

Grand Prix CITY TRAIL z Nationale-Nederlanden 2021/2022
Warszawa, Bieg 4, 2022-02-19



| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------|------------|----------------------|---------------------------------|------|-----|----------|------------|-------------|---|---|
| 1 | 14 | ŚWIERDZEWSKI | DAMIAN | DZBENIN | NASTĘPNY KROK TEAM | 1993 | M20 | | 00:15:10 | 00:15:11 | | |
| 2 | 1699 | GONTARCZYK | RAFAŁ | OSTROWIEC ŚWIĘTOK... | TEAM NEVER GIVE UP | 1989 | M30 | | 00:15:37 | 00:15:38 | | |
| 3 | 435 | GROMEK | RADOSŁAW | WARSZAWA | TRENERBIEGANIA.PL | 1983 | M30 | | 00:15:42 | 00:15:43 | | |
| 4 | 1480 | FALKOWSKI | BARTŁOMIEJ | WARSZAWA | PIEKIELNI WARSZAWA | 1989 | M30 | | 00:15:49 | 00:15:50 | | |
| 5 | 1556 | OLSZEWSKI | BARTOSZ | WARSZAWA | PIEKIELNI WARSZAWA | 1984 | M30 | | 00:15:58 | 00:15:59 | | |
| 6 | 9 | ŚWIRGOŃ | ADAM | LUBLIN | TRENERBIEGANIA.PL | 1994 | M20 | | 00:16:11 | 00:16:11 | | |
| 7 | 5 | JABŁOŃSKI | ARTUR | WARSZAWA/HORODLO | DREAM RUN/NATIONALE-NEDERLANDEN | 1981 | M40 | | 00:16:11 | 00:16:12 | | |
| 8 | 1735 | LAŚNIAK | KAMIL | TORUŃ | MKL TORUŃ | 1993 | M20 | | 00:16:23 | 00:16:24 | | |
| 9 | 43 | WIĘCKOWSKI | ŁUKASZ | WARKA | KIFATO MK | 1995 | M20 | | 00:16:27 | 00:16:29 | | |
| 10 | 35 | KROCHMAL | PAWEŁ | WARSZAWA | PAWKO RUNNER TEAM | 1993 | M20 | | 00:16:31 | 00:16:32 | | |
| 11 | 1507 | ORZEL | MICHAŁ | LUBLIN | BANDA GRUDNIA | 1981 | M40 | | 00:16:50 | 00:16:52 | | |
| 12 | 1496 | RAK | ŁUKASZ | GARBATKA | OBOZYGORSKIE.PL | 1979 | M40 | | 00:16:56 | 00:16:58 | | |
| 13 | 1729 | KOBIALKA | KONRAD | WARSZAWA | TRENERBIEGANIA.PL | 1978 | M40 | | 00:16:58 | 00:17:00 | | |
| 14 | 1064 | MIKIELSKI | DANIEL | OLSZTYNEK | | 1990 | M30 | | 00:17:05 | 00:17:06 | | |
| 15 | 1622 | SUCHAN | JAKUB | SCIEJOWICE | UKS G8 BIELANY | 2006 | M0 | | 00:17:06 | 00:17:08 | | |
| 16 | 1672 | GROEN | HUBERT | WARSZAWA | WARSZAWSKIBIEGACZ | 2000 | M20 | | 00:17:16 | 00:17:19 | | |
| 17 | 1344 | OMIELAN | WOJCIECH | ELK | | 1994 | M20 | | 00:17:20 | 00:17:22 | | |
| 18 | 1715 | BADOWSKI | ALEKSANDER | WARSZAWA | MARCIN ŚWIERC TEAM | 1984 | M30 | | 00:17:27 | 00:17:31 | | |
| 19 | 1721 | BIERNACKI | MICHAŁ | WARSZAWA | | 2000 | M20 | | 00:17:30 | 00:17:32 | | |
| 20 | 1741 | PAJĄK | RAFAŁ | SKIERNIEWICE | | 1991 | M30 | | 00:17:36 | 00:17:37 | | |
| 21 | 1660 | TABER | KONRAD | BRWINÓW | ACTIVE PROSPERIA RUNNING TEAM | 1996 | M20 | | 00:17:38 | 00:17:40 | | |
| 22 | 215 | JOSYPENKO | JĘDRZEJ | WARSZAWA | DREAM RUN | 1986 | M30 | | 00:17:49 | 00:17:49 | | |
| 23 | 1173 | GOZDEK | RADEK | WARSZAWA | BIEGANIEPO40.PL | 1973 | M40 | | 00:17:47 | 00:17:49 | | |
| 24 | 1198 | JAROSZ | JAKUB | WARSZAWA | ADIDAS RUNNERS WARSAW | 1988 | M30 | | 00:17:49 | 00:17:52 | | |
| 25 | 1232 | SNOPEK | STANISŁAW | LEGIONOWO | DELOITTE ADVENTURE TEAM | 1998 | M20 | | 00:17:53 | 00:17:57 | | |
| 26 | 1154 | STANKOWSKI | RAFAŁ | OŻARÓW MAZOWIECKI | SZURAMSOBIE / UNIA HRUBIESZÓW | 1981 | M40 | | 00:17:57 | 00:17:59 | | |
| 27 | 90 | FRĄTCZAK | MATEUSZ | WARSZAWA | ADIDAS RUNNERS WARSAW | 1983 | M30 | | 00:17:58 | 00:18:01 | | |
| 28 | 1714 | RODZOCH | DANIEL | WARSZAWA | | 1988 | M30 | | 00:17:59 | 00:18:02 | | |
| 29 | 95 | WITKOWSKI | PAWEŁ | ŁAJSKI | TRENERBIEGANIA.PL | 1979 | M40 | | 00:17:59 | 00:18:03 | | |
| 30 | 1003 | KLECZEWSKI | PIOTR | WARSZAWA | LO64 | 2005 | M16 | | 00:18:04 | 00:18:06 | | |
| 31 | 369 | PAŹDZIOCH | KACPER | MIŃSK MAZOWIECKI | KS BARAKUDA MIŃSK MAZOWIECKI | 2005 | M16 | | 00:18:10 | 00:18:13 | | |
| 32 | 349 | RYBCZAK | PAWEŁ | WARSZAWA | ACCENTURE | 1988 | M30 | | 00:18:11 | 00:18:13 | | |
| 33 | 21 | SKWARCZ | PAWEŁ | WARSZAWA | BIEGANIEPO40.PL | 1984 | M30 | | 00:18:11 | 00:18:14 | | |
| 34 | 1737 | LEWANDOWSKI | MATEUSZ | NOWY DWÓR MAZOWIECKI | BKS | 1999 | M20 | | 00:18:17 | 00:18:22 | | |
| 35 | 12 | MAZEK | EMILIA | GARWOLIN | SKLEP BIEGACZA | 1993 | K20 | | 00:18:22 | 00:18:24 | | |
| 36 | 1698 | ZYCH | JAKUB | SOBIENIE-JEZIORY | PSZCZÓŁKOWSKI TEAM | 1999 | M20 | | 00:18:19 | 00:18:24 | | |
| 37 | 96 | WASIEWICZ | ADAM | WARSZAWA | NIE MÓJ CYRK, NIE MOJE MAŁPY | 1983 | M30 | | 00:18:28 | 00:18:32 | | |
| 38 | 171 | KRZEMPEK | ALEKSANDER | BIELSKO-BIAŁA | BIEGANIEPO40.PL | 1973 | M40 | | 00:18:31 | 00:18:34 | | |
| 39 | 100 | KALIŃSKI | PRZEMYSŁAW | WARSZAWA | BIEGAJ Z URSUSEM | 1982 | M30 | | 00:18:29 | 00:18:35 | | |
| 40 | 1008 | SZPIL | MACIEJ | WARSZAWA | MYKK | 1983 | M30 | | 00:18:34 | 00:18:37 | | |
| 41 | 11 | WICHA | IWONA | GÓRA KALWARIA | DREAM RUN/LKS PREFBET ŚNIADOWO | 1987 | K30 | | 00:18:41 | 00:18:41 | | |
| 42 | 1212 | WOJTYNA | ŁUKASZ | WARSZAWA | NEON TEAM | 1987 | M30 | | 00:18:38 | 00:18:43 | | |
| 43 | 93 | SOBICZEWSKI | RAFAŁ | ŁOMIANKI | | 1984 | M30 | | 00:18:41 | 00:18:43 | | |
| 44 | 1462 | MIERZLIKIN | NATALIA | WARSZAWA | UKS GEPARD WARSZAWA | 1989 | K30 | | 00:18:46 | 00:18:48 | | |
| 45 | 174 | GRUZA | MAREK | KAZUŃ BIELANY | BIEGANIEPO40.PL | 1976 | M40 | | 00:18:48 | 00:18:52 | | |
| 46 | 1213 | MIGDAL | MICHAŁ | MARKI | MARKOWI BIEGACZE | 1985 | M30 | | 00:18:44 | 00:18:53 | | |
| 47 | 91 | TĘDZIAGOLSKI | TOMASZ | WARSZAWA | MYKK | 1978 | M40 | | 00:18:51 | 00:18:54 | | |
| 48 | 221 | KUROWSKI | MACIEJ | WARSZAWA | NATIONALE-NEDERLANDEN | 1980 | M40 | | 00:18:51 | 00:18:55 | | |
| 49 | 1703 | ŁUCZYŃSKI | TOMASZ | WARSZAWA | | 1973 | M40 | | 00:18:56 | 00:18:58 | | |
| 50 | 1738 | ŁOJEWSKI | MARCIN | WARSZAWA | BW RUNNING TEAM | 1991 | M30 | | 00:18:53 | 00:18:59 | | |
| 51 | 1528 | KLUZ | PAWEŁ | WARSZAWA | KUŹNIA TRIATHLONU | 1987 | M30 | | 00:18:53 | 00:19:04 | | |

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|-----|------|-----------------|------------|---------------------|-----------------------------------|------|-----|----------|------------|-------------|---|---|
| 52 | 1293 | ROJEK | PRZEMYSŁAW | MIŃSK MAZOWIECKI | KS BARAKUDA MIŃSK MAZOWIECKI | 2005 | M16 | | 00:18:53 | 00:19:03 | | |
| 53 | 1348 | SZYMKIEWICZ | JULIA | MAŁOGOSZCZ | WOŹNIAK RUNNING TEAM | 2001 | K20 | | 00:18:56 | 00:19:00 | | |
| 54 | 1263 | ŚWIĘCICKI | IGNACY | WARSZAWA | | 1984 | M30 | | 00:19:03 | 00:19:08 | | |
| 55 | 1305 | SNIGIR | ALEXEY | WARSAW | | 1988 | M30 | | 00:19:04 | 00:19:10 | | |
| 56 | 1194 | CHRABAŁOWSKI | JAROSŁAW | WARSZAWA | | 1985 | M30 | | 00:19:05 | 00:19:09 | | |
| 57 | 1455 | GORLO-OLSZEWSKA | KATARZYNA | WARSZAWA | PIEKIELNI WARSZAWA | 1988 | K30 | | 00:19:09 | 00:19:13 | | |
| 58 | 1745 | TKACZ | PATRYK | GRANICA | POLCAR PPH | 1992 | M20 | | 00:19:11 | 00:19:14 | | |
| 59 | 1746 | KĄŻMIERCZAK | MARTA | WARSZAWA | DREAM RUN | 1981 | K40 | | 00:19:12 | 00:19:16 | | |
| 60 | 1298 | PRZYWÓZKI | RAFAŁ | PRZYWÓZKI | KROPKA TEAM | 1993 | M20 | | 00:19:15 | 00:19:21 | | |
| 61 | 225 | BRZUSKIEWICZ | MICHAŁ | WARSZAWA | DREAM RUN | 1988 | M30 | | 00:19:19 | 00:19:23 | | |
| 62 | 360 | NAGÓRSKI | KAMIL | WARSZAWA | NEON TEAM | 1975 | M40 | | 00:19:20 | 00:19:24 | | |
| 63 | 269 | PIETRZAK | KRZYSZTOF | WARSZAWA | ADIDAS RUNNERS WARSAW | 1977 | M40 | | 00:19:21 | 00:19:37 | | |
| 64 | 1580 | LECH | MACIEJ | WARSZAWA | | 1985 | M30 | | 00:19:22 | 00:19:28 | | |
| 65 | 1189 | KAMIŃSKI | PAWEŁ | WARSZAWA | BIEGANIEPO40.PL | 1976 | M40 | | 00:19:23 | 00:19:29 | | |
| 66 | 1018 | PIATKA | TOMASZ | WARSZAWA | ADIDAS RUNNERS WARSAW | 1984 | M30 | | 00:19:25 | 00:19:29 | | |
| 67 | 243 | SIEGIEDA | MICHAŁ | WARSZAWA | ADIDAS RUNNERS WARSAW | 1989 | M30 | | 00:19:30 | 00:19:45 | | |
| 68 | 1664 | ZIELIŃSKI | PIOTR | WARSZAWA | | 1991 | M30 | | 00:19:31 | 00:19:36 | | |
| 69 | 1727 | ŚLUSARCZYK | KATARZYNA | WARSZAWA | OKISPORT | 1989 | K30 | | 00:19:31 | 00:19:36 | | |
| 70 | 1474 | OCZKOWSKI | MATEUSZ | CHOTOMÓW | GRUPA BIEGOWA CHTMO | 1978 | M40 | | 00:19:32 | 00:19:38 | | |
| 71 | 1650 | ROŚŁON | PIOTR | WARSZAWA | | 1974 | M40 | | 00:19:33 | 00:19:43 | | |
| 72 | 219 | GOGOL | TOMASZ | ŁOMIANKI | | 1989 | M30 | | 00:19:34 | 00:19:42 | | |
| 73 | 1736 | PUKA | MATEUSZ | WARSZAWA | | 1993 | M20 | | 00:19:38 | 00:20:02 | | |
| 74 | 1679 | HOROSZKO | MICHAŁ | WARSZAWA | | 1987 | M30 | | 00:19:38 | 00:19:41 | | |
| 75 | 109 | PRUGAR FUKOWSKA | PAULINA | WARSZAWA | NEON TEAM | 1983 | K30 | | 00:19:42 | 00:19:46 | | |
| 76 | 1530 | MARON | JACEK | WARSZAWA | ADIDAS RUNNERS WARSAW / JACK TEAM | 1968 | M50 | | 00:19:45 | 00:20:00 | | |
| 77 | 1739 | OWCZARZAK | RAFAŁ | WARSZAWA | BW RUNNING TEAM | 1978 | M40 | | 00:19:46 | 00:19:52 | | |
| 78 | 15 | KOSTRZEWSKA | JUSTYNA | ŁOMIANKI DOLNE | ADIDAS RUNNER WARSAW | 1982 | K30 | | 00:19:49 | 00:20:03 | | |
| 79 | 1032 | JAKÓBCZYK | MARTYNA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1991 | K30 | | 00:19:53 | 00:19:57 | | |
| 80 | 256 | MECHLIŃSKI | BARTŁOMIEJ | TORUŃ | DECATHLON TARGÓWEK | 1979 | M40 | | 00:19:53 | 00:21:32 | | |
| 81 | 322 | SIWIRSKA | ANNA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1989 | K30 | | 00:19:53 | 00:20:09 | | |
| 82 | 1730 | SOKOŁOWSKI | ŁUKASZ | WARSZAWA | ORDONIAKI | 1980 | M40 | | 00:20:00 | 00:20:08 | | |
| 83 | 1593 | PUCHAŁA | ŁUKASZ | WARSZAWA | | 1987 | M30 | | 00:20:02 | 00:20:13 | | |
| 84 | 1654 | KUCHARCZYK | PAWEŁ | OPACZ KOLONIA | ROZBIEGANE MICHAŁOWICE | 1966 | M50 | | 00:20:02 | 00:20:04 | | |
| 85 | 245 | STĘPNIAK | RAFAŁ | ZĄBKI | MARKOWI BIEGACZE | 1980 | M40 | | 00:20:03 | 00:20:07 | | |
| 86 | 1734 | SZYMAŃSKI | HUBERT | ŁOMIANKI | BW RUNNING TEAM | 1979 | M40 | | 00:20:03 | 00:20:08 | | |
| 87 | 127 | MOSSAKOWSKI | WOJCIECH | WARSZAWA | UNTS WARSZAWA | 1998 | M20 | | 00:20:04 | 00:20:09 | | |
| 88 | 191 | PIECHÓR | MAŁGORZATA | PULTUSK | | 1990 | K30 | | 00:20:07 | 00:20:11 | | |
| 89 | 335 | SKOTNICKI | JAKUB | WROCLAW | DUKLANOWSKI TEAM | 1990 | M30 | | 00:20:07 | 00:20:12 | | |
| 90 | 338 | PIOTROWSKI | PAWEŁ | WARSZAWA | | 1993 | M20 | | 00:20:08 | 00:20:17 | | |
| 91 | 1210 | BANASIUK | MACIEJ | WARSZAWA | | 1971 | M50 | | 00:20:10 | 00:20:17 | | |
| 92 | 1061 | ZALEWSKI | DOMINIK | WARSZAWA | NEW BALANCE RUN CLUB | 1991 | M30 | | 00:20:14 | 00:20:21 | | |
| 93 | 398 | CZARNOCKI | WOJCIECH | WARSZAWA | ADIDAS RUNNERS WARSAW | 1995 | M20 | | 00:20:27 | 00:20:36 | | |
| 94 | 1495 | HELON | RADOSŁAW | SZCZECIN | TRENERBIEGANIA.PL | 1994 | M20 | | 00:20:27 | 00:21:16 | | |
| 95 | 159 | CHUGAY | NAZAR | KONSTANCIN-JEZIORNA | | 1996 | M20 | | 00:20:30 | 00:20:32 | | |
| 96 | 1223 | KĄCKI | PAWEŁ | WARSZAWA | RĄCZE RACICZKI | 1975 | M40 | | 00:20:33 | 00:20:39 | | |
| 97 | 1211 | GAŁĄZKA | ŁUKASZ | CHOTOMÓW | | 1981 | M40 | | 00:20:35 | 00:20:43 | | |
| 98 | 1589 | KACPRZYK | ALEX | WARSZAWA | RP RUNNERS | 1972 | M40 | | 00:20:35 | 00:20:42 | | |
| 99 | 1365 | STACHURSKI | DANIEL | WARSZAWA | MIESZKAM NA TARCHOMINIE | 1976 | M40 | | 00:20:37 | 00:20:46 | | |
| 100 | 401 | WOŁOSZYN | PIOTR | WARSZAWA | A NA CO TO KOMU POTRZEBNE | 1980 | M40 | | 00:20:39 | 00:20:42 | | |
| 101 | 365 | THEN | ALEKSANDER | WARSZAWA | ADIDAS RUNNERS WARSAW | 1976 | M40 | | 00:20:40 | 00:20:42 | | |
| 102 | 1007 | OSTROWSKI | MARCIN | WARSZAWA | PZU SPORT TEAM | 1986 | M30 | | 00:20:44 | 00:20:50 | | |

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|-----|------|-------------|------------|----------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 103 | 1205 | BOBER | JAROSŁAW | WARSZAWA | | 1991 | M30 | | 00:20:46 | 00:21:08 | | |
| 104 | 1034 | SZYMAŃSKA | AGNIESZKA | ŁOMIANKI | BIEGOWY WARIAT RUNNING TEAM | 1977 | K40 | | 00:20:49 | 00:20:51 | | |
| 105 | 1407 | CZERWOŃSKI | ARTUR | ŁOMIANKI | WIDŁOROGI | 1968 | M50 | | 00:20:49 | 00:21:01 | | |
| 106 | 374 | WĘGLIŃSKI | SEBASTIAN | MIŃSK MAZOWIECKI | MKB DREPTAK / KS BARAKUDA MIŃSK ... | 1983 | M30 | | 00:20:50 | 00:20:52 | | |
| 107 | 391 | STASZAK | ARTUR | WARSZAWA | UNTS WARSZAWA | 1970 | M50 | | 00:20:50 | 00:20:59 | | |
| 108 | 1613 | TYNDZIUK | ELEONORA | WARSZAWA | UKS G8 BIELANY | 2002 | K16 | | 00:20:53 | 00:20:54 | | |
| 109 | 1663 | PTASZYŃSKA | MALGORZATA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1990 | K30 | | 00:20:54 | 00:21:01 | | |
| 110 | 1128 | GAWEL | PIOTR | ŁOMIANKI | | 1978 | M40 | | 00:20:56 | 00:21:04 | | |
| 111 | 1282 | PARASZKA | ŁUKASZ | WARSZAWA | MINIONS SPEED TEAM | 1987 | M30 | | 00:20:56 | 00:21:00 | | |
| 112 | 1355 | JACEK | KAROLINA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1997 | K20 | | 00:20:57 | 00:21:09 | | |
| 113 | 1740 | LĘCKI | TOMASZ | WARSZAWA | BW RUNNING TEAM | 1980 | M40 | | 00:21:00 | 00:21:07 | | |
| 114 | 397 | SZEWczyk | JACEK | WARSZAWA | | 1975 | M40 | | 00:21:06 | 00:21:09 | | |
| 115 | 42 | WOCH | KRZYSZTOF | ŁOMIANKI | WIDŁOROGI | 1980 | M40 | | 00:21:07 | 00:21:19 | | |
| 116 | 1657 | ZAWODZIAN | PIOTR | WARSZAWA | | 1988 | M30 | | 00:21:14 | 00:22:01 | | |
| 117 | 1013 | SIKORA | PAWEŁ | WARSZAWA | COMPENSA AKTYWNI | 1979 | M40 | | 00:21:18 | 00:21:26 | | |
| 118 | 314 | BUJNOWSKA | MALGORZATA | WARSZAWA | | 1985 | K30 | | 00:21:19 | 00:21:22 | | |
| 119 | 84 | FORTUNIAK | WERONIKA | WARSZAWA | UNTS WARSZAWA | 1998 | K20 | | 00:21:19 | 00:21:24 | | |
| 120 | 370 | DZIERŻYŃSKI | ŁUKASZ | MIŃSK MAZOWIECKI | KS BARAKUDA MIŃSK MAZOWIECKI | 1984 | M30 | | 00:21:20 | 00:22:06 | | |
| 121 | 1550 | RYBIŃSKI | KAMIL | OSTRÓW MAZOWIECKA | GKS ANDRZEJEWO | 1996 | M20 | | 00:21:23 | 00:21:26 | | |
| 122 | 1578 | SYGUŁA | MATEUSZ | WARSZAWA | KOLARSKI.EU TEAM | 1979 | M40 | | 00:21:26 | 00:21:29 | | |
| 123 | 1441 | PASZKOWSKA | MARCELINA | WARSZAWA | | 1986 | K30 | | 00:21:27 | 00:21:33 | | |
| 124 | 1314 | CEWIŃSKA | IDA | WARSZAWA, MAZOWIE... | TRIMASTERS | 1994 | K20 | | 00:21:29 | 00:21:37 | | |
| 125 | 377 | WALKOWSKI | TOMASZ | NOWA IWICZNA | WILD ULTRA WARRIORS | 1964 | M50 | | 00:21:32 | 00:21:39 | | |
| 126 | 1437 | PIKUL | PIOTR | WARSZAWA | ADIDAS RUNNERS WARSAW | 1980 | M40 | | 00:21:33 | 00:21:38 | | |
| 127 | 1152 | MAJEWSKA | EWA | WARSZAWA | | 1977 | K40 | | 00:21:34 | 00:21:40 | | |
| 128 | 69 | RĄCZKOWSKI | ADAM | WARSZAWA | MYKK | 1981 | M40 | | 00:21:35 | 00:21:42 | | |
| 129 | 1331 | DALGIEWICZ | DARIUSZ | ŁOMIANKI | WATAHA | 1957 | M60 | | 00:21:37 | 00:21:42 | | |
| 130 | 289 | OLENDER | PAWEŁ | WARSZAWA/MRĄGOWO | OLO TEAM | 1977 | M40 | | 00:21:40 | 00:21:51 | | |
| 131 | 168 | ROSINSKI | KRZYSZTOF | WARSZAWA | ZALINIAMETY | 1971 | M50 | | 00:21:42 | 00:21:51 | | |
| 132 | 1196 | KACZMARCZYK | KAMIL | RYNIA | HERNIKTEAM | 1997 | M20 | | 00:21:42 | 00:21:51 | | |
| 133 | 1385 | ROSINSKI | PATRYK | WARSZAWA | PRO366 | 1997 | M20 | | 00:21:43 | 00:21:53 | | |
| 134 | 331 | DUDA | ROBERT | WARSZAWA | | 1969 | M50 | | 00:21:44 | 00:21:53 | | |
| 135 | 278 | FAJKOWSKI | PIOTR | WARSZAWA | ADIDAS RUNNERS WARSAW | 1986 | M30 | | 00:21:47 | 00:21:58 | | |
| 136 | 1376 | DEJA | WOJCIECH | WARSZAWA | | 1985 | M30 | | 00:21:49 | 00:21:56 | | |
| 137 | 1433 | BZURA | JACEK | WARSZAWA | ENDUHUB RUNNING TEAM | 1975 | M40 | | 00:21:51 | 00:21:57 | | |
| 138 | 364 | KURZ | IZABELA | WARSZAWA | BIEGOWY WARIAT RUNNING TEAM | 1984 | K30 | | 00:21:59 | 00:22:06 | | |
| 139 | 353 | BIADUŃ | DANIEL | WARSZAWA | | 1982 | M30 | | 00:22:00 | 00:22:10 | | |
| 140 | 172 | SIEDLECKI | ŁUKASZ | WARSZAWA | BIEGANIEPO40.PL | 1985 | M30 | | 00:22:02 | 00:22:11 | | |
| 141 | 1573 | KŁOSIEWICZ | RAFAŁ | KORYTÓW A | | 1977 | M40 | | 00:22:03 | 00:22:11 | | |
| 142 | 1184 | KANIA | PAWEŁ | WARSZAWA | BIEGAM NA TARCHOMINIE | 1971 | M50 | | 00:22:04 | 00:22:13 | | |
| 143 | 1417 | MISIAK | MIROSLAW | KORYTOW A | WIDŁOROGI | 1970 | M50 | | 00:22:07 | 00:22:20 | | |
| 144 | 1036 | KASHIVSKYY | OLEH | WARSZAWA | DUKLANOWSKI TEAM | 1970 | M50 | | 00:22:08 | 00:22:15 | | |
| 145 | 1093 | PAWIŃSKI | ARTUR | WARSZAWA | ADIDAS RUNNERS WARSAW | 1978 | M40 | | 00:22:09 | 00:22:20 | | |
| 146 | 1482 | DRABCZYK | SZYMON | WARSZAWA | | 1960 | M60 | | 00:22:09 | 00:22:12 | | |
| 147 | 1704 | KRZEPKOWSKI | RADOSŁAW | WARSZAWA | ADIDAS RUNNERS WARSAW | 1975 | M40 | | 00:22:15 | 00:23:01 | | |
| 148 | 415 | KOKOSZA | RADOSŁAW | WARSZAWA | | 1979 | M40 | | 00:22:17 | 00:24:00 | | |
| 149 | 110 | ZAWADKA | DARIUSZ | WÓŁKA MIŃSKA | | 1977 | M40 | | 00:22:18 | 00:22:25 | | |
| 150 | 1619 | KUCZYŃSKA | MAGDALENA | WARSZAWA | | 1982 | K30 | | 00:22:21 | 00:23:10 | | |
| 151 | 1753 | BRZÓZKA | WOJCIECH | | | 1998 | M20 | | 00:22:21 | 00:23:11 | | |
| 152 | 1260 | KAKOLECKI | MICHAŁ | WARSZAWA | TRIMASTERS | 1971 | M50 | | 00:22:26 | 00:22:36 | | |
| 153 | 1481 | MATEJA | WOJCIECH | WARSZAWA | OBIEGUWKA | 1980 | M40 | | 00:22:27 | 00:22:41 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|---------------------|------------------------------------|------|-----|----------|------------|-------------|---|---|
| 154 | 1049 | KULESZA | DAMIAN | WARSZAWA | ADIDAS RUNNERS WARSZAW | 1988 | M30 | | 00:22:30 | 00:22:43 | | |
| 155 | 1017 | CYMBORSKA | JOLANTA | WARSZAWA | | 1981 | K40 | | 00:22:30 | 00:22:38 | | |
| 156 | 284 | MECHELEWSKI | BARTŁOMIEJ | WARSZAWA | NATIONALE NEDERLANDEN RUNNING TEAM | 1973 | M40 | | 00:22:32 | 00:22:39 | | |
| 157 | 1227 | ZWARDOŃ | EWA | WARSZAWA | BUXIDA TEAM / KS STASZEWSKY | 1980 | K40 | | 00:22:34 | 00:22:51 | | |
| 158 | 1083 | CHOMA | MAREK | REPKI | PĘDZĄCE LENIWCE | 1976 | M40 | | 00:22:37 | 00:23:24 | | |
| 159 | 1372 | CHOJNACKI | MIKOŁAJ | WARSZAWA | WARSAW RUN CLUB | 1978 | M40 | | 00:22:38 | 00:23:25 | | |
| 160 | 25 | ZMORZYŃSKI | JAKUB | WARSZAWA | BAKALLAND | 1979 | M40 | | 00:22:41 | 00:23:29 | | |
| 161 | 1043 | PAŃCZYK | MICHAŁ | WARSZAWA | TEAM KOPEĆ | 1978 | M40 | | 00:22:44 | 00:23:46 | | |
| 162 | 1011 | PLÓCIENNIK | MAGDALENA | WARSZAWA | TRIMASTERS | 1989 | K30 | | 00:22:49 | 00:22:59 | | |
| 163 | 88 | KOCIOŁEK | MICHAŁ | BLIZNE JASIŃSKIEGO | STARE BABICE BIEGAJĄ | 1978 | M40 | | 00:22:50 | 00:22:58 | | |
| 164 | 395 | BERKAN | MAREK | WARSZAWA | E-POINT | 1976 | M40 | | 00:22:54 | 00:23:43 | | |
| 165 | 1141 | FRAŃCZYK | LUKASZ | WARSZAWA | URWIS BIEGA WARSZAWA | 1995 | M20 | | 00:22:56 | 00:23:05 | | |
| 166 | 54 | JAKUBISIAK | RENATA | WARSZAWA | BIEGAM NA TARCHOMINIE | 1981 | K40 | | 00:22:59 | 00:23:56 | | |
| 167 | 242 | WYGONOWSKI | JACEK | WARSZAWA | | 1972 | M40 | | 00:22:59 | 00:23:58 | | |
| 168 | 1192 | RZYMOWSKA | KRYSTYNA | WARSZAWA | | 1969 | K50 | | 00:23:01 | 00:23:08 | | |
| 169 | 1662 | KREZYMAN | BEATA | SŁUPNO | #BEZWYMÓWEK | 1991 | K30 | | 00:23:01 | 00:24:01 | | |
| 170 | 160 | BARAN | ZENON | WARSZAWA | HOMOKOMANDO | 1960 | M60 | | 00:23:04 | 00:24:52 | | |
| 171 | 1695 | GRZECHNIK | LESZEK | WARSZAWA | | 1967 | M50 | | 00:23:06 | 00:24:05 | | |
| 172 | 400 | GAJDECKI | TOMEK | WARSZAWA | ACCENTURE | 1978 | M40 | | 00:23:08 | 00:23:57 | | |
| 173 | 105 | ZAWADKA | MARTA | WÓLKA MIŃSKA | PAWKO RUNNER TEAM | 2004 | K16 | | 00:23:11 | 00:23:16 | | |
| 174 | 417 | RADOMIŃSKI | TOMASZ | MIŃSK MAZOWIECKI | KS BARAKUDA MIŃSK MAZOWIECKI | 1974 | M40 | | 00:23:11 | 00:23:59 | | |
| 175 | 318 | OSTROWSKI | DARIUSZ | LEGIONOWO | | 1967 | M50 | | 00:23:12 | 00:23:21 | | |
| 176 | 213 | ZGÓRZAK | ADAM | WARSZAWA | | 1983 | M30 | | 00:23:13 | 00:23:13 | | |
| 177 | 48 | HENREWICZ | KUBA | WARSZAWA | | 1976 | M40 | | 00:23:13 | 00:24:03 | | |
| 178 | 52 | KARPIŃSKI | MARCIN | WARSZAWA | | 1983 | M30 | | 00:23:15 | 00:24:18 | | |
| 179 | 1707 | PLUDOWSKI | BARTOSZ | CHODZIEŻ | CHODZIESKIE TOWARZYSTWO ROWEROWE | 1984 | M30 | | 00:23:17 | 00:24:55 | | |
| 180 | 1684 | KILJAŃCZYK | DOMINIK | GRZĘDY | | 2000 | M20 | | 00:23:19 | 00:24:12 | | |
| 181 | 1706 | CISEK | KONRAD | WARSZAWA | | 1987 | M30 | | 00:23:20 | 00:24:09 | | |
| 182 | 1033 | PÓLTORAK | KATARZYNA | WARSZAWA | DUKLANOWSKI TEAM | 1977 | K40 | | 00:23:21 | 00:24:08 | | |
| 183 | 118 | KALUKIEWICZ | AMELIA | SŁUPNO | MYKK | 1975 | K40 | | 00:23:22 | 00:24:08 | | |
| 184 | 1472 | STRAWSKI | MARCIN | WARSZAWA | OBIEGUWKA | 1979 | M40 | | 00:23:23 | 00:25:09 | | |
| 185 | 297 | CZARNECKI | TOMASZ | OTWOCK | SOKUDO OTWOCK | 1976 | M40 | | 00:23:25 | 00:23:33 | | |
| 186 | 99 | CIOK | PRZEMYSŁAW | WARSZAWA | KS STASZEWSKY | 1980 | M40 | | 00:23:27 | 00:23:32 | | |
| 187 | 77 | RĄBALSKI | MARCIN | WARSZAWA | ADIDAS RUNNERS WARSZAW | 1985 | M30 | | 00:23:31 | 00:23:51 | | |
| 188 | 1079 | KIRKIEWICZ | KACPER | WARSZAWA | TRIATHLETIC TEAM | 1994 | M20 | | 00:23:31 | 00:24:22 | | |
| 189 | 237 | GORDON | KAMILA | WARSZAWA | | 1997 | K20 | | 00:23:32 | 00:23:48 | | |
| 190 | 1296 | KOWALSKI | MARIUSZ | WARSZAWA | | 1977 | M40 | | 00:23:35 | 00:24:26 | | |
| 191 | 37 | PODSIADŁY | MACIEJ | WARSZAWA | KS STASZEWSKY | 1989 | M30 | | 00:23:41 | 00:24:35 | | |
| 192 | 1109 | CABAŃSKA | DOROTA | ŁOMIANKI | | 1979 | K40 | | 00:23:41 | 00:23:51 | | |
| 193 | 1674 | WAĆKOWSKA | PAULINA | WARSZAWA | | 1992 | K20 | | 00:23:43 | 00:23:52 | | |
| 194 | 1005 | BRUSOKAS | TOMASZ | WARSZAWA | | 1983 | M30 | | 00:23:44 | 00:24:31 | | |
| 195 | 228 | GRABOWSKA | AGNIESZKA | WARSZAWA | | 1983 | K30 | | 00:23:44 | 00:24:42 | | |
| 196 | 330 | RZAŚOWSKA | ANNA | WARSZAWA | | 1982 | K30 | | 00:23:45 | 00:24:29 | | |
| 197 | 378 | PASICHNYK | JULIA | KONSTANCIN-JEZIORNA | | 1992 | K20 | | 00:23:53 | 00:24:05 | | |
| 198 | 1718 | STOBNICKI | MATEUSZ | PRUSZKÓW | GABIN BIEGA | 1993 | M20 | | 00:23:53 | 00:25:30 | | |
| 199 | 1071 | KRUPA | KAMILA | WARSZAWA | | 2003 | K16 | | 00:23:53 | 00:24:39 | | |
| 200 | 103 | JAROCHOWSKI | WŁADYSŁAW | JABŁONNA | | 1957 | M60 | | 00:23:55 | 00:24:05 | | |
| 201 | 1430 | MALESZKA | PAWEŁ | JABŁONNA | | 1963 | M50 | | 00:23:57 | 00:25:34 | | |
| 202 | 280 | JAGIEŁŁO-FAJKOWSKA | AGNIESZKA | WARSZAWA | ADIDAS RUNNERS WARSZAW | 1987 | K30 | | 00:23:58 | 00:24:18 | | |
| 203 | 186 | CICHOWSKI | MICHAŁ | WARSZAWA | | 1984 | M30 | | 00:23:58 | 00:24:14 | | |
| 204 | 1410 | WILKOSZEWSKI | PAWEŁ | WARSZAWA | EAZYMUT.PL | 1991 | M30 | | 00:24:01 | 00:25:36 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|---------------|-----------------|------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 205 | 1427 | GÓRZYŃSKA | PATRYCJA | WARSZAWA | BIEGOWY WARIAT | 1978 | K40 | | 00:24:02 | 00:25:10 | | |
| 206 | 1273 | FALBA | ZBIGNIEW | WARSZAWA | | 1972 | M40 | | 00:24:02 | 00:24:55 | | |
| 207 | 1001 | GAWLIK | ARKADIUSZ | WARSZAWA | BIEGAM NA TARCHOMINIE | 1974 | M40 | | 00:24:07 | 00:25:00 | | |
| 208 | 1028 | TRAWICKI | PATRYK | STARE ZAŁUBICE | PIEROGI ADAMUSA | 1992 | M20 | | 00:24:09 | 00:24:55 | | |
| 209 | 1193 | MYSZKIEWICZ | AGNIESZKA | WARSZAWA | PZU SPORT TEAM | 1982 | K30 | | 00:24:11 | 00:26:36 | | |
| 210 | 181 | RYBIŃSKI | ANDRZEJ | SOKOŁÓW PODLASKI | PĘDZĄCE LENIWCE | 1976 | M40 | | 00:24:12 | 00:24:59 | | |
| 211 | 1148 | FRAŃKIEWICZ | DARIUSZ | WARSZAWA | BIEGAM NA TARCHOMINIE | 1973 | M40 | | 00:24:13 | 00:25:06 | | |
| 212 | 1754 | KAMIŃSKA | MARTA | | NADAKTYWNY | 1975 | K40 | | 00:24:19 | 00:28:29 | | |
| 213 | 212 | SZCZĘŚNY | MICHAŁ | WARSZAWA | | 1979 | M40 | | 00:24:22 | 00:25:09 | | |
| 214 | 1719 | FILIPEK | DARIUSZ | WARSZAWA | FFK OLDBOYS | 1976 | M40 | | 00:24:24 | 00:25:19 | | |
| 215 | 192 | POLAK | LECHOSŁAW | PĘCICE MAŁE | LECHUBIEGA | 1963 | M50 | | 00:24:26 | 00:25:16 | | |
| 216 | 1095 | WOJCIECHOWSKI | RYSZARD | WARSZAWA | KUŹNIA TRIATHLONU | 1968 | M50 | | 00:24:26 | 00:25:15 | | |
| 217 | 1207 | ŚMIETANKA | PIOTR | KOBYŁKA | | 1972 | M40 | | 00:24:28 | 00:25:17 | | |
| 218 | 1037 | KASHIVSKA | OKSANA | WARSZAWA | | 1969 | K50 | | 00:24:28 | 00:24:47 | | |
| 219 | 361 | WIERZBICKI | ŁUKASZ | WARSZAWA | KUŹNIA TRIATHLONU | 1980 | M40 | | 00:24:28 | 00:25:18 | | |
| 220 | 76 | JAKUBOWSKI | JAROSŁAW | WARSZAWA | TRIMASTERS WARSZAWA | 1975 | M40 | | 00:24:30 | 00:25:24 | | |
| 221 | 1133 | ODOLCZYK | JOANNA | WARSZAWA | | 1965 | K50 | | 00:24:30 | 00:26:49 | | |
| 222 | 294 | ZALEWSKI | SEBASTIAN | POMIECHÓWEK | | 2004 | M16 | | 00:24:31 | 00:25:31 | | |
| 223 | 1369 | KARÓLKOWSKI | ARTUR | WARSZAWA | | 1976 | M40 | | 00:24:34 | 00:26:13 | | |
| 224 | 230 | CHMIELEWSKA | AGNIESZKA | WARSZAWA | | 1978 | K40 | | 00:24:36 | 00:26:11 | | |
| 225 | 1354 | KRAKOWSKI | DANIEL | SOKOŁÓW PODLASKI | PĘDZĄCE LENIWCE | 1975 | M40 | | 00:24:37 | 00:25:29 | | |
| 226 | 1359 | KRAKOWSKA | MAŁGORZATA | SOKOŁÓW PODLASKI | PĘDZĄCE LENIWCE | 1978 | K40 | | 00:24:37 | 00:25:30 | | |
| 227 | 1172 | ŻURANIEWSKA | AGNIESZKA | WARSZAWA | NUDNE PIĄTKI | 1977 | K40 | | 00:24:40 | 00:26:14 | | |
| 228 | 1080 | ZUBELEWICZ | ANNA | WARSZAWA | ROZPĘDZONE | 1987 | K30 | | 00:24:41 | 00:26:15 | | |
| 229 | 1134 | ODOLCZYK | JERZY | WARSZAWA | | 1961 | M60 | | 00:24:42 | 00:27:17 | | |
| 230 | 1420 | PIĄTEK | BOGDAN | ZIELONKA | LECHICI ZIELONKA | 1953 | M60 | | 00:24:43 | 00:25:31 | | |
| 231 | 259 | SUWAŁA | JACEK | WARSZAWA | | 1976 | M40 | | 00:24:47 | 00:25:42 | | |
| 232 | 1683 | SZCZYPIORSKA | MONIKA | WARSZAWA | | 1990 | K30 | | 00:24:49 | 00:25:40 | | |
| 233 | 1685 | WEREDA | PAWEŁ | WARSZAWA | | 1970 | M50 | | 00:24:49 | 00:26:39 | | |
| 234 | 1676 | KACZKOWSKI | MACIEJ | WARSZAWA | PAWKO RUNNER TEAM | 1999 | M20 | | 00:24:51 | 00:26:24 | | |
| 235 | 104 | SIĘDA | ARKADIUSZ | WARSZAWA | | 1990 | M30 | | 00:24:54 | 00:26:04 | | |
| 236 | 402 | OWOC | TOMASZ | WARSZAWA | PKO BANK POLSKI / NEW BALANCE RU... | 1971 | M50 | | 00:24:57 | 00:25:58 | | |
| 237 | 29 | RÓŻAŃSKA | MAGDALENA | WARSZAWA | NATIONALE NEDERLANDEN RUNNING TEAM | 1976 | K40 | | 00:24:58 | 00:25:48 | | |
| 238 | 1687 | SZYDŁOWSKI | KRYSTIAN | WARSZAWA | | 1993 | M20 | | 00:24:59 | 00:26:08 | | |
| 239 | 1334 | NAGALSKI | MATEUSZ | WARSZAWA | EAZYMUT.PL | 1987 | M30 | | 00:24:59 | 00:27:30 | | |
| 240 | 1717 | SNOPEK | STANISŁAW MA... | IZABELIN | | 1963 | M50 | | 00:25:04 | 00:25:56 | | |
| 241 | 222 | ZABŁOCKA | MAŁGORZATA | WARSZAWA | NATIONALE NEDERLANDEN RUNNING TEAM | 1977 | K40 | | 00:25:05 | 00:26:03 | | |
| 242 | 1103 | SOBOTKA | MONIKA | WARSZAWA | WARSAW RUN CLUB | 1971 | K50 | | 00:25:06 | 00:25:52 | | |
| 243 | 399 | TENDAJ | DANIEL | ŁOMIANKI | | 1969 | M50 | | 00:25:07 | 00:25:55 | | |
| 244 | 1686 | CZECH | MATEUSZ | JÓZEFOSŁAW | | 1990 | M30 | | 00:25:08 | 00:26:18 | | |
| 245 | 1139 | KRUPA | AGNIESZKA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1978 | K40 | | 00:25:09 | 00:25:56 | | |
| 246 | 296 | ŻYWIEŃ | MAREK | WARSZAWA | ONLY SPEEDWAY | 1966 | M50 | | 00:25:11 | 00:26:00 | | |
| 247 | 82 | TRANDA | ŁUKASZ | WARSZAWA | MYKK | 1981 | M40 | | 00:25:12 | 00:25:18 | | |
| 248 | 217 | BLAIM | KATARZYNA | WARSZAWA | | 1974 | K40 | | 00:25:12 | 00:26:00 | | |
| 249 | 106 | STAŃCZUK | KRZYSZTOF | CZARNA | | 1984 | M30 | | 00:25:12 | 00:26:01 | | |
| 250 | 1236 | VASILEV | VESELIN | WARSZAWA | | 1984 | M30 | | 00:25:13 | 00:26:02 | | |
| 251 | 263 | OBŁUDKA | ADAM | ZĄBKI | BEERSPIRIT | 1978 | M40 | | 00:25:16 | 00:26:09 | | |
| 252 | 200 | WIETESKA | ŁUKASZ | WARSZAWA | | 1991 | M30 | | 00:25:16 | 00:26:51 | | |
| 253 | 1316 | STAWRYŁO | PIOTR | WARSZAWA | | 1971 | M50 | | 00:25:17 | 00:26:09 | | |
| 254 | 1595 | KOZŁOWSKI | GRZEGORZ | JULIANÓW | | 1979 | M40 | | 00:25:18 | 00:26:09 | | |
| 255 | 1076 | WALCZAK | ANNA | WARSZAWA | TURBODZIKI | 1978 | K40 | | 00:25:20 | 00:26:56 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 256 | 1594 | KALISZ | RAFAL | WARSZAWA | SKURCZE LYDEK | 1979 | M40 | | 00:25:20 | 00:26:11 | | |
| 257 | 67 | SPECJALSKI | MACIEJ | WARSZAWA | COLONNADE RUNNING TEAM | 1987 | M30 | | 00:25:22 | 00:28:13 | | |
| 258 | 1301 | DOMANSKI | BLAZEJ | WARSZAWA | MYKK | 1981 | M40 | | 00:25:22 | 00:26:16 | | |
| 259 | 1324 | ZAWADZKI | EMIL | WARSZAWA | | 1991 | M30 | | 00:25:22 | 00:26:55 | | |
| 260 | 414 | KOTECKA | EDYTA | WARSZAWA | A NA CO TO KOMU POTRZEBNE | 1973 | K40 | | 00:25:23 | 00:26:56 | | |
| 261 | 47 | PAŃCZYK | MARTA | WARSZAWA | TEAM KOPEĆ | 1979 | K40 | | 00:25:29 | 00:27:05 | | |
| 262 | 1502 | KAMIŃSKI | STANISŁAW | NADARZYN | GOS NADARZYN | 1958 | M60 | | 00:25:34 | 00:26:31 | | |
| 263 | 389 | WOLEK | EWA | WARSZAWA | UNTS WARSZAWA | 1968 | K50 | | 00:25:34 | 00:25:46 | | |
| 264 | 268 | CHOJNOWSKA | MONIKA | WARSZAWA | ADIDAS RUNNERS WARSAW | 1983 | K30 | | 00:25:35 | 00:26:23 | | |
| 265 | 66 | STAŃCZUK | WOJCIECH | WARSZAWA | GRUPA BIEGOWA CHTMO | 1977 | M40 | | 00:25:38 | 00:26:26 | | |
| 266 | 1199 | BAJKOWSKI | PAWEŁ | WARSZAWA | PZU SPORT TEAM | 1989 | M30 | | 00:25:39 | 00:28:04 | | |
| 267 | 112 | BRZECZKOWSKI | PIOTR | WARSZAWA | | 1988 | M30 | | 00:25:40 | 00:26:38 | | |
| 268 | 305 | ŁAZUGA | ROBERT | WARSZAWA | DECATHLON TEAM | 1994 | M20 | | 00:25:43 | 00:27:24 | | |
| 269 | 87 | WITCZAK | PIOTR | WARSZAWA | | 1975 | M40 | | 00:25:44 | 00:26:40 | | |
| 270 | 1368 | DĘBSKI | ROBERT | WARSZAWA | | 1973 | M40 | | 00:25:45 | 00:27:19 | | |
| 271 | 1096 | CHOMA | GRAŻYNA | REPKI | PĘDZĄCE LENIWCE | 1978 | K40 | | 00:25:45 | 00:26:36 | | |
| 272 | 1117 | KRAKOWSKI | KAROL | SOKOŁÓW PODLASKI | PĘDZĄCE LENIWCE | 1973 | M40 | | 00:25:46 | 00:26:38 | | |
| 273 | 379 | ŁOWICKI | ŁUKASZ | WARSZAWA | | 1986 | M30 | | 00:25:47 | 00:26:40 | | |
| 274 | 80 | FABISIAK | PATRYK | WARSZAWA | | 1982 | M30 | | 00:25:48 | 00:26:36 | | |
| 275 | 184 | JACZYŃSKI | MARCIN | DZIEKANÓW LEŚNY | MOTOINTEGRATOR RUNNING TEAM | 1979 | M40 | | 00:25:50 | 00:27:30 | | |
| 276 | 102 | JANKOWSKA | WIOLA | WARSZAWA | | 1980 | K40 | | 00:25:51 | 00:26:45 | | |
| 277 | 17 | ZIOMEK | TOMASZ | WARSZAWA | | 1976 | M40 | | 00:25:52 | 00:27:31 | | |
| 278 | 1118 | MALIBORSKI | JAN | WARSZAWA | NOMERCY | 1999 | M20 | | 00:25:52 | 00:26:46 | | |
| 279 | 1166 | SYCAN | KRZYSZTOF | WARSZAWA | BIEGAM NA TARCHOMINIE/STANDARD C... | 1972 | M40 | | 00:25:53 | 00:27:42 | | |
| 280 | 1070 | KOWALSKA | JOANNA | WARSZAWA | ROZPĘDZONE | 1985 | K30 | | 00:25:59 | 00:26:59 | | |
| 281 | 276 | MICHAŁEK | TOMASZ | ŁOMIANKI | | 1972 | M40 | | 00:26:06 | 00:27:44 | | |
| 282 | 45 | BRZECZKOWSKI | PAWEŁ | WARSZAWA | POWER TRAINING | 1981 | M40 | | 00:26:06 | 00:27:03 | | |
| 283 | 273 | SOBIESKI | JAN | WARSZAWA | NEON TEAM | 1990 | M30 | | 00:26:07 | 00:26:53 | | |
| 284 | 167 | LASOTA | FRANCISZEK | WARSZAWA | | 2005 | M16 | | 00:26:08 | 00:27:05 | | |
| 285 | 65 | REDKIEWICZ | AGNIESZKA | WARSZAWA | TEAM ZABIEGANE DNI | 1983 | K30 | | 00:26:09 | 00:27:54 | | |
| 286 | 1467 | MIKINA | ARTUR | WARSZAWA | PWPW SA | 1959 | M60 | | 00:26:09 | 00:28:31 | | |
| 287 | 1206 | TULA | RENATA | WARSZAWA | MYKMYK | 1952 | K60 | | 00:26:11 | 00:26:29 | | |
| 288 | 1063 | BIGAJSKI | RAFAŁ | WARSZAWA | MILKEEN | 1980 | M40 | | 00:26:14 | 00:27:59 | | |
| 289 | 388 | MROZIŃSKI | MARCIN | BIENIEWICE | | 1975 | M40 | | 00:26:17 | 00:27:52 | | |
| 290 | 1283 | LEŚNIEWICZ-PARA... | DANUTA | WARSZAWA | MINIONS SPEED TEAM | 1985 | K30 | | 00:26:18 | 00:27:51 | | |
| 291 | 1329 | SIKORA | BARTŁOMIEJ | DUCZKI | | 1989 | M30 | | 00:26:22 | 00:28:02 | | |
| 292 | 1053 | KRUSZYŃSKI | PRZEMYSŁAW | JÓZEFÓW | | 2002 | M16 | | 00:26:29 | 00:28:48 | | |
| 293 | 1566 | NOWICKI | MICHAŁ | WARSZAWA | | 1996 | M20 | | 00:26:32 | 00:28:08 | | |
| 294 | 154 | SKOCZEWSKI | MAREK | WARSZAWA | NAPRZÓD MŁOCINY / NBRC | 1971 | M50 | | 00:26:36 | 00:28:12 | | |
| 295 | 1438 | PROSIŃSKA | AGATA | NOWA WOLA | NEON TEAM | 1980 | K40 | | 00:26:37 | 00:27:33 | | |
| 296 | 1444 | CHOJNOWSKI | ŁUKASZ | ŚWIDNICA | | 1980 | M40 | | 00:26:38 | 00:28:22 | | |
| 297 | 98 | MARKOWSKA | OKTAWIA | MALBORK | BIEGAJ Z DYMKIEM /KS STASZEWSKY | 1979 | K40 | | 00:26:39 | 00:27:32 | | |
| 298 | 1247 | STROJEK | BARTOSZ | POŁANIEC | KUŹNIA TRIATHLONU | 1983 | M30 | | 00:26:42 | 00:27:33 | | |
| 299 | 23 | MRÓZ | GABRIELA | JEDLICZE | PAWKO RUNNER TEAM/MUKS PODKARPAC... | 1993 | K20 | | 00:26:42 | 00:27:31 | | |
| 300 | 1051 | DUDA | DARIUSZ | WARSZAWA | | 1977 | M40 | | 00:26:47 | 00:28:19 | | |
| 301 | 326 | ROMBALSKA | JULIA | WARSZAWA | DECATHLON TARGÓWEK | 1997 | K20 | | 00:26:48 | 00:29:12 | | |
| 302 | 1107 | LISOWSKI | ALEKSANDER | WARSZAWA | | 1987 | M30 | | 00:26:50 | 00:28:23 | | |
| 303 | 1016 | KALWAJTYS | ANNA | WARSZAWA | TRIMASTERS | 1982 | K30 | | 00:26:58 | 00:27:45 | | |
| 304 | 249 | BERNAT | MATEUSZ | WARSZAWA | | 1986 | M30 | | 00:27:02 | 00:28:40 | | |
| 305 | 427 | PAKULSKA | MARTA | WARSZAWA | KSSTASZEWSKY | 1976 | K40 | | 00:27:03 | 00:28:02 | | |
| 306 | 1463 | GABINECKI | JAROSŁAW | LEONCIN | KLUB BOKSERSKI HURAGAN | 1979 | M40 | | 00:27:06 | 00:28:39 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|-----------|------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 307 | 97 | LICHWAŁA | WITOLD | WARSZAWA | NA LUŻNEJ TORBIE | 1983 | M30 | | 00:27:06 | 00:27:06 | | |
| 308 | 1258 | GRUZA | MARTA | KAZUŃ BIELANY | BIEGANIEPO40.PL | 1979 | K40 | | 00:27:13 | 00:28:56 | | |
| 309 | 1132 | BRACH | BARBARA | WARSZAWA | | 1980 | K40 | | 00:27:15 | 00:28:54 | | |
| 310 | 1375 | BURAK | OLGA | WOLA MROKOWSKA | | 1984 | K30 | | 00:27:16 | 00:28:20 | | |
| 311 | 1716 | ZHANG | ANNA | WARSZAWA | | 1992 | K20 | | 00:27:22 | 00:29:04 | | |
| 312 | 1625 | POMIERNY | DOMINIK | WARSZAWA | JJ RUN CAMP | 1978 | M40 | | 00:27:25 | 00:28:18 | | |
| 313 | 254 | NAPIERAJ | RAFAL | WARSZAWA | | 1981 | M40 | | 00:27:29 | 00:29:05 | | |
| 314 | 1125 | GĄSKA | PIOTR | WARSZAWA | | 1994 | M20 | | 00:27:30 | 00:29:08 | | |
| 315 | 1649 | RADZIWNOWICZ | ADRIANA | WARSZAWA | CMKP TEAM | 1978 | K40 | | 00:27:34 | 00:28:33 | | |
| 316 | 366 | OLENDER | LENA | WARSZAWA | OLO TEAM | 2005 | K16 | | 00:27:39 | 00:28:44 | | |
| 317 | 1446 | KOŚCIK | URSZULA | WARSZAWA | | 1988 | K30 | | 00:27:39 | 00:28:45 | | |
| 318 | 387 | WALKOWSKA | JUSTYNA | NOWA IWICZNA | WILD ULTRA WARRIORS | 1974 | K40 | | 00:27:46 | 00:29:21 | | |
| 319 | 283 | WODEJKO | ARTUR | WARSZAWA | | 1976 | M40 | | 00:27:47 | 00:29:31 | | |
| 320 | 274 | GIERAK | KRIS | WARSAW | DRUŻYNA BUNIA | 1980 | M40 | | 00:27:49 | 00:30:17 | | |
| 321 | 1500 | CARBONI | GIUSEPPE | WOLA MROKOWSKA | | 1979 | M40 | | 00:27:54 | 00:28:59 | | |
| 322 | 224 | OLECHNO | ANIELA | WARSZAWA | NATIONALE NEDERLANDEN RUNNING TEAM | 1983 | K30 | | 00:27:57 | 00:29:38 | | |
| 323 | 313 | LEŚNIEWSKI | PAWEŁ | TŁUSZCZ | | 1989 | M30 | | 00:27:58 | 00:29:39 | | |
| 324 | 347 | BIEDERKA | ZBIGNIEW | PAPROTNIA | | 1955 | M60 | | 00:27:58 | 00:28:13 | | |
| 325 | 265 | ODROWĄŻ-PETRYKO... | MARIA | WARSZAWA | NATIONALE-NEDERLANDEN RUNNING TEAM | 1982 | K30 | | 00:28:00 | 00:29:33 | | |
| 326 | 1347 | BALCERZAK | JUSTYNA | PRUSZKÓW | | 1993 | K20 | | 00:28:05 | 00:29:54 | | |
| 327 | 352 | GOŁĘBIEWSKI | MACIEJ | WARSZAWA | | 1971 | M50 | | 00:28:05 | 00:29:40 | | |
| 328 | 150 | DĄBROWSKI | MARCIN | WARSZAWA | | 1967 | M50 | | 00:28:07 | 00:29:44 | | |
| 329 | 1722 | BARAN | PAULINA | PIASECZNO | | 1990 | K30 | | 00:28:11 | 00:30:29 | | |
| 330 | 1317 | PAŁYSA | JOANNA | DAWIDY BANKOWE | TRI NEGU | 1978 | K40 | | 00:28:12 | 00:29:45 | | |
| 331 | 384 | PAŁYSA | MAREK | DAWIDY BANKOWE | TRI NEGU | 1974 | M40 | | 00:28:12 | 00:29:45 | | |
| 332 | 375 | WĘGLIŃSKA | JOANNA | MINSK | MKB DREPTAK | 1979 | K40 | | 00:28:19 | 00:30:37 | | |
| 333 | 1520 | ŻÓŁTOWSKA | DOMINIKA | WARSZAWA | BEST WAY TO CHANGE / NAPRZÓD MŁO... | 1978 | K40 | | 00:28:21 | 00:29:58 | | |
| 334 | 125 | HULANICKI | ANDRZEJ | WARSZAWA | GOGGLE TEAM | 1958 | M60 | | 00:28:32 | 00:30:21 | | |
| 335 | 1136 | KOZŁOWSKI | ANDRZEJ | WARSZAWA | | 1970 | M50 | | 00:28:41 | 00:30:25 | | |
| 336 | 189 | ZAWADZKA | MAGDALENA | WARSZAWA | KS STASZEWSKY/AKS POLONIA WARSZAWA | 1981 | K40 | | 00:28:42 | 00:31:00 | | |
| 337 | 271 | OSTASZEWSKA | KATARZYNA | PĘCICE MAŁE | | 1974 | K40 | | 00:28:44 | 00:31:08 | | |
| 338 | 1434 | STALMACH-CHYLIŃSKA | JOLANTA | WARSZAWA | WARSZAWA | 1960 | K60 | | 00:28:47 | 00:30:21 | | |
| 339 | 1723 | KEMPISTY | ANNA | WARSZAWA | 12TRI.PL | 1971 | K50 | | 00:28:50 | 00:30:30 | | |
| 340 | 1744 | JAKUBOWSKA | MAGDALENA | WARSZAWA | | 1995 | K20 | | 00:28:55 | 00:31:17 | | |
| 341 | 1677 | NISZTOR | MARTYNA | WARSZAWA | | 1991 | K30 | | 00:28:55 | 00:31:15 | | |
| 342 | 1497 | HABERKA | DAWID | WOLBROM | | 2003 | M16 | | 00:28:55 | 00:31:16 | | |
| 343 | 1361 | PASTUSZAK | PAWEŁ | WARSZAWA | | 1979 | M40 | | 00:29:00 | 00:30:43 | | |
| 344 | 1120 | KOWALCZYK | MAGDALENA | SOKOŁÓW PODLASKI | PĘDŻĄCE LENIWCE | 1976 | K40 | | 00:29:00 | 00:29:52 | | |
| 345 | 1155 | SIUDAK | ANNA | PIASECZNO | | 1976 | K40 | | 00:29:05 | 00:30:38 | | |
| 346 | 1720 | KOWALCZYK | MAGDALENA | WARSZAWA | | 1990 | K30 | | 00:29:07 | 00:31:28 | | |
| 347 | 1302 | ZAJFRYD | MARZENA | WARSZAWA | | 1978 | K40 | | 00:29:15 | 00:30:53 | | |
| 348 | 1708 | PLUDOWSKA | DOMINIKA | CHODZIEŻ | PCH_RUN | 1991 | K30 | | 00:29:17 | 00:30:58 | | |
| 349 | 1014 | KACZOR | RENATA | WARSZAWA | 1970 | 1970 | K50 | | 00:29:17 | 00:30:52 | | |
| 350 | 178 | GŁĘBOCKA-ROSZCZYK | JOANNA | WARSZAWA | BIELAŃSKIE DZIKI, NAPRZÓD MŁOCINY | 1984 | K30 | | 00:29:18 | 00:31:06 | | |
| 351 | 1608 | KIEPIEL | AGATA | WARSZAWA | | 1990 | K30 | | 00:29:20 | 00:31:00 | | |
| 352 | 165 | HOŁOPIAK | EWA | WARSZAWA | NEW BALANCE RUN CREW | 1961 | K60 | | 00:29:22 | 00:31:11 | | |
| 353 | 1123 | PILECKA | JOANNA | WARSZAWA | | 1979 | K40 | | 00:29:25 | 00:31:05 | | |
| 354 | 236 | MATUSZEWSKI | PIOTR | PRUSZKÓW | NATIONALE NEDERLANDEN RUNNING TEAM | 1980 | M40 | | 00:29:28 | 00:31:52 | | |
| 355 | 1041 | TOMIŁO | DAMIAN | WARSZAWA | | 1995 | M20 | | 00:29:31 | 00:31:51 | | |
| 356 | 143 | OSTASZEWSKI | WOJCIECH | WARSZAWA | WERKUS RUNNERS | 1980 | M40 | | 00:29:31 | 00:31:13 | | |
| 357 | 208 | FILIPEK | GRZEGORZ | WARSZAWA | | 1971 | M50 | | 00:29:32 | 00:31:13 | | |

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|-----|------|-------------------|------------|----------------------|---------------------------|------|-----|----------|------------|-------------|---|---|
| 358 | 30 | SIERZPUTOWSKA | EWA | WARSZAWA | NIEZRZESZONA | 1966 | K50 | | 00:29:43 | 00:31:18 | | |
| 359 | 1558 | SKROBEK | PIOTR | ŁOMIANKI | - | 1984 | M30 | | 00:29:45 | 00:32:11 | | |
| 360 | 1604 | BANY | IZABELA | SULEJÓWEK | | 1994 | K20 | | 00:29:46 | 00:31:24 | | |
| 361 | 1020 | GÓRECKA | ANNA | WARSZAWA | | 1974 | K40 | | 00:29:54 | 00:31:28 | | |
| 362 | 1277 | KOWALEWSKA | MAGDALENA | WARSZAWA | | 1976 | K40 | | 00:29:54 | 00:31:32 | | |
| 363 | 1075 | KĄKOWSKA | JULIA | WARSZAWA | | 1985 | K30 | | 00:29:57 | 00:31:32 | | |
| 364 | 1328 | GÓLKOWSKI | ZBIGNIEW | WARSZAWA | EAZYMUT | 1973 | M40 | | 00:29:58 | 00:31:01 | | |
| 365 | 1419 | JABŁOŃSKI | MACIEK | WARSZAWA | SUPER EXPRESS RUNNIG TEAM | 1970 | M50 | | 00:30:02 | 00:30:53 | | |
| 366 | 1185 | PIECOCKA | KATARZYNA | WARSZAWA | | 1982 | K30 | | 00:30:06 | 00:32:26 | | |
| 367 | 1370 | KARÓLKOWSKA | MONIKA | WARSZAWA | | 1981 | K40 | | 00:30:07 | 00:32:27 | | |
| 368 | 1624 | BUSIŁO | MAŁGORZATA | WARSZAWA | ROZBIEGANY PIASTÓW | 1968 | K50 | | 00:30:22 | 00:31:57 | | |
| 369 | 1743 | JAKUBIK | DAWID | PIOTRKÓW TRYBUNAŁSKI | BE MY TURTLE | 1994 | M20 | | 00:30:23 | 00:32:04 | | |
| 370 | 1742 | PIELUŻEK | ALEKSANDRA | WARSZAWA | BE MY TURTLE | 1997 | K20 | | 00:30:23 | 00:32:04 | | |
| 371 | 1661 | ŻMUDA | ARKADIUSZ | WARSZAWA | | 1984 | M30 | | 00:30:25 | 00:32:00 | | |
| 372 | 1749 | LYMAŃSKA | ANGELIKA | WARSZAWA | | 1993 | K20 | | 00:30:36 | 00:32:59 | | |
| 373 | 1565 | STANISZEWSKA | IWONA | WARSZAWA | | 1986 | K30 | | 00:30:37 | 00:31:40 | | |
| 374 | 1748 | PONCYLIUSZ | ARKADIUSZ | WARSZAWA | | 1980 | M40 | | 00:30:38 | 00:32:59 | | |
| 375 | 16 | WYKRĘT | KRZYSZTOF | WARSZAWA | | 1968 | M50 | | 00:30:40 | 00:32:22 | | |
| 376 | 129 | KORCZYKOWSKI | ARTUR | WARSZAWA | | 1966 | M50 | | 00:30:41 | 00:32:23 | | |
| 377 | 1726 | TOMICZAK | KATARZYNA | WARSZAWA | | 1975 | K40 | | 00:30:54 | 00:31:09 | | |
| 378 | 1392 | KOS | PAWEŁ | WARSZAWA | EAZYMUT.PL | 1970 | M50 | | 00:30:55 | 00:33:26 | | |
| 379 | 351 | JAZUKIEWICZ | EWA | WARSZAWA | EAZYMUT.PL | 1973 | K40 | | 00:30:56 | 00:33:26 | | |
| 380 | 362 | JAWORSKA | MARIA | WARSZAWA | DECATHLON TEAM | 1974 | K40 | | 00:31:06 | 00:33:30 | | |
| 381 | 123 | HULANICKA | IRINA | WARSZAWA | GOGGLE TEAM | 1956 | K60 | | 00:31:11 | 00:33:01 | | |
| 382 | 122 | OSTASZEWSKI | MAREK | WARSZAWA | | 1984 | M30 | | 00:31:13 | 00:32:55 | | |
| 383 | 282 | JASINOWICZ | ALEKSANDRA | WARSZAWA | TRINEGU | 1994 | K20 | | 00:31:16 | 00:32:19 | | |
| 384 | 1269 | WIĘCŁAWSKA | KASIA | WOLA MROKOWSKA | UL RUNNING TEAM | 1978 | K40 | | 00:31:22 | 00:32:24 | | |
| 385 | 1554 | GUSZPIT | AGNIESZKA | WARSZAWA | BRACTWO BIEGOWE BGK | 1973 | K40 | | 00:31:24 | 00:33:00 | | |
| 386 | 357 | SZCZUTOWSKA | OLGA | STEFANOWO | | 1974 | K40 | | 00:31:30 | 00:32:32 | | |
| 387 | 1602 | GORAL | PIOTR | JOZEFOSLAW | | 1956 | M60 | | 00:32:12 | 00:32:12 | | |
| 388 | 430 | ZIEMSKI | TOMEK | WARSZAWA | CORREDORA | 1962 | M50 | | 00:32:13 | 00:34:42 | | |
| 389 | 1035 | PROROK | MAŁGORZATA | PIASECZNO | | 1981 | K40 | | 00:32:17 | 00:34:36 | | |
| 390 | 1713 | KALBARCZYK | IZABELLA | WARSZAWA | | 1980 | K40 | | 00:32:17 | 00:34:40 | | |
| 391 | 386 | DZIENKIEWICZ | ADRIAN | WARSZAWA | | 1995 | M20 | | 00:32:19 | 00:32:19 | | |
| 392 | 166 | CHARMUSZKO | MONIKA | WARSZAWA | | 1983 | K30 | | 00:32:30 | 00:34:51 | | |
| 393 | 1022 | TOMIŁO | KATARZYNA | WARSZAWA | | 1995 | K20 | | 00:32:32 | 00:34:53 | | |
| 394 | 1249 | PAMIĘTA | KAROLINA | LASKI | | 1991 | K30 | | 00:32:37 | 00:34:56 | | |
| 395 | 1618 | PIĘTOWSKI | GRZEGORZ | PIASTÓW | ROZBIEGANY PIASTÓW | 1966 | M50 | | 00:32:38 | 00:34:17 | | |
| 396 | 1750 | NOWAK | MAGDALENA | WARSZAWA | FILIP RUNNING TEAM | 1984 | K30 | | 00:32:38 | 00:34:11 | | |
| 397 | 264 | BANCEWICZ | MARIA | WARSZAWA | | 1998 | K20 | | 00:32:39 | 00:33:37 | | |
| 398 | 324 | GLASSER | MAREK | WARSZAWA | | 1949 | M60 | | 00:32:54 | 00:34:37 | | |
| 399 | 1048 | KRUSZYŃSKA | ANNA | JÓZEFÓW | | 1968 | K50 | | 00:33:01 | 00:35:22 | | |
| 400 | 1751 | GZURA AUGUSTOWSKA | ANNA | WARSZAWA | | 1984 | K30 | | 00:33:19 | 00:36:16 | | |
| 401 | 1000 | GZYRA | ANNA | WARSZAWA | | 1984 | K30 | | 00:33:29 | 00:33:29 | | |
| 402 | 1575 | NOWACZEK | JAGODA | WARSZAWA | | 2004 | K16 | | 00:33:35 | 00:35:21 | | |
| 403 | 1747 | KĘPRA | KAROL | JANÓW LUBELSKI | | 1999 | M20 | | 00:33:55 | 00:36:18 | | |
| 404 | 86 | WIŚNIEWSKA-DUDA | ANNA | WARSZAWA | | 1986 | K30 | | 00:34:06 | 00:34:20 | | |
| 405 | 1054 | KRUSZYŃSKI | TADEUSZ | JOZEFOW | | 1956 | M60 | | 00:34:07 | 00:36:28 | | |
| 406 | 1250 | GLEBA | JEANETTE | WARSZAWA | | 1989 | K30 | | 00:34:57 | 00:37:15 | | |
| 407 | 422 | KOMOSA | EWA | SOKOŁÓW PODLASKI | PĘDZĄCE LENIWCE | 1990 | K30 | | 00:35:37 | 00:37:59 | | |
| 408 | 358 | PRZYBYŁAK | WANDA | PIASTÓW | PAWKO RUNNER TEAM | 1955 | K60 | | 00:35:38 | 00:37:15 | | |

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|-----|------|-------------|------------|-------------------|-----------------------|------|-----|-------------|---------------|----------------|---|---|
| 409 | 1338 | ZIEMSKA | AGNIESZKA | WARSZAWA | CORREDORA | 1966 | K50 | | 00:35:43 | 00:38:09 | | |
| 410 | 1104 | KAPŁON | ANNA | WARSZAWA | | 1977 | K40 | | 00:36:00 | 00:37:40 | | |
| 411 | 60 | JURKOWSKA | IRENA | WARSZAWA | | 1949 | K60 | | 00:36:11 | 00:38:36 | | |
| 412 | 24 | PIÓRKOWSKA | AGNIESZKA | BYDGOSZCZ | BRB BYDGOSZCZ | 1978 | K40 | | 00:36:23 | 00:38:45 | | |
| 413 | 1349 | DYMEL | ANDRZEJ | WARSZAWA | MARKOWI BIEGACZE | 1952 | M60 | | 00:36:24 | 00:37:14 | | |
| 414 | 1752 | KOZŁOWSKA | ALEKSANDRA | WARSZAWA | | 1981 | K40 | | 00:36:27 | 00:40:36 | | |
| 415 | 1332 | GRACZYK | ROMAN | WARSZAWA | | 1973 | M40 | | 00:36:27 | 00:40:37 | | |
| 416 | 323 | BOSS | OSKAR | WARSZAWA | DREAM RUN | 1994 | M20 | | 00:36:41 | 00:36:41 | | |
| 417 | 1733 | KOZACZYŃSKI | RADOSŁAW | OŻARÓW MAZOWIECKI | | 1980 | M40 | | 00:36:49 | 00:39:17 | | |
| 418 | 428 | PAWŁOWSKA | MALWINA | OŻARÓW MAZOWIECKI | | 1982 | K30 | | 00:36:49 | 00:39:17 | | |
| 419 | 1543 | FEMIAK | JOANNA | WARSZAWA | | 1972 | K40 | | 00:37:15 | 00:38:52 | | |
| 420 | 315 | LEN | MARIUSZ | WARSZAWA | | 1961 | M60 | | 00:37:19 | 00:39:43 | | |
| 421 | 410 | WASILEWSKI | SŁAWOMIR | WARSZAWA | PASJA NORDIC WALKING | 1945 | M60 | | 00:37:25 | 00:39:58 | | |
| 422 | 1181 | MUCHA | KAMILA | WARSZAWA | BIEGAM NA TARCHOMINIE | 1978 | K40 | | 00:37:49 | 00:40:14 | | |
| 423 | 1178 | KOWALCZYK | MAGDALENA | WARSZAWA | | 1978 | K40 | | 00:37:49 | 00:40:14 | | |
| 424 | 78 | STEĆ | ADRIANNA | WARSZAWA | | 1988 | K30 | | 00:40:40 | 00:43:05 | | |
| 425 | 1669 | KWIATEK | KAROLINA | WARSZAWA | | 1996 | K20 | | 00:41:13 | 00:43:36 | | |
| 426 | 246 | REDA | ALICJA | WARSZAWA | NW CZŁAPSKI TEAM | 1960 | K60 | | 00:42:27 | 00:44:04 | | |