

## Zawodnicy sklasyfikowani - mężczyźni

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	3	NOSARZEWSKI	KONRAD	STUPSK	KONRAD NOSARZEWSKI - BADANIA DIETA TRENING	1991	M20	1 00:16:30 00:16:30	2 00:16:35 00:16:34	6 00:17:23 00:17:23	3 00:16:33 00:16:32	3 00:16:33 00:16:32	6
2	249	OSIOR	BARTEK	WYDMINY	WWW.WIOSKABIEGACZY.PL	1983	M30		1 00:16:29 00:16:28	2 00:16:58 00:16:58	4 00:16:49 00:16:48	4 00:17:08 00:17:07	7
3	2	KUJAWA	WIKTOR	OLSZTYN	AZS UWM OLSZTYN	1993	M20	4 00:17:10 00:17:09	6 00:17:13 00:17:13		2 00:16:28 00:16:26	2 00:16:11 00:16:11	8
4	7	NAJMOWICZ	PAWEŁ	OLSZTYN	TRI NEGU	1993	M20	9 00:17:31 00:17:31	7 00:17:15 00:17:14	1 00:16:49 00:16:49		1 00:16:11 00:16:10	9
5	1	PSZCZÓŁKOWSKI	PAWEŁ	OLSZTYN	PSZCZÓŁKOWSKI TEAM	1988	M30	2 00:16:49 00:16:48	3 00:16:47 00:16:46		5 00:16:58 00:16:56		10
6	1288	MIKIELSKI	DANIEL	OLSZTYNEK	TEAM KOPEĆ	1990	M20	3 00:16:54 00:16:54		3 00:17:15 00:17:12	17 00:18:04 00:18:02	6 00:17:16 00:17:15	12
7	4	BĘTKOWSKI	PIOTR	WARSZAWA	CITY TRAIL TEAM	1987	M30	7 00:17:23 00:17:22	10 00:17:19 00:17:19	7 00:17:28 00:17:28	8 00:17:05 00:17:03		22
8	1181	WRONOWSKI	RAFAŁ	BANIE MAZURSKIE	MAZURY RUNNING TEAM	1986	M30	8 00:17:25 00:17:25	14 00:17:45 00:17:44		9 00:17:06 00:17:04	7 00:17:17 00:17:17	24
9	266	KALISKI	SLAWOMIR	OLSZTYN	4 W-M BOT / FORBET RUNNERS	1988	M30		16 00:18:03 00:18:01	15 00:18:56 00:18:56	6 00:17:01 00:16:59	5 00:17:15 00:17:15	26
10	1275	FLAGA	PRZEMYSŁAW	BARCZEWO	URWIS BIEGA	1983	M30	12 00:17:57 00:17:57	15 00:17:53 00:17:51	8 00:17:33 00:17:30	10 00:17:10 00:17:08	8 00:17:21 00:17:20	26
11	134	BRAĞIEL	KRZYSZTOF	OLSZTYN	ROAD TO PB/FORBET RUNNERS	1987	M30	6 00:17:18 00:17:17	11 00:17:21 00:17:19	10 00:17:49 00:17:47	16 00:17:54 00:17:52		27
12	282	BŁAUT	DAMIAN	OSTRÓDA	SKAZANI NA SUKCES	1995	M20		12 00:17:25 00:17:24	9 00:17:41 00:17:41	13 00:17:36 00:17:34	10 00:17:32 00:17:31	31
13	212	DRAŻBA	DOMINIK	ELK	TRI NEGU	1987	M30	10 00:17:38 00:17:38		11 00:17:56 00:17:55	11 00:17:13 00:17:11		32
14	1193	WRONOWSKI	ALBERT	BANIE MAZURSKIE	MAZURY RUNNING TEAM	1999	M20	11 00:17:52 00:17:52	17 00:18:11 00:18:09		12 00:17:19 00:17:17	9 00:17:23 00:17:23	32
15	5	WOJCIECHOWSKI	MACIEJ	SZCZYTNO	WYŻSZA SZKOŁA POLICJI W SZCZYTNIE	1974	M40		13 00:17:32 00:17:32		14 00:17:44 00:17:42	11 00:17:44 00:17:43	38
16	1019	ROSZKOWSKI	TOMASZ MICHAŁ	WARSZAWA	JA0306 BIEGA. KU REALIZACJI CELÓW	1986	M30	13 00:18:15 00:18:14	20 00:18:27 00:18:26		25 00:19:05 00:19:01	13 00:18:20 00:18:18	46
17	1124	KRUPIŃSKI	BOGUMIŁ	OLSZTYN	FORBET RUNNERS	1973	M40	15 00:18:34 00:18:33	22 00:18:33 00:18:32	13 00:18:28 00:18:27	18 00:18:20 00:18:18		46
18	196	WOŹNIAK	TOMASZ	OLSZTYN	URWIS BIEGA	1987	M30	16 00:18:35 00:18:34	83 00:21:46 00:21:43	19 00:19:20 00:19:16	20 00:18:40 00:18:38	12 00:18:16 00:18:16	47
19	1055	MENZIŃSKI	PRZEMYSŁAW	BARCZEWO	BSB BARCZEWO BIEGA	1987	M30	14 00:18:31 00:18:29	21 00:18:32 00:18:28	12 00:18:22 00:18:21		22 00:19:10 00:19:08	47
20	127	GRĄDZKI	WOJCIECH	GIŻYCKO	GO.ON	1991	M20	17 00:18:44 00:18:44	19 00:18:22 00:18:20			16 00:18:55 00:18:54	52
21	247	SZOSTAWICKI	MICHAŁ	OLSZTYN		1977	M40	19 00:18:53 00:18:51	25 00:18:47 00:18:44	16 00:19:00 00:18:59		20 00:19:03 00:19:02	55
22	1366	ZIENKIEWICZ	PIOTR	MLYNARY	UKS GIMPAS PASŁĘK	1974	M40		24 00:18:44 00:18:44	17 00:19:01 00:19:00	28 00:19:06 00:19:04	21 00:19:06 00:19:04	62
23	1211	KURP	MARCIN	DOBRE MIASTO	DOBROMIEJSKI KLUB BIEGACZA ODCISK	1983	M30	24 00:19:21 00:19:18	43 00:19:59 00:19:57	41 00:20:41 00:19:55	23 00:18:55 00:18:52	15 00:18:47 00:18:46	62
24	1249	PALUCH	SYLWESTER	DYWITY	SOKÓŁ TEAM	2001	M16	18 00:19:11 00:19:10	23 00:18:37 00:18:36		21 00:18:46 00:18:43	36 00:20:02 00:20:01	65
25	139	CZAPLICKI	PIOTR	OLSZTYN	TEAM KOPEĆ	1977	M40	22 00:19:19 00:19:18	27 00:19:13 00:19:11	25 00:19:45 00:19:44	24 00:19:04 00:19:02	19 00:18:59 00:18:58	65
26	147	ROGOWSKI	ZBIGNIEW	BISZTYNEK	PELIKANY	1992	M20	23 00:19:19 00:19:18		21 00:19:29 00:19:28	22 00:18:52 00:18:49		66
27	106	RUDOWSKI	DAMIAN	DOBRE MIASTO	PSZCZÓŁKOWSKI TEAM	1999	M20	18 00:18:48 00:18:46	32 00:19:31 00:19:29	36 00:20:22 00:19:42	19 00:18:33 00:18:31		69
28	262	RAK	TOMASZ	OLSZTYN	PSZCZÓŁKOWSKI TEAM	1974	M40		35 00:19:35 00:19:31	20 00:19:24 00:19:21	29 00:19:15 00:19:12	23 00:19:23 00:19:21	72
29	108	ZIEJA	ANDRZEJ	OLSZTYN	SKAZANI NA SUKCES	1979	M40	29 00:19:45 00:19:42		27 00:19:49 00:19:45	31 00:19:31 00:19:27	24 00:19:24 00:19:21	80
30	1252	ZANIEWSKI	TOMASZ	OLSZTYN	NAJMOWICZ TRIATHLON	2003	M16	33 00:20:03 00:20:00	36 00:19:36 00:19:36	31 00:20:01 00:20:00		17 00:18:56 00:18:55	81
31	1206	ŚMIESZNY	MARCIN	OLSZTYN	PAWEŁ NAJMOWICZ TRIATHLON	1983	M30		32 00:20:00 00:20:00	31 00:19:29 00:19:28		18 00:18:58 00:18:57	81
32	1064	SAWICKI	SZYMON	OLSZTYN	MLYNAGO/OŹNIA	1991	M20	25 00:19:22 00:19:19	40 00:19:44 00:19:41	32 00:20:05 00:20:03	47 00:20:22 00:20:18	26 00:19:26 00:19:25	83

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## Klasyfikacja generalna mężczyźni - Olsztyn



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	1337	PIECZARKA	DARIUSZ	OLSZTYN	KUROPATWA TEAM	1972	M40		80 00:20:53 00:20:51	30 00:19:59 00:19:58	28 00:19:10 <u>00:19:07</u>	27 00:19:40 00:19:39	85
34	1355	DYMEK	ADRIAN	OSTRÓDA	FORBET RUNNERS	1989	M30		33 00:19:32 00:19:30	24 00:19:40 00:19:38	30 00:19:19 <u>00:19:16</u>		87
35	1023	WDOWIAK	WOJCIECH	OLSZTYN	MŁYNAGO/OŻNIA	1973	M40	28 00:19:32 <u>00:19:30</u>	38 00:19:40 00:19:36	28 00:19:56 00:19:53	33 00:19:40 00:19:37	31 00:19:53 00:19:51	87
36	157	JAKACKI	SYLWESTER	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	1984	M30	40 00:20:26 00:20:26		23 00:19:37 00:19:35	27 00:19:07 <u>00:19:04</u>		90
37	70	NAJDZION	ROBERT	OLSZTYN	AKM OLSZTYN/SKLEPBIEGACZA.PL	1976	M40	76 00:22:14 00:22:07	69 00:21:13 00:21:08	39 00:20:30 00:20:28	32 00:19:37 00:19:37	25 00:19:26 <u>00:19:25</u>	96
38	1008	MACULEWICZ	MAREK	NIDZICA	URWIS BIEGA	1970	M40	52 00:20:52 00:20:49	50 00:20:27 00:20:24	33 00:20:07 00:20:05	34 00:19:41 <u>00:19:38</u>	32 00:19:53 00:19:50	99
39	1066	JABŁOŃSKI	PAWEŁ	NIDZICA	NIDZICA BIEGA	1976	M40		46 00:20:07 00:20:05		35 00:19:44 00:19:42	29 00:19:43 <u>00:19:40</u>	99
40	1163	NAWOJCZYK	PRZEMYSŁAW	OLSZTYN	AKM OLSZTYN/SKLEPBIEGACZA.PL	1981	M30	27 00:19:31 <u>00:19:29</u>		38 00:20:30 00:20:26	36 00:19:48 00:19:43	54 00:20:55 00:20:53	101
41	1389	WARCABA	WALDEMAR	OSTRÓDA	ONEMANCLUB	1969	M50		39 00:19:40 <u>00:19:37</u>	35 00:20:13 00:20:11	37 00:19:50 00:19:50	34 00:20:00 00:19:57	106
42	1295	ROSZYSKI	PAWEŁ	BRANIEWO	PSZCZÓLKOWSKI TEAM	1983	M30	47 00:20:36 00:20:32	42 00:19:49 <u>00:19:47</u>	29 00:19:58 00:19:54		37 00:20:07 00:20:03	108
43	1101	WÓJCİK	HENRYK	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	1965	M50	44 00:20:29 00:20:26	47 00:20:19 00:20:16		42 00:20:12 00:20:08	33 00:19:55 <u>00:19:53</u>	119
44	1080	BYSTRZYCKI	RADOSŁAW	DOBRE MIASTO	PSZCZÓLKOWSKI TEAM	1968	M50	37 00:20:07 <u>00:20:04</u>	56 00:20:33 00:20:29	44 00:20:48 00:20:45	45 00:20:15 00:20:12	40 00:20:22 00:20:20	121
45	1251	ŻEBROWSKI	JACEK	KIERZLINY	BSB BARCZEWO BIEGA	1984	M30	63 00:21:27 00:21:25	54 00:20:31 00:20:28	37 00:20:26 00:20:24	43 00:20:13 <u>00:20:10</u>	42 00:20:32 00:20:31	122
46	22	BRONAKOWSKI	PIOTR	OLSZTYN	KS ANUNNAKI	1979	M40	50 00:20:47 00:20:43	55 00:20:33 00:20:29		38 00:19:51 <u>00:19:47</u>	35 00:20:01 00:20:00	123
47	175	WÓJCİK	MARCIN	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	1987	M30	65 00:21:27 00:21:27	64 00:21:02 00:20:58	40 00:20:36 00:20:35	40 00:20:09 <u>00:20:08</u>	53 00:20:53 00:20:51	133
48	44	SINKIEWICZ	TOMASZ	PASYM		1970	M40	41 00:20:26 <u>00:20:23</u>	52 00:20:30 00:20:25	49 00:21:07 00:21:02	59 00:20:56 00:20:51	47 00:20:46 00:20:44	137
49	38	BARTKO	DARIUSZ	KĘTRZYN	DRUŻYNA ML	1975	M40	45 00:20:30 <u>00:20:28</u>	61 00:20:54 00:20:51	50 00:21:05 00:21:03	54 00:20:44 00:20:39	43 00:20:34 00:20:32	138
50	1351	GUTMAŃSKI	MARIUSZ	OLSZTYN	TEAM KOPEĆ	1996	M20		85 00:21:51 00:21:45	59 00:21:21 00:21:16	52 00:20:44 00:20:38	28 00:19:41 <u>00:19:38</u>	139
51	164	RADZIWON	TOMASZ	STAWIGUDA		1980	M30	51 00:20:48 00:20:44	76 00:21:22 00:21:20	75 00:22:02 00:21:55	49 00:20:36 00:20:30	39 00:20:17 <u>00:20:13</u>	139
52	1325	KRASZEWSKI	WOJTEK	WŁOCŁAWEK	TEAM KOPEĆ	1996	M20		45 00:20:05 <u>00:20:02</u>	45 00:20:58 00:20:55		60 00:20:52 00:20:50	140
53	129	NIEMCZUK	KAMIL	OLSZTYN	TEAM DAREZTRI	1984	M30	42 00:20:27 <u>00:20:25</u>			57 00:20:48 00:20:44	41 00:20:29 00:20:27	140
54	1259	CZARZASTY	PATRYK	OLSZTYN	SKAZANI NA SUKCES	2002	M16	54 00:21:01 00:20:57	59 00:20:53 00:20:49	43 00:20:48 00:20:45	53 00:20:42 <u>00:20:38</u>	49 00:20:49 00:20:47	145
55	1271	KRZYŻANIAK	PIOTR	OSTRÓDA	SKAZANI NA SUKCES	1980	M30	64 00:21:28 00:21:25	62 00:20:57 00:20:54	61 00:21:21 00:21:18	51 00:20:40 00:20:36	44 00:20:38 <u>00:20:34</u>	156
56	56	BRYL	MIROSLAW	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	1977	M40	53 00:21:01 00:20:51	68 00:21:11 00:21:07		60 00:20:57 00:20:51	45 00:20:42 <u>00:20:39</u>	158
57	1096	BIAŁECKI	SEBASTIAN	BARCZEWO	BSB BARCZEWO BIEGA	1979	M40	56 00:21:10 00:21:04	63 00:21:04 00:20:57	51 00:21:08 00:21:05	63 00:21:01 00:20:55	51 00:20:55 <u>00:20:51</u>	158
58	1228	KRAJZA	PRZEMYSŁAW	JEDWABNO	JE2BNO RZĄDZI !!!	1984	M30	49 00:20:45 00:20:41	57 00:20:34 <u>00:20:31</u>	60 00:21:20 00:21:17	56 00:20:47 00:20:43		162
59	170	JABŁOŃSKI	KRZYSZTOF	OLSZTYN	M RUNNERS	1976	M40	58 00:21:14 00:21:08	72 00:21:18 00:21:12	53 00:21:13 00:21:08	55 00:20:46 <u>00:20:40</u>		166
60	1089	JUCHNIEWICZ	ANDRZEJ	LIDZBARK WARMIŃSKI	PSZCZÓLKOWSKI TEAM	1982	M30	67 00:21:40 00:21:36	86 00:21:51 00:21:46	56 00:21:12 00:21:10	44 00:20:14 <u>00:20:11</u>		167
61	1201	JURKIEWICZ	PAWEŁ	OLSZTYN		1978	M40	66 00:21:41 00:21:35		57 00:21:15 00:21:12	58 00:20:54 <u>00:20:47</u>	55 00:20:59 00:20:55	170
62	1391	SIEROCKI	MARCIN	OLSZTYN		1976	M40		95 00:22:17 00:22:03	63 00:21:32 00:21:23	69 00:21:15 00:21:09	48 00:20:50 <u>00:20:47</u>	180
63	240	KURMIN	PAWEŁ	OLSZTYN	TEAM KOPEĆ	1987	M30	48 00:20:41 <u>00:20:36</u>	74 00:21:22 00:21:16		87 00:21:50 00:21:44	60 00:21:16 00:21:13	182
64	1104	RUDZIŃSKI	ANDRZEJ	OLSZTYN	MŁYNAGO/OŻNIA	1974	M40	46 00:20:31 <u>00:20:28</u>		47 00:21:04 00:21:00		90 00:22:46 00:22:44	183
65	1099	LENART	MIŁOSZ	KĘTRZYN	DRUŻYNA ML	1965	M50	68 00:21:38 00:21:37	75 00:21:20 00:21:17	72 00:21:55 00:21:53	70 00:21:23 00:21:14	52 00:20:53 <u>00:20:51</u>	190
66	1116	ZIÓŁKIEWICZ	MICHAŁ	SKAJBOTY	AKM OLSZTYN/SKAJBIEGACZE	1974	M40	87 00:22:40 00:22:34	81 00:21:46 00:21:41	67 00:21:37 00:21:34	68 00:21:10 <u>00:21:03</u>	58 00:21:08 00:21:04	193

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Klasyfikacja generalna mężczyźni - Olsztyn



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
67	1010	HRYSZKO	PAWEŁ	OLSZTYN	MKS JUVENIA BIAŁYSTOK	1994	M20	55 00:21:02 00:21:01	82 00:21:45 00:21:42		85 00:21:45 00:21:41	57 00:21:03 00:21:02	194
68	21	ABRAMCZYK	MARCIN	OLSZTYN	YANUSHE TRIATHLON TEAM OLSZTYN	1977	M40		67 00:21:11 00:21:07	64 00:21:25 00:21:24	64 00:21:01 00:20:57	79 00:22:17 00:22:14	195
69	1109	SZPENDOWSKI	MAREK	OLSZTYN	SKAZANI NA SUKCES	1978	M40	59 00:21:16 00:21:13	65 00:21:07 00:21:03	71 00:21:50 00:21:46		73 00:22:03 00:21:59	195
70	1300	BURDA	KAMIL	SORKWITY	OSP SORKWITY	1982	M30	62 00:21:36 00:21:21	66 00:21:07 00:21:04	108 00:23:58 00:22:54	71 00:21:27 00:21:17		199
71	1153	MAŁKOWSKI	MACIEJ	RUCIANE NIDA	TEAM KOPEC	1986	M30	72 00:22:03 00:21:56		70 00:21:47 00:21:42	75 00:21:30 00:21:23	59 00:21:15 00:21:11	201
72	8	BIESIEKIERSKI	KRZYSZTOF	OLSZTYN	DRUŻYNA WILKA	1973	M40		78 00:21:38 00:21:33	85 00:22:22 00:22:14	66 00:21:10 00:21:02	65 00:21:39 00:21:35	209
73	241	SZAJKOWSKI	ARKADIUSZ	KĘTRZYN	DRUŻYNA ML	1977	M40	92 00:22:48 00:22:47	89 00:21:55 00:21:52		65 00:21:07 00:21:02	56 00:21:04 00:21:02	210
74	1032	JARCZYK	TOMASZ	OLSZTYN	RDLP OLSZTYN MTB TEAM	1977	M40	70 00:21:47 00:21:38	73 00:21:17 00:21:15	73 00:22:00 00:21:54	67 00:21:08 00:21:03		210
75	1198	HOLENDER	SEBASTIAN	OLSZTYN	KUROPATWA TEAM	1982	M30	82 00:22:26 00:22:23	84 00:21:49 00:21:44	62 00:21:26 00:21:21	89 00:21:51 00:21:45	67 00:21:46 00:21:40	211
76	1186	BORKO	CEZARY	OLSZTYN	NAJMIOWICZ TRIATHLON	1973	M40	80 00:22:23 00:22:19		69 00:21:45 00:21:42		82 00:21:28 00:21:26	211
77	1063	DOŁĘGA	MARIUSZ	OLSZTYN	WEGE SIŁA	1984	M30	84 00:22:39 00:22:29	88 00:21:56 00:21:50	77 00:22:09 00:22:02	76 00:21:29 00:21:25	70 00:21:50 00:21:44	223
78	219	HERMANN	TOMASZ	OLSZTYN	SĄ WOLNIEJŚI / BHP RODO THN	1978	M40		105 00:22:33 00:22:27	58 00:21:19 00:21:16	61 00:20:57 00:20:52		224
79	1026	DUBLANKA	DAWID	OLSZTYN		1976	M40	81 00:22:33 00:22:19	96 00:22:14 00:22:04	84 00:22:20 00:22:12		63 00:21:32 00:21:26	228
80	1059	PRUSIK	ARKADIUSZ	NIDZICA	NIDZICA BIEGA	1982	M30	82 00:22:33 00:22:33	87 00:21:59 00:21:56	87 00:22:27 00:22:22	77 00:21:33 00:21:29	66 00:21:37 00:21:35	229
81	50	WILMOWICZ	MICHAŁ	BARTAĞ	1989	1989	M30	74 00:22:14 00:22:04	94 00:22:09 00:21:59	78 00:22:16 00:22:05	78 00:21:38 00:21:30		230
82	72	KULESZA	MIKOŁAJ MICHAŁ	OLSZTYN	GRUPA DBK OLSZTYN	1985	M30		71 00:21:15 00:21:12	66 00:21:31 00:21:29	125 00:24:00 00:22:56	96 00:24:03 00:23:01	233
83	1403	GĘBSKI	MARIUSZ	OLSZTYN		1978	M40			80 00:23:13 00:22:06	79 00:21:38 00:21:31	78 00:23:10 00:22:09	235
84	1248	SAROL	ADRIAN	OLSZTYN		1989	M30	88 00:22:42 00:22:37	90 00:22:02 00:21:55		83 00:21:49 00:21:40	64 00:21:41 00:21:34	235
85	1158	NAGORSKI	ROBERT	LONDON	HERNE HILL HARRIERS	1963	M50	77 00:22:15 00:22:08		115 00:23:21 00:23:11	88 00:21:53 00:21:44	71 00:21:58 00:21:49	236
86	1118	SŁAWUSZEWSKI	LESZEK	OLSZTYN	TEAM KOPEĆ	1978	M40	79 00:22:17 00:22:13	165 00:24:53 00:24:39		80 00:21:46 00:21:37	84 00:22:25 00:22:20	243
87	137	KUCZKOWSKI	RYSZARD	KIEŻLINY	DRUŻYNA WILKA	1966	M50	83 00:22:28 00:22:23	97 00:22:22 00:22:13	92 00:22:36 00:22:32	73 00:21:26 00:21:20	89 00:22:43 00:22:38	245
88	1224	KOŚCIESZA	PIOTR	OLSZTYN	TRI NEGU	1986	M30	89 00:22:51 00:22:39	93 00:22:03 00:21:57	95 00:23:39 00:22:37	82 00:21:51 00:21:40	75 00:22:11 00:22:06	246
89	1332	OLDAKOWSKI	KAROL	OLSZTYN		1977	M40		87 00:21:52 00:21:49	76 00:22:04 00:22:00	84 00:21:46 00:21:41		247
90	1083	KUJAWA	PAWEŁ	BISKUPIEC	BISKUPIEC BIEGA	1983	M30	73 00:22:14 00:22:03	103 00:22:35 00:22:23	83 00:22:17 00:22:10	93 00:22:59 00:21:53		249
91	246	CWALINA	ŁUKASZ	OLSZTYN		1981	M30	135 00:24:50 00:24:39	137 00:23:39 00:23:27	110 00:24:05 00:23:02	90 00:22:51 00:21:46	69 00:22:45 00:21:43	269
92	284	PISARSKI	PRZEMYSŁAW	OLSZTYN		1984	M30		99 00:22:27 00:22:19	105 00:22:59 00:22:53	96 00:23:25 00:22:18	74 00:23:05 00:22:03	269
93	1257	WRÓBLEWSKI	ŁUKASZ	BISKUPIEC	BISKUPIEC BIEGA	1981	M30	112 00:23:58 00:23:37	107 00:22:42 00:22:35	94 00:22:43 00:22:36	114 00:22:48 00:22:38	72 00:22:01 00:21:56	273
94	1353	SZLESZYŃSKI	ANDRZEJ	OLSZTYN		1969	M50		79 00:21:41 00:21:37	125 00:23:39 00:23:32	109 00:22:44 00:22:36	86 00:22:33 00:22:28	274
95	1306	DAGIEL	JACEK	OLSZTYN	PERSONALTRIATHLON.PL	1984	M30		120 00:23:00 00:22:48	102 00:23:48 00:22:47	92 00:21:53 00:21:47	88 00:22:42 00:22:37	282
96	1316	DOBRYŃSKI	HENRYK	BARCZEWKO	KUROPATWA TEAM	1962	M50		98 00:22:18 00:22:14	109 00:23:05 00:23:01	101 00:22:28 00:22:23	87 00:22:37 00:22:34	286
97	1133	PACHOLEC	STANISŁAW	GARZEWO 4	PSZCZÓŁKOWSKI TEAM	1954	M60		125 00:22:58 00:22:56	108 00:23:02 00:23:00	102 00:22:33 00:22:26	78 00:22:15 00:22:12	288
98	1215	CHILCZUK	ROBERT	JONKOWO		1973	M40	96 00:22:57 00:22:57	101 00:22:27 00:22:21	99 00:22:54 00:22:41	103 00:22:38 00:22:29		296
99	168	NIEŚCIÓR	JAN	STĘKINY	KAPIĄCY SIĘ ZIMĄ OLSZTYN /MLYNAGO	1968	M50	98 00:23:05 00:22:59	115 00:22:51 00:22:45	98 00:23:43 00:22:39		100 00:24:17 00:23:16	296
100	1209	BRZOZOWSKI	STANISŁAW	OLSZTYN	PRĄTNICZANKA	1955	M60	100 00:23:14 00:23:06	117 00:22:53 00:22:46	124 00:24:35 00:23:30	118 00:22:56 00:22:45	80 00:22:26 00:22:16	297

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
101	1054	POGORZELSKI	PIOTR	OLSZTYN	SZPERACZE ZHR OLSZTYN	2000	M16	101 00:23:19 00:23:06	135 00:26:14 00:23:24	133 00:27:46 00:23:45	112 00:23:42 00:22:36	85 00:23:25 00:22:23	298
102	47	SANGOWSKI	ANDRZEJ	TOLKMICKO		1972	M40	117 00:24:01 00:23:45	110 00:22:43 00:22:37	97 00:22:44 00:22:39	128 00:24:13 00:23:06	91 00:23:49 00:22:47	298
103	231	PODLEWSKI	TOMASZ	OLSZTYN	FITNESS CLUB SYLWETKA	1978	M40	105 00:23:26 00:23:13	121 00:22:59 00:22:49	90 00:22:37 00:22:29	107 00:22:42 00:22:32		302
104	1075	GAWIN	MAREK	BARCZEWO		1979	M40	93 00:22:57 00:22:48	116 00:22:54 00:22:46		115 00:23:42 00:22:38	94 00:24:00 00:22:58	302
105	172	PAŁEJKO	MATEUSZ	OLSZTYN	#WIPASZ AKTYWNI W BIEGU	1987	M30	272 00:39:08 00:39:00		68 00:22:38 00:21:35	113 00:22:44 00:22:37	123 00:25:15 00:24:14	304
106	185	PIECZKOWSKI	PIOTR	DYWITY	#WIPASZ AKTYWNI W BIEGU	1977	M40	94 00:23:04 00:22:48	128 00:23:20 00:23:05	238 00:29:53 00:29:45	263 00:31:56 00:29:43	83 00:22:32 00:22:19	305
107	153	GOLĄB	PIOTR	OLSZTYN		1983	M30		132 00:23:27 00:23:12	86 00:23:24 00:22:21	142 00:24:41 00:23:36	93 00:24:00 00:22:58	311
108	223	BABIARZ	PIOTR	BARCZEWO		1991	M20	91 00:22:53 00:22:46	102 00:22:36 00:22:22		119 00:22:50 00:22:46	152 00:26:37 00:25:32	312
109	20	CHOMICI	SZYMON	OLSZTYN	KRISS COACHING	1975	M40	97 00:23:09 00:22:59	113 00:22:50 00:22:42	112 00:23:09 00:23:06	131 00:24:23 00:23:15	104 00:23:38 00:23:23	313
110	130	ŁUNIO	PIOTR	BARTOSZYCE	BARTOSZYCKA GRUPA BIEGOWA ENDORFINY	1975	M40	130 00:24:36 00:24:27	131 00:23:15 00:23:09		104 00:22:34 00:22:29	81 00:22:21 00:22:17	315
111	1336	BONK	BARTOSZ	OLSZTYN	PSZCZÓŁKOWSKI TEAM	1986	M30		136 00:24:17 00:23:26	111 00:24:07 00:23:03	99 00:23:26 00:22:21	108 00:24:36 00:23:34	318
112	1018	WYRĘBSKI	ŁUKASZ	OLSZTYN		1976	M40	99 00:23:28 00:23:05	112 00:22:45 00:22:40	129 00:23:42 00:23:37	110 00:22:47 00:22:36	109 00:23:57 00:23:39	318
113	159	OŻUBKO	DARIUSZ	OLSZTYN		1977	M40	111 00:23:50 00:23:30	109 00:22:44 00:22:37		139 00:24:51 00:23:34	101 00:24:22 00:23:20	321
114	43	CHUDZIK	TOMASZ	OLSZTYN	CHUDZIKI TEAM	1980	M30	116 00:24:01 00:23:43	100 00:22:29 00:22:20	118 00:24:19 00:23:14		110 00:24:43 00:23:39	326
115	1258	SKUZA	LESZEK	JAROTY	DRUŻYNA WILKA	1978	M40		142 00:23:52 00:23:42	128 00:23:37 00:23:32	106 00:23:37 00:22:31	92 00:23:56 00:22:54	326
116	1422	KAIM	KAMIL	OLSZTYN		1977	M40			103 00:24:01 00:22:52	130 00:24:22 00:23:09	95 00:24:11 00:23:00	328
117	1218	MARKOWICZ	ROBERT	BARCZEWO	BSB BARCZEWO BIEGA	1975	M40	110 00:23:44 00:23:24	119 00:23:10 00:22:48	104 00:23:00 00:22:52	117 00:22:57 00:22:44		331
118	1142	TANKIELUN	GRZEGORZ	OLSZTYN		1981	M30	102 00:23:23 00:23:09	113 00:23:02 00:23:09	123 00:23:22 00:23:09	116 00:23:58 00:22:50	116 00:25:05 00:24:01	331
119	1208	LASZCZAK	JERZY	OLSZTYN	AKM OLSZTYN/SKLEPBIEGACZA.COM	1961	M50	103 00:23:23 00:23:11	118 00:22:54 00:22:47	119 00:24:24 00:23:19	120 00:23:51 00:22:47		340
120	23	MITKOWSKI	DANIEL	OLSZTYN	AKM OLSZTYN / SKLEPBIEGACZA.PL	1975	M40		179 00:25:21 00:25:08		95 00:22:08 00:22:03	88 00:21:47 00:21:43	342
121	189	KOPCZYŃSKI	SEBASTIAN	DYWITY	SUNRISE SYSTEM	1989	M30	119 00:23:55 00:23:48		139 00:24:21 00:24:11	127 00:23:06 00:22:59	97 00:23:15 00:23:11	343
122	1056	KŁOS	KRZYSZTOF	OLSZTYN		1978	M40	104 00:23:13 00:23:13	126 00:23:03 00:22:57	117 00:24:15 00:23:13	126 00:24:02 00:22:58		347
123	1131	CLAJOT	FABIAN	OLSZTYN	FC GRABOWA	1993	M20		127 00:23:09 00:22:58	93 00:22:39 00:22:32		130 00:25:33 00:24:31	350
124	206	KOLTUN	ŚLAWOMIR	OLSZTYN	SKEB OLSZTYN	1980	M30	131 00:24:45 00:24:34	145 00:24:39 00:23:48	100 00:23:48 00:22:44	121 00:23:01 00:22:48		352
125	1384	POGORZELSKI	RAFAŁ	OLSZTYN	SZPERACZE ZHR OLSZTYN	2003	M16		139 00:26:33 00:23:33	114 00:27:13 00:23:10	160 00:25:28 00:24:23	99 00:24:18 00:23:16	352
126	78	KULESZA	BOGUSŁAW	OLSZTYN	AKM OLSZTYN	1959	M60	108 00:23:29 00:23:23	124 00:23:01 00:22:56		134 00:24:27 00:23:23	125 00:25:17 00:24:17	358
127	190	OLSZEWSKI	MAREK	LIDZBARK WARMIŃSKI	KLUB BIEGACZA LIDZBARK WARMIŃSKI / BBL	1969	M50	90 00:22:46 00:22:41	129 00:23:11 00:23:05	141 00:24:17 00:24:13	141 00:23:44 00:23:36		360
128	188	ZAKABŁUK	MARCIN	OLSZTYN	#WIPASZAKTYWNIWBIEGU	1989	M30	123 00:24:00 00:23:53	162 00:24:43 00:24:35		132 00:23:23 00:23:15	106 00:23:29 00:23:25	361
129	1187	OLSZEWSKI	PAWEŁ	OLSZTYN	MYTOWEL.PL	1978	M40	121 00:23:58 00:23:51	153 00:24:21 00:24:05	122 00:24:28 00:23:25		118 00:25:07 00:24:06	361
130	1414	NIESTĘPSKI	BARTOSZ	OLSZTYN		1993	M20			134 00:24:53 00:23:45	129 00:24:12 00:23:06	107 00:24:35 00:23:28	370
131	1182	KUBICKI	RAFAŁ	DYWITY		1972	M40	129 00:24:42 00:24:23	140 00:23:48 00:23:36	135 00:25:01 00:23:57		113 00:24:55 00:23:52	377
132	1111	ZIELIŃSKI	DARIUSZ	OLSZTYN	GRUPA DBK OLSZTYN	1987	M30	127 00:24:19 00:24:11	138 00:23:37 00:23:31	131 00:24:54 00:23:43		120 00:25:13 00:24:10	378
133	258	STEMPIŃSKI	PAWEŁ	OLSZTYN	TRI NEGU	1977	M40	134 00:24:52 00:24:39	141 00:23:53 00:23:41	137 00:25:01 00:24:00	135 00:24:27 00:23:24	111 00:24:42 00:23:40	380
134	1093	RĘKAWIECKI	ROBERT	OLSZTYN	URWIS BIEGA	1974	M40	126 00:24:11 00:24:06	134 00:23:28 00:23:23		122 00:22:56 00:22:49		382

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
135	1367	RADZIWN	WOJCIECH	OSTRÓDA	OSTRÓDA RUNNERS	1988	M30		191 00:25:24 00:25:24	107 00:23:00 00:22:55	86 00:21:52 <u>00:21:42</u>		384
136	1371	SZCZEBIOT	KAROL	LIDZBARK WARMIŃSKI	KLUB BIEGACZA L.W.	1981	M30		108 00:22:42 <u>00:22:35</u>	140 00:26:22 00:24:11	137 00:24:39 00:23:33		385
137	251	GRZYBICKI	MAREK	OLSZTYN	SKAZANI NA SUKCES	1968	M50	132 00:24:46 00:24:36	151 00:24:08 00:23:59	132 00:23:50 <u>00:23:44</u>	146 00:23:54 00:23:46	122 00:24:16 00:24:13	386
138	1226	SIENKIEWICZ	WOJCIECH	OLSZTYN	KRISS COACHING	1959	M60	187 00:25:34 00:25:19	149 00:25:47 00:24:40	140 00:24:41 00:23:36	103 00:24:23 <u>00:23:22</u>		392
139	91	KOZIBSKI	JAKUB	IŁAWA	TRI NEGU	2001	M16	145 00:25:07 00:24:52			147 00:24:50 00:23:46	102 00:24:26 <u>00:23:21</u>	394
140	1417	LEMPASZEK	PAWEŁ	OLSZTYN		1982	M30		210 00:26:51 00:26:02	144 00:25:32 00:24:30	138 00:24:39 <u>00:23:34</u>	114 00:24:58 00:23:55	396
141	202	JACKOWSKI	MARCIN	WOŁOWNO	PSZCZÓLKOWSKI TEAM	1981	M30	124 00:24:15 00:24:01	146 00:23:56 00:23:48	127 00:23:38 <u>00:23:32</u>			397
142	1439	RUSZCZYK	ROBERT	KĘTRZYN	DRUŻYNA ML	1975	M40			159 00:26:00 00:24:59	136 00:23:39 00:23:28	105 00:23:34 <u>00:23:23</u>	400
143	62	OŚKO	MIROSLAW	OLSZTYN		1988	M30	108 00:23:23 <u>00:23:23</u>	148 00:23:58 00:23:52	171 00:26:39 00:25:35		147 00:26:18 00:25:11	403
144	242	CHODARA	ROMAN	KĘTRZYN	RUNNERS TEAM KĘTRZYN	1954	M60	128 00:24:19 <u>00:24:19</u>	173 00:24:58 00:24:57	148 00:24:39 00:24:38	167 00:24:49 00:24:47	129 00:24:29 00:24:28	405
145	1304	HAŁAJKO	SEBASTIAN	OLSZTYN		1990	M20		172 00:25:48 00:24:57	146 00:26:42 00:24:36	112 00:25:12 00:24:01	112 00:24:54 <u>00:23:50</u>	406
146	1103	KĄKOL	KRZYSZTOF	OLSZTYN		1976	M40	144 00:24:56 00:24:51	174 00:25:08 00:25:00	147 00:26:41 00:24:38	158 00:26:27 00:24:22	121 00:26:12 <u>00:24:11</u>	412
147	148	ZAJĄC	BARTOSZ	KIERZLINY	BSB BARCZEWO BIEGA	1989	M30	122 00:23:53 00:23:53	150 00:24:45 00:23:55	163 00:25:28 00:25:15	143 00:23:50 <u>00:23:37</u>		415
148	1011	PIETRZAK	MICHAŁ	OLSZTYN	SZPERACZE ZHR OLSZTYN	1989	M30	107 00:23:19 <u>00:23:19</u>		166 00:26:30 00:25:27		146 00:26:16 00:25:10	419
149	1320	RYBACZYK	CEZARY	NIKIELKOWO	POZYTYWNE POBIEGANI - NIKIELKOWO	1973	M40		167 00:25:05 00:24:44	143 00:25:33 00:24:27	162 00:25:47 00:24:30	117 00:25:08 <u>00:24:01</u>	422
150	1005	TOMASIK	MACIEK	OLSZTYN	MPK OLSZTYN	1987	M30	176 00:26:15 00:26:05	194 00:25:33 00:25:27	145 00:24:38 00:24:33	145 00:23:56 <u>00:23:45</u>	133 00:24:55 00:24:40	423
151	1081	BORKOWSKI	JACEK	OLSZTYN		1980	M30		166 00:26:02 00:24:44	160 00:26:10 00:25:03	152 00:25:09 00:24:03	115 00:25:03 <u>00:23:58</u>	427
152	239	KARWACKI	SZYMON	OLSZTYN		1983	M30	141 00:25:00 00:24:49	156 00:24:33 <u>00:24:21</u>	165 00:27:34 00:25:24	163 00:25:40 00:24:31	131 00:25:47 00:24:36	428
153	228	KASZKIN	PIOTR	DOBRE MIASTO	#WIPASZ AKTYWNI W BIEGU	1988	M30	158 00:25:34 00:25:21	152 00:24:08 00:23:59	121 00:24:28 <u>00:23:24</u>			431
154	54	CHROSTOWSKI	SEBASTIAN	OLSZTYN, POLSKA		1993	M20	154 00:25:11 00:25:11	154 00:25:03 <u>00:24:13</u>		164 00:25:39 00:24:32	126 00:26:25 00:24:22	434
155	1021	TOKARCZYK	MIKOŁAJ	OLSZTYN		1987	M30	165 00:26:36 00:26:21	218 00:27:12 00:26:19	158 00:26:13 00:24:58	161 00:27:25 00:24:29	119 00:25:16 <u>00:24:09</u>	438
156	1301	KORNATOWSKI	ROBERT	OLSZTYN		1986	M30		168 00:25:41 00:24:45	153 00:25:57 00:24:47	151 00:26:08 <u>00:24:03</u>	136 00:25:45 00:24:44	440
157	226	MAJDAŃSKI	JACEK	OLSZTYN		1981	M30	151 00:25:21 00:25:03	160 00:24:37 00:24:26	173 00:25:51 00:25:49	157 00:24:46 <u>00:24:21</u>	132 00:24:37 00:24:37	440
158	227	BERTEL	MARCIN	OLSZTYN	FITNESS CLUB SYLWETKA	1982	M30	143 00:24:58 00:24:50	157 00:24:36 00:24:25	161 00:25:17 00:25:10	149 00:24:11 <u>00:24:01</u>	149 00:25:32 00:25:22	441
159	1237	ŁASZKOWSKI	PIOTR	LUKTA	K.S WACHLARZ	1976	M40	138 00:24:53 00:24:47	158 00:24:36 <u>00:24:25</u>	152 00:25:49 00:24:45			448
160	1272	MIKIELSKI	PAWEŁ	OLSZTYN	MNIEJ MYŚL WIĘCEJ ŻYJ	1983	M30	142 00:25:03 <u>00:24:50</u>	194 00:25:26 00:25:15	156 00:25:01 00:24:51	179 00:26:33 00:25:23	151 00:25:38 00:25:29	449
161	1037	PIANKA	DAWID	OLSZTYN	PRON SQUAD	1990	M20	113 00:23:49 <u>00:23:37</u>		172 00:26:42 00:25:39		170 00:28:17 00:26:14	455
162	1051	MAJEWSKI	MAREK	OLSZTYN	SKAZANI NA SUKCES	1964	M50	180 00:25:36 00:25:27	175 00:25:11 00:25:02	154 00:25:54 <u>00:24:48</u>	175 00:27:08 00:25:03	145 00:26:08 00:25:06	459
163	96	GRĄDZKI	TOMASZ	OLSZTYN	DELAVAL RUNNERS	1980	M30	162 00:25:16 00:25:04	170 00:25:08 00:24:53	188 00:28:47 00:26:36	169 00:26:03 00:24:54	139 00:26:01 <u>00:24:50</u>	460
164	109	TUCZYŃSKI	PAWEŁ	OLSZTYN	4 TEAM MORSY SKANDA OLSZTYN	1986	M30	168 00:25:52 00:25:52	222 00:26:28 00:26:24	169 00:26:41 00:25:33	177 00:26:17 00:25:08	124 00:24:18 <u>00:24:15</u>	461
165	17	FOLGA	ARTUR	IŁAWA	IŁAWA BIEGA	1971	M40	149 00:25:08 00:25:01	206 00:26:14 00:25:59	157 00:25:06 00:24:56	155 00:25:23 <u>00:24:18</u>		461
166	1297	FOKS	MARCIN	BARCZEWO	DZIKIE ŻYCIE RUNTEAM	1995	M20	156 00:25:29 00:25:15	178 00:25:17 00:25:06	142 00:25:31 <u>00:24:26</u>	171 00:26:07 00:24:54		469
167	98	KOMARNICKI	PAWEŁ	OLSZTYN		1990	M20	169 00:26:18 00:25:53		167 00:27:31 00:25:27	214 00:27:59 00:26:46	134 00:26:42 <u>00:24:40</u>	470
168	274	HANAS	DARIUSZ	OLSZTYN	DRUŻYNA WILKA	1971	M40		155 00:25:05 <u>00:24:16</u>	155 00:26:54 00:24:50	170 00:27:02 00:24:54		480

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
169	1138	CZUSZEL	DAINEL	OLSZTYN	DZIECIAKI Z NASZEJ PAKI	2002	M16	<b>165</b> 00:25:43 00:25:43			<b>178</b> 00:25:29 00:25:16	<b>137</b> 00:25:47 <u>00:24:45</u>	480
170	67	PAWŁAK	PAWEŁ	OLSZTYN	4 TEAM MORSY SKANDA OLSZTYN	1971	M40	<b>184</b> 00:26:44 00:26:21	<b>182</b> 00:25:27 00:25:12	<b>177</b> 00:27:08 00:26:00	<b>168</b> 00:25:59 <u>00:24:48</u>	<b>140</b> 00:25:55 00:24:52	485
171	18	MIKITA	MIREK	OLSZTYN	SĄ WOLNIEJSI	1967	M50		<b>273</b> 00:30:29 00:29:31	<b>178</b> 00:28:13 00:26:06	<b>156</b> 00:25:28 <u>00:24:19</u>	<b>153</b> 00:27:40 00:25:35	487
172	215	SYREWICZ	KRZYSZTOF	LIDZBARK WARMIŃSKI		1969	M50	<b>166</b> 00:25:46 00:25:46	<b>201</b> 00:25:58 00:25:46		<b>180</b> 00:26:32 00:25:25	<b>144</b> 00:26:10 <u>00:25:05</u>	490
173	1146	JAKUBOWSKI	PIOTR	OLSZTYN		1981	M30	<b>200</b> 00:27:16 00:27:02	<b>219</b> 00:27:15 00:26:21		<b>165</b> 00:25:42 00:24:37	<b>128</b> 00:25:28 <u>00:24:26</u>	493
174	1001	TOMASZEWSKI	KRZYSZTOF	OLSZTYN		1989	M30	<b>153</b> 00:25:16 00:25:06	<b>193</b> 00:25:34 00:25:27		<b>153</b> 00:24:24 <u>00:24:13</u>		499
175	1195	CIOBAN	BARTŁOMIEJ	ORNETA		1985	M30	<b>224</b> 00:29:56 00:29:20	<b>176</b> 00:25:53 00:25:04		<b>187</b> 00:26:42 00:25:37	<b>138</b> 00:26:56 <u>00:24:49</u>	501
176	60	DOLIWA	ADAM	OLSZTYN	PSZCZÓLKOWSKI TEAM	1965	M50	<b>157</b> 00:25:34 <u>00:25:16</u>		<b>176</b> 00:27:04 00:25:58	<b>199</b> 00:27:05 00:25:57	<b>172</b> 00:27:26 00:26:20	505
177	154	PTAK	DARIUSZ	LUGWALD		1971	M40	<b>170</b> 00:26:19 00:25:57	<b>199</b> 00:26:02 <u>00:25:37</u>	<b>175</b> 00:27:59 00:25:55		<b>167</b> 00:27:59 00:25:57	512
178	264	DĘBOWSKI	DAMIAN	BARCZEWO		1986	M30	<b>219</b> 00:29:12 00:28:47	<b>188</b> 00:26:10 00:25:21		<b>183</b> 00:26:39 00:25:33	<b>143</b> 00:26:04 <u>00:25:02</u>	514
179	16	NITKIEWICZ	BARTOSZ	OLSZTYN	DZIQ TEAM	1981	M30	<b>161</b> 00:25:50 <u>00:25:31</u>	<b>198</b> 00:25:45 00:25:36		<b>204</b> 00:27:22 00:26:13	<b>158</b> 00:26:51 00:25:42	517
180	81	WIŚNIEWSKI	BARTOSZ	OLSZTYN	GRUPA DBK OLSZTYN	1992	M20	<b>180</b> 00:26:51 00:26:13	<b>203</b> 00:26:44 00:25:53			<b>141</b> 00:26:04 <u>00:24:56</u>	524
181	1361	WACIKOWSKI	BARTOSZ	OLSZTYN		1994	M20		<b>169</b> 00:26:22 <u>00:24:46</u>		<b>194</b> 00:28:05 00:25:50	<b>162</b> 00:27:58 00:25:49	525
182	1277	POŁOWIANIUK	JAN	BARCZEWO	DZIKIE ŻYCIE RUN TEAM	1964	M50	<b>163</b> 00:25:49 00:25:38	<b>185</b> 00:25:23 <u>00:25:16</u>	<b>182</b> 00:26:14 00:26:10	<b>181</b> 00:26:45 00:25:31		526
183	42	SIWIŃSKI	JERZY	OLSZTYN	DRUŻYNA WILKA	1960	M50	<b>147</b> 00:25:08 <u>00:24:56</u>	<b>189</b> 00:25:38 00:25:22			<b>191</b> 00:29:37 00:27:31	527
184	1345	BAKUN	LESZEK	OLSZTYN		1961	M50		<b>196</b> 00:25:45 <u>00:25:31</u>	<b>180</b> 00:27:15 00:26:08	<b>189</b> 00:26:48 00:25:40	<b>160</b> 00:25:52 00:25:45	529
185	1294	GONTARZ	GRZEGORZ	OLSZTYN	GRUPA DBK OLSZTYN	1986	M30	<b>190</b> 00:26:52 00:26:36		<b>181</b> 00:27:21 00:26:09	<b>206</b> 00:36:22 00:28:15	<b>159</b> 00:26:49 <u>00:25:45</u>	530
186	1216	LEŃSKI	MICHAŁ	SŁUPY	WDOWIAK@FRIENDS	1980	M30		<b>213</b> 00:27:07 00:26:08	<b>170</b> 00:27:42 <u>00:26:35</u>	<b>192</b> 00:27:53 00:25:45	<b>169</b> 00:27:10 00:26:03	531
187	87	WOJCIECHOWSKI	ZBIGNIEW	OLSZTYN		1958	M60	<b>179</b> 00:26:47 00:26:12	<b>186</b> 00:25:24 <u>00:25:18</u>	<b>188</b> 00:26:34 00:25:31	<b>186</b> 00:28:45 00:25:36		533
188	283	KALINOWSKI	TOMASZ	OLSZTYN		1978	M40		<b>171</b> 00:25:02 00:24:56		<b>159</b> 00:24:34 <u>00:24:23</u>	<b>208</b> 00:31:17 00:28:58	538
189	1239	ANDRUSZKIEWICZ	BOGDAN	OLSZTYN	AKM OLSZTYN/SKLEPBIEGACZA.PL	1953	M60	<b>202</b> 00:27:34 00:27:15	<b>195</b> 00:25:43 <u>00:25:31</u>		<b>182</b> 00:26:39 00:25:32	<b>161</b> 00:26:55 00:25:47	538
190	197	SŁOWIŃSKI	JAN	OLSZTYN		1984	M30		<b>242</b> 00:28:16 00:27:26	<b>189</b> 00:28:40 00:26:37	<b>205</b> 00:28:21 00:26:15	<b>148</b> 00:26:23 <u>00:25:17</u>	542
191	237	WIECH	ROMAN	KLEBARK WIELKI		1970	M40	<b>187</b> 00:26:56 00:26:28	<b>220</b> 00:26:41 00:26:21	<b>195</b> 00:28:15 00:27:08	<b>222</b> 00:28:28 00:27:15	<b>165</b> 00:27:06 <u>00:25:54</u>	547
192	281	OŚKO	ADAM	OLSZTYN		1978	M40		<b>200</b> 00:26:36 00:25:43		<b>176</b> 00:27:10 <u>00:25:05</u>	<b>174</b> 00:28:37 00:26:27	550
193	1043	KUPIBIDA	PAWEŁ	OLSZTYN	4W-MBOT	1982	M30		<b>202</b> 00:26:46 <u>00:25:51</u>	<b>186</b> 00:28:45 00:26:35	<b>208</b> 00:27:29 00:26:22	<b>163</b> 00:26:58 00:25:53	551
194	1088	RYDZANOWSKI	TOMASZ	BISKUPIEC	BISKUPIEC BIEGA EGGER	1966	M50	<b>155</b> 00:25:24 <u>00:25:14</u>	<b>212</b> 00:26:21 00:26:08		<b>185</b> 00:25:49 00:25:35		552
195	210	DANILUK	STANISŁAW	OLSZTYN	AKM OLSZTYN/SKLEPBIEGACZA.PL	1963	M50	<b>175</b> 00:26:22 <u>00:26:03</u>	<b>227</b> 00:26:57 00:26:40	<b>196</b> 00:29:18 00:27:17	<b>217</b> 00:29:03 00:26:58	<b>181</b> 00:28:46 00:26:41	552
196	69	KWAŚNIEWSKI	BENEDYKT	OLSZTYN	ZABIEGANI OLSZTYN	1955	M60	<b>181</b> 00:26:33 00:26:14	<b>211</b> 00:26:24 00:26:07	<b>183</b> 00:27:27 00:26:17	<b>190</b> 00:26:53 <u>00:25:45</u>		554
197	1174	ŚWIATOWSKI	DANIEL	STAWIGUDA		1987	M30	<b>183</b> 00:26:30 00:26:18	<b>230</b> 00:27:04 00:26:52		<b>207</b> 00:28:28 00:26:20	<b>166</b> 00:26:58 <u>00:25:57</u>	556
198	1085	KOTLARZ	KAROL	OSTROŁĘKA		1990	M20		<b>223</b> 00:27:22 00:26:26	<b>179</b> 00:28:12 00:26:07		<b>156</b> 00:27:41 <u>00:25:39</u>	558
199	35	OPALIŃSKI	TOMASZ	OSTRÓDA	DRUŻYNA WILKA	1967	M50	<b>159</b> 00:25:39 <u>00:25:21</u>	<b>207</b> 00:26:14 00:25:59	<b>197</b> 00:28:22 00:27:18	<b>240</b> 00:29:15 00:28:04		563
200	121	BREJTA	MIROSLAW	BARCZEWO	BSB BARCZEWO BIEGA	1981	M30			<b>206</b> 00:29:14 00:28:06	<b>203</b> 00:27:25 00:26:13	<b>157</b> 00:26:47 <u>00:25:42</u>	566
201	1202	DECYK	LESZEK	STAWIGUDA	TEAM KOPEĆ	1953	M60	<b>172</b> 00:26:10 <u>00:25:58</u>	<b>208</b> 00:26:15 00:26:00			<b>167</b> 00:28:25 00:27:15	567
202	1148	KOWALCZYK	ANDRZEJ	OLSZTYN	PSZCZÓLKOWSKI TEAM	1961	M50	<b>167</b> 00:26:17 <u>00:25:49</u>		<b>205</b> 00:29:05 00:27:58	<b>235</b> 00:29:07 00:27:58	<b>199</b> 00:29:24 00:28:21	571



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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
203	26	KRAWIEC	ADAM	OSTRÓDA	OSTRÓDA RUNNERS	1975	M40	<b>95</b> 00:22:58 <u>00:22:52</u>	<b>289</b> 00:32:00 00:31:01	<b>248</b> 00:33:13 00:31:03	<b>277</b> 00:33:39 00:31:15	<b>231</b> 00:34:26 00:32:21	<b>574</b>
204	200	GRABOWSKI	RAFAŁ	OLSZTYN	#WIPASZ AKTYWNI W BIEGU	1983	M30		<b>197</b> 00:25:50 00:25:35		<b>228</b> 00:29:37 00:27:25	<b>150</b> 00:27:33 <u>00:25:29</u>	<b>575</b>
205	201	WIŚNIEWSKI	MACIEJ	OLSZTYN	#WIPASZ AKTYWNI W BIEGU	1973	M40			<b>190</b> 00:29:53 00:26:49	<b>211</b> 00:28:52 00:26:39	<b>175</b> 00:28:34 <u>00:26:29</u>	<b>576</b>
206	193	TANAJEWSKI	DARIUSZ	OLSZTYN	SPARTANIE DZIECIOM	1987	M30	<b>177</b> 00:26:38 00:26:07	<b>192</b> 00:26:58 <u>00:25:25</u>		<b>247</b> 00:35:38 00:28:37	<b>209</b> 00:31:16 00:28:58	<b>578</b>
207	1247	SZEWCZAK	KRZYSZTOF	OLSZTYN		1981	M30	<b>196</b> 00:27:13 00:26:54	<b>226</b> 00:27:22 00:26:33	<b>184</b> 00:28:25 00:26:19	<b>200</b> 00:28:08 <u>00:26:01</u>		<b>580</b>
208	1184	MARWEG	WITEK	OLSZTYN		1978	M40	<b>197</b> 00:27:16 00:26:57	<b>204</b> 00:26:04 <u>00:25:55</u>			<b>183</b> 00:27:49 00:26:47	<b>584</b>
209	1067	FIEDUCIK	JAN	OLSZTYN		1997	M20	<b>188</b> 00:26:44 00:26:33	<b>183</b> 00:25:18 <u>00:25:12</u>	<b>214</b> 00:30:25 00:28:20			<b>585</b>
210	1379	ABRAMCZYK	TOMASZ	SKAJBOTY	SKAJBIEGACZE	1973	M40		<b>267</b> 00:30:39 00:30:25	<b>219</b> 00:30:38 00:28:30	<b>198</b> 00:28:06 <u>00:25:52</u>	<b>168</b> 00:28:10 00:26:02	<b>585</b>
211	1406	GĘBSKI	MIECZYŚLAW	OLSZTYN		1955	M60			<b>202</b> 00:30:47 00:27:44	<b>213</b> 00:28:49 00:26:43	<b>171</b> 00:28:19 <u>00:26:17</u>	<b>586</b>
212	116	SULEK	GRZEGORZ	WÓJTOWO	GRUPA DBK OLSZTYN	1973	M40	<b>182</b> 00:26:50 <u>00:26:17</u>	<b>221</b> 00:27:57 00:26:23	<b>252</b> 00:34:23 00:31:17		<b>184</b> 00:29:01 00:26:53	<b>587</b>
213	1137	ZAJĄC	TOMASZ	OLSZTYN	DZIECIAKI Z NASZEJ PAKI	1997	M20	<b>218</b> 00:28:41 00:28:41	<b>224</b> 00:27:20 00:26:28		<b>202</b> 00:26:24 <u>00:26:11</u>	<b>173</b> 00:26:37 00:26:25	<b>593</b>
214	1477	LIKSZO	PAWEŁ	OLSZTYN		1988	M30		<b>248</b> 00:29:42 00:27:58		<b>193</b> 00:27:53 00:25:47	<b>154</b> 00:27:37 <u>00:25:37</u>	<b>595</b>
215	269	DRAŻEK	PIOTR	OLSZTYN	WIPASZ AKTYWNI	1991	M20	<b>194</b> 00:27:03 <u>00:26:48</u>		<b>204</b> 00:31:00 00:27:55	<b>253</b> 00:31:15 00:29:01	<b>197</b> 00:30:13 00:28:10	<b>595</b>
216	1274	CHALIŃSKI	MATEUSZ	OLSZTYN	SZPERACZE ZHR OLSZTYN	2002	M16	<b>148</b> 00:24:58 <u>00:24:58</u>	<b>233</b> 00:27:49 00:27:00		<b>216</b> 00:28:57 00:26:51		<b>597</b>
217	132	KACZMARSKI	MATEUSZ	OLSZTYN	PENTAGRAM	2001	M16	<b>198</b> 00:27:23 00:26:59		<b>210</b> 00:31:27 00:28:12	<b>197</b> 00:26:59 <u>00:25:52</u>		<b>605</b>
218	1164	SKRZETUSKI	JAN	OLSZTYN		1966	M50	<b>206</b> 00:27:58 00:27:34	<b>229</b> 00:27:43 00:26:52		<b>221</b> 00:28:36 00:27:14	<b>178</b> 00:28:36 <u>00:26:36</u>	<b>605</b>
219	105	GREGORKIEWICZ	SZYMON	OLSZTYN		1989	M30	<b>225</b> 00:29:22 00:29:22		<b>221</b> 00:31:46 00:28:38	<b>209</b> 00:28:32 <u>00:26:25</u>	<b>177</b> 00:28:40 00:26:35	<b>607</b>
220	48	CIEĆKO	ADAM	OLSZTYN		1973	M40			<b>201</b> 00:28:46 00:27:38	<b>230</b> 00:29:42 00:27:28	<b>176</b> 00:28:33 <u>00:26:30</u>	<b>607</b>
221	1062	TRYK	PIOTR	OLSZTYN	LECIMY TUTEJ	1986	M30	<b>274</b> 00:40:03 00:39:36	<b>205</b> 00:27:35 00:25:55	<b>184</b> 00:26:33 <u>00:25:21</u>	<b>295</b> 00:40:33 00:38:03	<b>240</b> 00:40:03 00:37:47	<b>609</b>
222	1168	WASZKIEWICZ	MARCIN	OLSZTYN	SAŁ WOLNIEJSI	1983	M30	<b>233</b> 00:30:24 00:29:45	<b>266</b> 00:29:59 00:29:03		<b>255</b> 00:31:14 00:29:03	<b>127</b> 00:25:29 <u>00:24:23</u>	<b>615</b>
223	77	PYTKA	BARTOSZ	WADĄG		1991	M20	<b>214</b> 00:28:47 00:28:25	<b>216</b> 00:26:18 00:26:12		<b>188</b> 00:26:47 <u>00:25:39</u>		<b>618</b>
224	1016	PUCZEL	PIOTR	OLSZTYN	PRON SQUAD	1982	M30	<b>216</b> 00:29:04 00:28:33		<b>200</b> 00:30:38 <u>00:27:36</u>	<b>257</b> 00:31:47 00:29:13	<b>202</b> 00:30:50 00:28:27	<b>618</b>
225	49	MAMAJEK	ADAM	OLSZTYN	LUKKA TEAM	1978	M40	<b>201</b> 00:27:25 00:27:11	<b>235</b> 00:27:57 <u>00:27:02</u>			<b>186</b> 00:28:14 00:27:13	<b>622</b>
226	19	LENART	PRZEMYSŁAW	OLSZTYN		1974	M40	<b>212</b> 00:28:25 00:28:14	<b>262</b> 00:29:38 00:28:49	<b>228</b> 00:31:04 00:28:59	<b>234</b> 00:29:56 00:27:48	<b>188</b> 00:29:28 <u>00:27:20</u>	<b>626</b>
227	184	GRZANIEWICZ	PRZEMYSŁAW	OLSZTYN	#WIPASZ AKTYWNI W BIEGU	1993	M20	<b>191</b> 00:27:00 <u>00:26:40</u>	<b>237</b> 00:27:58 00:27:07	<b>199</b> 00:28:37 00:27:22			<b>627</b>
228	25	AUGUSTYNOWICZ	MAREK	OLSZTYN		1968	M50	<b>211</b> 00:28:19 00:28:04	<b>299</b> 00:28:08 00:27:18	<b>193</b> 00:28:14 <u>00:27:05</u>	<b>229</b> 00:28:41 00:27:27		<b>633</b>
229	214	PIECZKOWSKI	WALDEMAR	DYWITY	#WIPASZAKTYWNI W BIEGU	1975	M40	<b>192</b> 00:26:55 <u>00:26:41</u>			<b>237</b> 00:30:15 00:28:02	<b>206</b> 00:30:57 00:28:53	<b>635</b>
230	61	IWANICKI	PAWEŁ	SUWAŁKI		1995	M20	<b>199</b> 00:27:40 00:27:00	<b>217</b> 00:27:59 <u>00:26:14</u>		<b>261</b> 00:32:03 00:29:23	<b>222</b> 00:32:37 00:30:24	<b>638</b>
231	1445	ŁAWRYNOWICZ	IRENEUSZ	OLSZTYN	PRZEM-GRI	1976	M40			<b>194</b> 00:28:15 00:27:05	<b>267</b> 00:32:12 00:30:02	<b>179</b> 00:28:45 <u>00:26:36</u>	<b>640</b>
232	229	KROTOSZYŃSKI	DARIUSZ	OLSZTYN		1969	M50		<b>234</b> 00:28:06 00:27:00		<b>215</b> 00:28:02 <u>00:26:48</u>	<b>194</b> 00:28:45 00:27:36	<b>643</b>
233	1256	BOROWIK	KRZYSZTOF	OLSZTYN	RYSZARD BIEGAJ	1993	M20	<b>203</b> 00:27:34 00:27:17	<b>231</b> 00:27:48 00:26:53		<b>212</b> 00:28:46 <u>00:26:40</u>		<b>646</b>
234	275	DANILUK	GRZEGORZ	DYWITY		1990	M20		<b>245</b> 00:29:25 00:27:44	<b>213</b> 00:31:23 00:28:16	<b>245</b> 00:31:03 00:28:31	<b>189</b> 00:29:34 <u>00:27:20</u>	<b>647</b>
235	1217	BRZozowski	ŚLAWOMIR	OLSZTYN		1969	M50	<b>210</b> 00:27:55 00:27:55	<b>236</b> 00:27:52 <u>00:27:03</u>	<b>207</b> 00:29:12 00:28:08	<b>233</b> 00:29:51 00:27:47		<b>650</b>
236	80	PRZYBYSZ	MARCIN	BARCZEWO	GRUPA DBK OLSZTYN	1973	M40	<b>204</b> 00:27:57 00:27:25	<b>241</b> 00:28:59 <u>00:27:24</u>		<b>256</b> 00:30:25 00:29:05	<b>205</b> 00:30:41 00:28:30	<b>650</b>

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
237	128	BRZÓSKA	GRZEGORZ	OLSZTYN	LEŚNI BIEGACZE	2003	M16	<b>221</b> 00:29:30 00:29:01	<b>232</b> 00:28:31 <u>00:26:56</u>	<b>230</b> 00:31:19 00:29:10	<b>249</b> 00:30:51 00:28:38	<b>201</b> 00:30:45 00:28:26	<b>652</b>
238	1383	STACHERA	MIROSLAW	OLSZTYN		1976	M40		<b>246</b> 00:28:04 00:27:57		<b>223</b> 00:29:23 00:27:19	<b>185</b> 00:28:59 <u>00:26:56</u>	<b>654</b>
239	115	KOWALSKI	JACEK	OLSZTYN	OPP	1977	M40	<b>195</b> 00:26:53 00:26:53	<b>243</b> 00:28:15 00:27:27	<b>218</b> 00:30:33 00:28:25	<b>244</b> 00:30:39 00:28:29		<b>656</b>
240	192	BORKOWSKI	JERZY KRZYSZTOF	OLSZTYN		1957	M60	<b>230</b> 00:29:57 00:29:38	<b>261</b> 00:30:25 00:28:48	<b>227</b> 00:31:06 00:28:59	<b>251</b> 00:30:53 00:28:44	<b>200</b> 00:30:26 <u>00:28:21</u>	<b>657</b>
241	57	KASZUBA	MICHAŁ	OLSZTYN	LECIMY TUTEJ	1986	M30	<b>227</b> 00:29:55 00:29:30	<b>283</b> 00:31:48 00:30:08	<b>224</b> 00:31:03 00:28:58	<b>220</b> 00:28:30 <u>00:27:12</u>	<b>215</b> 00:31:54 00:29:39	<b>659</b>
242	1094	RYBKA	RADOSŁAW	LUGWALD		1974	M40	<b>220</b> 00:29:00 00:29:00	<b>247</b> 00:28:48 <u>00:27:58</u>	<b>232</b> 00:30:34 00:29:17	<b>254</b> 00:30:18 00:29:01	<b>207</b> 00:30:10 00:28:58	<b>659</b>
243	1145	DROZDOWSKI	JULIAN	OLSZTYN	DROZDY BIEGAJĄ	2003	M16	<b>232</b> 00:30:24 00:29:44		<b>234</b> 00:31:30 00:29:21		<b>195</b> 00:30:11 <u>00:28:02</u>	<b>661</b>
244	90	CZYŻ	MATEUSZ	ROZOZI	GRUPA DBK OLSZTYN	1990	M20	<b>208</b> 00:28:30 00:27:53	<b>215</b> 00:27:02 <u>00:26:11</u>		<b>238</b> 00:29:22 00:28:03		<b>662</b>
245	53	WORAVETCHVIJIT	PAIROJ	OLSZTYN		1978	M40		<b>282</b> 00:31:12 00:31:12		<b>173</b> 00:27:07 <u>00:25:00</u>	<b>204</b> 00:30:48 00:28:29	<b>669</b>
246	1046	MAZIEC	PAWEŁ	OLSZTYN	GRUPA DBK OLSZTYN	1980	M30	<b>222</b> 00:29:31 00:29:08	<b>269</b> 00:30:11 00:29:17	<b>236</b> 00:30:42 00:29:30	<b>248</b> 00:29:45 <u>00:28:35</u>	<b>212</b> 00:30:34 00:29:28	<b>670</b>
247	65	FURGAŁ	RAFAŁ	OLSZTYN		1971	M40	<b>226</b> 00:29:44 00:29:22	<b>280</b> 00:30:21 <u>00:28:44</u>	<b>231</b> 00:31:26 00:29:17	<b>280</b> 00:31:30 00:29:18	<b>214</b> 00:31:38 00:29:36	<b>671</b>
248	167	CHWIETCZUK	PAWEŁ	DYWITY	PAW300	1987	M30	<b>241</b> 00:30:25 00:30:25		<b>240</b> 00:32:59 00:29:54	<b>259</b> 00:31:35 00:29:17	<b>192</b> 00:29:33 <u>00:27:33</u>	<b>673</b>
249	1266	SKWARSKI	WITOLD	OLSZTYN	HOTEL KRASICKI MTB OLSZTYN TEAM	1959	M60	<b>223</b> 00:29:44 00:29:16	<b>280</b> 00:31:31 00:29:51	<b>209</b> 00:31:17 <u>00:28:10</u>	<b>241</b> 00:30:54 00:28:15		<b>673</b>
250	263	MILEWSKI	JACEK	KIEŻLINY	GRUPA DBK OLSZTYN	1970	M40		<b>240</b> 00:28:30 <u>00:27:23</u>	<b>211</b> 00:30:26 00:28:15	<b>227</b> 00:29:37 00:27:25		<b>678</b>
251	1141	SOBALA	MACIEJ	OLSZTYN	DZIECIAKI Z NASZEJ PAKI	1980	M30	<b>213</b> 00:28:46 <u>00:28:14</u>	<b>265</b> 00:29:50 00:28:57	<b>222</b> 00:30:51 00:28:42		<b>243</b> 00:43:34 00:41:20	<b>678</b>
252	1002	BANACH	ANDRZEJ	OLSZTYN	PISZ-OLSZTYN	1989	M30	<b>231</b> 00:30:05 00:29:41	<b>282</b> 00:31:35 00:30:00	<b>246</b> 00:32:30 00:30:24		<b>203</b> 00:29:36 <u>00:28:28</u>	<b>680</b>
253	173	STOCHMAL	RAFAŁ	BARCZEWO	BSB BARCZEWO BIEGA	1983	M30	<b>228</b> 00:29:45 00:29:32	<b>259</b> 00:28:27 00:28:35	<b>228</b> 00:30:11 00:29:02	<b>225</b> 00:28:33 <u>00:27:21</u>		<b>681</b>
254	1375	DREMO	KRZYSZTOF	WRZESINA	SZPERACZE ZHR OLSZTYN	2003	M16		<b>275</b> 00:32:27 00:29:36	<b>245</b> 00:34:24 00:30:19	<b>248</b> 00:31:18 00:28:38	<b>193</b> 00:29:56 <u>00:27:34</u>	<b>686</b>
255	76	KĄLUDZIŃSKI	WOJCIECH	OLSZTYN		1972	M40	<b>234</b> 00:30:09 00:29:47	<b>267</b> 00:29:23 00:29:06	<b>241</b> 00:32:05 00:29:59	<b>236</b> 00:30:06 <u>00:28:02</u>	<b>216</b> 00:31:45 00:29:40	<b>686</b>
256	86	TĘCZA	MACIEJ	OLSZTYN	GRUPA DBK OLSZTYN	1975	M40	<b>240</b> 00:30:50 00:30:12	<b>258</b> 00:30:05 00:28:32	<b>243</b> 00:33:19 00:30:15	<b>239</b> 00:30:14 <u>00:28:03</u>	<b>211</b> 00:31:12 00:29:04	<b>690</b>
257	203	DYMOWSKI	DARIUSZ	OLSZTYN		1968	M50	<b>205</b> 00:27:52 00:27:30	<b>244</b> 00:28:34 <u>00:27:29</u>		<b>242</b> 00:30:35 00:28:22		<b>691</b>
258	122	BIENIECKI	MICHAŁ	OLSZTYN	ARTRO-KLINIKA BIENIECKI	1976	M40		<b>249</b> 00:29:38 00:28:00	<b>233</b> 00:32:31 00:29:19	<b>210</b> 00:27:55 <u>00:26:35</u>		<b>692</b>
259	1098	VAN VLIET	MARK	OLSZTYN		1974	M40	<b>215</b> 00:29:42 <u>00:28:27</u>		<b>261</b> 00:35:53 00:32:48		<b>217</b> 00:32:05 00:29:47	<b>693</b>
260	37	CZYŻEWSKI	SEBASTIAN	OLSZTYN		1985	M30	<b>273</b> 00:40:15 00:39:34	<b>250</b> 00:28:54 00:28:01	<b>217</b> 00:30:29 00:28:23	<b>232</b> 00:29:50 <u>00:27:46</u>		<b>699</b>
261	71	STYPINSKI	DAREK	OLSZTYN	PENTAGRAM	1976	M40	<b>229</b> 00:30:14 <u>00:29:36</u>		<b>247</b> 00:34:10 00:30:56	<b>266</b> 00:32:15 00:29:58	<b>227</b> 00:33:04 00:30:52	<b>703</b>
262	174	WĘGIERSKI	SEBASTIAN	OLSZTYN	#WIPASZAKTYWNI	1993	M20	<b>207</b> 00:27:43 <u>00:27:36</u>	<b>263</b> 00:28:01 00:28:50		<b>243</b> 00:30:40 00:28:29		<b>713</b>
263	260	GOŁĘBIEWSKI	MAREK	OLSZTYN	BRAG RZECZY NIEMOŻLIWYCH!	1995	M20	<b>268</b> 00:37:27 00:37:00	<b>228</b> 00:27:31 <u>00:26:42</u>	<b>271</b> 00:39:39 00:36:25		<b>219</b> 00:32:30 00:30:08	<b>716</b>
264	1108	KOŁAKOWSKI	PIOTR	OLSZTYN	GRUPA DBK OLSZTYN	1983	M30		<b>255</b> 00:29:10 <u>00:28:17</u>	<b>254</b> 00:34:23 00:31:19	<b>283</b> 00:34:27 00:32:15	<b>213</b> 00:31:38 00:29:30	<b>722</b>
265	1040	DUDA	MIECZYSLAW	OLSZTYN		1951	M60	<b>262</b> 00:32:05 00:32:05		<b>250</b> 00:34:15 00:31:13	<b>288</b> 00:36:18 00:34:08	<b>225</b> 00:32:52 <u>00:30:32</u>	<b>727</b>
266	218	POROWSKI	TOMASZ	OLSZTYN	COMPENSA AKTYWNI	1960	M50		<b>288</b> 00:32:29 00:30:45	<b>237</b> 00:32:53 <u>00:29:44</u>	<b>269</b> 00:32:49 00:30:15	<b>223</b> 00:32:46 00:30:28	<b>729</b>
267	24	KASPROWICZ	WITOLD	OLSZTYN		1976	M40	<b>236</b> 00:30:14 00:29:57	<b>271</b> 00:29:43 <u>00:29:29</u>		<b>271</b> 00:31:31 00:30:20	<b>224</b> 00:32:52 00:30:30	<b>731</b>
268	73	BEZLAPOWICZ	JACEK	WÓJTOWO	GRUPA DBK OLSZTYN	1971	M40	<b>239</b> 00:30:36 00:30:10	<b>272</b> 00:31:03 <u>00:29:29</u>		<b>273</b> 00:32:37 00:30:32	<b>221</b> 00:32:25 00:30:17	<b>732</b>
269	66	GÓRKA	MAREK	OLSZTYN		1968	M50	<b>251</b> 00:32:38 00:32:02		<b>253</b> 00:34:31 <u>00:31:18</u>	<b>280</b> 00:34:39 00:32:03	<b>229</b> 00:34:26 00:32:04	<b>733</b>
270	1045	KOZAK	PRZEMYSŁAW	OLSZTYN	PSZCZÓŁKOWSKI TEAM	1980	M30	<b>267</b> 00:35:31 00:35:31	<b>309</b> 00:36:01 00:34:20		<b>272</b> 00:32:36 00:30:24	<b>198</b> 00:30:23 <u>00:28:13</u>	<b>737</b>



Grand Prix CITY TRAIL z Nationale-Nederlanden 2019/2020  
Klasyfikacja generalna mężczyźni - Olsztyn



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
271	1203	AUKSZTULEWICZ	ADAM	WÓJTOWO	GRUPA DBK OLSZTYN	1973	M40	<b>247</b> 00:31:42 00:31:12	<b>270</b> 00:30:58 <u>00:29:23</u>		<b>282</b> 00:34:22 00:32:05	<b>220</b> 00:32:25 00:30:17	737
272	160	KALINOWSKI	JAREK	OLSZTYN		1979	M40	<b>281</b> 00:34:09 00:33:52	<b>303</b> 00:34:02 00:32:23	<b>258</b> 00:35:18 <u>00:32:06</u>		<b>232</b> 00:34:28 00:32:23	751
273	1076	ŚWIDECKI	MARCIN	OLSZTYN		1991	M20	<b>248</b> 00:31:16 00:31:16	<b>276</b> 00:31:11 <u>00:29:36</u>		<b>292</b> 00:38:36 00:36:18	<b>228</b> 00:33:54 00:31:33	752
274	1413	KOPYŚĆ	JAROSŁAW	OLSZTYN	PSZCZÓLKOWSKI TEAM	1976	M40			<b>289</b> 00:38:11 00:35:04	<b>274</b> 00:33:00 00:30:49	<b>210</b> 00:31:09 <u>00:29:00</u>	753
275	250	DUDANIEC	SŁAWOMIR	OLSZTYN	GRUPA DBK OLSZTYN	1973	M40	<b>258</b> 00:34:09 00:33:33	<b>284</b> 00:33:14 <u>00:31:40</u>	<b>285</b> 00:37:07 00:34:03	<b>289</b> 00:36:59 00:34:44	<b>237</b> 00:36:13 00:34:04	760
276	1050	PIETRZAK	BARTOSZ	OLSZTYN	SZPERACZE ZHR OLSZTYN	1982	M30	<b>249</b> 00:31:48 00:31:25	<b>274</b> 00:32:32 <u>00:29:31</u>	<b>242</b> 00:34:57 00:30:07	<b>270</b> 00:36:16 00:30:15		761
277	1448	DREMO	MARCIN	WRZESINA		1977	M40			<b>282</b> 00:36:26 00:32:50	<b>276</b> 00:33:44 00:31:14	<b>226</b> 00:32:48 <u>00:30:37</u>	764
278	1042	LISEWSKI	KRZYSZTOF	OLSZTYN		1960	M50	<b>280</b> 00:34:33 00:33:52	<b>308</b> 00:35:57 00:34:19	<b>288</b> 00:37:14 00:34:06	<b>287</b> 00:35:30 <u>00:33:21</u>	<b>238</b> 00:36:44 00:34:31	766
279	14	JEGER	WOJTEK	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1968	M50	<b>284</b> 00:34:56 00:34:21	<b>288</b> 00:30:10 <u>00:29:09</u>	<b>235</b> 00:31:36 00:29:24			767
280	1183	NOWAKOWSKI	CZESŁAW	WARSZAWA	KLUB BIEGACZA GOCH	1947	M60	<b>238</b> 00:30:31 00:30:06	<b>279</b> 00:30:47 <u>00:29:49</u>	<b>257</b> 00:35:02 00:31:58			774
281	1013	ABDELKEFI	AMIR	OLSZTYN	LECIMY TUTEJ	1985	M30	<b>275</b> 00:40:03 00:40:03	<b>284</b> 00:31:48 00:30:09		<b>285</b> 00:31:10 <u>00:29:53</u>	<b>241</b> 00:40:03 00:37:49	781
282	1044	NAWROCKI	MATEUSZ	OLSZTYN		1993	M20		<b>300</b> 00:33:40 00:32:05	<b>284</b> 00:36:59 00:33:53		<b>218</b> 00:32:04 <u>00:29:54</u>	782
283	112	MAŁYSZA	TOMASZ	JONKOWO	GRUPA DBK OLSZTYN	1975	M40	<b>254</b> 00:32:37 00:32:07	<b>285</b> 00:33:18 <u>00:31:44</u>			<b>233</b> 00:34:38 00:32:30	782
284	254	KARPIŃSKI	KAMIL	OLSZTYN	GRUPA DBK OLSZTYN	1979	M40	<b>253</b> 00:32:41 00:32:05		<b>251</b> 00:34:23 <u>00:31:17</u>	<b>279</b> 00:34:00 00:31:42		783
285	1147	ADAMOWICZ	PAWEŁ	OLSZTYN	SALK A FIT BARCZEWO	1980	M30	<b>245</b> 00:31:01 00:30:52	<b>281</b> 00:30:07 <u>00:29:59</u>	<b>280</b> 00:35:56 00:32:46	<b>285</b> 00:34:38 00:32:24		786
286	181	LABIŃSKI	SEBASTIAN	OLSZTYN	#WIPASZ AKTYWNI W BIEGU	1980	M30		<b>286</b> 00:31:59 00:30:23	<b>239</b> 00:32:52 <u>00:29:45</u>	<b>284</b> 00:32:06 00:29:51		789
287	152	ILCZUK	CEZARY	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1973	M40			<b>270</b> 00:39:07 00:35:58	<b>286</b> 00:34:57 <u>00:32:33</u>	<b>235</b> 00:34:52 00:32:39	791
288	1110	BAŁDYGA	WIESŁAW	MRAĞOWO		1973	M40	<b>235</b> 00:30:15 <u>00:29:54</u>	<b>281</b> 00:32:42 00:31:04	<b>287</b> 00:37:09 00:34:06			793
289	1190	HERMAŃSKI	ROMAN	BARCZEWO	SALK A FIT	1969	M50	<b>243</b> 00:31:31 00:30:37	<b>278</b> 00:31:26 <u>00:29:48</u>		<b>275</b> 00:33:20 00:30:56		796
290	1136	DROZDOWSKI	TOMASZ	OLSZTYN	DROZDY BIEGAJĄ	1971	M40	<b>288</b> 00:36:26 00:35:45			<b>283</b> 00:39:38 00:37:10	<b>239</b> 00:37:10 <u>00:34:59</u>	800
291	244	KLUCZKOWSKI	PIOTR	OLSZTYN	GRUPA DBK OLSZTYN	1973	M40	<b>282</b> 00:34:41 00:34:05	<b>299</b> 00:33:33 00:32:00	<b>255</b> 00:34:24 <u>00:31:20</u>	<b>284</b> 00:34:27 00:32:16		801
292	84	BARTYŚ	JAN	OLSZTYN	BIEGAM BO LUBIE	1952	M60	<b>271</b> 00:38:51 <u>00:38:10</u>	<b>312</b> 00:40:21 00:38:37		<b>297</b> 00:42:06 00:39:46	<b>242</b> 00:43:33 00:41:20	810
293	151	PIECHOTA	SŁAWEK	OLSZTYN	KG TEAM	1981	M30	<b>242</b> 00:30:57 <u>00:30:33</u>	<b>280</b> 00:31:55 00:31:02		<b>281</b> 00:33:31 00:32:04		813
294	243	WESTFELD	MATEUSZ	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1984	M30	<b>259</b> 00:34:12 00:33:49	<b>307</b> 00:34:32 <u>00:33:31</u>	<b>288</b> 00:37:14 00:34:06			832
295	146	TKACZ	JACEK	OLSZTYN	TEAM KOPEĆ	1980	M30	<b>270</b> 00:38:29 00:37:46	<b>311</b> 00:38:41 <u>00:37:05</u>	<b>272</b> 00:41:07 00:38:01	<b>294</b> 00:40:02 00:37:26		836

## Zawodnicy nieklasyfikowani - mężczyźni

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	1387	NAJMOWICZ	SEBASTIAN	OLSZTYN	GO.ON.	1991	M20		5 00:17:02 00:17:01	5 00:17:21 00:17:20			10
2	6	WIŚNIEWSKI	RAFAŁ	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1988	M30	5 00:17:14 00:17:13	9 00:17:17 00:17:16				14
3	1284	TWARDOWSKI	SEBASTIAN	OLSZTYN		1979	M40	26 00:19:31 00:19:31	26 00:19:08 00:19:06				52
4	276	NOGA	JAREK	OLSZTYN	PSZCZÓLKOWSKI TEAM	1984	M30		34 00:19:34 00:19:29	26 00:19:46 00:19:41			60
5	1068	GOJŁO	MAREK	OLSZTYN		1974	M40	30 00:19:45 00:19:44	44 00:20:03 00:20:00				74
6	1307	KASPERSKI	ARKADIUSZ	OLSZTYN	URWIS BIEGA	1970	M40		37 00:19:39 00:19:35		39 00:20:04 00:19:59		76
7	124	PINIEWSKI	ROBERT	OLSZTYN	PSZCZÓLKOWSKI TEAM	1973	M40	34 00:20:05 00:20:02			46 00:20:21 00:20:16		80
8	1482	RADZIWON	MAREK	OSTRÓDA		1992	M20				48 00:20:22 00:20:15	38 00:20:13 00:20:09	86
9	267	RYNKO	PAWEŁ	OLSZTYN	BIEGAM BO NIE LUBIĘ	1980	M30		53 00:20:32 00:20:28	34 00:20:12 00:20:10			87
10	1204	BOGUSZ	PIOTR	OLSZTYN	KUROPATWA TEAM	1990	M20		49 00:20:24 00:20:22	42 00:20:44 00:20:43			91
11	1241	KICZOR	DAMIAN	OLSZTYN	TRINEGU	1985	M30	31 00:19:50 00:19:48		65 00:21:28 00:21:25			96
12	265	ŻYJEWSKI	KRZYSZTOF	OLSZTYN	KAZA TEAM	1984	M30	43 00:20:27 00:20:23		54 00:21:14 00:21:09			97
13	1438	ZIEMAK	SLAWOMIR	MALBORK		1981	M30			55 00:21:10 00:21:09	50 00:20:44 00:20:36		105
14	1220	RACHUBKA	ROBERT	OLSZTYN		1974	M40	57 00:21:09 00:21:06	70 00:21:13 00:21:08				127
15	1381	ŚLIWCZYŃSKI	JAROSŁAW	OLSZTYN	ELEKTROJAR USŁUGI ELEKTRYCZNE	1984	M30		48 00:20:20 00:20:18	82 00:22:09 00:22:08			130
16	1335	ŚCIANA	WOJCIECH	OLSZTYN		1985	M30		80 00:21:40 00:21:37		62 00:20:56 00:20:52		142
17	1330	KOTLEWSKI	LUKASZ	OLSZTYN		1995	M20		77 00:21:27 00:21:22	79 00:22:11 00:22:05			156
18	1207	DECYK	MACIEJ	OLSZTYN	TEAM KOPEĆ	1976	M40		91 00:22:02 00:21:55		74 00:21:28 00:21:21		165
19	1434	ELMINOWSKI	EDWARD	OLSZTYN		1965	M50			74 00:22:04 00:21:54	94 00:22:05 00:21:59		168
20	1074	FEDEJKO	MIROSLAW	OLSZTYN	SKAZNI NA SUKCES	1983	M30	75 00:22:15 00:22:05	108 00:22:36 00:22:30				181
21	1498	SZAPIEL	GRZEGORZ	BARTĄG	HEART TEAM	1973	M40				105 00:22:40 00:22:30	82 00:22:26 00:22:19	187
22	1390	PAWŁOWSKI	DAWID	OLSZTYN		1987	M30		114 00:22:55 00:22:45		81 00:21:49 00:21:39		195
23	1350	BICZKOWSKI	KONRAD	STRASZYN	STRASZYN BIEGA	1984	M30		104 00:22:44 00:22:27	91 00:22:47 00:22:31			195
24	1385	PROKOPCZUK	DARIUSZ	OLSZTYN	PSZCZÓLKOWSKI TEAM	1986	M30		123 00:23:05 00:22:55	89 00:22:31 00:22:23			212
25	271	KOZŁOWSKI	PIOTR	OLSZTYN	FATHER ONE THE RUN	1982	M30	106 00:23:26 00:23:17	130 00:23:20 00:23:07				236
26	150	PIETRZAK	MARCIN	OSTRODA	OSTRODA	1984	M30	118 00:24:03 00:23:47		123 00:23:34 00:23:25			241
27	272	KISLUK	ADAM	MIKOLAJKI	PSZCZÓLKOWSKI TEAM	1975	M40	125 00:24:16 00:24:03	122 00:22:57 00:22:51				247
28	1157	ALEKSANDROWICZ	KAMIL	OLSZTYNEK	GOOSE LOGISTICS SOLUTIONS	1983	M30	136 00:24:58 00:24:40	143 00:23:53 00:23:42				279
29	1200	ŻAREJKO	SLAWOMIR	BARCZEWO	SALK A FIT 4TEAM	1972	M40	114 00:23:45 00:23:37			172 00:25:08 00:24:56		286
30	99	JEGER	PIOTR	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1989	M30	146 00:25:26 00:24:56	147 00:24:52 00:23:50				293
31	1191	CIUPIŃSKI	JERZY	OLSZTYN	OLPAK	1955	M60	133 00:24:53 00:24:37	161 00:24:44 00:24:32				294
32	1061	REZA	MAREK	OLSZTYN	LEŚNI BIEGACZE	1968	M50	150 00:25:21 00:25:02	149 00:24:04 00:23:52				299

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33	1114	DĘBOWSKI	RYSZARD	MIKOŁAJKI	BBL MIKOŁAJKI	1958	M60	139 00:24:50 00:24:47	163 00:24:39 00:24:36				302
34	1474	KOWALCZYK	GRZEGORZ	OLSZTYN		1981	M30				196 00:27:06 00:25:52	135 00:25:53 00:24:44	331
35	1303	TRACZYK	PAWEŁ	OLSZTYN		1989	M30		164 00:25:29 00:24:37		174 00:26:09 00:25:01		338
36	1244	ŚLIWIŃSKI	PAWEŁ	BARTOSZYCE	DRUŻYNA WILKA	1991	M20	162 00:25:50 00:25:32	181 00:25:27 00:25:11				343
37	1485	ANTOŃ	PIOTR	OLSZTYN		1990	M20				201 00:28:06 00:26:01	155 00:27:39 00:25:37	356
38	256	KOŚCIESZA	ROBERT	OLSZTYN	TRI NEGU	1972	M40				195 00:27:57 00:25:50	164 00:27:54 00:25:54	359
39	120	BUDNICKI	JACEK	OLSZTYNEK	SKLEP BIEGACZA RUNNING TEAM	1976	M40	193 00:27:02 00:26:42	214 00:26:12 00:26:08				407
40	1150	ŁASZKOWSKI	JAROSŁAW	PELNIK	PASŁĘKA TEAM	1971	M40	208 00:28:02 00:27:49		203 00:29:55 00:27:48			411
41	290	PLUCIENNICZAK	JACEK	OLSZTYN	PERSONALTRIATHLON.PL	1985	M30		253 00:29:45 00:28:06	187 00:28:44 00:26:36			440
42	216	GUZOWSKI	STANISŁAW	OLSZTYN	COMPENSA AKTYWNI	1973	M40			216 00:30:29 00:28:21	231 00:28:39 00:27:28		447
43	1454	KURDYNOWSKI	SZYMON	BARCZEWO	SPORT MASTER ROWERY	1981	M30			244 00:32:27 00:30:16	224 00:29:35 00:27:20		468
44	288	PIECZKOWSKI	HUBERT	DYWITY	URWIS BIEGA	1974	M40		257 00:29:22 00:28:32	223 00:29:59 00:28:52			480
45	1017	SIEMIĄTKOWSKI	MACIEJ	RACIAŻ		1998	M20	246 00:31:03 00:31:03	251 00:29:38 00:28:01				497
46	1169	KUPCHYK	MAKS	OLSZTYN	GRUPA DBK OLSZTYN	1979	M40	255 00:32:43 00:32:23		259 00:33:45 00:32:31			514
47	1388	MAŚLANIK	KAMIL	OLSZTYN		1999	M20		301 00:32:27 00:32:18	215 00:29:28 00:28:20			516
48	1178	KWADE	MATEUSZ	DYWITY	KWADE RACING TEAM	1979	M40	244 00:31:07 00:30:40	285 00:31:50 00:30:10				529
49	82	JAKUBOWICZ	WOJCIECH	MRAĞOWO	GRUPA DBK OLSZTYN	1974	M40	265 00:35:47 00:35:11		273 00:41:48 00:38:41			538
50	1253	BARTKIEWICZ	ANDRZEJ	OLSZTYN		1966	M50	257 00:33:19 00:32:59	302 00:33:57 00:32:20				559
51	1205	CHMIELEWSKI	PAWEŁ	OLSZTYN	GRUPA DBK OLSZTYN	1991	M20	283 00:34:41 00:34:05	297 00:33:32 00:31:59				560
52	1458	DĄBROWSKI	PRZEMYSŁAW	RZEKUŃ	AGRO-METAL OSTROŁĘKA/ DĄBROWSKI TEAM	1989	M30				1 00:16:13 00:16:12		1
53	1323	KOWALSKI	KAROL	DOBROCIN	TEAM KOPEĆ	1994	M20		4 00:16:53 00:16:52				4
54	1444	ROZMIANIEC	PAWEŁ	OLSZTYN		1987	M30			4 00:17:18 00:17:18			4
55	1502	OCHNIK	ADAM	KAWKI	POLONIA PASLEK	2002	M16				7 00:17:02 00:17:00		7
56	1370	OŁOWSKI	JAKUB	WYDMINY	NAJMOWICZ TRIATHLON/ KRAM FC	1984	M30		8 00:17:17 00:17:16				8
57	1522	SZAŁACHOWSKI	TOMASZ	DOBRE MIASTO	DOBROMIEJSKI KLUB BIEGACZA ODCISK	1984	M30					14 00:18:33 00:18:31	14
58	1440	OLSZEWSKI	TOMASZ	JEZIORANY	OLSZEWNIK	1991	M20			14 00:18:48 00:18:47			14
59	1460	MATEUSIAK	RADOSŁAW	RÓŻAN	DĄBROWSKI TEAM	1998	M20				15 00:17:50 00:17:48		15
60	1321	CZAJKOWSKI	KRZYSZTOF	JASIONÓWKA		1988	M30		18 00:18:17 00:18:15				18
61	1435	SZWAJ	ŁUKASZ	OLSZTYN	TEAM KOPEĆ	1983	M30			18 00:19:13 00:19:10			18
62	1189	BAK	PAWEŁ	SĘPOPOL		1977	M40	20 00:19:05 00:19:04					20
63	1443	TUNKIEWICZ	ROBERT	KALISZ	KKS	1990	M20			22 00:19:33 00:19:30			22
64	1386	BLUDNICKI	ADRIAN	BARTOSZYCE	PSZCZÓŁKOWSKI TEAM	1993	M20		28 00:19:15 00:19:13				28
65	131	ILSKI	PIOTR	OLSZTYN		1995	M20		29 00:19:17 00:19:13				29
66	1378	KORWIEL	RAFAŁ	OSTRÓDA	TEAM KOPEĆ	1984	M30		30 00:19:23 00:19:22				30

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67	1530	BARCZAK	ADAM	OLSZTYN		1972	M40					30 00:19:48 00:19:43	30
68	1236	BISKIEWICZ	MICHAŁ	OLSZTYN	RO BI SIE	1979	M40	36 00:20:07 00:20:05					36
69	1243	JABŁONKA	KRYSTIAN	OLSZTYN	URWIS BIEGA	1981	M30	38 00:20:20 00:20:16					38
70	1289	MARCZAK	PAWEŁ	WARSZAWA	ADIDAS RUNNERS WARSAW // BLOND TEAM	1979	M40	39 00:20:26 00:20:24					39
71	1328	KUKAŁOWICZ	MAKSYMILIAN	PODĄGI	PODĄGI FC	2002	M16		41 00:19:44 00:19:44				41
72	1488	NADULSKI	JACEK	OLSZTYN	TEAM KOPEĆ	1979	M40				41 00:20:11 00:20:05		41
73	29	KOŚCIK	JAKUB	WARSZAWA		1985	M30					46 00:20:46 00:20:40	46
74	1398	PŁONOWSKI	MACIEJ	WROCŁAW		1989	M30			46 00:21:00 00:20:57			46
75	1433	MARSZAŁEK	ANDRZEJ	SWARZĘDZ		1969	M50			48 00:21:35 00:20:32			48
76	1356	KUKAŁOWICZ	MICHAŁ	PODĄGI	PODĄGI FC	1997	M20		51 00:20:27 00:20:24				51
77	1331	GOSZKA	JAKUB	SZABRUK		1998	M20			52 00:21:12 00:21:07			52
78	1341	MAZUROWSKI	TOMASZ	DOBRE MIASTO	PSZCZÓLKOWSKITEAM	1972	M40		58 00:20:53 00:20:47				58
79	104	WOLIŃSKI	JACEK	OLSZTYN	PSZCZÓLKOWSKI TEAM	1977	M40	60 00:21:17 00:21:13					60
80	1531	PREJS	PIOTR	OSTRÓDA	NAJMIOWICZ TRIATHLON / TEAM KOPEĆ	1975	M40					61 00:21:19 00:21:16	61
81	204	ŚLEDZIEWSKI	CEZARY	WÓJTOWO		1971	M40	61 00:21:22 00:21:19					61
82	1265	STRAUSS	DAREK	OLSZTYN	AKM OLSZTYN	1970	M40	69 00:21:46 00:21:37					69
83	1231	BIERNACKI	DARIUSZ	OLSZTYN		1973	M40	71 00:21:53 00:21:51					71
84	1478	TALAGA	PAWEŁ	DĄBIE	MKS RUN TEAM DĄBIE	1982	M30				72 00:21:24 00:21:18		72
85	1529	TARASEWICZ	SZYMON	OLSZTYN	AKM OLSZTYN	1983	M30					77 00:22:16 00:22:11	77
86	268	WOLFF	MARCIN	OLSZTYN	M-RUNNERS	1969	M50	78 00:22:26 00:22:10					78
87	1457	PIÓRKOWSKI	WOJCIECH	WIELBARK	BIEGAM BO LUBIĘ	1976	M40			81 00:22:13 00:22:07			81
88	1120	SZAMROWSKI	PIOTR	OLSZTYN		1976	M40	85 00:22:38 00:22:32					85
89	1432	KURCZYCKI	MICHAŁ	OLSZTYN	SZWAGIER!! POCZEKAJ... / WANIEWSKI COACHING	1979	M40			88 00:22:25 00:22:22			88
90	1504	DRYGAS	PAWEŁ	OLSZTYN	SAM DLA SIEBIE	1978	M40				91 00:21:57 00:21:47		91
91	1392	RĄPAŁA	KAROL	SZĄBRUK		1998	M20			96 00:22:43 00:22:38			96
92	1501	SMOLANKO	BARTOSZ	OLSZTYN	CTS TEAM OLSZTYN	1981	M30				97 00:22:25 00:22:19		97
93	1428	MERSKI	KAROL	KĘTRZYN	DRUŻYNA ML	1980	M30				98 00:22:32 00:22:21		98
94	1526	PTAK	MICHAŁ	BISKUPIEC	BISKUPIEC BIEGA / SPARTA BISKUPIEC	1979	M40					98 00:23:20 00:23:15	98
95	1509	KUCZ	MATEUSZ	OLSZTYN	PSZCZÓLKOWSKI TEAM	1984	M30				100 00:23:28 00:22:22		100
96	1412	RZEPECKI	RADEK	GDĄSK		1979	M40			101 00:22:54 00:22:46			101
97	1490	SKWARCZ	PAWEŁ	WARSZAWA		1984	M30				108 00:23:44 00:22:35		108
98	1472	SIKORSKI	PATRYK	BISZTYNEK		1994	M20				111 00:24:45 00:22:36		111
99	1084	KARCZMARCZYK	JAKUB	OSTROLEKA	REEBOK RUN CREW OSTROLEKA	1982	M30		111 00:22:45 00:22:39				111
100	83	MŁOT	DANIEL	OLSZTYN		1976	M40	115 00:23:43 00:23:37					115

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101	1497	KLEINA	MAREK	ŚLUPY	AKM OLSZTYN/SKLEPBIEGACZA.PL	1974	M40				116 00:22:47 00:22:39		116
102	1431	SŁOWIK	JAROSŁAW	OLSZTYN	SAŃ WOLNIEJSI	1994	M20			116 00:23:22 00:23:12			116
103	1420	CIOLKOWSKI	TOMASZ	WARSZAWA	-	1991	M20			120 00:24:26 00:23:21			120
104	1165	GNOZA	KAROL	OLSZTYN	CTS TEAM OLSZTYN	1990	M20	120 00:24:00 00:23:48					120
105	1470	PASTERNAK	RADOSŁAW	KIWITY	KLUB BIEGACZA LIDZBARK WARMINSKI	1983	M30				124 00:23:55 00:22:50		124
106	1404	LIPIŃSKI	SEWERYN	OLSZTYN	SZTUKAWKRATKE.PL / UWM OLSZTYN	1981	M30			126 00:23:41 00:23:32			126
107	1409	MICHAŁAK	KRZYSZTOF	OSTRÓDA	OSTRÓDA RUNNERS/ROZTRENOWANI	1981	M30			130 00:24:43 00:23:41			130
108	1510	BORSUK	PAWEŁ	SZABRUCH	EKOSFERA SKLEP OGRODNICZY	1978	M40				133 00:24:38 00:23:21		133
109	1339	MILCZAREK	RYSZARD	OLSZTYN	PSZCZÓLKOWSKI TEAM	1973	M40		133 00:23:34 00:23:22				133
110	1358	STERNICKI	TOMEK	MRAĞOWO		1971	M40			136 00:25:03 00:23:59			136
111	1223	ŚWIDER	AREK	OLSZTYN		1981	M30	137 00:24:47 00:24:43					137
112	1455	CIECKO	MICHAŁ	OLSZTYN		1982	M30			138 00:25:13 00:24:07			138
113	1219	GÓRALCZYK	TOMASZ	BARCZEWO	BSB BARCZEWO BIEGA	1971	M40	140 00:25:08 00:24:48					140
114	1520	KOZDRA	CEZARY	WYDMINY	WIOSKA BIEGACZY	1983	M30					142 00:26:01 00:24:58	142
115	1481	CHOJNOWSKI	RAFAL	ELK	LECIMY TUTEJ	1992	M20				144 00:24:57 00:23:38		144
116	1305	KANTOR	OREST	RÓŻNOWO	CZARNA ŁAPA	1968	M50	144 00:23:54 00:23:43					144
117	1476	GUTOWSKI	KRYSTIAN	OSTROLEKA	DĄBROWSKI TEAM	1990	M20				150 00:24:07 00:24:02		150
118	1456	DOLEŻEK	KRYSTIAN	SZCZECIN		1979	M40			150 00:24:48 00:24:41			150
119	1408	BORAWSKI-REKS	SZYMON	POZNAŃ		1979	M40			151 00:25:50 00:24:44			151
120	1507	RYBKA	SEBASTIAN	DYWITY		2000	M16				154 00:25:28 00:24:17		154
121	1369	MATUSIAK	KRZYSZTOF	OSTRÓDA	NO FEAR	1977	M40		159 00:24:31 00:24:25				159
122	1426	FOKS	MICHAŁ	GDĄSK		1981	M30			162 00:26:17 00:25:12			162
123	1263	HANES	DARIUSZ	OLSZTYN	DRUŻYNA WILKA	1971	M40	164 00:26:01 00:25:41					164
124	1499	MAŁECKI	RADOSŁAW	KĘTRZYN		1974	M40				166 00:25:52 00:24:37		166
125	1049	BIGAŚ	MATEUSZ	OLSZTYN		1993	M20	171 00:26:08 00:25:57					171
126	1106	HLIWA	ŁUKASZ	OLSZTYN	DRUŻYNA WILKA	1983	M30	173 00:26:15 00:26:00					173
127	1395	KOLAJ	KRZYSZTOF	WARSZAWA	MORDECZKI	1986	M30			174 00:28:01 00:25:50			174
128	1079	MIKULAK	RAFAL	BARCZEWO	BSB BARCZEWO BIEGA	1990	M20	174 00:26:21 00:26:00					174
129	1329	SZCZEPANIAK	PIOTR	OLSZTYN	SAŃ WOLNIEJSI	1968	M50		177 00:25:22 00:25:06				177
130	1298	SUŁEK	JAKUB	WÓJTOWO	GRUPA DBK OLSZTYN	2001	M16	178 00:26:08 00:26:08					178
131	1342	JABŁOŃSKI	JAKUB	GRUDZIĄDZ	WTORKOWY TRENING	1999	M20		180 00:25:28 00:25:09				180
132	1536	MAJER	TOMASZ	OLSZTYN		1985	M30				180 00:28:47 00:26:41		180
133	1484	NIEBIESZCZAŃSKI	RAFAL	OLSZTYN		1993	M20				182 00:28:57 00:26:45		182
134	1429	MASIEJCZYK	KRZYSZTOF	OLSZTYN		1992	M20				184 00:26:44 00:25:33		184

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135	1402	ROBIN	SYLVAIN	FEGERSEIM		1976	M40			185 00:28:32 00:26:21			185
136	234	OPALIŃSKI	SLAWOMIR	OLSZTYN	GRUPA DBK OLSZTYN	1968	M50	186 00:26:21 00:26:21					186
137	207	CHODUP	MATEUSZ	OLSZTYN	GRUPA DBK OLSZTYN	1994	M20	189 00:26:34 00:26:34					189
138	225	SZWARC	KRZYSZTOF	OSTRÓDA	FORBET RUNNERS	1994	M20		190 00:25:31 00:25:23				190
139	1519	ZYSKOWSKI	ANDRZEJ	OLSZTYN		1977	M40					190 00:28:36 00:27:24	190
140	1475	KACZMARYK	DARIUSZ	OLSZTYN		1967	M30				191 00:26:58 00:25:45		191
141	1446	KOKSA	TOMASZ	OLSZTYN		1985	M30			191 00:29:04 00:26:55			191
142	1437	SZLACHETKA	MAREK	LIDZBARK WARMIŃSKI		1970	M40			192 00:28:02 00:26:56			192
143	1528	GABRUSIANIEC	MATEUSZ	OLSZTYN		1985	M30					196 00:29:18 00:28:06	196
144	1447	OSIOR	KRZYSZTOF	MAZUCHÓWKA	WWW.WIOSKABIEGACZY.PL	1994	M20			198 00:30:26 00:27:20			198
145	1449	BEDNARCZYK	MATEUSZ	NAGLADY	GRUPA DBK OLSZTYN	1996	M20			208 00:28:17 00:28:09			208
146	280	ZALEWSKI	DOMINIK	DOROTOWO	CTS NANOVO	1982	M30			209 00:26:09 00:26:00			209
147	1442	MARSZALKOWSKI	TOMASZ	BARCZEWO	SKAJBIEGACZE	1980	M30			212 00:30:23 00:28:15			212
148	1290	GWARDYJAK	WOJCIECH	OLSZTYN		1995	M20	217 00:28:50 00:28:39					217
149	1479	GROSZ	WOJCIECH	OLSZTYN		1980	M30				218 00:28:15 00:27:11		218
150	1427	SZCZEPAŃSKI	WOJCIECH	KOZŁOWO		1965	M50				219 00:28:26 00:27:11		219
151	1423	WELM	GRZEGORZ	CZĘSTOCHOWA	ZABIEGANI CZĘSTOCHOWA	1970	M40			220 00:30:44 00:28:37			220
152	1374	LASZKOWSKI	KAMIL	PISZ		1993	M20	225 00:26:40 00:26:28					225
153	1411	WITKOŚ	SLAWOMIR	OLSZTYN	PSZCZÓŁKOWSKI TEAM	1973	M40			225 00:32:03 00:28:58			225
154	1496	DRAŻBA	MICHAŁ	NIKIELKOWO		1984	M30				226 00:28:27 00:27:23		226
155	1421	CIOLKOWSKI	MAREK	OLSZTYN	BIEGAMBOMUSZĘ	1963	M50			229 00:31:15 00:29:03			229
156	1534	WUTTI-HTRAKARN	PRAPATPHONG			1981	M30				230 00:34:33 00:32:14		230
157	1346	SZEWCZYK	BARTOSZ	OLSZTYN	739338592	1981	M30				234 00:34:44 00:32:33		234
158	1535	POCZYKOWSKI	ADRIAN	OLSZTYN	GRUPA DBK OLSZTYN	1985	M30				236 00:35:11 00:32:54		236
159	1291	HOLUBOWICZ	BARTOSZ	DZIAŁDOWO		1997	M20	237 00:30:13 00:30:02					237
160	1377	WŁODKOWICZ	PAWEŁ	GUTKOWO	WWW.ALKAZ.PL	1981	M30			238 00:28:07 00:27:15			238
161	1450	WÓJCIK	MARIUSZ	OLSZTYN		1979	M40			249 00:34:14 00:31:08			249
162	1508	PAWŁOWSKI	MARCIN	OLSZTYN	SZPERACZE ZHR OLSZTYN	2003	M16				250 00:31:17 00:28:38		250
163	252	BARANOWSKI	TOMASZ	OLSZTYN	FUNDACJA PRZYSZŁOŚĆ DLA DZIECI	1985	M30	250 00:32:03 00:31:30					250
164	182	ŁANIEWSKI	ŁUKASZ	KIEŻLINY	KLUB BIEGACZA JURUND SZCZYTNO	1987	M30			252 00:29:48 00:28:04			252
165	1506	SOĆKO	BOGDAN	OLSZTYN		1969	M50				252 00:31:01 00:28:44		252
166	1363	KUBAŃSKI	MATEUSZ	TORUŃ		1978	M40			254 00:29:54 00:28:12			254
167	1362	PACZYŃSKI	MARCIN	OLSZTYN		1995	M20			256 00:30:13 00:28:26			256
168	1459	OŚKO	PAWEŁ	OLSZTYN		1995	M20			256 00:35:28 00:31:22			256



Grand Prix CITY TRAIL z Nationale-Nederlanden 2019/2020  
Klasyfikacja generalna mężczyźni - Olsztyn



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
169	1112	WIECZOREK	IGOR	LUBOMINO		1994	M20	<b>256</b> 00:33:14 00:32:42					256
170	1500	GRYCKO	JAN	OLSZTYN		1965	M50				<b>258</b> 00:31:24 00:29:14		258
171	1492	POPIELARSKI	ANDRZEJ	ŁUKTA		1958	M60				<b>262</b> 00:31:58 00:29:28		262
172	1436	CZERNIEWICZ	JANUSZ	OLSZTYN	J.C. CZARNY	1958	M60			<b>263</b> 00:35:10 00:33:04			263
173	286	MILLER	MACIEJ	OLSZTYN	SKLEP BIEGACZA RUNNING TEAM	1994	M20		<b>264</b> 00:29:53 00:28:51				264
174	133	BZURA	MACIEJ	PIECKI		1962	M30	<b>266</b> 00:35:53 00:35:13					266
175	1486	DYŚKO	ŁUKASZ	OLSZTYN		1988	M30				<b>268</b> 00:31:36 00:30:13		268
176	1315	STOLARSKI	ANDRZEJ	OLSZTYN	MPEC OLSZTYN	1959	M60		<b>277</b> 00:31:20 00:29:37				277
177	1491	ANTOCHOWSKI	JAN	OSTRÓDA		1953	M60				<b>278</b> 00:33:36 00:31:15		278
178	1494	KOWALSKI	MACIEJ	JEDZBARK		1988	M30				<b>290</b> 00:37:07 00:34:51		290
179	1505	POLEACEK	EUGEN	OLSZTYN	ELEKTROGRUP.PL	1985	M30				<b>291</b> 00:36:10 00:34:57		291
180	1302	KARŁOWICZ	ARTUR	WARSZAWA	PARTIA WOLNYCH BIEGACZY	1976	M40	<b>293</b> 00:32:31 00:31:35					293
181	89	RAPIŃCZUK	TOMASZ	BARCZEWO	GRUPA DBK OLSZTYN	1970	M40	<b>296</b> 00:33:26 00:31:52					296
182	1495	WOJCIECHOWSKI	DOMINIK	OLSZTYN	SZPERACZE ZHR OLSZTYN	2003	M16				<b>296</b> 00:41:57 00:39:20		296
183	1380	PUWALSKI	MARCIN	OLSZTYN	GRUPA DBK OLSZTYN	1992	M20	<b>298</b> 00:33:33 00:31:59					298
184	28	BRONOWICKI	JAKUB	OLSZTYN	LECIMY TUTEJ	1980	M30	<b>304</b> 00:34:28 00:32:48					304
185	1327	OKOŃSKI	KRZYSZTOF	POZNAŃ		1992	M20	<b>305</b> 00:33:51 00:32:53					305
186	1314	JURGIELEWICZ	KAMIL	OLSZTYN		1984	M30	<b>306</b> 00:34:59 00:33:19					306
187	1324	BYCZYŃSKI	MICHAŁ	BYDGOSZCZ		1990	M20	<b>310</b> 00:35:57 00:34:54					310
188	1312	OPORSKI	RAFAŁ	OLSZTYN		1987	M30	<b>313</b> 00:40:06 00:39:54					313