

## Zawodnicy sklasyfikowani - kobiety

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	1126	BAK	ZUZANNA	OTWOCK	100 TWARZY GRZYBIARZY / OKS START OTWOCK	2002	K20	2 00:17:41 00:17:39	4 00:18:46 00:18:42		1 00:18:27 00:18:24		7
2	331	KAROLCZUK	ALEKSANDRA	RAWA MAZOWIECKA	KP LO RAWA MAZOWIECKA	2004	K16	3 00:17:56 00:17:52	3 00:18:44 00:18:41	5 00:18:13 00:18:10	2 00:19:05 00:19:02	2 00:18:27 00:18:23	7
3	506	KAZMIERCZAK	MARTA	WARSZAWA	DREAM RUN	1981	K40	7 00:18:35 00:18:35	2 00:18:27 00:18:25	4 00:18:12 00:18:09		1 00:18:13 00:18:09	7
4	573	KAROLCZUK	MARTYNA	RAWA MAZOWIECKA	KP LO RAWA MAZOWIECKA	2005	K16	9 00:19:00 00:18:58	5 00:19:07 00:19:04	6 00:19:06 00:19:03			20
5	1276	JACEK	KAROLINA	WARSZAWA	ADIDAS RUNNERS WARSAW	1997	K20		13 00:20:46 00:20:39	9 00:20:01 00:19:48	6 00:20:19 00:20:11	6 00:20:18 00:20:12	21
6	77	KOSTRZEWSKA	JUSTYNA	ŁOMIANKI DOLNE	ADIDAS RUNNER WARSAW	1982	K40	10 00:19:03 00:19:01	9 00:19:57 00:19:51	8 00:19:17 00:19:12	5 00:19:54 00:19:48		22
7	528	SIWIRSKA	ANNA	WARSZAWA	ADIDAS RUNNERS WARSAW	1989	K30	16 00:20:11 00:20:09	7 00:19:26 00:19:19	12 00:20:18 00:20:05	4 00:19:31 00:19:25		23
8	1009	CZECH	AGATA	BASZKÓWKA	MARCIN SWIERC RUNNING TEAM	1992	K30		12 00:20:41 00:20:33	11 00:19:53 00:19:50		4 00:19:21 00:19:16	27
9	1249	WLAZALEK	NATALIA	PILAWA	ADIDAS RUNNERS WARSAW	1997	K20		11 00:20:29 00:20:23	10 00:20:01 00:19:49		7 00:20:28 00:20:18	28
10	404	ŚLUSARCZYK	KATARZYNA	WARSZAWA	OKISPORT	1989	K30	14 00:19:30 00:19:25	8 00:19:34 00:19:30	7 00:19:13 00:19:09			29
11	49	BARTKIEWICZ	NATALIA	WARSZAWA	ADIDAS RUNNERS WARSAW	1996	K20	20 00:20:26 00:20:16			8 00:21:02 00:20:56	5 00:20:00 00:19:51	33
12	169	SZYMAŃSKA	AGNIESZKA	ŁOMIANKI	BIEGOWY WARIAT RUNNING TEAM	1977	K40	21 00:20:39 00:20:35		20 00:21:18 00:21:04	7 00:20:58 00:20:51	8 00:20:38 00:20:24	35
13	563	MAJCHER	ELŻBIETA	RAWA MAZOWIECKA		1984	K30	18 00:20:14 00:20:11	18 00:21:29 00:21:22	17 00:21:03 00:20:58	9 00:21:16 00:21:06	12 00:21:13 00:21:03	38
14	595	MAJER	BOGUSŁAWA	WARSZAWA	VEGE RUNNERS	1983	K30	27 00:21:33 00:21:23	15 00:21:17 00:21:07	23 00:21:37 00:21:23	10 00:21:41 00:21:26	13 00:21:26 00:21:14	38
15	80	STAŃCZYK	MARTYNA	TOMASZÓW MAZOWIECKI		1992	K30	19 00:20:22 00:20:12	20 00:21:40 00:21:29	14 00:20:38 00:20:28		14 00:21:26 00:21:17	47
16	102	HETMAŃSKA-WRZESZCZ	JOLANTA	SOWIA WOLA		1977	K40	33 00:23:17 00:22:15	21 00:21:46 00:21:35	25 00:21:47 00:21:34	11 00:21:50 00:21:42	15 00:21:33 00:21:20	47
17	29	CEWIŃSKA	IDA	WARSZAWA, MAZOWIECKIE	TRIMASTERS	1994	K20	23 00:20:56 00:20:48		19 00:21:12 00:21:01		9 00:20:43 00:20:36	51
18	364	NIEWIADOMSKA	KATARZYNA	WARSZAWA	DUCLA ACADEMY	1976	K40		22 00:21:51 00:21:40	21 00:21:14 00:21:04		10 00:21:02 00:20:47	53
19	347	BUJNOWSKA	MAŁGORZATA	WARSZAWA		1985	K30	24 00:20:49 00:20:49	17 00:21:19 00:21:14	18 00:21:03 00:20:58			59
20	141	MAJEWSKA	EWA	WARSZAWA		1977	K40	26 00:21:24 00:21:19	26 00:22:08 00:22:01	24 00:21:47 00:21:33	12 00:22:19 00:22:11		62
21	569	PASZKOWSKA	MARCELINA	WARSZAWA		1986	K30	31 00:22:03 00:21:45	19 00:21:37 00:21:25	16 00:20:58 00:20:46			66
22	631	STRZELCZYK	MARTA	CZĘSTOCHOWA	KUŹNIA TRIATHLONU	1991	K30		43 00:23:39 00:23:30	36 00:23:40 00:22:52	13 00:22:38 00:22:38	18 00:23:25 00:22:03	67
23	337	RADKOWSKA	MAŁGORZATA	WARSZAWA	TEAM PARSZCZYŃSKICH/ ADIDAS RUNNERS WARSAW	1988	K30	17 00:20:18 00:20:10	38 00:23:28 00:23:11	15 00:20:51 00:20:39			70
24	399	PARFIANOWICZ	ZUZANNA	WIELISZEW	UNTS WARSZAWA	1993	K20	101 00:28:21 00:27:15	33 00:24:02 00:22:59	26 00:22:37 00:21:50		11 00:20:58 00:20:49	70
25	553	GŁODOWSKA	MARTA	WARSZAWA	ŻÓRAWSKI TEAM	1991	K30	30 00:21:42 00:21:38	34 00:23:09 00:23:00	33 00:22:46 00:22:30	18 00:24:33 00:23:41	25 00:22:51 00:22:38	73
26	462	SZYSZKO	EWA	MARKI	MARKOWI BIEGACZE	1980	K40		37 00:23:30 00:23:09	30 00:22:36 00:22:15	19 00:24:08 00:23:58	24 00:22:52 00:22:37	73
27	378	GORDON	KAMILA	WARSZAWA	NEON TEAM	1997	K20	40 00:24:06 00:23:05	58 00:25:02 00:24:37	38 00:23:16 00:22:59	14 00:23:03 00:22:48	22 00:22:41 00:22:26	74
28	36	KURZ	IZABELA	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1984	K30	28 00:21:40 00:21:33	31 00:22:27 00:22:17			16 00:21:44 00:21:30	75
29	238	MAJEWSKA	EDYTA	WOŁOMIN	WIDLOROGI	1983	K30	36 00:23:00 00:22:45		43 00:24:14 00:23:27	16 00:23:25 00:23:25	27 00:24:05 00:22:46	79
30	48	SZEWczyk	MARTA	WARSZAWA	GRAZYNIKI OCR	1993	K20	25 00:20:53 00:20:50		22 00:21:38 00:21:22	33 00:25:31 00:25:15		80
31	504	HELON	IDA	WARSZAWA		1992	K30	34 00:22:33 00:22:23	30 00:22:18 00:22:11			17 00:22:04 00:21:52	81
32	289	KWIATKOWSKA	AGNIESZKA	WARSZAWA	12TRI.PL	1987	K30	32 00:22:07 00:22:05	29 00:23:13 00:22:10	29 00:22:58 00:22:07			90

# Grand Prix CITY TRAIL z Nationale-Nederlanden 2022/2023

## Klasyfikacja generalna kobiety - Warszawa



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	277	KALUKIEWICZ	AMELIA	SŁUPNO	MYKK	1975	K40	<b>38</b> 00:23:14 00:22:59	<b>40</b> 00:23:38 00:23:26		<b>21</b> 00:24:17 00:24:04	<b>35</b> 00:24:08 00:23:51	<b>94</b>
34	1165	WÓJCIK	MONIKA	WARSZAWA	ROZPĘDZONE	1977	K40		<b>36</b> 00:24:24 00:23:04	<b>31</b> 00:22:41 00:22:21		<b>28</b> 00:24:16 00:22:47	<b>95</b>
35	565	RZYMOWSKA	KRYSTYNA	WARSZAWA		1969	K50		<b>39</b> 00:23:40 00:23:21	<b>34</b> 00:22:54 00:22:31		<b>23</b> 00:22:45 00:22:31	<b>96</b>
36	306	ZWARDOŃ	EWA	WARSZAWA	BUXIDA TEAM	1980	K40	<b>35</b> 00:22:40 00:22:29	<b>32</b> 00:22:53 00:22:29	<b>35</b> 00:23:44 00:22:52			<b>102</b>
37	294	NOWACZEK	KALINA	WARSZAWA		2006	K16	<b>53</b> 00:25:20 00:24:14	<b>44</b> 00:23:56 00:23:31	<b>42</b> 00:23:37 00:23:20		<b>26</b> 00:23:00 00:22:44	<b>112</b>
38	1059	GALEWICZ	EWA	WARSZAWA	IRONMED	1992	K30		<b>66</b> 00:28:21 00:25:15	<b>46</b> 00:24:31 00:23:38	<b>17</b> 00:24:19 00:23:32	<b>50</b> 00:28:35 00:24:37	<b>113</b>
39	376	SOWA	ANNA	WARSZAWA	OFF-ROAD RUNNERS BENEFIT SYSTEMS	1986	K30	<b>75</b> 00:26:42 00:25:41	<b>67</b> 00:26:26 00:25:16	<b>51</b> 00:24:53 00:23:58	<b>30</b> 00:25:56 00:25:03	<b>32</b> 00:25:11 00:23:39	<b>113</b>
40	482	LEŚNIEWICZ-PARASZKA	DANUTA	WARSZAWA	MINIONS SPEED TEAM	1985	K30	<b>49</b> 00:26:10 00:24:01	<b>65</b> 00:28:13 00:25:08	<b>64</b> 00:26:51 00:24:56	<b>28</b> 00:25:56 00:24:54	<b>37</b> 00:25:21 00:23:56	<b>114</b>
41	609	GÓRECKA	KATARZYNA	WARSZAWA	PKO BANK POLSKI SA	1976	K40	<b>46</b> 00:24:52 00:23:47	<b>46</b> 00:23:47 00:23:35			<b>30</b> 00:24:46 00:23:26	<b>122</b>
42	417	FELIKSIK	ALEKSANDRA	WARSZAWA	ACCENTURE	1999	K20	<b>105</b> 00:37:01 00:27:31		<b>59</b> 00:26:12 00:24:37	<b>23</b> 00:26:08 00:24:27	<b>42</b> 00:25:52 00:24:17	<b>124</b>
43	557	RUDNIK	MARZENA	LEGIONOWO	BESTIE OCR LEGIONOWO	1980	K40	<b>43</b> 00:23:44 00:23:35	<b>52</b> 00:24:39 00:24:18			<b>33</b> 00:25:08 00:23:42	<b>128</b>
44	515	KRAKOWSKA	MAŁGORZATA	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1978	K40	<b>61</b> 00:26:28 00:25:05	<b>80</b> 00:28:32 00:26:27	<b>65</b> 00:26:40 00:25:00	<b>27</b> 00:25:36 00:24:46	<b>41</b> 00:25:35 00:24:08	<b>129</b>
45	268	KOŚCIESZA	EMILIA	TARGOWKA	KS BARAKUDA MIŃSK MAZOWIECKI	1983	K30	<b>64</b> 00:26:11 00:25:09	<b>51</b> 00:25:16 00:24:06	<b>48</b> 00:24:30 00:23:41	<b>31</b> 00:26:43 00:25:05		<b>130</b>
46	156	OGORZALEK	ILONA	WARSZAWA		1996	K20			<b>62</b> 00:24:56 00:24:47	<b>25</b> 00:26:21 00:24:41	<b>45</b> 00:27:01 00:24:22	<b>132</b>
47	542	KASEJA	LUCJA	WARSZAWA	NIEZŁA KORBA	1986	K30	<b>51</b> 00:25:16 00:24:07	<b>42</b> 00:24:40 00:23:27	<b>40</b> 00:24:37 00:23:06		<b>55</b> 00:27:49 00:25:08	<b>133</b>
48	239	KREZYMAN	BEATA	SŁUPNO	#BEZWYMÓWEK	1991	K30	<b>57</b> 00:26:39 00:24:37	<b>66</b> 00:27:49 00:26:45	<b>66</b> 00:25:20 00:25:03	<b>36</b> 00:26:04 00:25:48	<b>40</b> 00:25:27 00:24:06	<b>133</b>
49	351	GÓRZYŃSKA	PATRYCJA	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1978	K40	<b>41</b> 00:23:32 00:23:15	<b>47</b> 00:24:20 00:23:57	<b>60</b> 00:25:30 00:24:41			<b>148</b>
50	309	KOSIŃSKA-WALOCH	AGNIESZKA	DĄBRÓWKA	HARD BOX	1986	K30	<b>55</b> 00:25:20 00:24:18	<b>62</b> 00:26:21 00:25:04			<b>31</b> 00:25:09 00:23:37	<b>148</b>
51	274	NIEWIAROWSKA	ANNA	BORZĘCIN MAŁY	OJ_DANA	1979	K40	<b>82</b> 00:27:07 00:25:59	<b>84</b> 00:28:32 00:26:33	<b>70</b> 00:27:00 00:25:26	<b>29</b> 00:25:57 00:24:59	<b>52</b> 00:26:16 00:24:48	<b>151</b>
52	537	GRZECHNIK	RENATA	MIŃSK MAZOWIECKI	MKB DREPTAK	1974	K40	<b>48</b> 00:25:00 00:23:59	<b>50</b> 00:25:10 00:24:00	<b>54</b> 00:24:48 00:23:59			<b>152</b>
53	1002	KUCIŃSKA	MAGDALENA	WARSZAWA-WESOŁA		1984	K30		<b>53</b> 00:25:36 00:24:28	<b>57</b> 00:25:30 00:24:34	<b>43</b> 00:27:29 00:26:33		<b>153</b>
54	204	KASHIVSKA	OKSANA	WARSZAWA		1969	K50	<b>59</b> 00:25:45 00:24:43	<b>58</b> 00:25:49 00:24:44	<b>50</b> 00:24:35 00:23:44		<b>46</b> 00:24:42 00:24:23	<b>154</b>
55	162	ŻEBROWSKA	ANNA	WARSZAWA	RUNNING ONIONS	1987	K30	<b>76</b> 00:27:54 00:25:43		<b>53</b> 00:24:49 00:23:59	<b>26</b> 00:25:34 00:24:45		<b>155</b>
56	534	FURMANIAK-PAŃCZAK	JOANNA	WARSZAWA	ROZPĘDZONE	1989	K30	<b>56</b> 00:27:42 00:24:33	<b>60</b> 00:26:10 00:24:50	<b>55</b> 00:24:57 00:24:03		<b>44</b> 00:25:51 00:24:21	<b>155</b>
57	590	PAŁKA	ANETA	WARSZAWA		1989	K30	<b>74</b> 00:28:43 00:25:39		<b>69</b> 00:29:10 00:25:19	<b>35</b> 00:28:19 00:25:43	<b>58</b> 00:29:27 00:25:24	<b>162</b>
58	94	GÓRA	NATALIA	WARSZAWA	PZU SPORT TEAM	1995	K20	<b>78</b> 00:27:48 00:25:47		<b>56</b> 00:25:55 00:24:17	<b>32</b> 00:26:04 00:25:09		<b>166</b>
59	245	PIOTROWSKA	EDYTA	WARSZAWA	BRACHTWO BIEGOWE BGK	1977	K40	<b>71</b> 00:26:42 00:25:35			<b>39</b> 00:26:59 00:26:08	<b>56</b> 00:26:41 00:25:14	<b>166</b>
60	1215	BESPALAYA	KATERINA	ŁOMIANKI DOLNE		1988	K30		<b>78</b> 00:28:19 00:26:18	<b>61</b> 00:25:34 00:24:41	<b>99</b> 00:37:31 00:37:31	<b>29</b> 00:24:38 00:23:11	<b>168</b>
61	1292	SMYK	SYLWIA	PIASTÓW		1988	K30		<b>83</b> 00:29:53 00:26:32		<b>34</b> 00:27:02 00:25:24	<b>51</b> 00:26:04 00:24:41	<b>168</b>
62	591	JAGNIESZCZAK	ZUZANNA	WARSZAWA	TEAM PARSZCZYŃSKICH	1985	K30	<b>79</b> 00:26:57 00:25:51	<b>69</b> 00:25:36 00:25:18	<b>63</b> 00:25:11 00:24:50		<b>38</b> 00:24:16 00:23:59	<b>170</b>
63	392	MICHALAK	OLGA	LESZNO	MARCIN ŚWIERC TEAM	2005	K16	<b>47</b> 00:24:01 00:23:52		<b>58</b> 00:25:23 00:24:35		<b>68</b> 00:28:46 00:26:11	<b>173</b>
64	223	PAŁYSA	JOANNA	DAWIDY BANKOWE	TRI NEGU	1978	K40	<b>85</b> 00:27:18 00:26:11		<b>72</b> 00:26:23 00:25:34	<b>47</b> 00:27:55 00:27:02	<b>59</b> 00:26:56 00:25:28	<b>178</b>
65	514	CHOMA	GRAŻYNA	REPKI	PĘDZĄCE LENIWCE	1978	K40	<b>62</b> 00:27:11 00:25:07		<b>78</b> 00:27:25 00:25:48		<b>43</b> 00:25:46 00:24:19	<b>183</b>
66	502	TULA	RENATA	WARSZAWA	MYKMYK	1952	K60	<b>60</b> 00:27:03 00:25:04	<b>75</b> 00:27:01 00:25:52	<b>67</b> 00:26:39 00:25:05		<b>57</b> 00:26:50 00:25:22	<b>184</b>

# Grand Prix CITY TRAIL z Nationale-Nederlanden 2022/2023

## Klasyfikacja generalna kobiety - Warszawa



MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
67	463	NOWAKOWSKA	BEATA	HIPOLITÓW	RACEFIGHTER GOSIR DĘBE WIELKIE	1977	K40	<b>83</b> 00:27:10 00:25:07		<b>79</b> 00:26:49 00:25:50	<b>46</b> 00:28:36 00:28:59	<b>81</b> 00:29:32 00:26:56	188
68	598	IDRYAN	MAŁGORZATA	WARSZAWA	T-MOBILE SPORT TEAM	1978	K40	<b>88</b> 00:28:30 00:26:30	<b>93</b> 00:29:18 00:27:16	<b>94</b> 00:29:02 00:27:21	<b>42</b> 00:28:11 00:26:33	<b>66</b> 00:28:39 00:26:00	197
69	568	LEWANDOWSKA	JOANNA	WARSZAWA		1972	K50		<b>92</b> 00:30:25 00:27:13	<b>97</b> 00:29:11 00:27:28	<b>44</b> 00:28:21 00:26:38	<b>82</b> 00:28:29 00:25:44	198
70	452	GAWEŁ	DOROTA	ŁOMIANKI		1980	K40	<b>69</b> 00:27:28 00:25:27	<b>91</b> 00:29:02 00:27:02	<b>81</b> 00:27:27 00:25:52	<b>51</b> 00:29:01 00:27:24	<b>85</b> 00:29:44 00:27:06	201
71	538	KOWALSKA	JOANNA	WARSZAWA	ROZPĘDZONE	1985	K30	<b>87</b> 00:29:34 00:26:25	<b>70</b> 00:27:20 00:25:21			<b>49</b> 00:26:07 00:24:37	206
72	461	ZUBELEWICZ	ANNA	WARSZAWA	ROZPĘDZONE	1987	K30	<b>72</b> 00:28:47 00:25:38	<b>64</b> 00:27:05 00:25:07	<b>71</b> 00:26:21 00:25:27		<b>148</b> 00:35:09 00:31:06	207
73	543	GRUZA	MARTA	KAZUŃ BIELANY	BIEGANIEPO40.PL	1979	K40		<b>87</b> 00:27:53 00:26:48	<b>85</b> 00:28:10 00:26:24	<b>37</b> 00:27:07 00:26:03		209
74	192	WIĘCŁAWSKA	KASIA	WOLA MROKOWSKA	UL RUNNING TEAM	1978	K40	<b>106</b> 00:28:40 00:27:32	<b>105</b> 00:31:13 00:28:02	<b>95</b> 00:28:13 00:27:23	<b>41</b> 00:27:24 00:26:26	<b>73</b> 00:29:03 00:26:24	209
75	64	KOPYCKA	AGNIESZKA	CHYLICE		1976	K40		<b>72</b> 00:26:52 00:25:48	<b>83</b> 00:27:47 00:26:12		<b>81</b> 00:28:13 00:25:37	216
76	316	NAPŁOSZEK	AGATA	WARSZAWA	TRENUJ POD LUPĄ	1977	K40		<b>88</b> 00:28:51 00:26:49	<b>75</b> 00:26:33 00:25:38		<b>54</b> 00:26:24 00:25:01	217
77	208	GIEFERT	SYLWIA	WARSZAWA	TEAM PARSZCZYŃSKICH	1994	K20		<b>76</b> 00:26:36 00:26:06	<b>77</b> 00:27:26 00:25:45		<b>65</b> 00:28:40 00:25:59	218
78	273	SPRAWKA	JOANNA	WARSZAWA	PCH_RUN	1991	K30	<b>65</b> 00:31:22 00:25:14		<b>84</b> 00:32:59 00:26:14		<b>70</b> 00:30:33 00:26:17	219
79	332	OLECHNO	ANIELA	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1983	K30	<b>99</b> 00:29:08 00:27:01	<b>94</b> 00:29:20 00:27:19	<b>88</b> 00:28:41 00:27:01	<b>53</b> 00:29:27 00:27:48	<b>80</b> 00:28:24 00:26:51	221
80	333	GZUŁA	BEATA	WARSZAWA	TEAM PARSZCZYŃSKICH	1973	K40	<b>81</b> 00:28:01 00:25:58	<b>98</b> 00:30:47 00:27:24			<b>48</b> 00:24:47 00:24:31	227
81	362	MARKOWSKA	OKTAWIA	MALBORK	BIEGAJ Z DYMKIEM / KS STASZEWSKY	1979	K40	<b>108</b> 00:28:39 00:27:36	<b>111</b> 00:30:28 00:28:17	<b>129</b> 00:30:39 00:29:02	<b>59</b> 00:29:11 00:28:08	<b>63</b> 00:28:45 00:25:57	230
82	130	ISASI-KURAN,	AGATA	MARKI	MARKOWI BIEGACZE	1977	K40	<b>96</b> 00:28:49 00:26:50		<b>92</b> 00:29:59 00:27:17	<b>45</b> 00:28:36 00:26:55		233
83	301	BRODAWKA	OLGA	WARSZAWA	SZAKARON MAKARON	1988	K30		<b>97</b> 00:30:41 00:27:24	<b>93</b> 00:29:06 00:27:19	<b>48</b> 00:28:56 00:27:18	<b>133</b> 00:34:00 00:30:06	238
84	505	HAWRYLUK-STASIAK	EWA	WARSZAWA	BIEGUNI 2022	1963	K50	<b>102</b> 00:29:36 00:27:23	<b>112</b> 00:29:30 00:28:20	<b>131</b> 00:30:51 00:29:10	<b>54</b> 00:29:34 00:27:51	<b>84</b> 00:29:42 00:26:57	240
85	344	WOJCIECHOWSKA	JOANNA	WARSZAWA	NATIONALE-NEDERLANDEN RUNNING TEAM	1987	K30	<b>124</b> 00:30:39 00:28:33			<b>49</b> 00:29:00 00:27:18	<b>71</b> 00:27:51 00:26:17	244
86	375	KOWALSKA	KATARZYNA	WARSZAWA	OFF-ROAD RUNNERS BENEFIT SYSTEMS	1991	K30	<b>104</b> 00:28:30 00:27:28	<b>100</b> 00:28:48 00:27:37	<b>103</b> 00:29:37 00:27:57	<b>58</b> 00:29:09 00:28:08	<b>86</b> 00:28:49 00:27:16	244
87	54	KROSZKA	BEATA	WARSZAWA	TEAM ZABIEGANEDNI	1971	K50		<b>109</b> 00:30:16 00:28:08	<b>91</b> 00:28:16 00:27:17	<b>55</b> 00:28:55 00:27:52	<b>99</b> 00:31:44 00:27:54	245
88	407	ROTTER	MAŁGORZATA	MARKI	MARKOWI BIEGACZE	1977	K40	<b>83</b> 00:27:59 00:26:00		<b>113</b> 00:31:10 00:28:28	<b>50</b> 00:29:04 00:27:23		246
89	286	STARZYŃSKA	MARTA	LUBLIN	PERFECT RUNNER TEAM	1973	K40	<b>113</b> 00:30:59 00:27:51		<b>98</b> 00:30:23 00:27:43	<b>57</b> 00:30:26 00:28:04	<b>91</b> 00:30:17 00:27:35	246
90	1045	KOŚCIK	URSZULA	WARSZAWA		1988	K30	<b>91</b> 00:27:57 00:26:41			<b>56</b> 00:28:57 00:27:57	<b>100</b> 00:29:30 00:28:00	247
91	521	WĘGLIŃSKA	JOANNA	MINSK	KS BARAKUDA	1979	K40	<b>95</b> 00:28:51 00:26:49		<b>106</b> 00:29:47 00:28:07	<b>60</b> 00:30:04 00:28:19	<b>93</b> 00:31:45 00:27:48	248
92	523	SZCZUTOWSKA	OLGA	STEFANOWO		1974	K40	<b>88</b> 00:27:32 00:26:27	<b>104</b> 00:31:13 00:28:02	<b>89</b> 00:27:55 00:27:05		<b>76</b> 00:29:16 00:26:36	253
93	495	RĄCZKOWSKA	PATRYCJA	WARSZAWA	MYKK	1984	K30	<b>94</b> 00:29:06 00:26:49	<b>124</b> 00:30:51 00:28:50		<b>40</b> 00:27:15 00:26:14		258
94	455	BARGIEŁ	MAGDALENA	WARSZAWA		1980	K40	<b>116</b> 00:30:14 00:27:59	<b>101</b> 00:29:57 00:27:57	<b>86</b> 00:28:25 00:26:46		<b>77</b> 00:28:09 00:26:39	264
95	577	ODROWAŻ- PETRYKOWSKA	MARIA	WARSZAWA	NATIONALE-NEDERLANDEN RUNNING TEAM	1982	K40			<b>123</b> 00:30:29 00:28:48	<b>52</b> 00:29:16 00:27:37	<b>97</b> 00:31:43 00:27:52	272
96	186	SIERZPUTOWSKA	EWA	WARSZAWA	GUNS AND ROSES RUN TEAM	1966	K50		<b>116</b> 00:30:33 00:28:30	<b>108</b> 00:30:50 00:28:11	<b>62</b> 00:30:57 00:28:32	<b>103</b> 00:30:53 00:28:09	273
97	90	KUBIAK	MAGDALENA	WARSZAWA	BIEGAMBOLUBIE	1985	K30		<b>89</b> 00:29:01 00:26:56	<b>90</b> 00:29:08 00:27:16		<b>85</b> 00:30:30 00:27:51	274
98	259	KOPCZYŃSKA	DOMINIKA	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1973	K40		<b>110</b> 00:31:31 00:28:12	<b>125</b> 00:29:53 00:28:52	<b>77</b> 00:32:58 00:30:27	<b>87</b> 00:31:18 00:27:22	274
99	122	KARAŚ	SYLWIA	WARSZAWA		1991	K30		<b>107</b> 00:30:05 00:28:04		<b>63</b> 00:29:30 00:28:34	<b>109</b> 00:31:09 00:28:35	279
100	84	CIEPLIŃSKA	WIOLETTA	WARSZAWA	NAPRZÓD MŁOCINY	1973	K40		<b>108</b> 00:31:19 00:28:06		<b>69</b> 00:31:50 00:29:19	<b>105</b> 00:32:05 00:28:13	282

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
101	435	RAJCHEL	KATARZYNA	WARSZAWA		1984	K30		119 00:30:51 00:28:36	147 00:32:03 00:30:15	70 00:31:45 00:29:22	98 00:30:39 00:27:54	287
102	95	KALWAJTYS	ANNA	WARSZAWA	TRIMASTERS	1982	K40	110 00:29:42 00:27:39		104 00:29:41 00:28:05		75 00:29:11 00:26:35	289
103	27	KRYSTEK	MARTA	WARSZAWA		2002	K20	120 00:30:13 00:28:09			74 00:32:16 00:29:46	96 00:30:36 00:27:51	290
104	1213	OCHREMIAK	ALEKSANDRA	WARSZAWA		1991	K30		125 00:32:11 00:29:00	121 00:31:19 00:28:45	61 00:30:07 00:28:25	110 00:30:14 00:28:36	292
105	210	KIERASIŃSKA	DOROTA	WARSZAWA	ZABIEGANEDNI	1978	K40	103 00:29:32 00:27:27	96 00:29:31 00:27:24			94 00:30:41 00:27:51	293
106	1317	LISIŃSKA	AGATA	STEFANÓWKA		1973	K40			114 00:29:28 00:28:29	66 00:30:44 00:29:06	114 00:31:36 00:28:57	294
107	383	PAŃCZYK	MARTA	WARSZAWA	TEAM KOPEĆ	1979	K40	77 00:27:47 00:25:44		105 00:29:49 00:28:06		118 00:33:08 00:29:15	300
108	430	OSTRYSZ	MAGDALENA	WARSZAWA		1990	K30	144 00:33:12 00:30:02	130 00:32:43 00:29:22	118 00:31:19 00:28:38	78 00:33:01 00:30:30	104 00:30:56 00:28:10	300
109	62	ZAJFRYD	MARZENA	WARSZAWA		1978	K40	121 00:30:13 00:28:10	121 00:29:42 00:28:39	122 00:29:37 00:28:46	81 00:31:44 00:30:50	107 00:29:48 00:28:17	309
110	345	OSTASZEWSKA	KATARZYNA	PĘCICE MAŁE		1974	K40	118 00:30:17 00:28:06		102 00:29:37 00:27:53		92 00:31:38 00:27:42	312
111	447	JAKUBOWSKA	MAGDALENA	WARSZAWA		1985	K30		135 00:32:24 00:30:08	107 00:30:45 00:28:11	73 00:31:20 00:29:42		315
112	250	ZARODA	GRAŻYNA	WARSZAWA		1972	K50	139 00:32:49 00:29:42	140 00:33:58 00:30:46	133 00:31:09 00:29:27	68 00:31:41 00:29:17	116 00:31:56 00:29:11	317
113	600	MAJEWSKA	KATARZYNA	CZARNA	KS ATAK AGRYKOLA	1982	K40	112 00:29:56 00:27:51		117 00:31:11 00:28:37		102 00:29:30 00:28:06	331
114	233	BURAK	OLGA	WOLA MROKOWSKA		1984	K30	92 00:27:48 00:26:43	129 00:32:30 00:29:19	153 00:31:38 00:30:47		111 00:31:21 00:28:42	332
115	167	BUSIŁO	MALGORZATA	WARSZAWA	ROZBIEGANI PIASTÓW	1968	K50	149 00:33:34 00:30:31	139 00:32:45 00:30:38	142 00:31:38 00:30:05	79 00:33:11 00:30:48	115 00:31:49 00:29:04	333
116	386	GREC	KLAUDIA	WARSZAWA	UNITED RUNNERS	1993	K20	138 00:32:54 00:29:40		137 00:32:32 00:29:40	71 00:30:18 00:29:31	128 00:31:04 00:29:43	336
117	579	JAKUBEK-SKULTECKA	MONIKA	WARSZAWA		1984	K30	111 00:30:57 00:27:50		102 00:33:53 00:31:11			340
118	571	FLISIŃSKA	AGATA	WARSZAWA		1986	K30	114 00:30:11 00:27:55	118 00:30:36 00:28:34	111 00:29:56 00:28:15			343
119	133	HULANICKA	IRINA	WARSZAWA	GOGGLE TEAM	1956	K60	148 00:33:47 00:30:29	128 00:31:07 00:29:01	149 00:32:18 00:30:28	78 00:31:48 00:30:03	143 00:33:22 00:30:35	345
120	1025	ZIELIŃSKA	SYLWIA	WARSZAWA		1974	K40	127 00:32:23 00:29:13	114 00:31:47 00:28:26	124 00:31:30 00:28:48		108 00:31:08 00:28:18	346
121	159	IWIŃSKA	KATARZYNA	WARSZAWA		1979	K40	97 00:28:55 00:26:52		130 00:30:49 00:29:06		120 00:33:14 00:29:21	347
122	473	SŁOŃ-NOWACZEK	MALGORZATA	WARSZAWA		1971	K50	137 00:32:42 00:29:36	117 00:31:42 00:28:31	99 00:29:22 00:27:44			353
123	1147	LEGAN	MARTYNA	WARSZAWA		1992	K30	153 00:33:09 00:30:54		160 00:33:44 00:31:05	72 00:31:24 00:29:39	135 00:32:54 00:30:10	360
124	109	ŚNIEGOSKA	SANDRA	ŁÓDŹ	KNEIPP TEAM	1990	K30	86 00:29:44 00:26:20		101 00:30:40 00:27:50		174 00:39:47 00:35:43	361
125	104	ZACZYK	ALICJA	WARSZAWA	MAMA W MARATONIE	1980	K40		137 00:32:22 00:30:11		82 00:33:24 00:30:57	149 00:35:13 00:31:14	368
126	546	KOWARA	MAGDALENA	WARSZAWA		1987	K30	146 00:33:31 00:30:11	113 00:31:34 00:28:23	110 00:30:48 00:28:15			369
127	175	PIECHOCKA	KATARZYNA	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1982	K40	125 00:31:49 00:28:37			89 00:35:47 00:33:21	156 00:36:21 00:32:25	370
128	23	MIKUTANIEC	PATRYCJA	MARKI		1977	K40	128 00:31:33 00:29:16	123 00:31:57 00:28:47	138 00:32:27 00:29:46		125 00:32:21 00:29:36	376
129	33	GAŚOWSKA-ŚLIWIŃSKA	RENATA	WARSZAWA	DREAM RUN	1978	K40	119 00:31:24 00:28:08		136 00:32:22 00:29:33		122 00:33:24 00:29:26	377
130	599	KOWARA	MONIKA	WARSZAWA		1989	K30	126 00:32:07 00:28:46	120 00:31:48 00:28:36	143 00:32:39 00:30:05		131 00:33:49 00:29:54	377
131	372	KOWALEWSKA	MAGDALENA	WARSZAWA		1976	K40	160 00:36:43 00:31:54	149 00:36:36 00:31:35	154 00:31:40 00:30:49	84 00:33:51 00:31:13	144 00:33:16 00:30:36	377
132	420	SZMURŁO	MARZENA	WARSZAWA	GRUPA OLX TEAM	1984	K30	150 00:33:53 00:30:43		141 00:32:40 00:30:05		90 00:29:16 00:27:31	381
133	1109	ANDRUSZKIEWICZ	ANNA	WARSZAWA		1978	K40	129 00:32:26 00:29:16	133 00:30:48 00:29:45			119 00:30:51 00:29:20	381
134	582	BRACH	BARBARA	WARSZAWA		1980	K40	100 00:29:12 00:27:09	106 00:31:14 00:28:03			178 00:42:10 00:38:15	384

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
135	469	KARŁOWICZ	ANNA	WARSZAWA	PARTIA WOLNYCH BIEGACZY	1953	K60	<b>165</b> 00:34:29 00:32:13	<b>148</b> 00:34:45 00:31:30	<b>163</b> 00:34:01 <u>00:31:17</u>	<b>86</b> 00:35:02 00:32:39	<b>158</b> 00:35:43 00:33:00	<b>392</b>
136	1133	DĄBROWSKA	MARIA	WARSZAWA		1993	K20	<b>131</b> 00:32:43 00:29:20	<b>150</b> 00:35:16 00:31:43	<b>120</b> 00:31:17 <u>00:28:40</u>			<b>401</b>
137	413	MIODEK	ALEKSANDRA	NIEBORÓW		1984	K30	<b>133</b> 00:31:22 00:29:22	<b>145</b> 00:30:56 00:30:56	<b>127</b> 00:30:41 <u>00:28:55</u>		<b>159</b> 00:37:14 00:33:08	<b>405</b>
138	532	WITEK-LIPKA	EMILIA	WARSZAWA		1990	K30	<b>159</b> 00:34:45 00:31:39	<b>128</b> 00:31:16 00:29:12	<b>119</b> 00:31:15 <u>00:28:38</u>			<b>406</b>
139	136	TOMIŁO	KATARZYNA	WARSZAWA		1995	K20	<b>176</b> 00:41:28 00:33:35		<b>174</b> 00:35:30 00:32:56	<b>83</b> <u>00:31:09</u>	<b>151</b> 00:35:19 00:31:24	<b>408</b>
140	117	KEMPISTY	ANNA	WARSZAWA	12TRI.PL	1971	K50	<b>136</b> 00:31:45 <u>00:29:32</u>		<b>148</b> 00:33:04 00:30:25		<b>129</b> 00:33:46 00:29:50	<b>413</b>
141	318	ZAWADZKA	MAGDALENA	WARSZAWA	KS STASZEWCY/AKS POLONIA WARSZAWA	1981	K40	<b>143</b> 00:33:17 00:30:00	<b>151</b> 00:34:59 00:30:31	<b>150</b> 00:33:20 00:30:31		<b>121</b> 00:33:24 <u>00:29:25</u>	<b>414</b>
142	249	JĘDRASZCZYK	KAROLINA	WARSZAWA	NATIONALE NEDERLANDEN RUNNING TEAM	1983	K30	<b>132</b> 00:32:25 <u>00:29:21</u>	<b>143</b> 00:34:03 00:30:47	<b>166</b> 00:33:42 00:31:51		<b>142</b> 00:34:34 00:30:33	<b>417</b>
143	124	STALMACH-CHYLIŃSKA	JOLANTA	WARSZAWA	WARSZAWA	1960	K60	<b>151</b> 00:34:08 00:30:53	<b>131</b> 00:31:23 <u>00:29:23</u>			<b>140</b> 00:33:11 00:30:31	<b>422</b>
144	43	PRZYBYŁAK	WANDA	PIASTÓW	PAWKO RUNNER TEAM	1955	K60	<b>171</b> 00:36:17 00:33:14	<b>158</b> 00:35:27 00:33:20	<b>175</b> 00:34:32 <u>00:32:57</u>	<b>83</b> 00:37:44 00:35:58		<b>422</b>
145	184	LECHOWICZ	KATARZYNA	WARSZAWA		1983	K30	<b>154</b> 00:33:14 00:30:59	<b>134</b> 00:33:11 <u>00:29:50</u>	<b>151</b> 00:32:10 00:30:32		<b>138</b> 00:33:12 00:30:29	<b>423</b>
146	107	PEŁCZYŃSKA	DANUTA	WARSZAWA		1963	K50	<b>205</b> 00:41:29 00:39:16	<b>170</b> 00:40:43 00:37:27	<b>188</b> 00:39:04 00:36:20	<b>94</b> 00:39:04 00:36:30	<b>169</b> 00:38:53 <u>00:34:57</u>	<b>433</b>
147	59	PIÓRKOWSKA	AGNIESZKA	BYDGOSZCZ	BRB BYDGOSZCZ	1978	K40	<b>178</b> 00:36:59 <u>00:33:49</u>		<b>198</b> 00:40:32 00:37:47	<b>92</b> 00:34:57 00:34:57	<b>164</b> 00:37:55 00:33:58	<b>434</b>
148	205	SNIGIR	EKATERINA	WARSZAWA		1991	K30	<b>141</b> 00:32:51 <u>00:29:48</u>		<b>157</b> 00:32:47 00:31:00		<b>139</b> 00:33:12 00:30:30	<b>437</b>
149	624	WYCZYŃSKA	ANNA	KANIE		1973	K40		<b>175</b> 00:44:06 00:40:46	<b>204</b> 00:43:15 00:40:28		<b>80</b> 00:27:02 <u>00:25:34</u>	<b>439</b>
150	155	GABINECKA	MONIKA	LEONCIN		1977	K40	<b>155</b> 00:34:08 00:31:06	<b>141</b> 00:33:59 00:30:46	<b>145</b> 00:32:48 <u>00:30:07</u>			<b>441</b>
151	556	KAROLAK	ANNA	WARSZAWA	KLUB BIEGACZA PROVIDENT	1980	K40	<b>174</b> 00:36:30 00:33:22		<b>140</b> 00:31:48 00:30:03		<b>130</b> 00:32:31 <u>00:29:52</u>	<b>444</b>
152	111	KAWECKA	SABINA	MARIANÓW		1977	K40	<b>180</b> 00:37:37 <u>00:34:29</u>		<b>185</b> 00:37:49 00:35:12	<b>96</b> 00:39:14 00:36:47	<b>170</b> 00:38:49 00:34:59	<b>446</b>
153	60	PYTEL	ANNA	KOSEWKO		1983	K30	<b>189</b> 00:39:45 <u>00:36:36</u>	<b>172</b> 00:42:33 00:39:14		<b>104</b> 00:41:32 00:38:59	<b>180</b> 00:42:52 00:38:51	<b>456</b>
154	89	BARSZCZEWSKA	MARTA	WARSZAWA	BIEGOWY WARIAT RUNNING TEAM	1987	K30	<b>147</b> 00:32:30 <u>00:30:27</u>	<b>156</b> 00:34:52 00:32:49	<b>158</b> 00:31:16 00:31:02		<b>155</b> 00:32:38 00:32:24	<b>458</b>
155	140	SZEMRAJ	KATARZYNA	WARSZAWA		1996	K20	<b>190</b> 00:39:52 00:36:47		<b>195</b> 00:40:03 00:37:18	<b>97</b> 00:39:15 00:36:48	<b>175</b> 00:40:02 <u>00:36:04</u>	<b>462</b>
156	511	JACHIMIAK	ANNA	WARSZAWA		1972	K50	<b>210</b> 00:46:25 00:43:20	<b>182</b> 00:54:31 00:51:10	<b>199</b> 00:41:29 00:38:43	<b>103</b> 00:41:06 00:38:41	<b>177</b> 00:40:51 <u>00:36:54</u>	<b>462</b>
157	1016	SOBOLEWSKA	ALEKSANDRA	WARSZAWA		1996	K20	<b>175</b> 00:36:28 <u>00:33:22</u>		<b>200</b> 00:41:54 00:39:06	<b>90</b> 00:35:30 00:33:49		<b>465</b>
158	272	OCHENKOWSKA	MONIKA	KOBYŁKA		1982	K40	<b>173</b> 00:40:23 00:33:16	<b>147</b> 00:34:37 00:31:17			<b>147</b> 00:34:59 <u>00:31:05</u>	<b>467</b>
159	454	GÓRECKA	ANNA	WARSZAWA	MOTOBABINIEC	1974	K40	<b>156</b> 00:32:15 <u>00:31:07</u>		<b>161</b> 00:32:51 00:31:08		<b>152</b> 00:35:34 00:31:44	<b>469</b>
160	395	KOWALCZYK	MAGDALENA	WARSZAWA		1978	K40	<b>194</b> 00:40:33 00:37:12		<b>196</b> 00:38:14 <u>00:35:29</u>	<b>101</b> 00:40:37 00:38:02	<b>182</b> 00:42:56 00:38:53	<b>469</b>
161	450	MICHALSKA	MONIKA	WARSZAWA		1978	K40	<b>192</b> 00:40:32 <u>00:37:10</u>		<b>196</b> 00:40:10 00:37:26	<b>100</b> 00:40:37 00:38:01	<b>181</b> 00:42:56 00:38:52	<b>473</b>
162	305	WRÓBLEWSKA	JOANNA	WARSZAWA	LASEK BIELAŃSKI TEAM	1955	K60	<b>199</b> 00:41:18 <u>00:38:05</u>	<b>173</b> 00:43:26 00:40:09	<b>203</b> 00:42:10 00:39:32	<b>105</b> 00:43:13 00:40:38		<b>477</b>
163	113	DĄBROWSKA	HANNA	JANCZEWO	ŚLĘZAK TEAM	1986	K30	<b>195</b> 00:40:29 <u>00:37:19</u>	<b>181</b> 00:54:06 00:50:50		<b>102</b> 00:41:05 00:38:34		<b>478</b>
164	45	GAŚSIOROWSKA	DOROTA	WARSZAWA	LADIESLOSTGASBAGAŚ	1969	K50	<b>145</b> 00:33:18 <u>00:30:02</u>	<b>152</b> 00:35:00 00:31:45	<b>182</b> 00:37:29 00:34:40			<b>479</b>
165	303	LITKE	ANDŻELIKA	WARSZAWA	EAZYMUT	1993	K20	<b>162</b> 00:35:12 <u>00:32:00</u>		<b>168</b> 00:34:57 00:32:13		<b>161</b> 00:37:16 00:33:23	<b>491</b>
166	366	REDA	ALICJA	WARSZAWA	TEAM ZABIEGANE DNI	1960	K60	<b>207</b> 00:43:15 <u>00:41:13</u>	<b>176</b> 00:45:46 00:43:38		<b>107</b> 00:44:17 00:43:15		<b>492</b>
167	1236	POLAK	DOMINIKA	WARSZAWA		2000	K20		<b>180</b> 00:34:57 00:33:35	<b>171</b> 00:34:20 <u>00:32:40</u>		<b>165</b> 00:36:53 00:34:10	<b>496</b>
168	66	KOZŁOWSKA	OLA	WARSZAWA		1981	K40		<b>182</b> 00:37:07 00:33:48	<b>181</b> 00:35:02 00:34:01		<b>154</b> 00:36:11 <u>00:32:17</u>	<b>497</b>

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<b>169</b>	235	WOJEWÓDZKA	DOROTA	WARSZAWA	WOJEWÓDZCY TEAM	1965	K50			<b>207</b> 00:49:48 <u>00:47:07</u>	<b>108</b> 00:51:39 00:49:03	<b>184</b> 00:51:17 00:47:19	<b>499</b>
<b>170</b>	284	KOZACZUK	KATARZYNA	SOKOŁÓW PODLASKI	PĘDZĄCE LENIWCE	1977	K40	<b>168</b> 00:34:44 <u>00:32:30</u>	<b>157</b> 00:35:24 00:33:20	<b>180</b> 00:35:11 00:33:31			<b>505</b>
<b>171</b>	260	BAKA	MAGDALENA	WARSZAWA		1984	K30	<b>182</b> 00:37:06 00:34:56	<b>168</b> 00:38:18 00:36:17	<b>179</b> 00:35:01 <u>00:33:29</u>		<b>162</b> 00:34:59 00:33:35	<b>509</b>
<b>172</b>	576	PILECKA	JOANNA	WARSZAWA		1979	K40	<b>209</b> 00:45:13 00:42:08	<b>177</b> 00:45:12 00:41:59	<b>183</b> 00:36:19 00:34:40		<b>157</b> 00:36:45 <u>00:32:52</u>	<b>517</b>
<b>173</b>	56	JURKOWSKA	IRENA	WARSZAWA		1949	K60	<b>179</b> 00:36:06 <u>00:33:53</u>	<b>167</b> 00:38:21 00:36:17	<b>187</b> 00:37:23 00:35:33		<b>173</b> 00:37:55 00:35:09	<b>519</b>
<b>174</b>	1171	SIMAAN- ZAPENDOWSKA	MARGARET	LEGIONOWO	PALESTRA	1971	K50		<b>163</b> 00:38:30 00:35:08	<b>189</b> 00:39:19 00:36:37		<b>168</b> 00:38:44 <u>00:34:44</u>	<b>520</b>
<b>175</b>	178	HESKO-KOŁODZIŃSKA	MAŁGORZATA	CEGLÓW	NORDIC WALKING TT	1970	K50	<b>202</b> 00:41:54 00:38:34		<b>176</b> 00:35:45 00:32:58		<b>146</b> 00:35:00 <u>00:31:03</u>	<b>524</b>
<b>176</b>	512	NIEDZIELA	JOANNA	WARSZAWA		1973	K40	<b>184</b> 00:38:27 00:35:23	<b>171</b> 00:42:08 00:38:48	<b>190</b> 00:39:40 00:36:49		<b>171</b> 00:38:57 <u>00:35:00</u>	<b>526</b>
<b>177</b>	541	ABDALLAH	GRAŻYNA	WARSZAWA		1959	K60	<b>208</b> 00:43:32 00:41:25	<b>179</b> 00:46:20 00:44:10	<b>206</b> 00:43:02 <u>00:41:17</u>		<b>183</b> 00:45:34 00:42:47	<b>568</b>
<b>178</b>	438	MUCHA	KAMILA	WARSZAWA	BIEGAM NA TARCHOMINIE	1978	K40	<b>193</b> 00:40:31 <u>00:37:10</u>		<b>197</b> 00:40:10 00:37:26		<b>179</b> 00:42:50 00:38:47	<b>569</b>

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1	11	STELMACH	DOMINIKA	WARSZAWA	ADIDAS RUNNERS WARSAW	1982	K40		1 00:17:54 00:17:53	2 00:17:25 00:17:24			3
2	1127	GALIŃSKA	ELIZA	PRUSZKÓW	UKS FILIPIDES TERESIN	2006	K16	6 00:18:14 00:18:13		3 00:17:56 00:17:54			9
3	258	JAKÓBCZAK	MAGDALENA	SIERADZ	NATIONALE NEDERLANDEN RUNNING TEAM / #PLANBIEGANIE	1997	K20	11 00:19:13 00:19:12	10 00:20:14 00:20:11				21
4	570	PRUGAR FUKOWSKA	PAULINA	WARSZAWA	NEON TEAM	1983	K30	12 00:19:18 00:19:15	28 00:22:16 00:22:09				40
5	1080	CIEPLIŃSKA	NOEMI	WARSZAWA	ADIDAS RUNNERS WARSAW	1998	K20	29 00:21:45 00:21:34	14 00:21:00 00:20:54				43
6	1218	ZAKRZEWSKA	WERONIKA	WARSZAWA	MYKK	1983	K30			27 00:22:11 00:21:55		19 00:22:20 00:22:13	46
7	1506	PÓLTORAK	KATARZYNA	WARSZAWA	DUCLA ACADEMY	1977	K40				22 00:25:09 00:24:13	36 00:25:13 00:23:51	58
8	488	BULIK	ANNA	WARSZAWA	DD RUNNING TEAM	1996	K20		27 00:22:19 00:22:09	32 00:22:31 00:22:23			59
9	1116	MŁOCKA-GORCZYŃSKA	MATYLDA	WARSZAWA		1985	K30	50 00:25:09 00:24:06			20 00:24:52 00:23:59		70
10	24	PLÓCIENNIK	MAGDALENA	WARSZAWA	TRIMASTERS	1989	K30	37 00:23:06 00:22:57	45 00:23:57 00:23:33				82
11	1210	POTURNICKA	MAGDALENA	WARSZAWA	NEON TEAM	1989	K30			68 00:26:02 00:25:07	24 00:25:24 00:24:36		92
12	123	KOZUCHOWSKA	OLA	SIEDLCE		1982	K40	42 00:23:43 00:23:33		52 00:24:47 00:23:58			94
13	1299	WIŚNIEWSKA	MARTYNA	WARSZAWA	ADIDAS RUNNERS TRICITY	1988	K30		59 00:28:11 00:24:46	39 00:24:36 00:23:06			98
14	182	CABAŃSKA	DOROTA	ŁOMIANKI	GUNS AND ROSES RUN TEAM	1979	K40		61 00:25:27 00:25:02	44 00:24:26 00:23:29			105
15	412	SYGUDA	KATARZYNA	WARSZAWA	TEAM PARSZCZYŃSKICH	1994	K20			76 00:27:25 00:25:45		34 00:25:15 00:23:45	110
16	1094	PASTERNAK	JUSTYNA	WARSZAWA	Z BIEGANIEM MI DO TWARZY	1979	K40	68 00:27:25 00:25:19	71 00:27:46 00:25:38				139
17	1297	PROSIŃSKA	AGATA	NOWA WOLA	NEON TEAM	1980	K40		73 00:27:52 00:25:49			67 00:28:44 00:26:07	140
18	585	SMYKA	MAGDALENA	WARSZAWA		1990	K30	67 00:27:21 00:25:19	74 00:28:18 00:25:50				141
19	265	ODOLCZYK	JOANNA	WARSZAWA		1965	K50	73 00:28:49 00:25:38	85 00:27:38 00:26:33				158
20	1405	NOVOŻYŁOWA	LILIA	UKRAINA		1988	K30			74 00:25:37 00:25:36		88 00:27:31 00:27:24	162
21	85	ŻUK - DRAŻYK	BERENIKA	WARSZAWA		1984	K30	90 00:29:45 00:26:40		82 00:27:54 00:26:07			172
22	1061	SIDORCZUK-KUMOSA	DOROTA	WARSZAWA	TEAM ZABIEGANEDNI	1974	K40		90 00:28:59 00:26:56	96 00:28:15 00:27:24			186
23	617	KARPIŃSKA-GROMEK	MONIKA	WARSZAWA	KS LEMIEZ TEAM	1977	K40		103 00:29:11 00:27:58	87 00:28:29 00:26:52			190
24	220	JANKOWSKA	WIOLA	WARSZAWA		1980	K40			116 00:30:11 00:28:36		78 00:28:21 00:26:48	194
25	1011	DĘBOWSKA	KINGA	WARSZAWA	PAWKO RUNNER TEAM	1994	K20	109 00:29:46 00:27:37		100 00:29:25 00:27:47			209
26	1283	CHMIELNIK	JULIA	WARSZAWA	ADIDAS RUNNERS WARSAW	1981	K40	115 00:30:03 00:27:57	99 00:29:24 00:27:26				214
27	304	TOMICZAK	KATARZYNA	WARSZAWA		1975	K40		127 00:31:09 00:29:02			117 00:32:00 00:29:14	244
28	1148	DĄBROWSKA	KATARZYNA	WARSZAWA		1989	K30	123 00:30:41 00:28:22	122 00:30:55 00:28:46				245
29	1341	RYBUS	AGATA	WARSZAWA		1986	K30			193 00:39:43 00:37:06	65 00:31:16 00:28:47		258
30	1069	PUCHAŁA	ANETA	WARSZAWA		1975	K40	135 00:32:39 00:29:32				124 00:32:18 00:29:34	259
31	1496	PANEK	ANNA	WARSZAWA		1990	K30				98 00:39:36 00:37:01	167 00:38:34 00:34:33	265
32	526	KIEPIEL	AGATA	WARSZAWA	ADIDAS RUNNERS WARSAW	1990	K30	117 00:30:01 00:27:59		152 00:32:30 00:30:42			269

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33	1321	GUTOWSKI	KAMILA	KĄTY WĘGIERSKIE		1977	K40			184 00:37:34 00:34:57	91 00:36:39 00:34:13		275
34	1108	GOZDALIK	MALWINA	WARSZAWA		1980	K40	181 00:34:08 00:31:54	115 00:30:28 00:28:27				276
35	241	MYJAK	SYLWIA	WARSZAWA	NATIONALE-NEDERLANDEN RUNNING TEAM	1987	K30	157 00:34:39 00:31:30				136 00:34:14 00:30:11	293
36	1314	KALEMBA	PAULINA	WARSZAWA	TEAM ZABIEGANEDNI	1989	K30			165 00:34:04 00:31:29		141 00:34:22 00:30:32	306
37	97	PROKOP	MAGDALENA	WARSZAWA		1982	K40	163 00:35:16 00:32:04	146 00:34:17 00:31:01				309
38	635	KORONA	TATIANA	WARSZAWA	OBIEGUWKA	1967	K50			159 00:33:53 00:31:05		150 00:35:12 00:31:20	309
39	348	KUBAK	MARTA	WARSZAWA	NEW BALANCE RUN CLUB	1976	K40	152 00:31:54 00:30:53	164 00:33:14 00:31:25				316
40	416	MICHALAK	MARLENA	WARSZAWA	KMD RUNNING CLUB	1987	K30	158 00:34:41 00:31:38	173 00:35:29 00:32:51				331
41	421	ZAGRODZKA	KATARZYNA	OTWOCK	KMD RUNNING CLUB	1992	K30	164 00:35:16 00:32:13	169 00:40:30 00:36:31				333
42	276	BANY	IZABELA	SULEJÓWEK		1994	K20		180 00:48:22 00:45:12	169 00:34:03 00:32:15			349
43	422	BODNIAK	EWA	WARSZAWA	BEZKLUB	1973	K40	185 00:38:42 00:35:32	165 00:38:43 00:35:25				350
44	287	WIŚNIEWSKA	EWELINA	WARSZAWA		1984	K30		153 00:35:00 00:31:46	205 00:44:06 00:41:16			358
45	419	ROSZKOWSKA	HALINA	WARSZAWA		1956	K60	204 00:42:09 00:38:56	174 00:43:30 00:40:14				378
46	253	KRAWCZYK	MARTA	WARSZAWA		1989	K30	203 00:42:12 00:38:39				176 00:40:32 00:36:27	379
47	180	OGONEK	KATARZYNA	ŁOMIANKI		1980	K40	206 00:44:09 00:41:05	178 00:44:54 00:41:44				382
48	1046	PASTERNAK	ANNA	WARSZAWA		1982	K40	196 00:40:40 00:37:34		201 00:41:54 00:39:10			397
49	1373	BAŃKOWSKA	ANNA	BIALYSTOK	KS PODLASIE BIALYSTOK	1990	K30			1 00:16:33 00:16:31			1
50	14	MAZEK	EMILIA	GARWOLIN	SKLEP BIEGACZA	1993	K20	1 00:17:21 00:17:18					1
51	1533	KRASZPULSKA	MAGDALENA	WARSZAWA	ŻÓRAWSKI TEAM	1987	K30					3 00:18:36 00:18:33	3
52	1495	GLINKA	ELŻBIETA	WARSZAWA	ADIDAS RUNNERS WARSAW	1993	K20				3 00:19:20 00:19:14		3
53	1062	ŁAPIŃSKA	ANNA	WARSZAWA	KS WARSZAWIANKA W-WA	1989	K30	4 00:18:00 00:17:57					4
54	13	MIERZLIKIN	NATALIA	WARSZAWA	UKS GEPARD WARSZAWA	1989	K30	5 00:18:06 00:18:04					5
55	1273	KALBARCZYK	ADRIANA	WARSZAWA	DUKANOWSKI TEAM	1991	K30		6 00:19:19 00:19:17				6
56	1153	SUDAK	ZUZANNA	WARSZAWA	UKS G8 BIELANY	2001	K20	8 00:18:46 00:18:36					8
57	1033	KOPEĆ	OLIWIA	WARSZAWA		2006	K16	13 00:19:20 00:19:19					13
58	1392	KARBOWIAK	MARCELINA	WARSZAWA		1991	K30			13 00:20:24 00:20:16			13
59	22	ZIELIŃSKA	WERONIKA	WARSZAWA	12TRI.PL / ASICS FRONTRUNNER POLAND	1986	K30	15 00:19:38 00:19:38					15
60	1497	PIOTROWSKA	ZOFIA	WIELISZEW	BKS WATAHA WARSZAWA	2005	K16				15 00:24:10 00:23:21		15
61	1228	FORTUNIAK	WERONIKA	WARSZAWA	UNTS WARSZAWA	1998	K20		16 00:21:21 00:21:10				16
62	1513	SMOLIŃSKA	MAJA	MIŃSK MAZOWIECKI	23 BLT.	1998	K20					20 00:23:36 00:22:16	20
63	1510	BAK	AGNIESZKA	WARSZAWA	PAWKO RUNNER TEAM	1989	K30					21 00:23:49 00:22:25	21
64	552	BARTYKOWSKA	MARTA	JABŁONNA	BESTIE OCR LEGIONOWO	1990	K30	22 00:20:52 00:20:43					22
65	1265	KRUK	EMILIA	PŁOCK	RYKOWISKO TEAM	2003	K16		23 00:22:14 00:21:41				23
66	1197	HARASIMOWICZ	ALEKSANDRA	WARSZAWA	PRZEDWOJEWSKI TEAM	1991	K30			24 00:21:52 00:21:41			24



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67	297	PIECHÓR	MALGORZATA	PULTUSK	DD RUNNING TEAM	1990	K30		25 00:21:59 00:21:51				25
68	1191	KORONA-SIERADZKA	BOGUSŁAWA	WARSZAWA		1989	K30			28 00:22:47 00:22:00			28
69	1212	BRZOZOWSKA-BEJGIER	MALGORZATA	WARSZAWA	KUŹNIA TRIATHLONU	1976	K40		35 00:25:12 00:23:04				35
70	1383	ASLANOWICZ	MATYLDA	WARSZAWA	ZÓRAWSKI TEAM	2006	K16			37 00:23:12 00:22:55			37
71	1476	KIELBASZEWSKA	IGA EMILIA	WARSZAWA		1999	K20				38 00:26:58 00:26:07		38
72	1057	CZERNIAK	DAGMARA	WARSZAWA	SWORDS ATHLETICS	1995	K20	39 00:24:08 00:23:04					39
73	1524	ZAK	KATARZYNA	SOCHACZEW	BEZ KLUBU	1990	K30					39 00:24:08 00:24:00	39
74	1349	ZAWADZKA	KATARZYNA	WARSZAWA	KS LEMIESZ TEAM WARSZAWA	1981	K40			41 00:23:19 00:23:08			41
75	604	KOLANO	AGNIESZKA	WARSZAWA	PRZEDWOJEWSKI TEAM	1981	K40		41 00:25:35 00:23:26				41
76	1118	URJASZ-RACZKO	MATYLDA	WARSZAWA	OBOZY BIEGOWE	1980	K40	44 00:24:49 00:23:43					44
77	1381	OCEPKA-CIESIELSKA	KATARZYNA	WARSZAWA	ADIDAS RUNNERS WARSAW	1989	K30			45 00:24:24 00:23:33			45
78	1161	SZYMANEK	ANNA	WARSZAWA	NAPRZÓD MŁOCINY/LEMIESZ TEAM	1980	K40	45 00:23:59 00:23:45					45
79	1364	BOGUMIL	IZABELA	LEGIONOWO		1976	K40			47 00:24:40 00:23:40			47
80	1536	WRÓBLEWSKA	MARTYNA	ZĄBKI		2005	K16					47 00:24:49 00:24:28	47
81	1259	KRUK	ANNA	WARSZAWA	RYKOWISKO TEAM	1996	K20		48 00:26:11 00:23:59				48
82	1398	KOWALSKA	MONIKA	WARSZAWA	SBRT	1981	K40			49 00:24:40 00:23:43			49
83	1187	GONCERZEWICZ	ANNA	KWIRYNÓW	STARE BABICE BIEGAJĄ	1983	K30		49 00:28:04 00:24:00				49
84	1144	CYGLER	PAULINA	WARSZAWA	WKS WAWEL KRAKÓW	1991	K30	52 00:31:19 00:24:14					52
85	1516	JANISZEWSKA	EMILIA	ŁÓDŹ	PIECHOTĄ PO SCHODACH	1987	K30					53 00:25:04 00:24:58	53
86	1065	CHOJNOWSKA	MONIKA	WARSZAWA	ADIDAS RUNNERS WARSAW	1983	K30		54 00:26:15 00:24:16				54
87	1254	KAZIMIERCZAK	SYLWIA	MILANÓWEK		1992	K30		54 00:25:53 00:24:32				54
88	1176	WELK-SZCZECH	JUSTYNA	WARSZAWA		1990	K30		55 00:25:44 00:24:36				55
89	1229	MALINOWSKA	EWELINA	WARSZAWA	KARAŚ TRI TEAM	1982	K40		57 00:25:03 00:24:43				57
90	1068	DEJKO	WIKTORIA	LUBARTÓW	LUBELSKIBIEACZ.PLTEAM	2003	K16	58 00:25:38 00:24:39					58
91	1291	GRABOWIEC-ALIKOWSKA	RENATA	WARSZAWA		1974	K40		63 00:26:09 00:25:05				63
92	1550	TURCZYŃSKA	MONIKA	WARSZAWA	LECZO TEAM	1973	K40					64 00:28:41 00:25:58	64
93	1504	PTAK	ALICJA	GDYNIA		1993	K20				64 00:31:08 00:28:46		64
94	1151	MACHNIKOWSKA	GRAŻYNA	WARSZAWA		1988	K30	66 00:27:23 00:25:18					66
95	381	JAGIEŁŁO-FAJKOWSKA	AGNIESZKA	WARSZAWA	ADIDAS RUNNERS WARSAW	1987	K30		68 00:25:36 00:25:18				68
96	1542	MISIAK	AGATA	WARSZAWA	WIDŁOROGI	1992	K30					69 00:27:41 00:26:15	69
97	44	MRÓZ	GABRIELA	JEDLICZE	PAWKO RUNNER TEAM	1993	K20	70 00:26:36 00:25:35					70
98	1548	TROJANOWSKA	EMILIA	ZĄBKI		1986	K30					72 00:27:52 00:26:23	72
99	1363	FAFARA	AGNIESZKA	ŁÓDZI	PIETRZYK RUNNING TEAM	1979	K40			73 00:27:12 00:25:34			73
100	1567	KOZŁOWSKA	MALWINA	WARSZAWA		1985	K30					74 00:29:06 00:26:25	74

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101	1452	DZIAG	ANNA	WARSZAWA	NEON TEAM	1968	K50				75 00:32:31 00:29:58		75
102	1269	MŁOCKA	AGATA	PRUSZKÓW		1986	K30	77 00:26:38 00:26:07					77
103	1272	KADAKOWSKA	DACE	WARSZAWA		1983	K30	79 00:28:26 00:26:24					79
104	1004	ŁUSZCZEK	IWONA	POZNAŃ		1995	K20					79 00:29:30 00:26:49	79
105	1365	BOBEK	AGNIESZKA	WARSZAWA		1992	K30			80 00:26:49 00:25:51			80
106	1001	CISZEWSKA	ANNA	WARSZAWA		1980	K40	80 00:27:59 00:25:52					80
107	1467	MATYJASEK	AGATA	PIASTÓW	PAWKO RUNNER TEAM	1975	K40				80 00:33:11 00:30:48		80
108	71	DOMAGAŁA	ALEKSANDRA	DZIEKANÓW NOWY	BORKOFOKI	1980	K40	81 00:27:35 00:26:28					81
109	1175	KROPIAK	KATARZYNA	WARSZAWA	VEGE RUNNERS	1988	K30	82 00:27:31 00:26:28					82
110	1509	SZPERNA	AGNIESZKA	WARSZAWA		1997	K20					82 00:27:07 00:26:57	82
111	1518	ŻEBIAŁOWICZ	ALICJA	WARSZAWA		2003	K16					83 00:29:33 00:26:57	83
112	1130	MAKUCH	ALEKSANDRA	WARSZAWA	BW RUNNING TEAM	1986	K30	84 00:28:05 00:26:02					84
113	1500	KACZMARSKA	ALICJA	WARSZAWA		1980	K40				85 00:33:23 00:31:39		85
114	1507	GŁĘBOCKA-ROSZCZYK	JOANNA	WARSZAWA	NAPRZÓD MŁOCINY/NBRC ZOLIBORZ	1984	K30				87 00:35:20 00:32:50		87
115	1430	OBŁĘKOWSKA	KINGA	WARSZAWA		1976	K40				88 00:35:25 00:32:57		88
116	1472	KRZYŻANIAK	KATARZYNA	WARSZAWA		1984	K30					89 00:30:16 00:27:28	89
117	409	CHOJNACKA	SYLWIA	WARSZAWA	ADIDAS RUNNERS WARSAW	1982	K40	93 00:28:52 00:26:43					93
118	1238	MADEJ	MARIA	BIĄŁOBRZEGI		2006	K16	95 00:28:24 00:27:19					95
119	1498	LENKIEWICZ	ALEKSANDRA	WARSZAWA		1996	K20				95 00:39:07 00:36:40		95
120	114	KOWALSKA	MALGORZATA	WARSZAWA		1973	K40	98 00:28:56 00:26:56					98
121	1479	MIKOSZ	MARTA	WARSZAWA		1984	K30					101 00:32:02 00:28:03	101
122	1242	STASIOWSKA	AGATA	WARSZAWA	KARAŚ TRISWIM TEAM	1987	K30	102 00:30:00 00:27:58					102
123	1352	PASIAK	KATARZYNA	ŁÓDŹ	EVERRUN	1982	K40					106 00:29:41 00:28:14	106
124	1503	FORENDA	MONIKA	WARSZAWA		1970	K50				106 00:44:22 00:41:54		106
125	1035	PRZYŻYCKA	MARZENA	PRUSZKÓW	BIEGOWY WARIAT RUNNING TEAM	1973	K40	107 00:29:39 00:27:35					107
126	1400	GŁODOWSKA	ZOFIA	WARSZAWA		1999	K20			109 00:30:04 00:28:14			109
127	1355	RÓŻOWICZ	ELIZA	WARSZAWA	SPARTANIE DZIECIOM	1978	K40			112 00:31:10 00:28:28			112
128	1538	GNIWKIEWICZ	ANETA	WARSZAWA		1980	K40					112 00:30:23 00:28:51	112
129	1563	KOWALSKA	MAJA	WARSZAWA		2005	K16					113 00:31:35 00:28:55	113
130	1350	MULIK	KAROLINA	WARSZAWA	RAZEM TRENUJEMY SPORT	1987	K30			115 00:31:08 00:28:30			115
131	1030	RYBIŃSKA	DAGMARA	WARSZAWA		1992	K30	122 00:30:31 00:28:21					122
132	1557	KLAMBOROWSKA	MAGDALENA	WARSZAWA	KB PACE WARSZAWA	1991	K30					123 00:32:08 00:29:27	123
133	1402	TORZEWSKA	AGNIESZKA	WARSZAWA		1974	K40			126 00:31:34 00:28:55			126
134	1441	KRAWCZYK	MARTA	WARSZAWA		1978	K40					126 00:31:01 00:29:39	126

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135	1552	KURKIEWICZ	IZABELA	WARSZAWA		1988	K30					127 00:32:29 00:29:43	127
136	1008	MALANOWSKA	JULIA	WARSZAWA		1992	K30			128 00:30:41 00:28:59			128
137	584	BRZUSZCZAK	MONIKA	WARSZAWA	RUNNING ONIONS	1991	K30	130 00:32:35 00:29:18					130
138	484	GÓRCEKA	KATARZYNA	LESZNO	GOORECKI TEAM	1978	K40			132 00:30:52 00:29:14			132
139	1172	WŁODARCZYK	MAGDA	CHYLICE		1977	K40		132 00:30:54 00:29:32				132
140	1558	DANIELAK	KARINA	MŁAWA		2001	K20					132 00:31:25 00:30:02	132
141	138	HOŁOPIAK	EWA	WARSZAWA	NEW BALANCE RUN CLUB	1961	K60	134 00:31:37 00:29:23					134
142	1335	BANAK-SOLTAN	AGNIESZKA	WARSZAWA		1976	K40			134 00:32:16 00:29:27			134
143	1437	DZIADKOWIEC	MARTYNA	WARSZAWA		1991	K30					134 00:34:02 00:30:09	134
144	1336	BANAK	ALEKSANDRA	WARSZAWA		2000	K20			135 00:32:15 00:29:28			135
145	1262	CIELECKA	PAULINA	WARSZAWA		1983	K30		136 00:32:23 00:30:09				136
146	453	KOŁODZIEJCZAK	KINGA	BŁONIE	ACCENTURE	1986	K30					137 00:34:02 00:30:12	137
147	1214	CZERWOŃSKA	MICHALINA	WARSZAWA	WIDŁOROGI	1998	K20		138 00:33:43 00:30:32				138
148	1366	GUZ	AGNIESZKA	WARSZAWA		2001	K20			139 00:31:42 00:30:00			139
149	415	BRZUSZKIEWICZ	JOLANTA	WARSZAWA	DREAM RUN	1988	K30	140 00:33:12 00:29:48					140
150	472	GETLER- STRZYŻOWSKA	MAŁGORZATA	GRODZISK MAZ.	PĘDZĄCE LENIWCE	1976	K40	142 00:32:12 00:29:57					142
151	1287	FISZER	JULIA	WARSZAWA	NIETYLKOMELO	1988	K30		142 00:33:57 00:30:47				142
152	1421	ŚWIĘCH	ANETA	WARSZAWA	EAZYMUT.PL	1992	K30			144 00:32:52 00:30:06			144
153	513	ŚWISTAK	ILONA	WARSZAWA	KLUB BIEGACZA PROVIDENT	1985	K30		144 00:33:13 00:30:55				144
154	1519	KORSAK	NATALIA	WARSZAWA		1993	K20					145 00:34:29 00:30:39	145
155	1409	MATYJASZEK	AGATA	PIASTÓW	PAWKO RUNNER TEAM	1975	K40			146 00:31:41 00:30:07			146
156	1568	ZAWADKA	AGNIESZKA	BLIZNE JASIŃSKIEGO		1971	K50					153 00:36:18 00:32:16	153
157	491	WAWRYKA	ANGELIKA	GRODZISK MAZOWIECKI		1995	K20		154 00:35:20 00:32:05				154
158	1362	OCHOCKA	EWA	ŁÓDŹ	BIEGNIĘTE LASKI	1978	K40			155 00:32:33 00:30:55			155
159	1245	CIEPLAK	KATARZYNA	WARSZAWA		1980	K40		155 00:34:48 00:32:45				155
160	1396	DAKŁAK	JOANNA	WARSZAWA		1989	K30			156 00:33:34 00:30:57			156
161	1166	KORONKIEWICZ	MAŁGORZATA	PIASTÓW	ROZBIEGANY PIASTÓW	1964	K50		159 00:35:27 00:33:21				159
162	1569	ĆWIKŁA	JOANNA ŁUCJA	WARSZAWA	REBEL RUN / REBEL REGIMENT	1981	K40					160 00:37:15 00:33:15	160
163	203	DĄBROWSKA	MARTA	WARSZAWA		1987	K30		161 00:37:03 00:33:38				161
164	1607	STOKOWSKA-SKŁADANEK	DAGMARA	ŁÓDŹ	FAMILYREPUBLIC.PL	1978	K40					163 00:36:25 00:33:42	163
165	1239	JAWAHERI-SZPAK	KATARZYNA	WARSZAWA		1982	K40		164 00:38:37 00:35:20				164
166	248	NOWAK	MAGDALENA	WARSZAWA	FILIP RUNNING TEAM	1984	K30	166 00:35:21 00:32:14					166
167	1530	POKUTYCKA-MADRALA	MARTA	WARSZAWA	NATIONALE-NEDERLANDEN	1978	K40					168 00:34:12 00:34:12	166
168	1293	JAKUBOWSKA	JOANNA	WARSZAWA	TRIMASTERS	1977	K40		166 00:36:50 00:35:37				166

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169	1338	LASKOWSKA	WIKTORIA	WARSZAWA		1999	K20			167 00:34:28 00:31:54			167
170	1132	PROROK	MAŁGORZATA	PIASECZNO		1981	K40	167 00:35:34 00:32:24					167
171	1052	BULIK	EWELINA	WARSZAWA		1984	K30	169 00:36:04 00:32:50					169
172	1415	LIUNIA	NATALIA	WARSZAWA	TRI LYNX	1995	K20			170 00:35:15 00:32:37			170
173	475	KARIOZEN	AGATA	WARSZAWA		1981	K40	170 00:36:07 00:33:00					170
174	1404	OGOŃCZYK	DONATA	SEROCK		1991	K30			172 00:35:22 00:32:43			172
175	1076	OSZUP	GOSIA	WARSZAWA	BIEGAJ POD OKIEM TRENERA	1978	K40	172 00:33:16 00:33:16					172
176	1528	ŻEBROWSKA-NIESTĘPSKA	ALEKSANDRA	PULTUSK	BRAK	1982	K40					172 00:35:05 00:35:05	172
177	1414	HUNIA	ALEKSANDRA	RZESZÓW		1991	K30			177 00:35:49 00:33:11			177
178	520	WOJTASIK	JOANNA	WARSZAWA		1983	K30	177 00:36:51 00:33:37					177
179	1086	ROGALSKA	AGNIESZKA	WARSZAWA		1973	K40			178 00:35:55 00:33:19			178
180	1053	VASYLETS	NATALIA	WARSZAWA		1999	K20	181 00:38:10 00:34:55					181
181	1111	SZYMCZAK	AGNIESZKA	WARSZAWIE		1982	K40	183 00:38:29 00:35:18					183
182	329	PRUSAK-GMUR	MAŁGORZATA	WARSZAWA		1988	K30	186 00:39:09 00:35:53					186
183	1156	RZADKOWSKA	WIRA	WARSZAWA		1989	K30	187 00:39:04 00:35:54					187
184	1012	MARKOWSKA	ALEKSANDRA	WARSZAWA		1999	K20	188 00:40:21 00:36:24					188
185	1424	BARTOSIEWICZ	ANNA	WARSZAWA		1984	K30			191 00:43:29 00:36:52			191
186	21	WIŚNIEWSKA-DUDA	ANNA	WARSZAWA		1986	K30	191 00:39:11 00:37:00					191
187	1026	BARLAK	BEATA	WARSZAWA		1988	K30			192 00:39:41 00:36:59			192
188	1342	JOPEK	ANNA	WARSZAWA		1985	K30			194 00:39:45 00:37:08			194
189	183	NAGUCKA	EMILIA	WARSZAWA		1988	K30	197 00:41:57 00:37:58					197
190	1157	JARZĄBEK	BEATA	WARSZAWA		1976	K40	198 00:41:08 00:37:59					198
191	489	WILCZYŃSKA	AGATA	WARSZAWA		1989	K30	200 00:41:33 00:38:21					200
192	480	ORZECHOWSKA	MAGDALENA	WARSZAWA		1987	K30	201 00:41:35 00:38:30					201
193	1028	GUSZPIT	AGNIESZKA	WARSZAWA	ALIOR RUNNING CLUB	1973	K40			202 00:41:57 00:39:13			202