:06 00:18:57	108 00:24:38 00:22:57	32 00:18:23 00:18:18	206
68	142	MALECKI	KAROL	WARSZAWA		1993	M20	112 00:20:47 00:20:38	90 00:20:19 00:20:16		53 00:20:24 00:20:22	66 00:19:34 00:19:29	209
69	242	KOSZCZUK	ŁUKASZ	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1983	M30		101 00:20:37 00:20:34	100 00:20:17 00:20:09	48 00:20:14 00:20:05	65 00:19:34 00:19:29	213
70	470	MARON	JACEK	WARSZAWA	ADIDAS RUNNERS WARSAW / JACK TEAM	1968	M50	118 00:20:56 00:20:50		110 00:20:48 00:20:34	49 00:20:21 00:20:13	56 00:19:21 00:19:12	215
71	349	WNUK	TOMASZ	WARSZAWA	NAPRZÓD MŁOCINY	1981	M40	74 00:19:17 00:19:13	67 00:19:29 00:19:26	74 00:19:20 00:19:15			215
72	374	WAWRZYŃIAK	DAMIAN	WARSZAWA	ACCENTURE	1993	M20	113 00:20:47 00:20:38	99 00:20:40 00:20:32	96 00:20:10 00:19:59	42 00:19:58 00:19:54	77 00:19:58 00:19:53	215
73	665	TARANTA	DANIEL	WARSZAWA		1994	M20		62 00:19:18 00:19:14	70 00:19:08 00:19:01		87 00:20:42 00:20:25	219
74	206	LEWIŃSKI	ANDRZEJ	WARSZAWA		1984	M30	81 00:19:28 00:19:24	120 00:22:21 00:21:19	86 00:19:49 00:19:40	50 00:20:18 00:20:13		219
75	522	BANASIUK	MACIEJ	WARSZAWA	BIEGACZ Z MARSA	1971	M50	82 00:19:34 00:19:31	78 00:19:46 00:19:42	89 00:19:46 00:19:42		62 00:19:27 00:19:22	222
76	1203	PUKA	MATEUSZ	WARSZAWA	NEON TEAM	1993	M20		91 00:20:26 00:20:18	76 00:19:33 00:19:25		57 00:19:23 00:19:12	224
77	336	DUDZIK	JAN	WARSZAWA	MISTRZOWSKI TRENING	1988	M30	88 00:19:54 00:19:50	119 00:21:27 00:21:15	95 00:20:10 00:19:59	60 00:20:50 00:20:41	83 00:20:27 00:20:16	231
78	266	DZIERŻYŃSKI	ŁUKASZ	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	1984	M30			98 00:20:08 00:20:01	55 00:21:10 00:20:24	79 00:21:14 00:19:55	232
79	1216	OCHREMIAK	MICHAŁ	WARSZAWA		1991	M30		98 00:20:38 00:20:32	99 00:20:06 00:20:02	57 00:20:32 00:20:24	78 00:20:00 00:19:53	233
80	524	WĘGLIŃSKI	SEBASTIAN	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	1983	M30	150 00:22:43 00:21:44		92 00:19:58 00:19:51	101 00:23:35 00:22:49	45 00:18:49 00:18:46	238
81	100	KUCHARCZYK	PAWEŁ	OPACZ KOLONIA	ROZBIEGANIE MICHAŁOWICE	1966	M50	71 00:19:15 00:19:10		97 00:20:07 00:19:59		73 00:19:57 00:19:49	241
82	655	BIELECKI	JAKUB	WARSZAWA	NEON TEAM	1983	M30		117 00:21:26 00:21:12	82 00:19:40 00:19:32	46 00:29:46 00:19:46		245
83	1379	CZAKO	ANDRAS	WARSZAWA	TRIMASTERS	1981	M40	104 00:20:25 00:20:21	131 00:21:47 00:21:31	108 00:20:41 00:20:30	64 00:21:12 00:21:05	80 00:20:07 00:19:59	248
84	536	SZYMAŃSKI	HUBERT	ŁOMIANKI	BIEGOWY WARIAT RUNNING TEAM	1979	M40	92 00:20:02 00:19:56	109 00:20:54 00:20:45	87 00:19:55 00:19:40		70 00:19:45 00:19:36	249
85	547	KALINOWSKI	KAROL	WARSZAWA	KS LEMIESZ TEAM	1983	M30	93 00:20:00 00:19:57	108 00:20:51 00:20:41	77 00:19:31 00:19:25		81 00:20:16 00:20:12	251
86	465	KANAFKA	PIOTR	MARKI	MARKOWI BIEGACZE	1982	M40	96 00:20:09 00:20:04	112 00:20:55 00:20:51	104 00:20:22 00:20:15		52 00:19:07 00:19:02	252
87	1209	BZURA	JACEK	WARSZAWA	ENDUUB RUNNING TEAM	1975	M40		95 00:20:32 00:20:27	106 00:20:32 00:20:26	61 00:20:55 00:20:52		262
88	382	FAJKOWSKI	PIOTR	WARSZAWA	ADIDAS RUNNERS WARSAW	1986	M30	80 00:19:29 00:19:23	92 00:20:27 00:20:21	101 00:20:24 00:20:12			273
89	275	NIEWIAROWSKI	ADAM	BORZĘCIN MAŁY	OJ_DANA	1979	M40	144 00:21:37 00:21:26	126 00:21:40 00:21:28		52 00:20:34 00:20:21	110 00:21:31 00:21:22	288
90	131	SZEWczyk	JACEK	WARSZAWA		1975	M40	213 00:24:54 00:23:50	173 00:23:09 00:22:37	142 00:22:02 00:21:49	62 00:21:10 00:21:02	90 00:20:49 00:20:40	294
91	1232	KUCHARSKI	PIOTR	LUBARTÓW	12TRI.PL	1968	M50		125 00:21:49 00:21:27	119 00:21:10 00:21:00	70 00:21:33 00:21:28	115 00:21:40 00:21:29	304
92	327	KUBINSKI	ARTUR	OZARÓW MAZOWIECKI	TRI LYNX	1976	M40	133 00:21:22 00:21:13	118 00:22:19 00:21:14	119 00:22:26 00:20:50		74 00:22:26 00:19:49	305
93	199	BORKOWSKI	MARIUSZ	WARSZAWA		1981	M40	114 00:20:45 00:20:41		117 00:21:04 00:20:56		75 00:19:58 00:19:50	306
94	363	CIOK	PRZEMYSŁAW	WARSZAWA	KS STASZEWCY	1980	M40	148 00:21:35 00:21:30	150 00:23:02 00:22:01	150 00:22:50 00:22:03	69 00:21:32 00:21:26	91 00:21:00 00:20:55	306
95	408	MAJEWSKI	TOMASZ	WOŁOMIN	WIDŁOROGI	1980	M40	272 00:27:17 00:26:11	142 00:21:53 00:21:44	103 00:20:23 00:20:15		63 00:19:32 00:19:25	308
96	548	GONCHAROV	MICHAEL	WARSZAWA	KS LEMIESZ TEAM	1989	M30	132 00:21:16 00:21:12	127 00:21:51 00:21:28	134 00:21:38 00:21:31	81 00:22:21 00:22:06	100 00:21:21 00:21:13	308
97	459	SIEDLECKI	ŁUKASZ	WARSZAWA	BIEGANIEP040.PL	1985	M30	110 00:20:45 00:20:37	122 00:21:30 00:21:22	115 00:21:05 00:20:55		88 00:20:39 00:20:30	313
98	314	MOSTOWSKI	ARTUR	WARSZAWA	TRI LYNX	1973	M40	124 00:21:04 00:20:56		129 00:21:38 00:21:20	80 00:22:54 00:22:04	109 00:22:42 00:21:22	313
99	81	TERESZCZUK	JAKUB	WARSZAWA	RUNNING ONIONS	1986	M30	125 00:21:11 00:21:01		128 00:21:30 00:21:19	65 00:21:18 00:21:12		318
100	626	HAPONIUK	WOJCIECH	WARSZAWA	WIDŁOROGI	2003	M16		130 00:21:38 00:21:29	120 00:21:13 00:21:04	74 00:21:58 00:21:48	128 00:22:12 00:22:00	322

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
101	426	TLAGA	KRZYSZTOF	WARSZAWA	ZABIEGANY WOŁOMIN	1986	M30	178 00:23:50 00:22:41	152 00:22:32 00:22:02	135 00:21:50 00:21:32	75 00:22:02 00:21:49	113 00:21:32 00:21:24	323
102	212	CZERWOŃSKI	ARTUR	ŁOMIANKI	WIDŁOROGI/KS LEMIESZ TEAM	1968	M50	107 00:20:41 00:20:35		105 00:20:28 00:20:20		112 00:21:31 00:21:24	324
103	282	NESTOROWICZ	MICHAŁ	WARSZAWA	NATIONALE-NEDERLANDEN	1975	M40	120 00:20:59 00:20:51	134 00:21:44 00:21:35	116 00:21:04 00:20:55		89 00:20:47 00:20:36	325
104	197	MAJEWSKI	MICHAŁ	WARSZAWA	MBC TEAM	1987	M30	152 00:22:01 00:21:51	159 00:22:35 00:22:16	159 00:22:33 00:22:22	76 00:22:05 00:21:52	97 00:21:19 00:21:09	325
105	214	WYGONOWSKI	JACEK	WARSZAWA		1972	M50		141 00:22:54 00:21:44	137 00:22:38 00:21:44	79 00:22:49 00:22:01	111 00:22:43 00:21:23	327
106	444	PIKUL	PIOTR	WARSZAWA	ADIDAS RUNNERS WARSAW	1980	M40	105 00:20:32 00:20:26	116 00:21:08 00:21:02	109 00:20:46 00:20:33		118 00:21:45 00:21:34	330
107	1285	DALGIEWICZ	DARIUSZ	ŁOMIANKI	GUNS AND ROSES RUN TEAM	1957	M60		138 00:21:56 00:21:40	125 00:21:32 00:21:17	68 00:21:34 00:21:23		331
108	1115	STACHURSKI	DANIEL	WARSZAWA	KARAŚ TRI-SWIM TEAM	1976	M40	135 00:23:13 00:21:14	115 00:21:04 00:20:54			85 00:20:26 00:20:21	335
109	616	KWIATKOWSKI	TOMASZ	WARSZAWA	AKTYWNA WARSZAWA	1978	M40		140 00:21:52 00:21:43		93 00:23:26 00:22:39	102 00:23:57 00:21:16	335
110	230	SIKORA	PAWEŁ	WARSZAWA	COMPENSA AKTYWNI	1979	M40	153 00:22:09 00:21:57	163 00:22:32 00:22:23	133 00:21:39 00:21:31	97 00:22:53 00:22:44	107 00:21:30 00:21:21	337
111	103	WOCH	KRZYSZTOF	ŁOMIANKI	WIDŁOROGI	1980	M40	115 00:20:51 00:20:45	129 00:21:37 00:21:29	121 00:21:16 00:21:07		108 00:21:33 00:21:22	344
112	442	KANIA	PAWEŁ	WARSZAWA	BIEGAM NA TARCHOMINIE	1971	M50	131 00:21:29 00:21:12		152 00:23:07 00:22:13	84 00:23:10 00:22:19	129 00:23:25 00:22:02	344
113	530	PRAJSNAR	PAWEŁ	WARSZAWA		1993	M20	180 00:23:57 00:22:45	158 00:23:17 00:22:14	146 00:22:47 00:21:57	77 00:22:02 00:21:53	121 00:22:03 00:21:46	344
114	594	PRZYBYSZ	TOMASZ	WARSZAWA		1992	M30	172 00:22:44 00:22:29	145 00:22:06 00:21:46	180 00:23:12 00:22:57	87 00:23:16 00:22:28	114 00:22:47 00:21:27	346
115	281	DOMAGAŁA	JAROSŁAW	WARSZAWA	AKTYWNA WARSZAWA	1966	M50	154 00:22:59 00:21:58		139 00:22:36 00:21:45	82 00:23:18 00:22:17	130 00:23:22 00:22:03	351
116	118	STAŃCZUK	KRZYSZTOF	CZARNA	TRAILOVE	1984	M30	128 00:21:11 00:21:05	128 00:21:39 00:21:28	145 00:22:09 00:21:54	102 00:23:05 00:22:50		358
117	355	MACIĄG	PRZEMYSŁAW	WARSZAWA	BIEGAJ Z URSUSEM / PAWKO RUNNER TEAM	1980	M40		144 00:22:11 00:21:44		92 00:23:22 00:22:34	124 00:23:20 00:21:55	360
118	1186	WASILEWSKI	PIOTR	GŁOSKÓW	NEON TEAM	1978	M40		156 00:22:40 00:22:09	112 00:20:59 00:20:48		93 00:21:12 00:20:59	361
119	406	RĄBALSKI	MARCIN	WARSZAWA	KMD RUNNING CLUB	1985	M30	140 00:21:37 00:21:23	124 00:21:46 00:21:26			101 00:21:27 00:21:14	365
120	464	MAJEWSKI	SEBASTIAN	CZARNA	SAINT-GOBAIN SQUAD	1980	M40	137 00:21:29 00:21:17		131 00:21:52 00:21:28		99 00:21:24 00:21:12	367
121	302	PISARCZYK	GRZEGORZ	WARSZAWA	TRI LYNX	1980	M40	138 00:21:29 00:21:20	146 00:21:59 00:21:51	286 00:28:27 00:26:56		92 00:22:18 00:20:58	376
122	288	ROSINSKI	KRZYSZTOF	WARSZAWA	ZALINIAMIETY	1971	M50	139 00:21:30 00:21:21	170 00:22:48 00:22:35	138 00:21:53 00:21:44		105 00:21:29 00:21:19	382
123	189	WOJEWÓDZKI	MARCIN	WARSZAWA	WOJEWÓDZCY TEAM	1993	M20	179 00:26:53 00:22:43			90 00:23:20 00:22:30	125 00:23:19 00:21:57	394
124	443	ANDERS	DANIEL	WARSZAWA		1979	M40	159 00:22:15 00:22:11	135 00:21:36 00:21:35			104 00:21:22 00:21:17	398
125	437	STOBNICKI	MATEUSZ	BŁONIE	GABIN BIEGAPARKRUN PRUSZKÓW	1993	M20	163 00:22:29 00:22:15	143 00:22:14 00:21:44	140 00:22:04 00:21:47		116 00:21:44 00:21:29	399
126	127	BAŚ	MICHAŁ	WARSZAWA	4822	1993	M20			156 00:22:39 00:22:20	86 00:23:27 00:22:25	157 00:25:38 00:22:56	399
127	427	ZAREMBA	KACPER	WARSZAWA		1986	M30	168 00:23:27 00:22:20		127 00:21:36 00:21:18		106 00:21:27 00:21:20	401
128	46	MATUSZEWSKI	ŁUKASZ	WARSZAWA	BW RUNNIG TEAM	1986	M30	129 00:21:15 00:21:07	157 00:22:21 00:22:11	118 00:21:11 00:21:00			404
129	217	MACIEJEWSKI	STANISŁAW	WARSZAWA	WPRUNNING	1971	M50	171 00:22:35 00:22:27	182 00:23:06 00:22:58	169 00:22:57 00:22:47	103 00:22:58 00:22:54	134 00:22:15 00:22:09	406
130	87	SZEWCZYK	TOMASZ	WARSZAWA		1992	M30	198 00:24:26 00:23:25		147 00:22:16 00:21:58	72 00:21:56 00:21:40		417
131	1471	JANKIEWICZ	PATRYK	PIASTÓW	ROZBIEGANY PIASTÓW	1983	M30			175 00:23:09 00:22:52	99 00:23:41 00:22:47	146 00:22:44 00:22:34	420
132	61	RĄCZKOWSKI	ADAM	WARSZAWA	MYKK	1981	M40	149 00:21:48 00:21:43		136 00:21:42 00:21:32	169 00:26:49 00:25:48	136 00:22:24 00:22:11	421
133	338	MECHELEWSKI	BARTŁOMIEJ	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1973	M40	141 00:21:39 00:21:25	136 00:21:47 00:21:37	149 00:22:12 00:22:02			426
134	431	BOBER	JAROSŁAW	WARSZAWA		1991	M30	175 00:22:49 00:22:35	148 00:22:20 00:21:59	195 00:24:16 00:23:21	104 00:24:30 00:22:56		427

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135	39	HENREWICZ	KUBA	WARSZAWA		1976	M40	147 00:22:32 00:21:31	160 00:22:30 00:22:19	158 00:22:39 00:22:22		123 00:22:05 00:21:52	428
136	20	SZAŁAŃSKI	ALAN	WARSZAWA	NEW BALANCE RUN CLUB	1988	M30	186 00:24:09 00:23:07	177 00:23:55 00:22:48	153 00:23:06 00:22:14	100 00:23:42 00:22:48		430
137	1073	KNAGA	PIOTR	WARSZAWA		1982	M40		238 00:28:18 00:24:58	193 00:24:10 00:23:13	94 00:23:41 00:22:42	143 00:23:50 00:22:26	430
138	88	KLUJ	BOGUSŁAW	ZAKRĘT	GUNS AND ROSES RUN TEAM/BIEGAM DLA SANDRY I ROBERTA	1958	M60	177 00:23:40 00:22:39	198 00:23:43 00:23:25	194 00:23:48 00:23:20	109 00:24:03 00:23:14	149 00:24:05 00:22:39	435
139	187	SPECJALSKI	MACIEJ	WARSZAWA	EMCE RUNNING TEAM	1987	M30	243 00:25:53 00:24:51	219 00:26:19 00:24:21	198 00:23:42 00:23:26	105 00:23:08 00:22:57	133 00:23:29 00:22:08	436
140	587	SZYMAŃSKI	BARTEK	WARSZAWA	ADIDAS RUNNERS WARSAW	1975	M40	79 00:19:26 00:19:21	96 00:20:40 00:20:27	267 00:26:32 00:25:43			442
141	1184	SENGER	ROBERT	WARSZAWA	TRIZARZA TEAM	1982	M40		147 00:22:03 00:21:55	161 00:22:29 00:22:24		138 00:22:25 00:22:14	446
142	271	RUTKOWSKI	MICHAŁ	WARSZAWA		1975	M40		211 00:24:12 00:23:52	167 00:23:02 00:22:46	107 00:23:53 00:23:06	174 00:26:03 00:23:22	448
143	181	MIKINA	ARTUR	WARSZAWA	GUNS AND ROSES RUN TEAM	1959	M60		189 00:23:20 00:23:06	176 00:23:19 00:22:53	112 00:23:31 00:23:19	160 00:23:22 00:23:01	448
144	1300	WEREDA	PAWEŁ	WARSZAWA		1970	M50		183 00:23:13 00:23:00	216 00:27:04 00:23:47	117 00:24:23 00:23:34	150 00:26:29 00:22:40	450
145	200	KASHIVSKYY	OLEH	WARSZAWA	DUKLANOWSKI TEAM	1970	M50	164 00:22:22 00:22:17	153 00:22:10 00:22:04	168 00:22:53 00:22:47		141 00:22:37 00:22:26	458
146	373	KOBYLEC	ARTUR	WARSZAWA		1979	M40	174 00:23:37 00:22:33	168 00:23:36 00:22:33	185 00:23:49 00:23:01	138 00:25:27 00:24:27	155 00:24:20 00:22:55	461
147	508	DĘBSKI	ROBERT	WARSZAWA		1973	M40	215 00:26:00 00:23:58		219 00:25:30 00:23:56	108 00:24:07 00:23:10	145 00:23:54 00:22:32	468
148	486	BAREJA	LESZEK	WARSZAWA	RUN AND SMILE TEAM	1970	M50		180 00:24:02 00:22:56		120 00:24:44 00:23:40	168 00:24:38 00:23:14	468
149	501	KALUKIEWICZ	DOBROMIŁ	BABICE NOWE	MYKK	1984	M30	162 00:24:12 00:22:13	164 00:24:25 00:22:25	144 00:23:45 00:21:52			470
150	91	KOZERSKI	ŁUKASZ	WARSZAWA		1976	M40	195 00:23:22 00:23:22			125 00:24:41 00:23:48	151 00:24:03 00:22:40	471
151	632	KOWALSKI	MARIUSZ	WARSZAWA		1977	M40		197 00:23:50 00:23:23	165 00:23:34 00:22:42	111 00:24:14 00:23:19		473
152	1313	PROCHOWICZ	KAROL	WARSZAWA		1991	M30		218 00:23:57 00:23:50	126 00:24:42 00:23:49	135 00:22:21 00:22:09		479
153	196	PĘKAŁSKI	MAREK	WARSZAWA	DIE ANTWOORD	1977	M40	156 00:22:05 00:22:02		162 00:22:29 00:22:25	162 00:25:44 00:25:29		480
154	630	STRAWSKI	MARCIN	WARSZAWA	OBIEGUWKA	1979	M40		209 00:24:58 00:23:50	192 00:24:18 00:23:13	121 00:24:50 00:23:45	171 00:24:49 00:23:17	484
155	628	MATEJA	WOJCIECH	WARSZAWA	OBIEGUWKA	1980	M40		187 00:24:11 00:23:05	189 00:24:19 00:23:11	110 00:24:24 00:23:17	189 00:25:29 00:23:57	486
156	1295	GOLEBIEWSKI	LUKASZ	WARSZAWA		1976	M40		181 00:22:56 00:22:56	208 00:23:52 00:23:41	98 00:22:51 00:22:45		487
157	1264	BANASZEK	GRZEGORZ	WARSZAWA		1981	M40		195 00:25:26 00:23:21	181 00:23:55 00:22:59	116 00:25:10 00:23:34		492
158	70	DRABIŃSKI	ADRIAN	WARSZAWA	BEERSPIRIT	1978	M40		201 00:24:06 00:23:39	262 00:27:07 00:26:25	133 00:25:17 00:24:18	159 00:24:26 00:23:01	493
159	564	PANEK	KRZYSZTOF	WARSZAWA		1989	M30		204 00:24:49 00:23:42		124 00:24:40 00:23:48	170 00:24:43 00:23:16	498
160	218	KUŹNIARSKI	PAWEŁ	WARSZAWA	T-MOBILE SPORT TEAM	1982	M40	176 00:23:40 00:22:39	176 00:23:49 00:22:48	196 00:23:49 00:23:02		148 00:24:01 00:22:39	500
161	55	MICHAŁEK	TOMASZ	ŁOMIANKI		1972	M50	203 00:25:42 00:23:40	190 00:24:09 00:23:06	191 00:24:02 00:23:11	119 00:23:55 00:23:38		500
162	317	SIENKIEWICZ	MICHAŁ	WARSZAWA		1985	M30	235 00:26:41 00:24:34	179 00:24:53 00:22:53		136 00:25:58 00:24:24	186 00:26:30 00:23:53	501
163	1296	MISIAK	MIROSLAW	KORYTOW A	WIDŁOROGI	1970	M50		191 00:23:17 00:23:07	170 00:23:35 00:22:48		147 00:23:54 00:22:35	508
164	237	LIPIŃSKI	OSKAR	WARSZAWA		1987	M30		207 00:27:14 00:23:47		158 00:28:00 00:25:22	144 00:22:52 00:22:31	509
165	120	MAŁŻ	BARTOSZ	WARSZAWA		1987	M30	169 00:23:23 00:22:20		206 00:25:09 00:23:37	135 00:26:54 00:24:23		510
166	562	USZYŃSKI	ZBIGNIEW	WARSZAWA	TRAILOVE	1982	M40	202 00:24:31 00:23:31	215 00:25:08 00:24:04	211 00:24:33 00:23:43	144 00:27:01 00:24:40	164 00:24:38 00:23:10	510
167	246	JAROCZOWSKI	WŁADYSŁAW	JABŁONNA		1957	M60	173 00:22:44 00:22:32		164 00:23:20 00:23:01		154 00:24:10 00:22:50	511
168	300	STARZYŃSKI	STEFAN	LUBLIN	PERFECT RUNNER TEAM	1968	M50	222 00:25:08 00:24:05		203 00:25:24 00:23:33	134 00:26:03 00:24:21	175 00:26:07 00:23:26	512

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
169	539	ANUSZEWSKI	MICHAŁ	WARSZAWA	DREAM RUN	1981	M40	221 00:24:14 00:24:02	229 00:24:51 00:24:34	154 00:22:35 00:22:17		139 00:22:30 00:22:16	514
170	388	OWOC	TOMASZ	WARSZAWA	PKO BANK POLSKI / NEW BALANCE RUN CLUB	1971	M50	200 00:24:32 00:23:29	193 00:24:33 00:23:16	183 00:23:25 00:22:59		140 00:23:48 00:22:20	516
171	17	GAWLIK	ARKADIUSZ	WARSZAWA	BIEGAM NA TARCHOMINIE	1974	M40	252 00:26:17 00:25:14	217 00:26:19 00:24:18	207 00:24:33 00:23:39	132 00:25:03 00:24:12	178 00:27:24 00:23:34	517
172	1412	KOCIOŁEK	MICHAŁ	STARE BABICE	STARE BABICE BIEGAJĄ	1978	M40			155 00:22:26 00:22:17	88 00:22:31 00:22:29	278 00:30:52 00:29:21	521
173	193	TYDE	MAREK	WARSZAWA		1966	M50	188 00:26:11 00:23:08	192 00:25:15 00:23:09	200 00:25:02 00:23:29	163 00:27:55 00:25:31	177 00:26:20 00:23:31	528
174	611	CHOJNACKI	MIKOŁAJ	WARSZAWA	WARSAW RUN CLUB	1978	M40	161 00:23:18 00:22:12	174 00:23:42 00:22:39	198 00:24:13 00:23:23			531
175	75	TRANDA	ŁUKASZ	WARSZAWA	MYKK	1981	M40	212 00:23:55 00:23:49	185 00:23:15 00:23:01	173 00:23:01 00:22:50		176 00:23:38 00:23:27	534
176	589	RZYSZKIEWICZ	TOMASZ	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1973	M40	204 00:25:00 00:23:41	237 00:27:01 00:24:57	178 00:24:32 00:22:56		156 00:24:21 00:22:55	538
177	527	MAZURKIEWICZ	PIOTR	OLSZTYN	GRUPA DBK WARSZAWA	1988	M30	184 00:24:06 00:23:04		222 00:24:54 00:24:00	150 00:25:46 00:24:57	204 00:25:48 00:24:25	538
178	37	PAWŁOWSKI	PIOTR	WARSZAWA	BBL WYDMINY	1971	M50	214 00:25:07 00:23:51	258 00:28:46 00:25:30	228 00:25:07 00:24:08	129 00:24:56 00:24:04	195 00:25:38 00:24:12	538
179	560	KALISZ	RAFAL	WARSZAWA	SKURCZE LYDEK	1979	M40	189 00:24:08 00:23:09	224 00:25:37 00:24:28	220 00:24:55 00:23:57	131 00:25:04 00:24:11	238 00:29:03 00:26:22	540
180	173	KACPRZAK	RAFAL	WARSZAWA	NEONTEAM	1982	M40	193 00:24:20 00:23:13		244 00:25:47 00:24:49	140 00:24:46 00:24:31	207 00:26:12 00:24:36	540
181	65	BRUSOKAS	TOMASZ	WARSZAWA		1983	M30		205 00:24:48 00:23:46	205 00:24:31 00:23:34		132 00:23:28 00:22:08	542
182	106	BARAN	ZENON	WARSZAWA	HOMOKOMANDO	1960	M60	205 00:26:56 00:23:43	221 00:26:34 00:24:26		123 00:25:24 00:23:48		549
183	474	ŁOŚ	WOJCIECH	WARSZAWA	NATIONALE-NEDERLANDEN RUNNING TEAM	1983	M30	211 00:24:51 00:23:49	188 00:24:07 00:23:05	224 00:24:56 00:24:03		152 00:24:09 00:22:43	551
184	615	ŁAŚ	GRZEGORZ	JÓZEFOSŁAW		1974	M40		199 00:26:45 00:23:30	179 00:23:48 00:22:56		173 00:24:42 00:23:21	551
185	581	TURZAŃSKI	MACIEJ	WARSZAWA	MODERNA	1985	M30		349 00:38:19 00:33:09	238 00:26:05 00:24:32	127 00:24:45 00:23:51	187 00:27:60 00:23:54	552
186	1124	ŁĄCZYŃSKI	BARTOSZ	WARSZAWA	NEON TEAM	1987	M30	246 00:26:17 00:25:05	236 00:25:14 00:24:55		141 00:25:22 00:24:31	180 00:23:51 00:23:35	557
187	592	KOZŁOWSKI	GRZEGORZ	JULIANÓW		1979	M40	210 00:24:47 00:23:48	220 00:25:35 00:24:26	227 00:25:04 00:24:07	128 00:24:49 00:23:55		558
188	654	KUCIŃSKI	ŁUKASZ	WARSZAWA		1986	M30		208 00:25:50 00:23:49		217 00:33:22 00:31:38	137 00:23:30 00:22:11	562
189	86	OBLUDKA	ADAM	ZĄBKI	BEERSPIRIT	1978	M40		241 00:26:04 00:25:02	236 00:26:13 00:24:32	145 00:25:49 00:24:46	184 00:25:10 00:23:46	565
190	267	WIERZBICKI	ŁUKASZ	WARSZAWA	KUŹNIA TRIATHLONU	1980	M40		253 00:27:32 00:25:23	246 00:25:50 00:24:59	137 00:25:29 00:24:26	185 00:25:15 00:23:51	568
191	47	ŁABĘDZKI	ANDRZEJ	BLIZNE JASINSKIEGO		1978	M40	190 00:24:19 00:23:10	305 00:28:55 00:27:52		149 00:25:53 00:24:53	233 00:27:32 00:26:01	572
192	42	MARCZEWSKI	MARCIN	WARSZAWA	RESILIA BEMOWO	1978	M40	257 00:28:37 00:25:28	246 00:26:14 00:25:11	254 00:26:04 00:25:07	130 00:25:09 00:24:10	198 00:25:44 00:24:14	572
193	247	TUREK	MICHAŁ	WARSZAWA	BEZNAPIŃKI	1981	M40	232 00:25:34 00:24:26		142 00:25:32 00:24:34	200 00:25:52 00:24:17		574
194	649	PIENIAŻEK	LESZEK	WARSZAWA - WESOŁA		1960	M60			213 00:24:38 00:23:44	175 00:28:13 00:26:27	188 00:25:24 00:23:55	576
195	78	PAWIŃSKI	ARTUR	WARSZAWA	ADIDAS RUNNERS WARSAW	1978	M40	157 00:24:09 00:22:06		229 00:25:10 00:24:08		194 00:26:42 00:24:07	580
196	516	KRAKOWSKI	DANIEL	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1975	M40	244 00:26:14 00:24:55	277 00:28:32 00:26:28	245 00:26:38 00:24:59	146 00:25:37 00:24:47	192 00:25:31 00:24:05	582
197	1064	DRABCZYK	SZYMON	WARSZAWA		1960	M60	194 00:24:18 00:23:18	213 00:24:32 00:23:55	242 00:25:01 00:24:47		183 00:23:52 00:23:45	590
198	261	RADOMIŃSKI	TOMASZ	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	1974	M40		212 00:25:08 00:23:53	201 00:24:17 00:23:29	177 00:28:11 00:26:35		590
199	627	KALUKIEWICZ	WARCISŁAW	ŻYRARDÓW		1985	M30			280 00:28:16 00:26:29	143 00:27:15 00:24:35	169 00:24:37 00:23:15	592
200	112	CICHOWSKI	MICHAŁ	WARSZAWA		1984	M30	225 00:25:26 00:24:16	248 00:26:24 00:25:15	266 00:27:16 00:25:37	159 00:26:20 00:25:22	208 00:27:18 00:24:37	592
201	605	TRĘBICKI	MARCIN	WARSZAWA		1976	M40	278 00:36:08 00:26:27	231 00:26:36 00:24:37	274 00:27:43 00:26:08	164 00:27:20 00:25:38	199 00:26:55 00:24:17	594
202	601	OCHREMIAK	JĘDRZEJ	WARSZAWA	MYKK	1985	M30	219 00:25:10 00:24:00			165 00:27:13 00:25:39	212 00:26:32 00:24:54	596

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MSC	NR	NAZWISKO	IMIĘ	MIJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
203	326	ZAWADZKI	EMIL	WARSZAWA		1991	M30	254 00:28:32 00:25:19	278 00:28:42 00:26:28	247 00:25:55 00:25:01	152 00:26:31 00:24:58	198 00:26:49 00:24:16	597
204	219	VASILEV	VESELIN	WARSZAWA		1984	M30		232 00:25:55 00:24:38	240 00:25:27 00:24:37	174 00:27:02 00:26:11	197 00:25:44 00:24:15	603
205	1036	SMYK	DOMINIK	PIASTÓW		1990	M30		284 00:30:11 00:26:50		139 00:26:10 00:24:30	161 00:25:02 00:23:38	604
206	298	SYCAN	KRZYSZTOF	WARSZAWA	BIEGAM NA TARCHOMINIE/STANDARD CHARTERED BANK	1972	M50	234 00:25:38 00:24:30	254 00:29:25 00:25:24	259 00:27:50 00:25:18	161 00:27:12 00:25:29	209 00:28:32 00:24:41	604
207	648	KRYPA	JAN	WARSZAWA	FUNDACJA LOTTO	1954	M60		269 00:28:07 00:26:04	249 00:26:38 00:25:05	157 00:26:48 00:25:15	203 00:25:57 00:24:22	609
208	211	WOJCIECHOWSKI	RYSZARD	WARSZAWA	KUŹNIA TRIATHLONU	1968	M50	240 00:26:03 00:24:43		253 00:25:58 00:25:07	156 00:26:03 00:25:11	213 00:26:18 00:24:55	609
209	535	GAŁKA	OSKAR	WARSZAWA		1984	M30	182 00:24:01 00:22:55	261 00:27:51 00:25:38		170 00:27:34 00:25:51		613
210	350	LUTEREK	MICHAŁ	WARSZAWA		1980	M40	206 00:25:43 00:23:44	194 00:26:27 00:23:17	215 00:26:23 00:23:47		220 00:29:14 00:25:09	615
211	1112	KAMIŃSKI	STANISŁAW	NADARZYN	GOS NADARZYN	1958	M60	227 00:25:25 00:24:17	266 00:27:56 00:25:49		154 00:26:14 00:25:09	235 00:26:04 00:26:04	616
212	312	BOHDANOWICZ	ZBIGNIEW	WARSZAWA	TRI LYNX	1978	M40	185 00:22:27 00:22:18	295 00:29:24 00:27:23	287 00:28:27 00:26:56		165 00:24:32 00:23:11	617
213	41	PODSIADŁY	MACIEJ	WARSZAWA	KS STASZEWCY	1989	M30	209 00:24:50 00:23:46		239 00:25:21 00:24:33		172 00:24:39 00:23:18	620
214	145	STAŃCZUK	WOJCIECH	WARSZAWA	TRAILOVE / GRUPA BIEGOWA CHTMO	1977	M40	247 00:26:05 00:25:06	233 00:25:47 00:24:43	252 00:25:57 00:25:07	171 00:26:52 00:25:53	216 00:26:32 00:25:02	620
215	323	GORZEJEWSKI	BARTOSZ	WARSZAWA		1984	M30	250 00:26:15 00:25:09	251 00:26:27 00:25:21	243 00:25:44 00:24:48	166 00:26:46 00:25:42	217 00:26:37 00:25:04	626
216	244	PIOTROWSKI	ANDRZEJ	WARSZAWA	ORTOREH TEAM	1972	M50	192 00:23:24 00:23:11	202 00:23:54 00:23:39	235 00:24:47 00:24:29			629
217	257	POLAK	LECHOSŁAW	PĘCICE MAŁE	LECHUBIEGA	1963	M50	236 00:25:51 00:24:35	222 00:25:34 00:24:26	225 00:25:08 00:24:04		182 00:25:06 00:23:40	629
218	320	MIATKOWSKI	BŁAŻEJ	WARSZAWA		1970	M50	290 00:29:08 00:27:01	294 00:29:20 00:27:19	202 00:24:27 00:23:29	188 00:29:28 00:27:48	241 00:28:25 00:26:51	631
219	551	CHOMA	MAREK	REPKI	PĘDZĄCE LENIWCE	1976	M40	249 00:27:13 00:25:08	206 00:26:51 00:23:47	177 00:24:29 00:22:54			632
220	195	JACZYŃSKI	MARCIN	DZIEKANÓW LEŚNY	UKS ORZEŁKI	1979	M40		210 00:24:56 00:23:50	187 00:23:24 00:23:03		236 00:28:59 00:26:12	633
221	296	ŚWINIARSKI	MARIUSZ	WARSZAWA	FITTERROR TEAM	1978	M40	255 00:26:27 00:25:21	243 00:26:08 00:25:02	231 00:25:10 00:24:10		162 00:24:41 00:23:04	636
222	139	DOMANSKI	BLAZEJ	WARSZAWA	MYKK	1981	M40	267 00:28:08 00:25:50	268 00:39:03 00:25:59		155 00:26:12 00:25:10	214 00:27:37 00:24:56	636
223	1443	PISARSKI	MICHAŁ	STARE BABICE	IZABELIN NA START	1986	M30			279 00:28:14 00:26:27	153 00:25:20 00:25:01	205 00:25:54 00:24:28	637
224	620	BONDAR	WITOLD	WARSZAWA		1981	M40		234 00:25:53 00:24:45		194 00:29:15 00:28:16	210 00:26:09 00:24:45	638
225	74	KOWALSKI	ROBERT	WARSZAWA	NBRC	1963	M50	201 00:24:35 00:23:31	216 00:25:38 00:24:20	269 00:27:41 00:25:52	220 00:36:24 00:32:54	305 00:37:03 00:33:10	639
226	545	PRAJSNAR	ROBERT	WARSZAWA	SPEEDING TURTLES	1970	M50	306 00:30:03 00:27:47	279 00:27:45 00:26:40	278 00:27:18 00:26:26	148 00:25:47 00:24:51	218 00:27:45 00:26:07	644
227	1023	RYBIŃSKI	ANDRZEJ	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1976	M40	216 00:25:05 00:23:59	200 00:24:41 00:23:37	232 00:25:07 00:24:12			648
228	1205	BARTNIK	RAFAL	WARSZAWA	ZABIEGANY WOŁOMIN	1979	M40		227 00:25:34 00:24:32	230 00:25:48 00:24:10	191 00:28:55 00:27:55	255 00:30:05 00:27:27	648
229	1095	KRAKOWSKI	KAROL	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1973	M40	245 00:26:14 00:24:55		251 00:26:46 00:25:07	160 00:26:14 00:25:24	244 00:28:21 00:26:54	649
230	225	FABISIAK	PATRYK	WARSZAWA	TRAILOVE	1982	M40	208 00:24:45 00:23:44		233 00:25:17 00:24:26		211 00:26:21 00:24:51	652
231	1007	ZAWISTOWSKI-LULEK	MARCIN	WARSZAWA	KS STASZEWCY	1972	M50	217 00:25:04 00:23:59	244 00:26:26 00:25:03			191 00:25:23 00:24:01	652
232	135	SUWAŁA	JACEK	WARSZAWA		1976	M40	233 00:25:37 00:24:26		234 00:25:28 00:24:28		193 00:25:30 00:24:05	660
233	144	OSTASZEWSKI	WOJCIECH	WARSZAWA	WERKUS RUNNERS	1980	M40	303 00:30:53 00:27:36	317 00:31:38 00:28:20	276 00:29:04 00:26:24	178 00:28:18 00:26:37	219 00:29:08 00:25:08	673
234	229	PODLEŚKO	MACIEK	WARSZAWA		1974	M40	251 00:28:19 00:25:12		255 00:26:42 00:25:10	179 00:28:22 00:26:46	243 00:28:30 00:26:53	673
235	389	STAROSZCZYK	MACIEJ	WARSZAWA		1992	M30			300 00:30:12 00:27:34	180 00:28:33 00:26:47	201 00:27:00 00:24:19	681
236	597	WÓJCICKI	MACIEJ	WARSZAWA		1985	M30	280 00:28:40 00:26:31		284 00:29:29 00:26:53	173 00:27:48 00:26:05	229 00:28:17 00:25:40	682

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237	433	KWAŚNIEWSKI	TOMASZ	PIASTÓW		1980	M40	330 00:32:23 00:29:19	332 00:32:34 00:29:21	291 00:28:46 00:27:05	172 00:27:27 00:25:53	222 00:28:03 00:25:25	685
238	352	WIERBIŁOWICZ	DARIUSZ	WARSZAWA		1973	M40	241 00:25:47 00:24:44	258 00:26:35 00:25:30	265 00:26:28 00:25:34		190 00:25:20 00:23:59	689
239	299	GOŁKOWSKI	ZBIGNIEW	NOWY DWÓR MAZOWIECKI	EAZYMUT.PL	1973	M40	253 00:28:27 00:25:15		271 00:28:42 00:25:58	167 00:26:41 00:25:43		691
240	580	MILCZAREK	MARCIN	WARSZAWA	BIEGIEM TO	1973	M40	307 00:31:11 00:27:55	299 00:30:57 00:27:29		168 00:29:14 00:25:45	225 00:29:48 00:25:36	692
241	1089	GALEK	MICHAŁ	WARSZAWA	NIEZŁA KORBA	1983	M30	286 00:25:49 00:25:49	226 00:25:37 00:24:31	204 00:25:05 00:23:34			696
242	172	KRUK	ANDRZEJ	OTWOCK		1970	M50	224 00:25:07 00:24:08	249 00:26:22 00:25:19	292 00:28:41 00:27:06		230 00:28:19 00:25:44	703
243	596	DUDEK	BARTŁOMIEJ	WARSZAWA	12TRI.PL	1982	M40	239 00:25:56 00:24:40	216 00:25:33 00:24:06	256 00:26:23 00:25:12			711
244	1493	KLIMEK	PIOTR	WARSZAWA		1990	M30			265 00:28:28 00:26:53	192 00:29:29 00:27:55	239 00:28:03 00:26:35	716
245	191	BRZECZKOWSKI	PIOTR	WARSZAWA		1988	M30	269 00:28:16 00:26:02	275 00:29:32 00:26:21		176 00:28:04 00:26:30		720
246	148	MALIBORSKI	JAN	WARSZAWA		1999	M20	220 00:27:59 00:24:02	259 00:28:56 00:25:31			248 00:30:56 00:27:02	727
247	428	WERESZCZYŃSKI	ADAM	WARSZAWA	NEON TEAM	1995	M20	309 00:31:07 00:27:59	308 00:30:08 00:28:01	294 00:29:41 00:27:09	183 00:28:50 00:27:09	254 00:30:10 00:27:26	731
248	255	MATUSZEWSKI	PIOTR	PRUSZKÓW	NATIONALE NEDERLANDEN RUNNING TEAM	1980	M40	285 00:28:56 00:26:49	312 00:31:21 00:28:08		182 00:28:41 00:27:07	265 00:31:04 00:28:20	732
249	121	ZACZEK	PRZEMYSŁAW	MARKI		1978	M40	273 00:29:19 00:26:13	309 00:30:04 00:28:04		199 00:29:30 00:28:33	272 00:31:10 00:28:35	744
250	40	GARDZIŃSKI	RAJMUND	ZĄBKI		1970	M50	327 00:32:14 00:29:12	302 00:30:54 00:27:40	343 00:33:09 00:30:26	183 00:29:48 00:28:14	250 00:30:58 00:27:08	745
251	313	FILIPEK	GRZEGORZ	WARSZAWA		1971	M50	305 00:29:54 00:27:40	335 00:33:04 00:29:47	299 00:30:23 00:27:34	201 00:31:31 00:28:53	248 00:30:57 00:26:58	746
252	57	NAPIERAJ	RAFAŁ	WARSZAWA		1981	M40	238 00:26:43 00:24:38	293 00:29:19 00:27:17	301 00:29:17 00:27:40		221 00:26:40 00:25:14	752
253	83	ZIOMEK	TOMASZ	WARSZAWA		1976	M40	264 00:27:50 00:25:47	263 00:27:45 00:25:40	248 00:28:07 00:25:01		242 00:29:39 00:26:52	753
254	256	SIĘDA	ARKADIUSZ	WARSZAWA		1990	M30	230 00:25:31 00:24:25	252 00:27:29 00:25:21	273 00:27:03 00:26:04			755
255	394	WERESZCZYŃSKI	DARIUSZ	WARSZAWA	NEON TEAM	1960	M60	293 00:30:16 00:27:08	287 00:29:03 00:26:56	315 00:31:06 00:28:34	208 00:31:12 00:29:31	263 00:31:03 00:28:19	758
256	1077	PADZIŃSKI	MARIUSZ	WARSZAWA		1970	M50	289 00:29:07 00:26:59			224 00:33:18 00:33:18	247 00:29:41 00:26:58	760
257	365	WOŹNIAK	MARCIN	ŁOMIANKI		1976	M40			321 00:31:33 00:28:51	185 00:29:06 00:27:34	257 00:30:09 00:27:34	763
258	93	RACHUBIŃSKI	HUBERT	PRUSZKÓW	MYKK	1985	M30	263 00:27:46 00:25:43	273 00:29:23 00:26:13	275 00:28:52 00:26:19		228 00:28:15 00:25:40	764
259	154	GABINECKI	JAROSŁAW	LEONCIN	KLUB BOKSERSKI HURAGAN	1979	M40	256 00:27:26 00:25:24	257 00:26:34 00:25:30	257 00:26:54 00:25:16			770
260	295	KRACIUK	PRZEMYSŁAW	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1988	M30	297 00:29:41 00:27:23	240 00:27:05 00:25:01			234 00:28:40 00:26:01	771
261	50	SKOCZEWSKI	MAREK	WARSZAWA	NAPRZÓD MŁOCINY / NBRC	1971	M50	316 00:30:51 00:28:41	337 00:33:07 00:29:54	346 00:33:34 00:30:49	198 00:30:57 00:28:29	258 00:31:52 00:27:59	772
262	339	DZWONKOWSKI	FILIP	MARKI	BIEGOWY WARIAT RUNNING TEAM	1990	M30	310 00:28:08 00:28:08		302 00:30:29 00:27:41	205 00:31:56 00:29:23	267 00:32:27 00:28:26	774
263	69	KOZŁOWSKI	ANDRZEJ	WARSZAWA		1970	M50	271 00:28:06 00:26:05		314 00:31:29 00:28:33	196 00:29:58 00:28:22		781
264	119	KĄZMIERSKI	JANUSZ	WARSZAWA	DA SIĘ	1955	M60	295 00:29:19 00:27:18	298 00:29:35 00:27:27		190 00:28:46 00:27:55		783
265	371	KROSZKA	KRZYSZTOF	WARSZAWA	STEPSTONE RUNNING TEAM	1971	M50	281 00:27:47 00:25:34	260 00:26:47 00:25:37	263 00:26:24 00:25:26			784
266	623	WYCZYŃSKI	MARCIN	KANIE		1974	M40		297 00:29:40 00:27:27	268 00:27:33 00:25:50		224 00:27:02 00:25:34	789
267	390	TYLMAN	RADOSŁAW	WARSZAWA		1989	M30	292 00:30:21 00:27:05		340 00:33:19 00:30:14	226 00:35:30 00:35:30	277 00:33:25 00:29:20	795
268	517	GAJDECKI	MATEUSZ	WARSZAWA	ACCENTURE	2006	M16		345 00:33:49 00:31:44	331 00:30:54 00:29:12	186 00:29:20 00:27:40	280 00:32:08 00:29:31	797
269	398	OPALIŃSKI	KONRAD	WARSZAWA	KMD RUNNING CLUB	1998	M20	301 00:29:47 00:27:31	316 00:30:22 00:26:17	341 00:32:05 00:30:15	181 00:28:34 00:26:57		798
270	449	GAJDECKI	TOMEK	WARSZAWA	ACCENTURE	1978	M40		346 00:33:49 00:31:44	332 00:30:56 00:29:13	187 00:29:21 00:27:41	281 00:32:10 00:29:32	800

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271	221	DUDA	DARIUSZ	WARSZAWA		1977	M40	282 00:28:47 00:26:38	278 00:28:29 <u>00:26:26</u>	308 00:30:39 00:27:58	245 00:29:39 00:26:56		803
272	1508	PASTUSZAK	PAWEŁ	WARSZAWA		1979	M40	336 00:33:08 00:30:02		338 00:30:49 00:29:53	207 00:29:36 00:29:26	261 00:28:23 <u>00:28:13</u>	804
273	58	BOJAR	PAWEŁ	WARSZAWA		1976	M40	331 00:31:34 00:29:28		317 00:30:11 00:28:38	195 00:29:55 <u>00:28:20</u>	292 00:33:24 00:30:49	804
274	656	KONICZ	SEBASTIAN	WARSZAWA	MASTERCARD	1987	M30		330 00:31:20 00:29:10	337 00:32:23 00:29:46	209 00:32:03 00:29:34	268 00:32:21 <u>00:28:30</u>	807
275	34	KRYSTEK	JACEK	WARSZAWA		1972	M50	338 00:33:30 00:30:25			204 00:31:37 00:29:07	266 00:31:11 <u>00:28:26</u>	808
276	126	KORCZYKOWSKI	ARTUR	WARSZAWA		1966	M50	323 00:31:17 00:29:08	320 00:31:44 <u>00:28:30</u>	323 00:30:39 00:28:55	214 00:31:24 00:30:29	278 00:33:18 00:29:11	810
277	613	SACHAJKO	SŁAWOMIR	WARSZAWA		1979	M40	335 00:33:06 00:30:00		339 00:30:50 00:29:54	206 00:29:35 00:29:25	269 00:28:40 <u>00:28:30</u>	810
278	73	GOŁĘBIEWSKI	MACIEJ	WARSZAWA		1971	M50	328 00:32:14 00:29:12	324 00:32:05 <u>00:28:52</u>	342 00:33:08 00:30:25	211 00:31:36 00:30:02	275 00:32:58 00:29:08	810
279	215	RUTKOWSKI	JANUSZ	LESZNO		1963	M50	313 00:30:23 <u>00:28:23</u>	321 00:30:50 00:28:46	329 00:30:44 00:29:09	213 00:31:59 00:30:22	285 00:32:28 00:29:51	811
280	134	HULANICKI	ANDRZEJ	WARSZAWA	GOGGLE TEAM	1958	M60	318 00:32:05 00:28:50	318 00:30:26 <u>00:28:20</u>	322 00:30:43 00:28:53	218 00:33:00 00:31:14	283 00:32:24 00:29:36	817
281	540	WRÓBLEWSKI	ARTUR	DUCHNICE		1975	M40	332 00:31:43 00:29:29	313 00:30:21 <u>00:28:12</u>	350 00:34:08 00:31:12	227 00:38:12 00:35:39	291 00:34:44 00:30:49	831
282	487	KACZYŃSKI	DARIUSZ	WARSZAWA	EAZYMUT.PL	1989	M30	300 00:30:42 00:27:30		319 00:31:31 00:28:47		215 00:28:51 <u>00:25:00</u>	834
283	213	MAREK	ROMAN	WARSZAWA	GUNS AND ROSES RUN TEAM	1962	M60		310 00:30:07 00:28:04	288 00:29:36 00:26:56		240 00:29:33 <u>00:26:49</u>	838
284	166	PIĘTOWSKI	GRZEGORZ	PIASTÓW	ROZBIEGANY PIASTÓW	1966	M50	350 00:35:44 00:32:41	348 00:34:53 00:32:46	344 00:32:08 00:30:33	219 00:34:12 00:31:48	279 00:32:13 <u>00:29:28</u>	842
285	137	TOMIŁO	DAMIAN	WARSZAWA		1995	M20			348 00:32:46 00:30:57	212 00:31:48 00:30:03	284 00:33:36 <u>00:29:42</u>	844
286	216	BUJALSKI	KONRAD	JAKUBIKI		1999	M20	228 00:24:34 <u>00:24:20</u>	327 00:30:07 00:29:01	290 00:28:38 00:27:01			845
287	441	GIERAK	KRIS	WARSAW	TEAMBUNIO	1980	M40	296 00:30:42 00:27:20	282 00:30:10 00:26:45	272 00:28:54 <u>00:26:02</u>			850
288	63	SZWARC	GRZEGORZ	CHYLICE		1978	M40		282 00:28:20 <u>00:27:16</u>	307 00:29:33 00:27:57		253 00:30:01 00:27:25	852
289	393	JAGIELSKI	WITOLD	WARSZAWA	NBRC	1965	M50	288 00:27:59 00:26:54	280 00:27:48 <u>00:26:43</u>	295 00:28:12 00:27:19			861
290	98	ŁOŚ	KRZYSZTOF	ŁOMIANKI	SBRT/BIEGUNI 2022	1959	M60	281 00:28:46 <u>00:26:34</u>	303 00:28:54 00:27:44	282 00:28:30 00:26:48		310 00:38:53 00:34:58	866
291	185	BRZECZKOWSKI	PAWEŁ	WARSZAWA	POWER TRAINING	1981	M40	302 00:29:44 <u>00:27:31</u>		305 00:29:32 00:27:46		260 00:32:02 00:28:07	867
292	1125	DĄBROWSKI	JACEK	MILANÓWEK		1971	M50	351 00:37:03 00:33:51	341 00:34:37 <u>00:31:22</u>	356 00:34:28 00:31:50	223 00:35:32 00:33:06	303 00:36:21 00:32:24	867
293	321	DĄBROWSKI	MARCIN	JACHRANKA		1986	M30	285 00:27:50 00:25:48	344 00:35:16 00:31:44	281 00:26:21 <u>00:25:23</u>			870
294	434	RZEPKA	MIREK	WARSZAWA	NEW BALANCE RUN CLUB	1960	M60	291 00:29:09 <u>00:27:02</u>	360 00:51:17 00:49:14	371 00:46:23 00:43:47	221 00:35:26 00:32:56		872
295	52	PRZYBYSZ	JAN	DĘBE WIELKIE		1978	M40	298 00:29:33 <u>00:27:25</u>		310 00:29:49 00:28:05		264 00:29:49 00:28:19	872
296	222	GLASSER	MAREK	WARSZAWA		1949	M60	347 00:34:25 <u>00:32:15</u>	352 00:35:29 00:33:22		222 00:34:37 00:33:03	307 00:35:30 00:33:59	876
297	477	AMBROZIAK	MICHAŁ	ZĄBKI	POLISA NA MIARĘ	1984	M30	284 00:27:40 <u>00:26:41</u>		306 00:29:35 00:27:50		287 00:34:20 00:30:23	877
298	19	WYKRĘT	KRZYSZTOF	WARSZAWA		1968	M50	340 00:33:04 00:30:53	322 00:32:03 <u>00:28:49</u>	354 00:33:23 00:31:36	215 00:31:24 00:30:29		877
299	499	JACHOWICZ	GRZEGORZ	WARSZAWA	GRUPA OLX TEAM	1983	M30	288 00:28:58 <u>00:26:57</u>		336 00:32:14 00:29:38		256 00:29:16 00:27:31	880
300	359	STĘPNIAK	MICHAŁ	WARSZAWA	SKLEP BIEGACZA / KOTKI DOROTKI	1969	M50	320 00:31:03 00:28:52	290 00:29:11 <u>00:27:06</u>	312 00:29:16 00:28:20		294 00:35:02 00:31:04	896
301	509	WASILEWSKI	SŁAWOMIR	WARSZAWA	PASJA NORDIC WALKING	1945	M60	355 00:40:24 00:37:05	356 00:41:00 00:37:32	366 00:40:36 00:37:40	229 00:41:30 00:38:46	314 00:41:12 <u>00:36:59</u>	898
302	1202	ZAPENDOWSKI	SPY	LEGIONOWO	PALESTRA PLYWANIA	1971	M50		329 00:32:27 00:29:05	311 00:30:58 00:28:17		259 00:31:55 <u>00:28:04</u>	899
303	132	OKRÓJ	DAWID	WARSZAWA	DEAF RUNNING	1983	M30		307 00:30:00 <u>00:27:57</u>	325 00:31:42 00:28:59		273 00:31:25 00:28:46	905
304	1407	GLEIT	JAN	WARSZAWA		1995	M20			367 00:41:31 00:38:45	230 00:39:55 00:39:55	313 00:40:04 <u>00:36:06</u>	910

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
305	1097	ROSIŃSKI	PIOTR	WARSZAWA		1976	M40	324 00:32:25 00:29:10	298 00:30:47 00:27:23	309 00:30:40 00:27:59		309 00:38:45 00:34:44	914
306	1208	REDKIEWICZ	JACEK	WARSZAWA	TEAM ZABIEGANEDNI	1962	M60		323 00:32:09 00:28:50	320 00:31:35 00:28:48		274 00:33:05 00:29:04	917
307	279	DĄBROWSKI	MICHAŁ	KOBYŁKA	NATIONALE NEDERLANDEN RUNNING TEAM	1985	M30	311 00:30:33 00:28:16	319 00:30:33 00:28:23	296 00:29:03 00:27:21			926
308	96	WEREMA	ŁUKASZ	MIEDZYRZEC PODLASKI		1990	M30	312 00:30:25 00:28:20	331 00:32:32 00:29:17	318 00:30:20 00:28:40		296 00:34:03 00:31:25	926
309	607	SAK	DARIUSZ	WARSZAWA	VESTIA RUNNERS	1988	M30	314 00:31:42 00:28:28	300 00:29:48 00:27:33	326 00:29:55 00:29:01			940
310	361	MALER	WŁADYSŁAW	WARSZAWA		1940	M60	333 00:31:51 00:29:37	336 00:31:00 00:29:51	357 00:33:41 00:31:52		288 00:31:44 00:30:04	955
311	171	JASIŃSKI-KOT	WOJCIECH	MARKI	W POGONI ZA ROZUMEM	1977	M40	339 00:34:21 00:30:42	328 00:32:32 00:29:04			290 00:34:43 00:30:40	957
312	640	KARWACKI	ARTUR	WARSZAWA	BIEGNIJ Z PROSERVICE FINTECO	1978	M40		314 00:30:30 00:28:16	347 00:32:31 00:30:53		301 00:35:08 00:32:16	962
313	1128	NIEWIADOMSKI	ZDZISŁAW	WARSZAWA		1949	M60	325 00:31:25 00:29:10	343 00:32:42 00:31:33			285 00:32:49 00:31:08	963
314	1149	DĄBROWSKI	ANDRZEJ	KOBYŁKA	OSTATNIA PROSTA	1960	M60	328 00:32:21 00:29:12	325 00:32:13 00:28:56	316 00:31:20 00:28:37			967
315	25	STAŃCZYK	BARTOSZ	WARSZAWA		1983	M30		333 00:32:51 00:29:26	358 00:35:02 00:32:19		282 00:33:36 00:29:34	973
316	149	OSTASZEWSKI	MARCIN	WARSZAWA	PACIAK.PL FORUM RUNNING CLUB	1987	M30	344 00:34:59 00:31:41	340 00:34:35 00:31:17	361 00:36:25 00:33:45		298 00:35:59 00:31:59	982
317	647	SZANIAWSKI	MICHAŁ	WARSZAWA		1976	M40		350 00:36:30 00:33:10	333 00:32:09 00:29:30		304 00:36:21 00:32:29	987
318	391	BRZOZOWSKI	ARTUR	WARSZAWA		1966	M50	352 00:41:53 00:34:17	338 00:33:28 00:30:14	364 00:38:14 00:35:32		308 00:38:04 00:34:14	998
319	179	BUDKIEWICZ	PIOTR	CEGLÓW	NORDIC WALKING TT	1972	M50	359 00:41:54 00:38:35		359 00:35:45 00:32:57		293 00:35:00 00:31:03	1011
320	67	GRACZYK	ROMAN	WARSZAWA		1973	M40		353 00:37:07 00:33:48	362 00:35:04 00:34:03		302 00:36:11 00:32:18	1017
321	177	KĘDRA	KAROL	JANÓW LUBELSKI		1999	M20	354 00:40:22 00:36:25	357 00:42:25 00:38:59			312 00:39:31 00:35:36	1023
322	311	ABDALLAH	YOUSRY	WARSZAWA		1948	M60	357 00:39:44 00:37:36	358 00:41:53 00:39:42	368 00:41:59 00:40:14		316 00:41:56 00:39:09	1031
323	432	PRĘDKI	WALDEMAR	WARSZAWA		1955	M60	381 00:50:31 00:47:11	359 00:51:17 00:47:48	370 00:46:22 00:43:46		317 00:50:33 00:46:39	1037
324	531	ZALEWSKI	CEZARY	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1979	M40	348 00:34:45 00:32:30	351 00:35:24 00:33:19	360 00:35:12 00:33:32			1059
325	519	NIEDZIELA	ANDRZEJ	WARSZAWA		1967	M50	360 00:46:35 00:43:30	361 00:54:26 00:51:05	372 00:58:33 00:55:40			1093

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	1211	MICHALSKI	JAN	PRUSZKÓW	MKS POLONIA WARSZAWA	2001	M20		3 00:15:35 00:15:34		2 00:15:42 00:15:42		5
2	588	OSKIERKO	ŁUKASZ	WARSZAWA	ADIDAS RUNNERS WARSAW	1989	M30	6 00:15:50 00:15:50	9 00:16:06 00:16:04				15
3	379	POPLAWSKI	JAN	OSTROWIEC ŚW.	NEON TEAM	1993	M20	16 00:16:49 00:16:48		10 00:16:28 00:16:26			26
4	1135	SUCHAN	JAKUB	LISZKI	G8 BIELANY WARSZAWA	2006	M16	18 00:16:52 00:16:50	14 00:16:52 00:16:51				32
5	1234	NEŚCIORUK	PAWEŁ	WARSZAWA		1984	M30		22 00:17:28 00:17:26			12 00:16:39 00:16:38	34
6	1100	OMIELAN	WOJCIECH	ELK	ADIDAS RUNNERS WARSAW	1994	M20	22 00:17:17 00:17:17				17 00:17:14 00:17:12	39
7	555	KANIA	MICHAŁ	JÓZEFÓW	ADIDAS RUNNERS WARSAW	1993	M20	24 00:17:20 00:17:20	18 00:17:08 00:17:07				42
8	456	BOGUS	KAROL	MARKI	NEON TEAM	1982	M40	28 00:17:30 00:17:27		16 00:17:09 00:17:07			44
9	1280	PIEŃKOSZ	GRZEGORZ	WARSZAWA	GP ELITE/100 TWARZY GRZYBIARZY	1998	M20		23 00:17:30 00:17:28	24 00:17:22 00:17:20			47
10	1278	GROEN	HUBERT	LUBLIN	WARSZAWSKIBIEGACZ.PL	2000	M20		28 00:17:38 00:17:34	31 00:17:42 00:17:39			59
11	496	BOROWY	MATEUSZ	WARSZAWA	ADIDAS RUNNERS WARSAW	1989	M30	35 00:17:58 00:17:57			32 00:18:19 00:18:11		67
12	1253	ŁOZOWSKI	OLAF	GRODZISK MAZOWIECKI	#ZALINIAMIETYTEAM	1989	M30		51 00:18:59 00:18:56	30 00:17:41 00:17:36			81
13	608	HUBNER	ANTONI	WARSZAWA	DREAM RUN	1981	M40		39 00:18:25 00:18:23	45 00:18:14 00:18:10			84
14	1196	NIEDZIALEK	MICHAŁ	WARSZAWA	100 TWARZY GRZYBIARZY	1999	M20		65 00:19:28 00:19:21	38 00:17:50 00:17:45			103
15	161	BIELECKI	MARCIN	OTWOCK	HARD BOX OTWOCK	1981	M40	86 00:19:57 00:19:47			26 00:18:58 00:18:53		112
16	652	NAGÓRSKI	KAMIL	WARSZAWA	NEON TEAM	1975	M40		53 00:19:01 00:19:00	60 00:18:54 00:18:46			113
17	566	WIECZOREK	MACIEJ	LEGIONOWO	WIELISZEW HERON TEAM	1980	M40	78 00:19:26 00:19:20			36 00:19:35 00:19:31		114
18	529	KLUZ	PAWEŁ	WARSZAWA	KUŹNIA TRIATHLONU	1987	M30	63 00:19:00 00:18:55	55 00:18:15 00:19:06				118
19	1031	KAMIŃSKI	KAMIL	WARSZAWA	KS LEMIESZ TEAM WARSZAWA	1989	M30	51 00:18:42 00:18:41		69 00:19:03 00:19:01			120
20	1240	ŚLIWA	KRZYSZTOF	WARSZAWA	KS LEMIESZ TEAM WARSZAWA	1985	M30		80 00:19:51 00:19:45	53 00:18:39 00:18:35			133
21	544	KASEJA	JANEK	WARSZAWA	NIEZŁA KORBA	1987	M30	64 00:19:56 00:18:58	76 00:19:52 00:19:40				140
22	1282	CZERWOŃSKI	ADAM	ŁOMIANKI	WIDŁOROGI	2000	M20		89 00:20:26 00:20:15			59 00:19:20 00:19:12	148
23	572	SKOTNICKI	JAKUB	WROCŁAW	DUKLANOWSKI TEAM	1990	M30	90 00:19:56 00:19:53			58 00:20:41 00:20:36		148
24	1200	ABRAMOWICZ	SZYMON	WARSZAWA		1998	M20		70 00:19:36 00:19:28	83 00:19:42 00:19:32			153
25	1070	REGULSKI	DOMAN	RADZYMIN		1972	M50	83 00:19:33 00:19:31				72 00:19:56 00:19:48	155
26	116	KOWAL	AMADEUSZ	LUBACZÓW	NAPRZÓD MŁOCINY	1987	M30		107 00:20:50 00:20:43	54 00:18:42 00:18:36			161
27	445	RUPIŃSKI	KRZYSZTOF	WARSZAWA	ADIDAS RUNNERS WARSAW	1992	M30	87 00:19:06 00:19:03			96 00:22:56 00:22:43		163
28	1459	SNARSKI	PIOTR	WARSZAWA	ADIDAS RUNNERS WARSAW	1983	M30				71 00:21:58 00:21:39	96 00:22:34 00:21:05	167
29	1494	ŁASTOWIECKI	RADOSŁAW	MIŃSK MAZOWIECKI	KS BARAKUDA MIŃSK MAZOWIECKI	1975	M40				73 00:22:29 00:21:41	95 00:22:22 00:21:03	168
30	387	HOŁDA	MICHAŁ	WARSZAWA	WIDŁOROGI	1980	M40	97 00:20:11 00:20:05	88 00:20:08 00:20:00				185
31	330	SZYMAŃSKI	CEZARY	ŁOMIANKI	ADIDAS RUNNERS WARSAW	1994	M20	95 00:20:15 00:20:04	93 00:20:28 00:20:23				188
32	1189	AVERIN	PAVEL	WARSZAWA		1991	M30		110 00:20:51 00:20:46			82 00:20:24 00:20:15	192

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	1091	SYGULA	MATEUSZ	WARSZAWA	KOLARSKI.EU TEAM	1979	M40	108 00:20:30 00:20:30				84 00:21:02 00:21:02	200
34	1131	ZUBRZYCKI	JANUSZ	WARSZAWA	OLDSKULL	1978	M40	123 00:20:59 00:20:55	105 00:20:42 00:20:37				228
35	1376	ŁĘCKI	TOMASZ	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1975	M40	109 00:20:44 00:20:37		122 00:21:25 00:21:11			231
36	1136	LIS	TOMASZ	WARSZAWA		1994	M20	143 00:21:41 00:21:26	103 00:20:36 00:20:36				246
37	1332	BAŁUKA	JAROSLAW	STOCZEK ŁUKOWSKI		1971	M50			163 00:22:56 00:22:42	83 00:22:29 00:22:18		246
38	1323	JAWOROWSKI	MARCIN	WARSZAWA	PERSONALTRIATHLON.PL	2000	M20			174 00:23:50 00:22:51	85 00:23:12 00:22:21		259
39	1375	ŻYŁAK	ADRIAN	WARSZAWA	TEAM PARSZCZYŃSKICH	1984	M30			141 00:22:01 00:21:47		126 00:25:39 00:21:57	267
40	549	GOLEDZINOWSKI	TOMASZ	WARSZAWA	NEONTEAM	1965	M50	142 00:21:31 00:21:26	192 00:21:47 00:21:34				274
41	1326	GOLUCHOWSKI	KAMIL	WARSZAWA		1991	M30				113 00:24:58 00:23:23	161 00:25:39 00:23:02	274
42	651	CZARNOCKI	WOJCIECH	WARSZAWA	ADIDAS RUNNERS WARSAW	1995	M20		87 00:20:03 00:19:59	199 00:24:26 00:23:27			286
43	1337	SOCHACKI	ADAM	PIECHOWICE		2001	M20			182 00:23:53 00:22:59		120 00:21:58 00:21:45	302
44	278	STĘPNIAK	RAFAŁ	ZĄBKI	MARKOWI BIEGACZE	1980	M40	158 00:22:13 00:22:09		157 00:22:27 00:22:21			315
45	1198	MAŻDZIARZ	MICHAŁ	WARSZAWA	NEON TEAM	1980	M40		175 00:22:56 00:22:46	148 00:22:09 00:21:59			323
46	641	KAMIŃSKI	ARKADIUSZ	WARSZAWA		1997	M20		203 00:25:53 00:23:40		122 00:24:02 00:23:46		325
47	636	JAWORSKI	MAREK	WARSZAWA		1986	M30			164 00:23:35 00:22:42		168 00:24:32 00:23:11	330
48	1277	SULKOWSKI	MIKOŁAJ	TUREK		1998	M20		165 00:22:59 00:22:26	166 00:23:34 00:22:46			331
49	467	KALBARCZYK	WOJCIECH	WARSZAWA	ADIDAS RUNNERS WARSAW	1987	M30	170 00:22:32 00:22:21	162 00:22:38 00:22:21				332
50	633	SENDER	JAKUB	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1986	M30		171 00:22:46 00:22:36	171 00:23:04 00:22:49			342
51	1160	NAGALSKI	MATEUSZ	WARSZAWA	EAZYMUT.PL	1987	M30	183 00:26:04 00:22:58		180 00:29:14 00:22:24			343
52	1339	JAWORSKI	TOMASZ	SIEMIANOWICE		1972	M50			209 00:24:33 00:23:42		158 00:24:18 00:22:58	367
53	1488	CLAJOT	FABIAN	OLSZTYN	FC GRABOWA	1993	M20				147 00:25:49 00:24:48	223 00:28:13 00:25:33	370
54	232	LEWANDOWSKI	MICHAŁ	IZABELIN	IZABELIN NA START	1991	M30			293 00:28:49 00:27:09	89 00:24:07 00:22:30		382
55	657	ZIĘBA	DOMINIK	GDYNIA		1995	M20			226 00:25:03 00:24:06		179 00:26:15 00:23:35	405
56	254	WCISŁO	MARCIN	WARSZAWA		1974	M40	218 00:24:06 00:23:59				202 00:24:24 00:24:20	420
57	234	SIECIŃSKI	ARKADIUSZ	PŁOCK		1979	M40	231 00:25:50 00:24:26	225 00:25:38 00:24:31				456
58	1120	KORCZYŃSKI	RADOŚLAW	WARSZAWA		1977	M40	237 00:26:42 00:24:38	223 00:25:39 00:24:28				460
59	1301	SOBIESKI	JAN	WARSZAWA	NEON TEAM	1990	M30		239 00:26:16 00:24:58	241 00:26:16 00:24:42			480
60	586	GÓRSKI	NORBERT	OTWOCK		1978	M40	258 00:27:31 00:25:28				231 00:28:23 00:25:46	489
61	1284	PRZYBYLSKI	MARCIN	WARSZAWA	ADIDAS RUNNERS WARSAW	1975	M40	280 00:27:38 00:25:30	247 00:27:10 00:25:12				507
62	490	LASZEWICZ	PIOTR	WARSZAWA		1976	M40	259 00:27:30 00:25:29	262 00:27:40 00:25:40				521
63	108	BIGAJSKI	RAFAŁ	WARSZAWA	NIEZLY BIGOS	1980	M40		264 00:26:55 00:25:43	283 00:28:29 00:26:50			547
64	1290	GÓRAZ	TADEUSZ	WARSZAWA	KKB	1970	M50		286 00:27:05 00:26:55			262 00:29:44 00:28:16	548
65	240	DZIEKONSKI	JACEK	KONSTANCIN JEZIORNA		1957	M60	349 00:34:42 00:32:38			218 00:33:25 00:31:45		567
66	1058	MICHAŁAK	JERZY	PŁOŃSK	KB IM. P. SEKOWSKIEGO	1948	M60	343 00:33:41 00:31:33			225 00:35:49 00:33:21		568

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67	285	DERESZ	WIKTOR	WARSZAWA	ADIDAS RUNNERS WARSAW	1992	M30	299 00:29:28 00:27:28	281 00:28:44 00:26:45				580
68	105	SKRZYWAN	PAWEŁ	ŁOMIANKI DOLNE		1986	M30		354 00:38:01 00:34:45		228 00:39:37 00:37:10		582
69	341	MAGDZIARZ	KRZYSZTOF	WARSZAWA		1982	M40	294 00:29:30 00:27:14		303 00:29:24 00:27:45			597
70	1370	KISIEL	WINCENTY	ZĄBKI		1949	M60			330 00:30:45 00:29:11		271 00:29:54 00:28:34	601
71	550	WOJTASIK	ADAM	WARSZAWA		1982	M40	317 00:32:00 00:28:45		289 00:28:45 00:27:00			606
72	307	MARCZAK	LUKASZ	WARSZAWA	EAZYMUT.PL	1990	M30		326 00:32:14 00:29:00			289 00:34:30 00:30:34	615
73	324	WODEJKO	ARTUR	WARSZAWA		1976	M40	308 00:30:03 00:27:58	315 00:30:26 00:28:16				623
74	1315	MATYJASIAK	KONRAD	WARSZAWA	TEAM ZABIEGANEDNI	1974	M40			353 00:34:04 00:31:30		288 00:34:23 00:30:32	641
75	642	OSIADŁY	KAMIL	LUCZYCE		1992	M30		334 00:32:51 00:29:37	355 00:33:22 00:31:36			689
76	228	SŁOMCZYŃSKI	TOMASZ	WARSZAWA	NEW BALANCE RUN CLUB	1972	M50	341 00:31:54 00:30:54		352 00:33:13 00:31:24			693
77	146	OSTASZEWSKI	MAREK	WARSZAWA		1984	M30		342 00:34:40 00:31:24	351 00:34:03 00:31:24			693
78	411	KOLIBABSKI	RADOSŁAW	WARSZAWA		1988	M30		347 00:35:00 00:31:45	363 00:37:29 00:34:39			710
79	6	JASTRZĘBSKI	KAMIL	KRAŚNIK	DUCLA ACADEMY WARSZAWA	1992	M30	1 00:15:08 00:15:08					1
80	2	GROMEK	RADOSŁAW	WARSZAWA	AZS AWF WARSZAWA	1983	M30	2 00:15:28 00:15:28					2
81	1397	TELKOVSKY	TARAS	WARSZAWA		1987	M30			3 00:15:49 00:15:48			3
82	1207	BORATYŃSKI	DARIUSZ	WROCLAW	WOSIEK TEAM	1997	M20		4 00:15:39 00:15:37				4
83	1453	NOWAK	KOSMA	WARSZAWA	KS CZEMPION WARSZAWA	2003	M16				5 00:16:43 00:16:42		5
84	1268	ŁOBODZIŃSKI	PIOTR	WARSZAWA	AR WARSAW	1985	M30		6 00:15:42 00:15:42				6
85	1515	HORSTEN	TYMON	GDAŃSK	TRI TALENT TEAM GDAŃSK	2005	M16					6 00:16:06 00:16:05	6
86	1491	ZIEMKOWSKI	ALEKS	WARSZAWA		2001	M20				6 00:17:23 00:17:21		6
87	3	FALKOWSKI	BARTŁOMIEJ	WARSZAWA	PIEKIELNI WARSZAWA	1989	M30	7 00:15:55 00:15:55					7
88	492	PATECKI	MARCIN	WARSZAWA	PIEKIELNI WARSZAWA	1989	M30		7 00:16:00 00:15:57				7
89	1113	STOCHMALSKI	PIOTR	CHODEL	ADIDAS RUNNERS WARSAW	1989	M30	8 00:15:56 00:15:55					8
90	567	SKIBIŃSKI	MIKOŁAJ	WARSZAWA	DUCLA ACADEMY	1986	M30	9 00:16:09 00:16:09					9
91	1482	SAKIEWICZ	IGNACY	WARSZAWA	AZS WARSZAWSKIEGO UNIwersYTETU MEDYCZNEGO MUW ON BIKE	2000	M20				9 00:17:56 00:17:55		9
92	1096	WIŚNIEWSKI	KACPER	WARSZAWA	AZS AWF WARSZAWA	2000	M20	10 00:16:20 00:16:18					10
93	1483	PIOTROWSKI	FILIP	WIELISZEW	BKS WATAHA WARSZAWA	2001	M20				12 00:18:16 00:18:12		12
94	1492	GŁODOWSKI	MICHAŁ	WARSZAWA	ŻÓRAWSKI TEAM	1991	M30				13 00:18:16 00:18:15		13
95	1432	KALWAS	MATEUSZ	MAŃKOWO	RYKOWISKO TEAM	2005	M16					14 00:16:59 00:16:56	14
96	1389	FALANA	SEBASTIAN	WARSZAWA		1984	M30			15 00:17:08 00:17:01			15
97	1444	HOFFMANN	BARTOSZ	WARSZAWA	VAMOS RACING TEAM	1996	M20				15 00:18:26 00:18:23		15
98	1244	HELON	RADOSŁAW	SZCZECIN	MKL SZCZECIN	1994	M20		16 00:16:59 00:16:56				16
99	1072	WILK	ADRIAN	POLICE	KS IRONMAN PRODMAR SZCZECIN / KAZIKI	1998	M20	17 00:16:50 00:16:48					17
100	1271	BYRNE	GARY	WARSZAWA	WITC	1982	M40			17 00:17:06 00:17:03			17

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101	1308	BASIAK	PIOTR	WARKA	KS START PUŁASKI WARKA	1994	M20			17 00:17:11 00:17:09			17
102	1346	PEGO	ALBERTO	WARSZAWA		1983	M30			18 00:17:13 00:17:10			18
103	38	SZPIL	MACIEJ	WARSZAWA	MYKK	1983	M30					19 00:17:23 00:17:20	19
104	1289	ROZMIANIEC	PAWEŁ	OLSZTYN		1987	M30	20 00:17:14 00:17:13					20
105	1410	GRUDZIŃSKI	ADAM	LUBLIN	CRAZY DREAM - ADAM'S TEAM	1997	M20			21 00:17:19 00:17:18			21
106	1403	RYBCZAK	PAWEŁ	RZESZÓW	ACCENTURE	1988	M30			23 00:17:22 00:17:19			23
107	1281	PIENKOSZ	RAFAŁ	WARSZAWA	100 TWARZY GRZYBIARZY	1998	M20		24 00:17:31 00:17:26				24
108	269	BEDNARZ	CEZARY	ŚWIDNIK		1988	M30	25 00:17:22 00:17:22					25
109	1060	GOŁASZEWSKI	MICHAŁ	LEGIONOWO	TEAM KOPEĆ	1976	M40			25 00:17:25 00:17:23			25
110	1458	MARCINIAK	PIOTR	WARSZAWA	WHISTLE GANG	2004	M16				25 00:18:58 00:18:57		25
111	658	KWAŚNIK	PAWEŁ	WARSZAWA	PASSION FIRST	1992	M30			26 00:17:27 00:17:26			26
112	1182	JOŃCZYK	JAKUB	WARSZAWA	WARSZAWSKIBIEGACZ.PL	1995	M20		26 00:17:38 00:17:35				26
113	1155	RODZOCH	DANIEL	WARSZAWA		1988	M30	31 00:17:42 00:17:38					31
114	1377	CLAPIŃSKI	BRUNO	WARSZAWA	ZÓRAWKI TEAM	2006	M16			32 00:17:42 00:17:39			32
115	1330	HILDEBRAND	MARCIN	WARSZAWA	BIEGAM NA TARCHOMINIE	1987	M30			33 00:17:45 00:17:43			33
116	574	WAŚNIEWSKI	ALBERT	WARSZAWA	SKLEP BIEGACZA RUNNING TEAM WARSZAWA	1987	M30	36 00:17:59 00:17:57					36
117	1201	JENDRYCH	REMIGIUSZ	WARSZAWA		1990	M30		36 00:18:22 00:18:16				36
118	1190	SIERADZKI	KRZYSZTOF	WARSZAWA	PRZEDWOJEWSKI TEAM	1989	M30			37 00:17:49 00:17:45			37
119	1258	LIPIEC	TOMASZ	WARSZAWA	LIPIEC RUNNING TEAM	1971	M50		38 00:18:24 00:18:22				38
120	1512	BRZEZIŃSKI	MICHAŁ	SKIERNIEWICE	UKS VIS SKIERNIEWICE	2006	M16					39 00:18:38 00:18:35	39
121	1260	WILCZĘGA	TOMASZ	WARSZAWA	#NIETYLKOMELO	1987	M30		40 00:18:26 00:18:25				40
122	1446	SWOLKIEŃ	MACIEJ	WARSZAWA		1998	M20				40 00:19:57 00:19:53		40
123	1387	PIOTROWSKI	MARIUSZ	MIŃSK MAZOWIECKI	MKB DREPTAK	1982	M40			41 00:18:06 00:18:05			41
124	1327	POLSKI	MATEUSZ	LUBLIN	UKS-G8 BIELANY WARSZAWA	2004	M16			42 00:18:07 00:18:02			42
125	1121	ZIELIŃSKI	PIOTR	WARSZAWA		1991	M30	42 00:18:17 00:18:12					42
126	1322	BADOWSKI	ALEKSANDER	WARSZAWA	AW - SZYBCIEJ - TEAM	1984	M30			44 00:18:14 00:18:08			44
127	1079	MAMCARZ	BARTŁOMIEJ	LUBLIN	LUBELSKIBIEGACZ.PL TEAM	2002	M20	46 00:18:25 00:18:22					46
128	1522	STACHOWICZ	MARCIN	WARSZAWA		1985	M30					46 00:18:50 00:18:46	46
129	1318	SKOPP	SEBASTIAN	WARSZAWA		1989	M30			47 00:18:16 00:18:13			47
130	1505	ŚCIGAŁA	STANISŁAW	WARSZAWA		2000	M20				47 00:20:54 00:20:02		47
131	1320	MARCINKOWSKI	JAKUB	OSTRÓW WIELKOPOLSKI	PASSION FIRST	1998	M20			49 00:18:28 00:18:23			49
132	1419	ZYCH	MARIUSZ	WARSZAWA	BIEGAJ POD OKIEM TRENERA	1981	M40			50 00:18:28 00:18:24			50
133	1411	BARANOW	ŁUKASZ	WARSZAWA	SKLEPNAPIERAJ.PL	1992	M30			51 00:18:31 00:18:29			51
134	1066	GĘBICKI	MAREK	WARSZAWA		1984	M30	53 00:18:46 00:18:43					53

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135	1456	ZWIERZCHOŃ	GRZEGORZ	WARSZAWA	AKTYWNA WARSZAWA	1981	M40				54 00:20:29 00:20:22		54
136	1457	MACIEJEWSKI	MARCIN	WARSZAWA		1994	M20				56 00:20:24 00:20:24		56
137	1078	CYBULA	SYLWESTER	LUBARTÓW	LUBELSKIBIEGACZ.PL TEAM	2003	M16	57 00:18:48 00:18:46					57
138	1226	SZCZESNY	MARCIN	LIPKÓW	RURA TEAM	1989	M30		58 00:19:12 00:19:08				58
139	1484	GRADZIK	MARCIN	WARSZAWA	ADIDAS RUNNERS WARSAW	1987	M30				59 00:21:26 00:20:39		59
140	1227	MALINOWSKI	JAREK	WARSZAWA	KARAS TRI AND SWIM TEAM	1982	M40		60 00:19:14 00:19:12				60
141	357	KOBUSZEWSKI	ARTUR	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1980	M40	62 00:18:53 00:18:53					62
142	1181	PACHUT	JERZY	SŁOPNICE		2002	M20		63 00:19:18 00:19:17				63
143	1474	ŁUCZAK	ROBERT	WOJCIESZYN	OPENNET.PL	1992	M30				63 00:21:54 00:21:05		63
144	1514	TOMASZUK	MARCIN	WARSZAWA		1983	M30					67 00:19:42 00:19:31	67
145	1150	KRÓL	PIOTR	WARSZAWA	DENTALKING.EU	1985	M30	70 00:19:13 00:19:10					70
146	1560	WELPA	ŁUKASZ	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1990	M30					71 00:19:56 00:19:47	71
147	1374	DĄBEK	KAMIL	WARSZAWA	12TRI.PL	1994	M20			72 00:19:13 00:19:07			72
148	1386	STACHOWIAK	MACIEJ	WARSZAWA	ADIDAS RUNNERS WARSAW	1979	M40				73 00:19:24 00:19:12		73
149	619	OWCZARZAK	RAFAL	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1978	M40		74 00:19:42 00:19:38				74
150	1546	DULIBAN	TOMASZ	WARSZAWA	BIEGAJ Z URSUSEM	1986	M30					76 00:20:01 00:19:53	76
151	1088	URBANIAK	ALEKSANDER	WARSZAWA		1981	M40	77 00:19:29 00:19:19					77
152	650	TITTENBRUN	ALEKSANDER	WARSZAWA	NIEZŁA KORBA	1987	M30		77 00:19:52 00:19:40				77
153	1481	LUBACZEWSKI	TOMASZ	WARSZAWA	IRONMED	1994	M20				78 00:22:43 00:21:55		78
154	1195	MACIOPA	MICHAŁ	WARSZAWA	NAPRZÓD MŁOCINY	1976	M40		79 00:19:50 00:19:43				79
155	1279	ŁOJEWSKI	MARCIN	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1991	M30		81 00:19:54 00:19:47				81
156	1288	GORYŃSKI	KRZYSZTOF	WARSZAWA	KARAS TRI AND SWIM	1980	M40		83 00:20:00 00:19:52				83
157	1461	SOBCZAK	GRZEGORZ	ŁOMIANKI		1978	M40					84 00:20:29 00:20:19	84
158	1306	LATA	MICHAŁ	WARSZAWA		2003	M16			85 00:19:43 00:19:36			85
159	1174	RUSZCZEWSKI	ANDRZEJ	WARSZAWA	VEGE RUNNERS / 140MINUT.PL	1984	M30		85 00:20:32 00:19:56				85
160	1380	CIESIELSKI	MICHAŁ	WARSZAWA	ADIDAS RUNNERS WARSAW	1987	M30			86 00:19:50 00:19:38			86
161	1489	KARWACZ	JAKUB	STARE LIPINY		1990	M30					86 00:20:32 00:20:25	86
162	30	TĘDZIAGOLSKI	TOMASZ	WARSZAWA	MYKK	1978	M40	87 00:19:54 00:19:49					87
163	1049	BLASZKIEWICZ	PRZEMYSŁAW	WARSZAWA		1977	M40	89 00:20:49 00:19:50					89
164	525	DEJA	WOJCIECH	WARSZAWA		1985	M30				91 00:22:35 00:22:32		91
165	659	MOŚCICKI-ZANCHI	PATRYK	WARSZAWA	UKS G8 BIELANY	2003	M16			93 00:19:57 00:19:52			93
166	618	GURSZTYN	MICHAŁ	WARSZAWA	ADIDAS RUNNERS WARSAW	1998	M20		94 00:20:32 00:20:24				94
167	1462	MAKUCH	MARCIN	WARSZAWA		1986	M30				95 00:23:30 00:22:43		95
168	1274	TOMCZYK	GRZEGORZ	WARSZAWA		1992	M30		97 00:20:42 00:20:29				97

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169	198	SKOWRON	KRZYSZTOF	WARSZAWA		1973	M40	98 00:20:14 00:20:08					98
170	1343	D.	PAWEŁ			1984	M30					98 00:22:33 00:21:12	98
171	369	WEREMCZUK	STANISŁAW	WARSZAWA		1969	M50	100 00:20:21 00:20:13					100
172	503	DOROCIAK	KAMIL	WARSZAWA	BIEGANIEPO40.PL	1978	M40			102 00:20:26 00:20:12			102
173	603	KITLAS	RAFAŁ	WARSZAWA	DREAM RUN	1981	M40	102 00:20:18 00:20:16					102
174	1257	WOJTASIAK	TOMASZ	WARSZAWA	LIPIEC RUNNING TEAM	1979	M40		102 00:20:39 00:20:34				102
175	1034	ZAWODZIAN	PIOTR	WARSZAWA		1988	M30	103 00:20:30 00:20:20					103
176	1256	PRUCHNIAK	ROBERT	WARSZAWA	LIPIEC RUNNING TEAM	1971	M50		104 00:20:42 00:20:37				104
177	1384	KAMIŃSKI	KACPER	WARSZAWA	ZÓRAWSKI TEAM	2005	M16			107 00:20:45 00:20:28			107
178	1122	GORSIAK	JACEK	PŁOCK	HUSARIA RACE TEAM	1983	M30	108 00:20:50 00:20:36					108
179	1222	GORCZYŃSKI	WOJCIECH	WARSZAWA		1985	M30		108 00:20:58 00:20:45				108
180	414	SKALSKI	BARTOSZ	WARSZAWA		1972	M50	111 00:20:52 00:20:38					111
181	1391	JANUS	LESZEK	WARSZAWA		1982	M40			111 00:21:00 00:20:44			111
182	1302	ROSZKOWSKI	TOMASZ	WARSZAWA	NEON TEAM	1981	M40		111 00:20:59 00:20:48				111
183	1298	KAIM	IGNACY	WARSZAWA	LITT	1989	M30		114 00:21:01 00:20:52				114
184	1382	BARTOSZEK	KONRAD	WARSZAWA		1983	M30			114 00:21:11 00:20:53			114
185	1502	FUKOWSKI	DAMIAN	WARSZAWA	DREAM RUN	1982	M40				114 00:24:15 00:23:27		114
186	1460	LUSZCZYNA	ROBERT	WARSZAWA	EY OCR TEAM	1987	M30				115 00:23:44 00:23:31		115
187	1143	CYGLER	SLAWOMIR	WARSZAWA	UNTS WARSZAWA	1990	M30	116 00:20:55 00:20:45					116
188	1141	PASELA	BARTOSZ	WARSZAWA	SMASHINE PAPKINNS	1983	M30	117 00:20:54 00:20:47					117
189	1555	BUDKIEWICZ	LEON	WARSZAWA		2003	M16					117 00:21:45 00:21:33	117
190	1490	MARCZUK	MIRON	WARSZAWA	NEON TEAM	1995	M20				118 00:24:27 00:23:37		118
191	1047	OLSZAK	ZENON	WARSZAWA	OB OŻARÓW MAZOWIECKI BIEGA	1964	M50	119 00:22:51 00:20:50					119
192	1535	SOIŃSKI	DOMINIK	POZNAŃ	KS UAM TRIATHLON POZNAŃ	2003	M16					119 00:21:50 00:21:40	119
193	1102	ROZEK	TOMEK	WARSZAWA	NEON TEAM	1987	M30	121 00:21:02 00:20:51					121
194	1233	KOBIERNIK	ADAM	WARSZAWA		1999	M20		121 00:21:48 00:21:22				121
195	251	ZALEWSKI	MARCIN	WARSZAWA	INOBE	1982	M40	122 00:21:08 00:20:54					122
196	1565	TOLAK	PIOTR	WARSZAWA	TEAM TOLAK	1986	M30					122 00:22:03 00:21:51	122
197	1311	KSIĄŻEK	MAKSYMILIAN	ZĄBKI		2005	M16			123 00:22:04 00:21:11			123
198	1416	DUTKIEWICZ	MACIEJ	WARSZAWA	MARKOWI BIEGACZE	1987	M30			124 00:21:36 00:21:15			124
199	1193	ŁOZIŃSKI	TOMASZ	WARSZAWA	ADIDAS RUNNERS WARSAW	1991	M30			126 00:21:32 00:21:18			126
200	384	BUGOWSKI	ANDRZEJ	WARSZAWA	HST	1974	M40	127 00:22:02 00:21:03					127
201	1531	JANKOWSKI	BARTŁOMIEJ	WARSZAWA	DUKLANOWSKI TEAM	1972	M50					127 00:26:14 00:21:58	127
202	1083	JEREMIEJEW	RAFAŁ	PRAWIEDNIKI		1973	M40	130 00:22:16 00:21:10					130

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203	1267	KONARZEWSKI	TOMASZ	WARSZAWA		1995	M20			130 00:22:21 00:21:28			130
204	1527	KAKOLECKI	MICHAŁ	WARSZAWA		1971	M50					131 00:22:25 00:22:07	131
205	1105	DESKA	LESZEK	NOWA IWICZNA	LESZEK BIEGA	1976	M40	134 00:21:20 00:21:13					134
206	1104	MIELCZAREK	PAWEŁ	MARKI	MARKOWI BIEGACZE	1981	M40	136 00:21:23 00:21:17					136
207	1167	SYCZ	KRZYSZTOF	RZESZÓW	DOROTA AND JURECZEK RUNNING CLUB	2002	M20		137 00:21:57 00:21:39				137
208	1534	KAZIMIERCZUK	MATEUSZ	ŁOMIANKI	POWIEWANIEC	2000	M20					142 00:23:47 00:22:26	142
209	1422	SOKOŁOWSKI	ŁUKASZ	WARSZAWA	ORDONIAKI	1980	M40			143 00:26:13 00:21:50			143
210	1048	WEWIÓR	PRZEMYSŁAW	WARSZAWA		1986	M30	145 00:23:34 00:21:30					145
211	1010	PIOTROWSKI	MICHAŁ	WARSZAWA		1987	M30	148 00:22:36 00:21:34					148
212	1099	MALESZKA	PAWEŁ	JABŁONNA		1963	M50		149 00:22:12 00:22:00				149
213	1106	CHŁYSTEK	MICHAŁ	WARSZAWA	TRIMASTERS	1998	M20	151 00:21:55 00:21:50					151
214	1084	MALESZKA	PIOTR	WARSZAWA		1995	M20		151 00:22:13 00:22:02				151
215	1340	MOCEK	KRZYSZTOF	WARSZAWA	DENTSU RUNNERS	1979	M40			151 00:22:24 00:22:07			151
216	1455	JAWOROWSKI	KRZYSZTOF	WARSZAWA		1995	M20				151 00:25:54 00:24:57		151
217	1344	NAMCZUK	MATEUSZ	PRUSZKÓW		1994	M20					153 00:24:17 00:22:46	153
218	1247	PESTENKOV	ANDRZEJ	DUCHNIE		1989	M30		154 00:23:12 00:22:05				154
219	356	ADAMCZYK	MARCIN	WARSZAWA	PAWKO RUNNER TEAM	1977	M40	155 00:22:13 00:22:00					155
220	1230	PIETRZYKOWSKI	MACIEJ	WARSZAWA	KARAŚ TRISWIM TEAM	1985	M30		155 00:22:17 00:22:08				155
221	1103	STRZELECKI	PIOTR	WARSZAWA	MARKOWI BIEGACZE	1974	M40	180 00:22:19 00:22:12					160
222	1177	CANO	PAWEŁ	WARSZAWA		1976	M40		181 00:22:45 00:22:21				161
223	1526	BEDNARSKI	WOJCIECH	WARSZAWA	ROAD RUNNER	1982	M40					163 00:24:29 00:23:04	163
224	385	PAPROTA	MAREK	WARSZAWA		1985	M30	166 00:23:21 00:22:19					166
225	1217	SURMAŃSKI	JACEK	WARSZAWA	PAWKO RUNNERS TEAM	1980	M40		166 00:22:55 00:22:28				166
226	440	RADZIMOWSKI	SYLWESTER	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1979	M40	167 00:22:30 00:22:19					167
227	1251	ROMANIUK	WOJCIECH	WARSZAWA		1978	M40		167 00:22:55 00:22:28				167
228	1554	GOGOCIN	PATRICK	HAMBURG		1996	M20					167 00:24:38 00:23:12	167
229	1243	MALINOWSKI	MARIUSZ	WARSZAWA	KARAŚ TRISWIM TEAM	1987	M30		169 00:22:45 00:22:35				169
230	1199	RADECKI	MARCIN	WARSZAWA	NEON	1988	M30		172 00:22:51 00:22:37				172
231	1406	SARZAŁA	BARTŁOMIEJ	WARSZAWA	AKS POLONIA WARSZAWA	1993	M20			172 00:23:14 00:22:50			172
232	1266	KŁOS	ALEKSANDER	WARSZAWA	TRIMASTERS	1995	M20		178 00:23:16 00:22:50				178
233	1063	GAŁECKI	MICHAŁ	WARSZAWA		1971	M50	181 00:23:05 00:22:51					181
234	168	FRAŃCZYK	ŁUKASZ	WARSZAWA	URWIS BIEGA WARSZAWA	1995	M20		184 00:23:13 00:23:01				184
235	1499	TRZECIAK	ARTUR	WARSZAWA		1973	M40				184 00:24:30 00:27:29		184
236	1162	STASIAK	BARTOSZ	WARSZAWA		1979	M40	185 00:26:12 00:23:04					185

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237	471	RATAJCZAK	NORBERT	MARKI	MARKOWI BIEGACZE	1979	M40		188 00:23:21 00:23:01				186
238	310	KROPIEWNICI	JERZY	WARSZAWA		1980	M40	187 00:24:08 00:23:08					187
239	1417	WOJTCZAK	KRZYSZTOF	WARSZAWA	MARKOWI BIEGACZE	1982	M40			188 00:25:47 00:23:06			188
240	1485	NIKOŁAJUK	PIOTR	WARSZAWA	SKP	1986	M30				189 00:30:16 00:27:52		189
241	1348	COTELO	VICTOR	WARSZAWA		1980	M40			190 00:24:47 00:23:11			190
242	308	KOSTECKI	TOMEK	CELESTYNÓW	HARD BOX	1986	M30	191 00:24:13 00:23:11					191
243	460	KLIMAS	MIKOŁAJ	WARSZAWA	KMD RUNNING CLUB	1994	M20		196 00:23:41 00:23:22				196
244	1051	CZAPELSKI	TOMASZ	WARSZAWA		1990	M30	196 00:24:30 00:23:24					196
245	1248	JÓZWIK	WALDEMAR	WARSZAWA		1978	M40			197 00:24:57 00:23:25			197
246	264	ODOLCZYK	JERZY	WARSZAWA		1961	M60	197 00:26:52 00:23:25					197
247	423	KOŁODZIEJSKI	RAFAŁ	WARSZAWA	BRAK	1975	M40				197 00:30:06 00:28:28		197
248	500	MAROŃ	SEBASTIAN	WARSZAWA	POLISA NA MIARĘ	1979	M40	199 00:23:42 00:23:29					199
249	1435	MAKOWSKI	GRZEGORZ	STAROGARD GDAŃSKI	FREE AS A BIRD	1966	M50				200 00:30:22 00:28:38		200
250	1439	FIJOREK	RAFAŁ	WARSZAWA		1980	M40				202 00:31:17 00:28:55		202
251	1440	ŚCIBIOREK	ARKADIUSZ	ŁÓDŹ		1984	M30				203 00:31:18 00:28:55		203
252	1532	GAS	ADAM	WARSZAWA	UKS ORZELKI	1977	M40					206 00:26:14 00:24:31	206
253	292	FIGURA	ŁUKASZ	WARSZAWA	NATIONALE NEDERLANDEN	1988	M30	207 00:28:13 00:23:44					207
254	1413	ZAKRZEWSKI	MATEUSZ	WARSZAWA		1982	M40			210 00:25:36 00:23:43			210
255	1501	GRZELAK	MICHAŁ	WARSZAWA	NEON TEAM	1963	M50				210 00:32:26 00:29:54		210
256	1423	STASIAK	KONRAD	WARSZAWA		1995	M20			212 00:24:37 00:23:43			212
257	1310	KSIĄŻEK	PATRYK	WARSZAWA	PWPW	1981	M40			214 00:24:41 00:23:46			214
258	1225	WYDRA	MARIUSZ	STARE BABICE	STARE BABICE BIEGAJĄ	1972	M50	214 00:26:03 00:23:59					214
259	1388	LESIAK	RADOSŁAW	WARSZAWA		1961	M60			217 00:24:37 00:23:48			217
260	1347	DE LA FUENTE	ENRIQUE	WARSZAWA	KUŹNIA TRIATHLONU	1976	M40			221 00:25:35 00:24:00			221
261	1194	SZWACZKA	SEBASTIAN	WARSZAWA	BW BIEGOWY WARIAT RUNNING TEAM	1982	M40			223 00:24:16 00:24:01			223
262	1152	KWIATEK	AMADEUSZ	WARSZAWA		1993	M20	223 00:27:18 00:24:05					223
263	410	CHOJNACKI	PRZEMYSŁAW	WARSZAWA		1978	M40	226 00:26:25 00:24:16					226
264	319	FRĄCKIEWICZ	DARIUSZ	WARSZAWA	BIEGAM NA TARCHOMINIE	1973	M40					226 00:29:26 00:25:36	226
265	1275	KALITOWSKI	MACIEJ	TARCZYN		1976	M40					227 00:28:20 00:25:37	227
266	150	CZARNECKI	TOMASZ	OTWOCK	SOKUDO OTWOCK	1976	M40		228 00:25:36 00:24:32				228
267	401	GŁODEK	ROBERT	WARSZAWA		1984	M30	229 00:25:30 00:24:23					229
268	622	SZCZECH	ŁUKASZ	WARSZAWA	PAWKO RUNNER TEAM	1990	M30		230 00:25:44 00:24:37				230
269	1559	ROSIŃSKI	MICHAŁ	POMIECHÓWEK		1995	M20					232 00:27:14 00:25:52	232
270	1294	JAKUBOWSKI	JAROSŁAW	WARSZAWA	TRIMASTERS WARSZAWA	1975	M40		235 00:26:07 00:24:53				235

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271	1390	RUCIOCH	DAWID	WARSZAWA		1990	M30			237 00:24:47 00:24:32			237
272	1551	KRAJEWSKI	PRZEMYSŁAW	WARSZAWA		1973	M40					237 00:29:02 00:26:19	237
273	157	MACHNIKOWSKI	PAWEŁ	WARSZAWA		1984	M30	242 00:26:52 00:24:48					242
274	1055	GREMBLEWSKI	KAROL	OLSZTYN		1982	M40		242 00:26:11 00:25:02				242
275	629	RUTKOWSKI	RAFAŁ	WARSZAWA	OBIEGUWKA	1994	M20		245 00:26:17 00:25:09				245
276	360	BIELICKI	ADAM	TRUSKAW	IZABELINRUNNERS.PL	1955	M60	248 00:27:06 00:25:07					248
277	1359	GUTIERREZ	JAIME	WARSZAWA	NIE	1975	M40			250 00:26:43 00:25:06			250
278	194	ŚWIĆ	BARTEK	WARSZAWA		1985	M30		250 00:26:24 00:25:20				250
279	1547	DUBIENIEC	PIOTR	PODKOW LEŚNA	DUBIEŃCOWIE WIELCY	1986	M30					251 00:29:02 00:27:14	251
280	1549	RUDZIŃSKI	JAN	WARSZAWA		1988	M30					252 00:29:02 00:27:14	252
281	1255	ZABIELEWICZ	MARIUSZ	WARSZAWA		1986	M30		255 00:26:31 00:25:25				255
282	1378	LEWANDOWSKI	ARTUR	WARSZAWA		1983	M30			258 00:26:51 00:25:17			258
283	1433	PIĘTKA	WOJCIECH	WARSZAWA		1993	M20			260 00:26:25 00:25:22			260
284	1093	GRAJNERT	TOMASZ	WARSZAWA	MODERNA	1982	M40	262 00:27:43 00:25:41					262
285	1368	CHICA LORENZO	NACHO	WARSZAWA	RCD ESPANYOL	1983	M30			264 00:27:10 00:25:33			264
286	1246	ŻUK	BARTOSZ	IZABELIN C	WIDŁOROGI	1998	M20		265 00:27:45 00:25:46				265
287	643	KANIEWSKI	TOMASZ	OŻARÓW MAZOWIECKI		1981	M40		267 00:27:04 00:25:56				267
288	507	BACZYŃSKI	KAMIL	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1987	M30	268 00:27:57 00:26:51					268
289	1351	MULIK	PIOTR	LODZ	RAZEM TRENUJEMY SPORT	1984	M30			270 00:27:37 00:25:54			270
290	1040	PRZYŻYCKI	JAN	PRUSZKÓW		2000	M20	270 00:28:05 00:26:04					270
291	270	BZOWSKI	ANDRZEJ	WARSZAWA		1989	M30		270 00:27:14 00:26:06				270
292	72	MALCZUK	ANDRZEJ	WARSZAWA	BIEGUN PÓLNOČNY	1975	M40					270 00:31:16 00:28:31	270
293	1237	MADEJ	TOMASZ	BIĄŁOBRZEGI		1981	M40		271 00:27:12 00:26:07				271
294	1027	PRZAŁA	MICHAŁ	WIKTORÓW		1989	M30		272 00:29:26 00:26:12				272
295	1137	GÓRSKI	ROBERT	WARSZAWA	DA SIĘ	1966	M50	274 00:28:15 00:26:13					274
296	1250	GOTZ	MATEUSZ	WARSZAWA	NAPRZÓD MŁOCINY	1986	M30		274 00:29:30 00:28:17				274
297	1038	PRZYŻYCKI	PIOTR	PRUSZKÓW		1967	M50	275 00:28:18 00:26:16					275
298	1090	DRYL	RADOSŁAW	WARSZAWA		1977	M40	276 00:27:19 00:26:18					276
299	497	WOJDA	DAMIAN	WARSZAWA		1993	M20	277 00:29:43 00:26:22					277
300	1399	BUDKIEWICZ	LEONARO	WARSZAWA		2006	M16			277 00:29:14 00:26:26			277
301	51	UNKIEWICZ	MICHAŁ	WARSZAWA		1984	M30	279 00:28:35 00:26:30					279
302	1357	TOMKIEWICZ	MICHAŁ	WARSZAWA		1987	M30			281 00:28:22 00:26:42			281
303	575	JÓZWIK	ROBERT	WARSZAWA	HARX TEAM	1976	M40	283 00:28:41 00:26:40					283
304	645	KASKA	RAFAŁ	LEGIONOWO		2000	M20		283 00:28:51 00:26:49				283

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305	1252	STASZKIEWICZ	MICHAŁ	WARSZAWA	WIDŁOROGI	1972	M50		285 00:30:02 00:26:52				285
306	478	KWIATKOWSKI	PIOTR	WARSZAWA	ŁYSY KOKS RUNNING TEAM	1981	M40	287 00:29:03 00:26:56					287
307	243	JASNY	MICHAŁ	WARSZAWA		1986	M30		288 00:28:02 00:26:57				288
308	639	KASKA	KRZYSZTOF	LEGIONOWO		1969	M50		289 00:29:06 00:26:58				289
309	638	ROMANEK	KAMIL	KĘDZIERZYN-KOŹLE		1999	M20		291 00:28:19 00:27:09				291
310	1358	SOCHACKI	KACPER	WARSZAWA		2002	M20			297 00:30:00 00:27:26			297
311	1564	TROJANOWSKI	TOMASZ	RASZYN		1987	M30					297 00:32:26 00:31:40	297
312	612	BANASZCZYK	ARKADIUSZ	OŻARÓW MAZOWIECKI	IM INSPIRATION TEAM	1971	M50			298 00:30:01 00:27:27			298
313	1486	SCHABOWICZ	MICHAŁ	PRUSZKÓW		1982	M40					299 00:32:26 00:32:12	299
314	1540	ŚLĘZAK	PAWEŁ	RYKI	STOWARZYSZENIE BIEGOWE POTRENUJEMY?	1986	M30					300 00:36:23 00:32:13	300
315	1170	PAZUR	MICHAŁ	WARSZAWA	WIDŁOROGI	1999	M20		301 00:29:45 00:27:35				301
316	1013	SZMEL	DARIUSZ	ŁOMIANKI		1980	M40	304 00:29:48 00:27:36					304
317	1329	PACHOLEC	KRZYSZTOF	WARSZAWA	NEON TEAM	1983	M30			304 00:29:40 00:27:46			304
318	342	MAZUR	ROBERT	WARSZAWA		1968	M50		304 00:29:00 00:27:52				304
319	1261	MERCHELSKI	PIOTR	WARSZAWA	BEZ CIŚNIEŃ	1984	M30		306 00:30:08 00:27:54				306
320	1529	NIESTĘPSKI	MICHAŁ	PULTUSK	CITY TRAIL	1973	M40					306 00:35:05 00:33:37	306
321	1231	KUSTOSZ	PIOTR	WARSZAWA		1966	M50		311 00:31:20 00:28:08				311
322	1556	GRZYBEK	MARCIN	ŁÓDŹ		1977	M40					311 00:38:10 00:35:28	311
323	1420	SUCHOJAD	DAMIAN	WARSZAWA	TRI LYNX	1979	M40			313 00:29:41 00:28:29			313
324	1110	JĘDRZEJCZAK	MACIEJ	WARSZAWA	NEON TEAM	1953	M60	315 00:31:48 00:28:40					315
325	1041	DYMEL	ANDRZEJ	WARSZAWA	MARKOWI BIEGACZE	1952	M60					315 00:39:18 00:37:40	315
326	252	WOJTYRA	MICHAŁ	JÓZEFÓW		1982	M40	319 00:32:10 00:28:50					319
327	1117	RACZKO	ADAM	WARSZAWA	KIDS RUNNING ACADEMY	1980	M40	321 00:31:06 00:28:53					321
328	35	KOZUCHOWSKI	IWO	WARSZAWA		1970	M50	322 00:30:58 00:28:53					322
329	1401	TORZEWSKI	JANUSZ	WARSZAWA		1973	M40			324 00:31:34 00:28:56			324
330	1395	GAJŻEWSKI	MACIEJ	GRANICA		1976	M40			327 00:30:41 00:29:05			327
331	68	JABRZYK	MARIUSZ	TOMASZÓW MAZOWIECKI	PZU SPORT TEAM	1978	M40			328 00:30:44 00:29:06			328
332	82	NOWICKI	PAWEŁ	WARSZAWA	RUNNING ONIONS	1984	M30	329 00:32:34 00:29:17					329
333	190	PIĄTEK	BOGDAN	ZIELONKA	LECHICI ZIELONKA	1953	M60			334 00:32:20 00:29:36			334
334	335	ŻYREK	PIOTR	WARSZAWA	OLX	1993	M20	334 00:31:55 00:29:44					334
335	334	WIĘCKOWSKI	JAKUB	WARSZAWA	GRUPA OLX TEAM	1985	M30			335 00:32:14 00:29:38			335
336	1140	WOJNARSKI	BARTOSZ	RADOM		1991	M30	337 00:32:32 00:30:23					337
337	1235	MAJEWSKI	MAREK	WARSZAWA	WILANÓW-ZAWADY	1964	M50		339 00:33:57 00:30:46				339
338	606	KRUSZYŃSKI	PIOTR	WARSZAWA	WARSZAWA	1987	M30	342 00:31:29 00:31:29					342

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339	1372	CARBONI	GIUSEPPE	WOLA MROKOWSKA		1979	M40			345 00:31:39 00:30:46			345
340	170	KIELEWICZ	KAZIMIERZ	RADOM		1952	M60	345 00:34:53 00:31:48					345
341	1123	KRUJEWSKI	MAREK			1954	M60	346 00:35:07 00:32:03					346
342	1385	BAJSZCZAK	GRZEGORZ	IZABELIN		1995	M20			349 00:33:43 00:31:00			349
343	1015	KSIĄŻEK	WOJCIECH	WARSZAWA		1992	M30	353 00:43:04 00:35:05					353
344	367	TATARATA	PAWEŁ	WARSZAWA	TRAINING LAB	1986	M30			355 00:50:48 00:36:51			355
345	1145	MALINOWSKI	KRZYSZTOF	WARSZAWA		1966	M50	356 00:40:39 00:37:15					356
346	561	PEGORARO	MATTEO	WARSAW	MODERNA	1987	M30	358 00:46:03 00:37:57					358
347	1408	SARZAŁA	DARIUSZ	WARSZAWA	AKS POLONIA WARSZAWA	1959	M60			365 00:38:49 00:35:52			365
348	1393	GĄSIOROWSKI	KRZYSZTOF	WARSZAWA		1962	M60			369 00:44:07 00:41:17			369