

## Zawodnicy sklasyfikowani - mężczyźni

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	1094	GORZELAŃCZYK	JAKUB	GOŁĘCZEWO	MKS SIECHNICE	1991	M30	4 00:15:29 00:15:29		2 00:15:17 00:15:15	1 00:15:07 00:15:07		7
2	4	WITEK	ANDRZEJ	MIRKÓW	140MINUT.PL	1992	M20		1 00:16:07 00:16:06	3 00:15:17 00:15:15	5 00:15:28 00:15:27		9
3	1189	PRZESTRZELSKI	KAJETAN	WROCLAW	WOSIEK TEAM	2001	M20	6 00:15:44 00:15:44		8 00:16:14 00:16:13	11 00:16:05 00:16:03	3 00:15:28 00:15:28	17
4	1049	WENDLAND	MICHAŁ	WROCLAW	MKS SIECHNICE	1989	M30	5 00:15:36 00:15:36		7 00:16:05 00:16:04	8 00:15:50 00:15:49		20
5	5	CHATYS	PRZEMYSŁAW	KĘDZIERZYN-KOŹLE	AKADEMIA BIEGANIA	1990	M30			9 00:16:27 00:16:26	10 00:16:02 00:16:02	6 00:16:24 00:16:24	25
6	1223	WIECZOREK	MIKOŁAJ	WIERUSZÓW	STAL OSTROW	2001	M20	8 00:15:56 00:15:56			14 00:16:35 00:16:34	4 00:16:01 00:16:01	26
7	1407	JANAS	FILIP	WROCLAW	MKS PARASOL WROCLAW	2004	M16			11 00:16:43 00:16:40	12 00:16:08 00:16:08	5 00:16:11 00:16:09	28
8	1226	MARKOWICZ	ŁUKASZ	WROCLAW	WOSIEK TEAM	1994	M20	11 00:16:50 00:16:48		14 00:16:51 00:16:49	15 00:16:40 00:16:40	9 00:16:49 00:16:48	34
9	1250	HARASIUK	ADAM	WROCLAW	140MINUT	1989	M30	28 00:17:46 00:17:45	5 00:17:22 00:17:20	21 00:17:33 00:17:30		8 00:16:49 00:16:49	34
10	92	BARNAŚ	PIOTR	KŁODZKO	GÓRYLASY1	1998	M20	21 00:17:24 00:17:23	3 00:17:14 00:17:13	16 00:17:07 00:17:03			40
11	166	JOSYPENKO	JĘDRZEJ	WARSZAWA	DREAM RUN	1986	M30	16 00:17:08 00:17:08	4 00:17:19 00:17:18	22 00:17:39 00:17:37	35 00:18:19 00:18:18		42
12	1323	CHROSTOWSKI	KONRAD	GIDLE	WOSIEK TEAM	1998	M20		6 00:17:23 00:17:23	20 00:17:31 00:17:29	18 00:17:18 00:17:17		44
13	151	CZARNOTA	DARIUSZ	WYSOKA		1989	M30	22 00:17:26 00:17:26	7 00:17:24 00:17:23	17 00:17:08 00:17:06			46
14	1095	LEWANDOWSKI	MACIEJ	WROCLAW	HAKUNA ALOHA	1989	M30	24 00:17:39 00:17:38	9 00:17:28 00:17:27	19 00:17:23 00:17:20	21 00:17:30 00:17:30		49
15	1392	ROGOWSKI	MICHAŁ	KĘDZIERZYN - KOŹLE	AKADEMIA BIEGANIA	1991	M30			18 00:17:22 00:17:20	16 00:17:10 00:17:09	16 00:17:38 00:17:37	50
16	107	DĄBROWSKI	ANDRZEJ	WROCLAW	140MINUT.PL	1985	M30	17 00:17:11 00:17:09	13 00:18:01 00:18:00	26 00:17:46 00:17:43	24 00:17:35 00:17:33		54
17	41	GLÓD	MATEUSZ	WROCLAW		1979	M40	15 00:17:06 00:17:04		31 00:17:57 00:17:57	27 00:17:47 00:17:45	13 00:17:23 00:17:21	55
18	1123	MALIK	JAKUB	WROCLAW	WKS ŚLĄSK WROCLAW	2001	M20	14 00:17:02 00:17:02			31 00:17:58 00:17:57	11 00:16:58 00:16:57	56
19	152	BUBLIS	GRZEGORZ	WROCLAW	KAMIENOGÓRSKA GRUPA BIEGOWA	1983	M30	18 00:17:13 00:17:12	11 00:17:31 00:17:28	28 00:17:51 00:17:47	46 00:18:47 00:18:44		57
20	196	ORŁOWSKI	ŁUKASZ	WROCLAW	ALLIMP TEAM	1987	M30	20 00:17:22 00:17:21		27 00:17:47 00:17:43	28 00:17:45 00:17:44	12 00:17:08 00:17:08	58
21	1368	ŁABA	MATEUSZ	NOWA RUDA	140MINUT.PL	1985	M30			23 00:17:41 00:17:33	25 00:17:35 00:17:32	17 00:17:39 00:17:38	65
22	1138	KOZACZKIEWICZ	MARCEL	SZEWCE	LITWIN TRIATHLON ELITE	2003	M16	25 00:17:42 00:17:39	17 00:18:09 00:18:08		23 00:17:34 00:17:32		65
23	187	KOWALSKI	KONRAD	WROCLAW	TRENUJZNAMI.PL	1990	M30	240 00:33:28 00:28:51	14 00:18:02 00:17:59	246 00:31:51 00:29:14	28 00:17:50 00:17:47	23 00:18:23 00:18:21	65
24	94	SOJKA	JAKUB	WILKSZYŃ	WILKSZYŃ RUNNING	1985	M30	29 00:18:08 00:18:07	15 00:18:03 00:18:01			22 00:18:10 00:18:08	66
25	1290	ZAWIERTA	ARKADIUSZ	WROCLAW	AKADEMIA BIEGANIA	1991	M30			25 00:17:45 00:17:42	22 00:17:32 00:17:30	20 00:17:52 00:17:50	67
26	1213	FEDOROWICZ	JACEK	WROCLAW	KB VAMOS AMIGOS WROCLAW	1970	M50			30 00:17:56 00:17:53	29 00:17:52 00:17:49	14 00:17:26 00:17:25	73
27	1001	MAJCHRZAK	MACIEJ	WROCLAW	140MINUT.PL	1989	M30	40 00:18:26 00:18:19	20 00:18:19 00:18:14	35 00:18:14 00:18:08	37 00:18:20 00:18:16	19 00:17:51 00:17:45	74
28	1021	NOWAK	PAWEŁ	WROCLAW	ALOHA HAKUNA	1986	M30	28 00:17:59 00:17:58	18 00:18:12 00:18:11	29 00:17:53 00:17:49		67 00:20:42 00:20:40	75
29	73	MROCZKOWSKI	KAROL	WROCLAW	ALOHA TRIATHLON TEAM	1990	M30	42 00:18:38 00:18:36	19 00:18:19 00:18:17	33 00:18:12 00:18:08	48 00:18:55 00:18:50	24 00:18:25 00:18:24	76
30	83	BUJAŁA	MICHAŁ	JAWOR	FOTOBOKS.PL - FOTOBUDKA NA IMPREZĘ	1987	M30	27 00:17:57 00:17:56	27 00:18:40 00:18:38	24 00:17:45 00:17:42			78
31	209	WIKTORSKI	MIESZKO	WROCLAW	TRENUJZNAMI.PL	1981	M40	109 00:21:26 00:21:26	10 00:17:28 00:17:27	32 00:18:09 00:18:06	38 00:18:23 00:18:22		80
32	1085	WRÓBEL	DAMIAN	WROCLAW		1989	M30	43 00:18:40 00:18:38	25 00:18:30 00:18:28	41 00:18:44 00:18:40		25 00:18:27 00:18:25	91

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	97	KUCHARSKI	ROBERT	WROCLAW	ZAKOCHAJ SIĘ W BIEGANIU	1980	M40	33 00:18:19 00:18:17	28 00:18:41 00:18:37	43 00:18:50 00:18:45	38 00:18:19 00:18:18	49 00:19:44 00:19:43	97
34	21	SOBCZAK	TOMASZ	BRZEG DOLNY	140MINUT.PL	1981	M40	38 00:18:25 00:18:22	26 00:18:31 00:18:25	34 00:18:13 00:18:08	39 00:18:23 00:18:21		98
35	1166	LANGNER	RADOSŁAW	WROCLAW	RMT PRO TEAM	1988	M30	39 00:18:26 00:18:22	22 00:18:29 00:18:26	38 00:18:18 00:18:13			99
36	105	SŁOBODZIAN	JERZY	DZIERŻONIÓW	NYSZA BIEGA	1966	M50	44 00:18:40 00:18:39	29 00:18:50 00:18:48	52 00:19:16 00:19:11	57 00:19:07 00:19:02	30 00:18:55 00:18:54	103
37	42	KUSAL	TOMASZ	OPOLE		1995	M20	41 00:18:28 00:18:25	23 00:18:29 00:18:27	40 00:18:38 00:18:33			104
38	172	SZCZERBAKOWICZ	KAMIL	NADOLICE WIELKIE		1989	M30	37 00:18:23 00:18:20	67 00:20:19 00:20:17	42 00:18:46 00:18:43	53 00:19:01 00:18:59	26 00:18:29 00:18:27	105
39	244	HARZOWSKI	MATEUSZ	WROCLAW	GÓRYLASY1	1990	M30		33 00:19:02 00:19:00	53 00:19:14 00:19:11		29 00:18:49 00:18:48	115
40	1084	ŁAZARSKI	PATRYK	WAŁBRZYCH	#NOPAINNOGAIN	1991	M30	49 00:18:53 00:18:53	32 00:18:58 00:18:56	39 00:18:29 00:18:27			120
41	1099	WAŻNY	ARTUR	WROCLAW	WKS ŚLĄSK WROCLAW	2005	M16	51 00:19:00 00:18:58	31 00:18:54 00:18:52	92 00:20:32 00:20:26	40 00:18:27 00:18:27		122
42	1020	KITA	MICHAŁ	WROCLAW	PĘDZĄCY W MIEJSCU	1975	M40	55 00:22:30 00:19:08	48 00:20:21 00:19:23	47 00:19:03 00:18:59		27 00:18:37 00:18:34	122
43	1231	TOMCZYK	RAFAŁ	WROCLAW	WOSIEK TEAM	1983	M30	53 00:19:02 00:19:00	54 00:19:52 00:19:50	49 00:19:07 00:19:04	49 00:18:57 00:18:53	28 00:18:41 00:18:38	126
44	1253	JAGNIĄTKOWSKI	JACEK	OLDRZYCHOWICE KŁODZKIE	GÓRYLASY1	1980	M40	52 00:19:02 00:18:58	35 00:19:06 00:19:03	54 00:19:17 00:19:13	74 00:20:00 00:19:57	41 00:19:26 00:19:23	128
45	235	KOKOTT	MARCIN	SMOLEC	140MINUT.PL	1984	M30	54 00:19:09 00:19:06	45 00:19:25 00:19:22	51 00:19:19 00:19:10	64 00:19:41 00:19:32	32 00:19:03 00:18:59	128
46	1057	KONIECZNY	MIKOŁAJ	WROCLAW		1998	M20		40 00:19:16 00:19:11	48 00:19:09 00:19:03	45 00:18:39 00:18:34	44 00:19:31 00:19:27	129
47	156	KULCZEWSKI	ŁUKASZ	WROCLAW	B/S/H COOKING FACTORY WROCLAW	1980	M40	59 00:19:17 00:19:15	42 00:19:24 00:19:21	58 00:19:36 00:19:27	56 00:19:05 00:19:00	31 00:19:00 00:18:57	129
48	1314	BAJON	PRZEMYSŁAW	MIEJSKA GÓRKA	WATAHA	1993	M20		44 00:19:25 00:19:19	46 00:18:58 00:18:53		40 00:19:25 00:19:22	130
49	1291	NOWICKI	MATEUSZ	WROCLAW		1995	M20		47 00:19:33 00:19:28	45 00:18:58 00:18:54	42 00:18:35 00:18:32		134
50	1096	SZYDŁO	MATEUSZ	SIEDLISKO		2001	M20	46 00:18:43 00:18:41	38 00:19:15 00:19:11	50 00:19:16 00:19:10	52 00:19:02 00:18:56		134
51	1198	KIELCZEWSKI	GRZEGORZ	WROCLAW		1960	M60	56 00:19:13 00:19:13	43 00:19:24 00:19:18		88 00:20:34 00:20:30	50 00:19:46 00:19:43	149
52	1112	ZIĘBA	BŁAŻEJ	WILCZYCE	140MINUT.PL	1978	M40	58 00:19:22 00:19:14	61 00:20:13 00:20:04	59 00:19:39 00:19:30	72 00:20:00 00:19:53	33 00:19:04 00:19:00	150
53	201	MADERA	ANDRZEJ	WROCLAW	KILOMETRY POMOCY	1977	M40	61 00:19:26 00:19:21	51 00:19:46 00:19:40	74 00:20:01 00:19:54	75 00:20:08 00:19:58	38 00:19:23 00:19:20	150
54	1257	NOWACKI	BARTOSZ	WROCLAW	ANATOMIA BIEGANIA	1987	M30	50 00:18:58 00:18:54		95 00:20:45 00:20:34	66 00:19:43 00:19:39	35 00:19:16 00:19:16	151
55	1256	LENART	RAFAL	WROCLAW	DRUŻYNA ML	1989	M30	74 00:19:51 00:19:44	52 00:19:47 00:19:41	65 00:19:48 00:19:42		34 00:19:10 00:19:05	151
56	1287	KACZKOWSKI	MIŁOSZ	WAŁBRZYCH	DĄBROWSKI TEAM	1993	M20		36 00:19:12 00:19:09	77 00:20:00 00:19:57		39 00:19:24 00:19:21	152
57	72	RADECKI	JAKUB	WROCLAW	KUBUTEK RUNNING TEAM WROCLAW	1975	M40	201 00:27:10 00:25:32	65 00:20:17 00:20:15	63 00:19:38 00:19:34	71 00:19:53 00:19:51	42 00:19:26 00:19:24	170
58	1105	STAWIARZ	PAWEŁ	WROCLAW	140MINUT.PL	1986	M30	57 00:19:18 00:19:14	74 00:20:43 00:20:34	57 00:19:31 00:19:24	58 00:19:13 00:18:08		172
59	1182	TOMASZKIEWICZ	WOJCIECH	STRONIE ŚLĄSKIE	RUN FOREST	1984	M30	84 00:20:25 00:20:16	59 00:20:10 00:20:03	66 00:19:49 00:19:42	70 00:19:52 00:19:49	52 00:19:50 00:19:46	177
60	239	BAGIŃSKI	ŁUKASZ	WROCLAW		1981	M40	67 00:19:30 00:19:27	49 00:19:35 00:19:32	67 00:19:48 00:19:43	62 00:19:33 00:19:29		178
61	1288	STUDNICKI	PAWEŁ	WROCLAW	140MINUT.PL	1979	M40	71 00:19:47 00:19:39		60 00:19:50 00:19:32	73 00:20:02 00:19:56	48 00:19:46 00:19:41	179
62	1173	LENART	MIŁOSZ	KĘTRZYN	DRUŻYNA ML	1965	M50	90 00:20:41 00:20:34	63 00:20:16 00:20:09	70 00:19:57 00:19:50	188 00:25:30 00:25:26	47 00:19:44 00:19:39	180
63	1005	PAĞOWSKI	ANDRZEJ	KIELCE	CENTRUM PRZYGOTOWAŃ DO MISJI ZAGRANICZNYCH	1973	M40	70 00:19:38 00:19:35	50 00:19:38 00:19:35	79 00:20:07 00:20:01		64 00:20:29 00:20:24	184
64	1157	GREKOW	SŁAWKO	WROCLAW	ALLIMP TEAM	1967	M50	68 00:19:35 00:19:32		76 00:19:59 00:19:55	76 00:20:05 00:20:01	45 00:19:36 00:19:32	189
65	56	MURMYŁO	WOJCIECH	WROCLAW	ALOHA HAKUNA	1975	M40	47 00:18:46 00:18:44	39 00:18:15 00:19:12		104 00:22:47 00:21:13		190
66	90	KUBICA	PAWEŁ	SIECHNICE	GÓRYLASY1	1985	M30	79 00:20:12 00:20:05	57 00:20:02 00:19:54	64 00:19:41 00:19:36		71 00:20:58 00:20:52	192

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
67	179	KIPIGROCH	BARTŁOMIEJ	WROCLAW	ŚLEZAK TEAM	1985	M30	<b>66</b> 00:19:31 00:19:27	<b>41</b> 00:19:23 <u>00:19:17</u>		<b>87</b> 00:20:42 00:20:29		<b>194</b>
68	262	PRUSEK	PIOTR	ŚRODA ŚLASKA		1974	M40	<b>83</b> 00:20:14 00:20:12	<b>60</b> 00:20:10 00:20:04	<b>80</b> 00:20:09 <u>00:20:03</u>	<b>78</b> 00:20:08 00:20:05	<b>61</b> 00:20:20 00:20:17	<b>199</b>
69	249	ZALEŃSKI	LESŁAW	WROCLAW	MARATHON TEAM	1959	M60	<b>77</b> 00:20:04 00:20:01	<b>56</b> 00:19:56 00:19:53	<b>71</b> 00:19:54 <u>00:19:50</u>			<b>204</b>
70	1100	GAŃKO	BARTŁOMIEJ	WROCLAW	ALLIMP TEAM	1981	M40	<b>62</b> 00:19:27 <u>00:19:23</u>		<b>87</b> 00:20:21 00:20:17		<b>58</b> 00:20:13 00:20:11	<b>207</b>
71	87	CICHOWSKI	WOJCIECH	PRZYGDZICE	140MINUT.PL	1992	M20	<b>31</b> 00:18:14 <u>00:18:10</u>	<b>109</b> 00:22:06 00:21:56	<b>69</b> 00:19:52 00:19:44			<b>209</b>
72	164	BANACHOWSKI	WALDEMAR	BRZEG	BRZEG WALVET TEAM	1976	M40	<b>85</b> 00:20:25 00:20:20	<b>68</b> 00:20:24 00:20:18	<b>101</b> 00:21:51 00:20:47	<b>99</b> 00:21:07 00:21:00	<b>56</b> 00:20:09 <u>00:20:09</u>	<b>209</b>
73	1073	SAMOLUK	ADRIAN	BIAŁY KOŚCIÓŁ	GARMIN WROCLAW	1993	M20	<b>81</b> 00:20:11 00:20:11	<b>58</b> 00:20:05 00:20:00	<b>73</b> 00:19:57 <u>00:19:51</u>			<b>212</b>
74	38	MAZUR	ADAM	WROCLAW		1994	M20	<b>60</b> 00:19:25 <u>00:19:20</u>		<b>79</b> 00:20:07 00:20:00	<b>77</b> 00:20:09 00:20:04		<b>215</b>
75	40	FONROBERT	DOMINIK	WROCLAW	#TRIMP TRIATHLON IMPULSE	1977	M40	<b>78</b> 00:20:11 00:20:04		<b>72</b> 00:19:58 00:19:51	<b>65</b> 00:19:40 <u>00:19:36</u>		<b>215</b>
76	116	GAWRON	ARKADIUSZ	WROCLAW	WIECZORNE BIEGANIE WE WROCLAWIU	1990	M30	<b>99</b> 00:20:35 00:20:31	<b>66</b> 00:20:22 00:20:17		<b>98</b> 00:21:02 00:20:59	<b>60</b> 00:20:19 <u>00:20:15</u>	<b>215</b>
77	58	CISŁO	KRZYSZTOF	WYSOKA	140MINUT.PL	1981	M40	<b>72</b> 00:19:49 <u>00:19:42</u>	<b>64</b> 00:20:17 00:20:13	<b>81</b> 00:20:13 00:20:05			<b>217</b>
78	102	MIELCZAREK	TOMASZ	WROCLAW	ALLIMP TEAM	1975	M40	<b>88</b> 00:20:39 00:20:30	<b>77</b> 00:20:49 00:20:40		<b>105</b> 00:21:27 00:21:16	<b>57</b> 00:20:17 <u>00:20:10</u>	<b>222</b>
79	1394	JANICKI	ZBYSZEK	WROCLAW	SZTUKA BIEGANIA	1990	M30			<b>83</b> 00:20:21 00:20:13	<b>90</b> 00:20:50 00:20:32	<b>51</b> 00:19:49 <u>00:19:46</u>	<b>224</b>
80	158	CZARCIŃSKI	MICHAŁ	WROCLAW		1974	M40	<b>87</b> 00:20:29 <u>00:20:26</u>	<b>70</b> 00:20:32 <u>00:20:26</u>	<b>110</b> 00:21:31 00:21:22	<b>137</b> 00:22:41 00:22:34	<b>68</b> 00:20:50 00:20:45	<b>225</b>
81	1018	TRZECIAK	JACEK	IWINY	MKS SIECHNICE	1978	M40		<b>80</b> 00:21:02 00:20:52		<b>92</b> 00:20:56 00:20:49	<b>54</b> 00:20:11 <u>00:20:07</u>	<b>226</b>
82	171	ZĄBEK	ŁUKASZ	WROCLAW	140MINUT.PL	1978	M40	<b>65</b> 00:19:29 <u>00:19:26</u>	<b>61</b> 00:20:55 00:20:52	<b>82</b> 00:20:13 00:20:06	<b>86</b> 00:20:30 00:20:24		<b>228</b>
83	1052	MICHALAK	KAMIL	SIERADZ	MKS SIECHNICE	1998	M20	<b>76</b> 00:19:58 00:19:53		<b>86</b> 00:20:27 00:20:16	<b>69</b> 00:19:49 <u>00:19:45</u>		<b>231</b>
84	272	SIELICKI	MARIUSZ	WROCLAW	MATNER RUNNING TEAM	1985	M30		<b>88</b> 00:22:24 00:21:06	<b>89</b> 00:20:34 00:20:22	<b>101</b> 00:22:40 00:21:06	<b>55</b> 00:20:14 <u>00:20:08</u>	<b>232</b>
85	50	KRZYŚKÓW	PIOTR	WROCLAW	VELICANTE SPORT TEAM	1983	M30	<b>80</b> 00:20:15 00:20:08	<b>79</b> 00:20:50 00:20:45	<b>75</b> 00:20:00 <u>00:19:54</u>	<b>93</b> 00:20:57 00:20:51		<b>234</b>
86	1246	ZATOŃ	CEZARY	WROCLAW		1981	M40			<b>93</b> 00:20:32 00:20:27	<b>80</b> 00:20:11 <u>00:20:08</u>	<b>63</b> 00:20:28 00:20:24	<b>236</b>
87	1255	POTOCKI	MARCIN	ŻARY		1978	M40	<b>95</b> 00:20:49 00:20:43	<b>83</b> 00:21:07 00:20:58	<b>97</b> 00:20:44 <u>00:20:37</u>	<b>96</b> 00:21:03 00:20:57	<b>70</b> 00:20:58 00:20:52	<b>248</b>
88	143	CZERNECKI	WOJCIECH	WROCLAW		1978	M40		<b>89</b> 00:21:21 00:21:10	<b>88</b> 00:20:29 00:20:17	<b>134</b> 00:24:03 00:22:29	<b>80</b> 00:21:20 00:21:14	<b>257</b>
89	260	OPALIŃSKI	JACEK	DZIERŻONIÓW	BIELAWSKA AKADEMIA BIEGANIA	1984	M30	<b>86</b> 00:20:21 <u>00:20:20</u>	<b>69</b> 00:20:27 00:20:23		<b>103</b> 00:21:23 00:21:12		<b>258</b>
90	1038	ADAMOWICZ	MACIEJ	WROCLAW		1982	M30	<b>101</b> 00:22:31 00:20:58	<b>76</b> 00:21:37 00:20:36	<b>84</b> 00:21:17 <u>00:20:14</u>	<b>172</b> 00:26:01 00:24:25		<b>261</b>
91	1080	WAŻNY	DARIUSZ	WROCLAW	WAŻNY TEAM	1979	M40	<b>94</b> 00:20:50 00:20:43	<b>72</b> 00:20:40 <u>00:20:31</u>	<b>99</b> 00:20:45 00:20:39			<b>265</b>
92	1317	WENCEL	DANIEL	MIEJSKA GÓRKA		1993	M20		<b>73</b> 00:20:40 00:20:34	<b>85</b> 00:20:21 <u>00:20:15</u>	<b>108</b> 00:21:39 00:21:32		<b>266</b>
93	1348	HERBINGER	MACIEJ	WROCLAW	ALOHA HAKUNA	1978	M40		<b>71</b> 00:20:34 <u>00:20:29</u>	<b>98</b> 00:20:49 00:20:38	<b>97</b> 00:21:04 00:20:58		<b>266</b>
94	109	MALINIAK	JAROSŁAW	WILKSZYN	WILKSZYN RUNNING	1980	M40	<b>107</b> 00:22:56 00:21:19	<b>94</b> 00:21:27 00:21:21		<b>126</b> 00:22:20 00:22:11	<b>72</b> 00:21:02 <u>00:20:55</u>	<b>273</b>
95	1066	KOKOSZKA	TOMASZ	WROCLAW		1978	M40	<b>99</b> 00:22:32 <u>00:20:56</u>	<b>100</b> 00:22:33 00:21:27			<b>76</b> 00:22:02 00:20:58	<b>275</b>
96	1102	STĘPIEŃ	GRZEGORZ	OPOLE	WIECZORNE BIEGANIE W OPOLU	1977	M40	<b>96</b> 00:22:23 <u>00:20:51</u>	<b>106</b> 00:22:48 00:21:47	<b>119</b> 00:22:40 00:21:39		<b>74</b> 00:21:59 00:20:57	<b>276</b>
97	1354	GAŁUSZKA	MATEUSZ	WROCLAW	GÓRYLASY	1990	M30		<b>75</b> 00:20:37 <u>00:20:34</u>	<b>112</b> 00:21:31 00:21:25		<b>92</b> 00:21:50 00:21:48	<b>279</b>
98	210	MARCZUK	JAKUB	WROCLAW	MATNER RUNNING TEAM	1993	M20	<b>114</b> 00:23:08 00:21:32	<b>96</b> 00:21:30 00:21:23	<b>146</b> 00:22:42 00:22:42	<b>115</b> 00:23:22 00:21:46	<b>78</b> 00:21:08 <u>00:21:04</u>	<b>288</b>
99	1241	KOSSOWSKI	SEBASTIAN	WROCLAW	SOBCZYK TEAM- MKS SIECHNICE	1990	M30		<b>93</b> 00:22:21 00:21:21	<b>122</b> 00:21:58 00:21:48	<b>117</b> 00:22:05 00:21:58	<b>81</b> 00:21:18 <u>00:21:15</u>	<b>291</b>
100	216	GÓRSKI	ŁUKASZ	KAMIEŃ		1982	M30	<b>104</b> 00:21:20 00:21:13	<b>85</b> 00:21:06 <u>00:20:59</u>	<b>105</b> 00:21:13 00:21:05			<b>294</b>

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
101	62	BUDZIEWSKI	TOMASZ	ŁAGIEWNIKI		1978	M40	<b>102</b> 00:21:10 00:21:09	<b>103</b> 00:21:44 00:21:40	<b>135</b> 00:22:08 00:22:04	<b>130</b> 00:22:23 00:22:20	<b>95</b> 00:21:58 00:21:55	300
102	1168	ZYCH	ADAM	WROCLAW	ZYCHU TEAM	1956	M60	<b>110</b> 00:21:34 00:21:27	<b>97</b> 00:21:29 00:21:24	<b>108</b> 00:21:24 00:21:15	<b>118</b> 00:22:05 00:22:00	<b>96</b> 00:22:05 00:22:01	301
103	1199	PAJOR	BARTOSZ	WROCLAW	GVT	1984	M30	<b>137</b> 00:22:23 00:22:18	<b>78</b> 00:20:51 00:20:44	<b>91</b> 00:20:27 00:20:24			306
104	154	KOBOS	RADOSLAW	SIECHNICE	ZAKOCHAJ SIĘ W BIEGANIU I NIE TYLKO	1982	M30		<b>125</b> 00:22:30 00:22:22	<b>128</b> 00:22:05 00:21:56	<b>106</b> 00:21:28 00:21:22	<b>77</b> 00:21:05 00:21:00	308
105	78	WIECZOREK	JACEK	WROCLAW	VELICANTE SPORT TEAM	1972	M40	<b>117</b> 00:23:17 00:21:47	<b>110</b> 00:22:58 00:21:58	<b>115</b> 00:22:27 00:21:27	<b>109</b> 00:23:03 00:21:32	<b>89</b> 00:22:40 00:21:40	308
106	153	SMAC	ADAM	WROCLAW		1973	M40	<b>105</b> 00:22:47 00:21:16	<b>132</b> 00:23:32 00:22:28		<b>120</b> 00:23:37 00:22:03	<b>86</b> 00:22:40 00:21:37	311
107	1026	BIŃCZYK	ADAM	WROCLAW	ANATOMIA BIEGANIA	1985	M30	<b>118</b> 00:23:24 00:21:48	<b>116</b> 00:23:12 00:22:05	<b>116</b> 00:21:32 00:21:28	<b>113</b> 00:21:45 00:21:40	<b>84</b> 00:21:38 00:21:33	313
108	60	ŁAŻNIEWSKI	DARIUSZ	WYSOKA	OLSZYNA BIEGA	1986	M30	<b>113</b> 00:21:41 00:21:31	<b>102</b> 00:21:48 00:21:40			<b>100</b> 00:22:18 00:22:11	315
109	214	SZOKA	KRZYSZTOF	SZCZYTNA		1993	M20	<b>126</b> 00:23:33 00:22:02	<b>118</b> 00:23:08 00:22:09	<b>141</b> 00:23:22 00:22:22	<b>111</b> 00:23:08 00:21:36	<b>87</b> 00:22:41 00:21:38	316
110	1194	GRONOWSKI	PAWEŁ	PRZEMILÓW		1966	M50	<b>141</b> 00:23:56 00:22:22	<b>129</b> 00:23:34 00:22:25		<b>114</b> 00:23:18 00:21:45	<b>75</b> 00:22:01 00:20:57	318
111	37	PESZKO	RAFAŁ	WROCLAW	DĄBROWSKI TEAM	1995	M20	<b>103</b> 00:21:24 00:21:13	<b>91</b> 00:21:23 00:21:15	<b>124</b> 00:22:01 00:21:50	<b>213</b> 00:28:53 00:27:13		318
112	1056	MAŚLANKA	ŁUKASZ	WROCLAW	ALOHA HAKUNA	1985	M30	<b>121</b> 00:22:06 00:21:55	<b>117</b> 00:22:13 00:22:06		<b>119</b> 00:22:10 00:22:00	<b>82</b> 00:21:20 00:21:16	318
113	70	ROKSELA	PAWEŁ	WROCLAW		1986	M30	<b>100</b> 00:21:06 00:20:58		<b>120</b> 00:21:50 00:21:41	<b>100</b> 00:22:41 00:21:05		320
114	273	CHOJNICKI	PRZEMYSŁAW	WROCLAW	MATNER RUNNING TEAM	1983	M30		<b>101</b> 00:21:46 00:21:33	<b>109</b> 00:21:31 00:21:21	<b>110</b> 00:21:42 00:21:33		320
115	59	MLYNARCZYK	ARKADIUSZ	WROCLAW		1985	M30	<b>135</b> 00:23:52 00:22:16		<b>103</b> 00:20:59 00:20:51	<b>85</b> 00:20:25 00:20:21		323
116	1311	JAZ	ZYGMUNT	WROCLAW		1961	M60		<b>121</b> 00:22:18 00:22:12	<b>111</b> 00:21:31 00:21:22	<b>94</b> 00:21:02 00:20:53		326
117	266	GŁOWACKI	ADAM	WROCLAW	MONT BLANC	1977	M40	<b>177</b> 00:25:37 00:23:59	<b>148</b> 00:24:25 00:23:19	<b>114</b> 00:21:45 00:21:27		<b>86</b> 00:20:38 00:20:29	328
118	1176	GRELA	RAFAŁ	WROCLAW		2002	M16	<b>115</b> 00:24:41 00:21:33	<b>82</b> 00:22:58 00:20:54	<b>136</b> 00:23:20 00:22:04			333
119	241	WOŹNIAK	WALDEMAR	WROCLAW	EBIEGI.PL	1981	M40	<b>119</b> 00:24:51 00:21:50	<b>112</b> 00:24:04 00:22:00			<b>102</b> 00:22:27 00:22:17	333
120	1078	ORZECHOWSKI	TOMASZ	WROCLAW		1982	M30	<b>125</b> 00:23:34 00:22:01	<b>127</b> 00:23:30 00:22:24	<b>137</b> 00:23:08 00:22:05	<b>132</b> 00:23:58 00:22:21	<b>85</b> 00:22:41 00:21:35	337
121	175	JUSZCZAK	MACIEJ	POLKOWICE		1969	M50			<b>131</b> 00:23:01 00:22:00	<b>127</b> 00:23:44 00:22:12	<b>83</b> 00:22:33 00:21:30	341
122	247	DELIMAN	JAKUB	WROCLAW		1993	M20	<b>133</b> 00:23:46 00:22:14	<b>111</b> 00:23:03 00:22:00	<b>129</b> 00:22:58 00:21:57	<b>102</b> 00:21:24 00:21:11		342
123	277	WYSOK	PIOTR	WROCLAW		1977	M40		<b>98</b> 00:22:29 00:21:26	<b>134</b> 00:23:08 00:22:02	<b>112</b> 00:21:44 00:21:37		344
124	108	SAJEWICZ	PIOTR	WROCLAW	TURBINA BALAKOWO	1986	M30	<b>163</b> 00:24:46 00:23:07	<b>135</b> 00:23:40 00:22:38	<b>125</b> 00:22:00 00:21:52	<b>145</b> 00:23:01 00:22:47	<b>90</b> 00:21:56 00:21:48	350
125	155	MAKOWIECKI	RAFAL	WROCLAW		1975	M40	<b>106</b> 00:21:22 00:21:16		<b>147</b> 00:22:58 00:22:44	<b>131</b> 00:22:29 00:22:21	<b>114</b> 00:22:56 00:22:48	351
126	1016	POMIANOWSKI	SZYMEK	WROCLAW	KURACJUSZE	1984	M30	<b>161</b> 00:24:39 00:23:00	<b>124</b> 00:23:24 00:22:21		<b>144</b> 00:24:23 00:22:46	<b>94</b> 00:22:56 00:21:52	362
127	1136	KOZACZKIEWICZ	PAWEŁ	WROCLAW		1976	M40	<b>128</b> 00:22:17 00:22:05	<b>145</b> 00:23:15 00:23:04		<b>160</b> 00:23:33 00:23:25	<b>97</b> 00:22:12 00:22:03	370
128	167	SZKUDLARSKI	TOMASZ	WROCLAW	3M RUNNING TEAM	1972	M40	<b>152</b> 00:24:17 00:22:39		<b>177</b> 00:25:04 00:23:56	<b>129</b> 00:23:56 00:22:17	<b>93</b> 00:22:55 00:21:49	374
129	75	RUPINSKI	JACEK	DOBRYKOWICE	NIE MAMY JESZCZE KLUBU	1979	M40	<b>136</b> 00:22:25 00:22:18	<b>141</b> 00:24:03 00:22:57		<b>135</b> 00:24:08 00:22:30	<b>104</b> 00:22:29 00:22:18	375
130	19	TYL	RADOSLAW	BIERZYCE		1979	M40	<b>149</b> 00:25:42 00:22:32	<b>122</b> 00:24:17 00:22:14	<b>133</b> 00:23:20 00:22:01	<b>123</b> 00:23:45 00:22:05		378
131	103	MAĆKOWIAK	ARKADIUSZ	WROCLAW	GEESMOLSSE	1980	M40	<b>120</b> 00:23:32 00:21:52		<b>118</b> 00:21:47 00:21:35	<b>142</b> 00:22:53 00:22:42		380
132	1152	BACHURSKI	TOMASZ	MILOSZYCE	140 MINUT.PL	1978	M40	<b>138</b> 00:23:49 00:22:18	<b>123</b> 00:23:23 00:22:15	<b>130</b> 00:22:09 00:22:00	<b>128</b> 00:22:21 00:22:14		381
133	205	KISIEL	DARIUSZ	WROCLAW	JEST LEPIEJ RUN TEAM	1983	M30	<b>129</b> 00:23:40 00:22:05	<b>130</b> 00:24:31 00:22:28		<b>148</b> 00:24:36 00:22:59	<b>123</b> 00:24:15 00:23:12	382
134	1267	HOŁOWNIA	RYSZARD	WROCLAW	WIECZORNE BIEGANIE WE WROCLAWIU	1959	M60	<b>160</b> 00:24:34 00:22:57	<b>115</b> 00:23:09 00:22:05		<b>168</b> 00:24:58 00:23:20	<b>112</b> 00:22:49 00:22:40	385

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
135	1170	ZAJĄC	MIROŚLAW	BRZEZIA ŁĄKA	EVEREST	1974	M40	155 00:24:17 00:22:44		158 00:24:24 00:23:14	140 00:22:54 00:22:39	91 00:22:52 00:21:48	386
136	135	SROKOWSKI	ŁUKASZ	WROCLAW		1983	M30	157 00:24:27 00:22:49	149 00:24:16 00:23:20	144 00:23:34 00:22:39	139 00:24:11 00:22:38	103 00:22:26 00:22:17	386
137	1081	TOMCZAK	HENRYK	WROCLAW	MASTERS WROCLAW	1962	M50	154 00:24:14 00:22:43		153 00:24:04 00:23:03	146 00:24:23 00:22:50	88 00:22:44 00:21:39	387
138	9	ROGALA	KLAUDIUSZ	WROCLAW	DRUZYNA SZPIKU	1973	M40	151 00:24:12 00:22:38	146 00:24:16 00:23:09	143 00:23:34 00:22:32	152 00:24:42 00:23:09	98 00:22:20 00:22:10	387
139	1030	KRÓLIKOWSKI	PIOTR	WROCLAW	BERGSON TEAM	1980	M40	146 00:24:05 00:22:30	136 00:23:00 00:22:45	210 00:28:15 00:25:32	151 00:24:41 00:23:06	109 00:23:56 00:22:33	391
140	23	MILEK	JAKUB	SMOLEC		1971	M50	145 00:24:11 00:22:30	133 00:23:30 00:22:29		147 00:23:05 00:22:53	117 00:23:11 00:22:59	395
141	111	KUJAWA	KRYSTIAN	SIECHNICE	MKS SIECHNICE	1984	M30	150 00:24:06 00:22:36	131 00:23:28 00:22:28			120 00:23:10 00:23:05	401
142	234	DERING	MARCIN	WROCLAW	ORIENTOP WROCLAW	1982	M30	143 00:22:29 00:22:24	140 00:23:01 00:22:52	156 00:24:11 00:23:09		122 00:24:16 00:23:12	405
143	1306	CUCH	ADAM	WROCLAW		1973	M40		128 00:23:27 00:22:25	138 00:25:24 00:22:08	141 00:24:13 00:22:41		407
144	1230	KANTOR	MAREK	WROCLAW		1982	M30	153 00:24:20 00:22:43	120 00:23:19 00:22:12	181 00:25:21 00:24:05	138 00:24:15 00:22:33		409
145	32	PRZYBYLSKI	FILIP	WROCLAW	VELICANTE SPORT TEAM	1979	M40	147 00:24:08 00:22:31	137 00:22:56 00:22:45	162 00:24:28 00:23:27	150 00:23:15 00:23:06	125 00:23:29 00:23:20	409
146	1074	NOWAK	TOMASZ	WROCLAW		1989	M30	134 00:22:26 00:22:15		173 00:24:54 00:23:44	153 00:24:53 00:23:10	126 00:24:29 00:23:22	413
147	177	PLATEK	DOMINIK	WROCLAW		1976	M40	148 00:24:05 00:22:32		184 00:25:24 00:24:14	159 00:25:06 00:23:24	107 00:23:38 00:22:29	414
148	1179	NELKE	KAMIL	WROCLAW		1986	M30	159 00:24:39 00:22:55	144 00:24:06 00:23:04	164 00:24:33 00:23:31	170 00:25:44 00:24:12	116 00:24:00 00:22:57	419
149	1278	LEWANDOWSKI	LESZEK	BRZEZINA	POWSTAŃCY Z KANAPY	1978	M40		147 00:23:31 00:23:18		154 00:24:47 00:23:11	118 00:24:06 00:22:59	419
150	1040	PIESZAK	MARCIN	WROCLAW	CAMPUS DOMASŁAWICE	1982	M30	142 00:23:55 00:22:23	199 00:26:45 00:25:29	127 00:22:58 00:21:55	175 00:26:14 00:24:38	154 00:25:17 00:25:17	423
151	112	WALAS	ANDRZEJ	DOMARADZKA KUŹNIA	PRO-RUN WROCLAW	1993	M20		158 00:24:49 00:23:43	167 00:24:38 00:23:36		99 00:23:14 00:22:11	424
152	63	LEWIŃSKI	JAN	WROCLAW	PODATKI TO KRADZIEŻ	1981	M40	130 00:25:10 00:22:06	150 00:25:39 00:23:29	149 00:23:58 00:22:53	220 00:31:12 00:27:50	147 00:25:51 00:24:43	426
153	1389	PARADOWSKI	KAMIL	ZGORZELEC		1994	M20			142 00:22:45 00:22:28	149 00:24:38 00:23:01	137 00:24:58 00:23:52	428
154	71	ROGALA	WOJCIECH	WROCLAW	MATNER RUNNING TEAM	1987	M30	175 00:27:02 00:23:54	172 00:25:38 00:24:18	172 00:24:54 00:23:44	156 00:24:49 00:23:15	111 00:23:43 00:22:40	439
155	1128	WIKAR	KRZYSZTOF	WROCLAW		1978	M40	158 00:24:26 00:22:53	197 00:26:39 00:25:21	157 00:24:13 00:23:10		124 00:25:17 00:23:14	439
156	1202	BENEDYK	MATEUSZ	WROCLAW	PODATKI TO KRADZIEŻ	1986	M30	139 00:23:53 00:22:19		171 00:25:13 00:23:42	191 00:27:18 00:25:33	131 00:24:50 00:23:42	441
157	1369	NOSAL	JACEK	WROCLAW		1991	M30			195 00:25:53 00:24:38	162 00:25:16 00:23:37	101 00:22:24 00:22:16	458
158	1234	KUŹMICKI	KAROL	WROCLAW	KIKU RUN TEAM	1965	M50	166 00:24:49 00:23:16	143 00:24:03 00:23:02	150 00:23:06 00:22:56			459
159	225	KRAUZE	TOMASZ	WROCLAW		1967	M50	171 00:25:16 00:23:42	161 00:25:02 00:23:52	160 00:24:19 00:23:16	161 00:25:30 00:23:34	149 00:26:06 00:24:48	470
160	1279	BEDNARCZYK	BOGUSŁAW	WROCLAW	PRO-RUN	1967	M50	165 00:24:46 00:23:10	199 00:23:57 00:22:50		169 00:25:42 00:23:56		473
161	222	LUPPI	STEFANO	VARESE		1985	M30		189 00:26:22 00:25:10	163 00:24:34 00:23:30	168 00:25:34 00:23:53	142 00:25:25 00:24:20	473
162	1033	RULKA	BARTOSZ	WROCLAW	BODYHUB FIT	1979	M40	209 00:29:06 00:25:52	188 00:26:22 00:25:06	174 00:24:47 00:23:45		113 00:23:49 00:22:41	475
163	150	SYPIEN	KAMIL	WROCLAW		1993	M20	176 00:27:22 00:23:58		162 00:24:02 00:23:01		148 00:26:53 00:24:44	476
164	178	ŚWIĄTEK	SEBASTIAN	WROCLAW		1977	M40	178 00:28:33 00:23:59			178 00:27:54 00:24:51	121 00:25:09 00:23:05	477
165	238	KOŁACZ	ARKADIUSZ	WROCLAW	MARATON TEAM	1966	M50	185 00:26:04 00:24:13	163 00:26:58 00:23:56	203 00:27:34 00:24:59	174 00:26:18 00:24:35	140 00:25:24 00:24:18	477
166	275	WCISŁO	TOMASZ	WROCLAW		1983	M30		151 00:24:39 00:23:32	161 00:24:30 00:23:26	166 00:25:15 00:23:40		478
167	30	MADERA	MICHAŁ	WROCLAW	LECIMY TUTAJ	1986	M30	89 00:19:37 00:19:33	240 00:30:54 00:26:44		231 00:33:00 00:29:34	168 00:31:08 00:29:00	488
168	1431	PIWKO	MICHAŁ	WROCLAW		1984	M30			196 00:25:47 00:24:39	167 00:25:35 00:23:53	130 00:24:48 00:23:41	493

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
169	1132	ADAMCZYK	ŁUKASZ	WROCLAW	SKUP KLESZCZY I BOLERIOZA	1983	M30	183 00:28:46 00:24:09	179 00:25:50 00:24:39	182 00:25:22 00:24:07	182 00:28:15 00:25:07	132 00:25:49 00:23:43	493
170	1217	ZIĘTEK	KRZYSZTOF	OSTRÓW WLKP.	KOMANDO FOKI	1973	M40	123 00:23:36 00:21:56	138 00:24:52 00:22:45	250 00:32:44 00:29:52	236 00:33:41 00:30:27		497
171	20	KACZMAREK	RADOSŁAW	WROCLAW	RADZIKI	1970	M50	205 00:28:48 00:25:43	165 00:25:02 00:23:57	270 00:39:01 00:36:27	187 00:27:08 00:25:25	146 00:25:54 00:24:42	498
172	280	WANIEK	KAROL	WROCLAW		1983	M30		175 00:26:45 00:24:35	188 00:25:38 00:24:19		138 00:25:20 00:24:09	501
173	146	JANCZAREK	ŁUKASZ	WROCLAW	PATORUNNERS	1984	M30	187 00:28:53 00:24:16	183 00:27:58 00:24:54	183 00:27:58 00:24:08		136 00:27:08 00:23:50	502
174	142	TELEŃCZUK	TOMASZ	WROCLAW	SZYBKE STOPY	1975	M40		157 00:24:44 00:23:39	168 00:24:44 00:23:38	180 00:31:23 00:24:56		505
175	200	ŚLIWA	WITOLD	WROCLAW		1981	M40		171 00:25:29 00:24:18	166 00:24:44 00:23:35	179 00:26:46 00:24:56		516
176	224	MIROS	JANUSZ	WROCLAW		1976	M40	167 00:24:52 00:23:18	164 00:25:02 00:23:57		186 00:27:08 00:25:21		517
177	93	KWIECIEŃ	MARCIN	WROCLAW	071	1979	M40	219 00:30:00 00:26:54		190 00:25:35 00:24:29	164 00:25:14 00:23:39	173 00:27:05 00:26:53	527
178	1039	KOWALSKI	RAFAŁ	WROCLAW	CICLISMO WROCLAW	1971	M50	203 00:28:38 00:25:32		189 00:24:43 00:23:39	157 00:24:49 00:23:17		529
179	64	KOZIURA	WOJCIECH	WROCLAW	WYSOKA HARDCORES	1983	M30	188 00:27:22 00:24:17	160 00:25:52 00:23:48		183 00:28:20 00:25:09		531
180	1180	NELKE	MACIEJ	WROCLAW		1961	M60	180 00:25:47 00:24:03	166 00:25:03 00:23:59	186 00:25:16 00:24:15	227 00:30:24 00:28:52	202 00:34:55 00:33:50	532
181	1145	MAZUR	TOMASZ	ZABARDOWICE	ZORZA ZABARDOWICE	1980	M40	198 00:26:41 00:25:03		212 00:26:56 00:25:40	124 00:24:08 00:22:10		534
182	1270	KONDRAT	KAMIL	WROCLAW	JAMNIKI ZAGLADY	1994	M20	208 00:28:53 00:25:49	214 00:27:53 00:26:40		194 00:27:21 00:25:39	133 00:24:54 00:23:44	535
183	117	SKRZYPCZAK	ŁUKASZ	KRZYKÓW	CAPGEMINI	1981	M40	196 00:29:25 00:24:53	196 00:28:26 00:25:20	215 00:28:20 00:25:44	197 00:29:20 00:25:57	143 00:26:28 00:24:23	535
184	271	GROCHOL	RAFAŁ	WROCLAW		1983	M30		170 00:25:21 00:24:10	178 00:25:13 00:23:58	190 00:27:15 00:25:29		538
185	1162	GROŃSKI	ROBERT	WROCLAW	TRENUJZNA MI. PL	1976	M40	172 00:25:19 00:23:45	173 00:25:34 00:24:30	194 00:26:43 00:24:38			539
186	1222	GRELA	ŁUKASZ	WROCLAW		1992	M20	202 00:28:42 00:25:32		192 00:25:55 00:24:34		145 00:25:34 00:24:25	539
187	74	WÓJCIK	WOJCIECH	WROCLAW		1973	M40			204 00:27:36 00:25:00	185 00:27:05 00:25:17	150 00:27:02 00:24:56	539
188	17	ŚWIĄTEK	ŁUKASZ	WROCLAW		1981	M40	197 00:29:30 00:24:58	200 00:28:33 00:25:30	214 00:28:19 00:25:43		144 00:26:28 00:24:24	541
189	24	BALLOUR	ZEYAD	WROCLAW	MATNER RUNNING TEAM	1967	M50	174 00:26:50 00:23:49		191 00:25:58 00:24:33	177 00:27:55 00:24:50		542
190	1261	FILAK	DANIEL	PAJĘCZNO		1995	M20	189 00:28:53 00:24:21	176 00:27:37 00:24:36			179 00:29:48 00:27:45	544
191	138	KARPIŃSKI	OSKAR	WROCLAW		1981	M40	190 00:27:30 00:24:25	203 00:27:50 00:25:42			153 00:27:32 00:25:08	546
192	259	WITKOWSKI	GRZEGORZ	WROCLAW	VELICANTE SPORT TEAM	1978	M40	186 00:25:51 00:24:14	159 00:25:50 00:23:46		203 00:29:22 00:26:18		548
193	208	SZCZEPAŃSKI	DAREK	WROCLAW	TRENUJZNA MI. PL	1960	M60	182 00:25:44 00:24:08	226 00:28:21 00:27:15	209 00:26:31 00:25:26	224 00:30:00 00:28:24	157 00:26:32 00:25:23	548
194	282	GARBACIAK	LESZEK	PRZYGDZICE	MATNER RUNNING TEAM	1994	M20		195 00:27:27 00:25:20		199 00:27:58 00:26:08	159 00:27:31 00:25:26	553
195	76	SZCZUREK	MICHAŁ	WROCLAW		1991	M30	204 00:28:56 00:25:39	202 00:26:57 00:25:35	227 00:27:41 00:26:31	200 00:27:56 00:26:09	152 00:26:18 00:25:04	554
196	130	SEMICZEK	ADAM	KIEŁCZÓW	POWSTAŃCY Z KANAPY	1975	M40		204 00:28:46 00:25:42	207 00:26:35 00:25:16	176 00:28:48 00:25:41	155 00:27:24 00:25:18	554
197	81	GORCZYŃSKI	FILIP	WROCLAW		1974	M40	170 00:25:14 00:23:35	185 00:27:05 00:25:00	200 00:26:02 00:24:54			555
198	168	KAPUŚCIŃSKI	WOJCIECH	WROCLAW		1974	M40	195 00:26:31 00:24:51	205 00:27:07 00:25:48		202 00:29:25 00:26:16	158 00:26:31 00:25:24	555
199	1307	KUBIAK	MACIEJ	WROCLAW		1972	M40		192 00:26:32 00:25:13		201 00:29:19 00:26:12	163 00:28:08 00:26:00	556
200	51	GOLEC	GRZEGORZ	NADOLICE WIELKIE		1977	M40	200 00:27:10 00:25:30	186 00:26:08 00:25:01	208 00:26:24 00:25:20	176 00:26:20 00:24:44		562
201	27	MASŁOWIEC	BARTOSZ	WROCLAW	ZAKOCHAJ SIĘ W BIEGANIU / CAT	1980	M40		288 00:38:42 00:35:14		171 00:26:00 00:24:18	127 00:24:42 00:23:29	566
202	1191	LAMPERSKI	WOJCIECH	WROCLAW		1968	M50	199 00:28:23 00:25:20	193 00:26:26 00:25:16	198 00:25:52 00:24:44	181 00:28:09 00:25:04		572

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
203	1116	GAŚOWSKI	PIOTR	ŚWIDNICA	FORREST GUMP TEAM	1974	M40	<b>193</b> 00:26:16 <u>00:24:37</u>	<b>191</b> 00:25:53 00:24:47	<b>202</b> 00:26:00 00:24:57			<b>576</b>
204	228	KORNAŚ	MARCIN	LASKÓWKA	GÓRYLASY	1978	M40	<b>206</b> 00:25:50 <u>00:25:46</u>	<b>215</b> 00:26:44 00:26:40	<b>220</b> 00:26:22 00:26:16	<b>206</b> 00:26:31 00:26:25	<b>176</b> 00:27:27 00:27:25	<b>588</b>
205	288	PALUSKO	BARTOSZ	WROCLAW		1980	M40		<b>233</b> 00:31:09 00:28:06	<b>224</b> 00:27:57 00:26:28	<b>209</b> 00:28:12 00:26:37	<b>156</b> 00:26:27 00:25:21	<b>589</b>
206	195	OCHNIO	KRZYSZTOF	KEPNO		1966	M50	<b>213</b> 00:30:58 00:26:26	<b>209</b> 00:28:22 <u>00:26:16</u>	<b>225</b> 00:29:08 00:26:29		<b>169</b> 00:28:44 00:26:30	<b>591</b>
207	211	KOCIĘCKI	JACEK	WROCLAW		1971	M50		<b>221</b> 00:30:08 00:27:06		<b>210</b> 00:30:07 00:26:42	<b>162</b> 00:27:59 00:25:53	<b>593</b>
208	1262	FILAK	KACPER	PAJĘCZNO		1999	M20	<b>226</b> 00:31:51 00:27:19	<b>213</b> 00:29:53 00:26:37	<b>234</b> 00:29:49 00:27:14		<b>161</b> 00:27:43 <u>00:25:39</u>	<b>600</b>
209	1092	ŁUKASIK	MICHAŁ	WROCLAW	MATNER RUNNING TEAM	1985	M30	<b>225</b> 00:30:22 00:27:17	<b>218</b> 00:28:19 00:26:50		<b>219</b> 00:29:18 00:27:34	<b>164</b> 00:27:17 <u>00:26:05</u>	<b>601</b>
210	1027	ANDRUSZKO	TOMASZ	ŚWIEBODZICE	MATNER RUNNING TEAM	1976	M40	<b>233</b> 00:30:54 00:27:46	<b>223</b> 00:28:35 00:27:08	<b>238</b> 00:28:47 00:27:36	<b>214</b> 00:28:59 00:27:15	<b>167</b> 00:27:32 <u>00:26:22</u>	<b>604</b>
211	1029	KOLEBUK	ROBERT	WROCLAW	RODZINA KOLEBUKÓW	1972	M40	<b>223</b> 00:30:11 00:27:04	<b>210</b> 00:28:27 <u>00:26:19</u>	<b>236</b> 00:31:23 00:27:25	<b>235</b> 00:33:38 00:30:15	<b>172</b> 00:27:49 00:26:40	<b>605</b>
212	1281	NIECZYSZCZAK	MARCIN	WROCLAW	JAMNIKI ZAGŁADY	1990	M30	<b>211</b> 00:29:05 00:26:00	<b>190</b> 00:26:24 <u>00:25:12</u>		<b>208</b> 00:28:13 00:26:33		<b>609</b>
213	1181	WOJTYŁŁO	KRZYSZTOF	WROCLAW		1949	M60	<b>210</b> 00:30:36 <u>00:25:55</u>	<b>219</b> 00:29:12 00:27:01	<b>230</b> 00:28:02 00:26:51	<b>215</b> 00:29:15 00:27:25	<b>185</b> 00:30:57 00:28:36	<b>610</b>
214	184	BARNAŚ	MACIEJ	BARDO		1966	M50	<b>192</b> 00:26:08 <u>00:24:29</u>		<b>226</b> 00:27:36 00:26:30	<b>193</b> 00:27:20 00:25:38		<b>611</b>
215	1195	MAZUR	PAWEŁ	IWINY	KWADRAT NA PTASIEJ	1979	M40	<b>235</b> 00:33:11 00:28:22	<b>222</b> 00:30:20 00:27:07		<b>223</b> 00:30:11 00:28:20	<b>170</b> 00:28:43 <u>00:26:33</u>	<b>615</b>
216	215	ŻMINKOWSKI	KRZYSZTOF	WROCLAW		1984	M30		<b>235</b> 00:31:12 00:28:07	<b>239</b> 00:30:26 00:27:46	<b>218</b> 00:30:44 00:27:34	<b>165</b> 00:28:14 <u>00:26:08</u>	<b>618</b>
217	1083	TURNIAK	MAREK	WROCLAW		1979	M40		<b>230</b> 00:31:00 00:27:46		<b>221</b> 00:31:16 00:27:58	<b>174</b> 00:29:14 <u>00:27:05</u>	<b>625</b>
218	254	WOŹNIAK	KONRAD	WROCLAW		1984	M30		<b>211</b> 00:28:39 <u>00:26:27</u>	<b>232</b> 00:29:41 00:26:58	<b>239</b> 00:34:19 00:30:41	<b>186</b> 00:31:19 00:28:50	<b>629</b>
219	1037	CABAN	RAFAL	OLEŚNICA	RMC-BIEGA.PL	1975	M40	<b>234</b> 00:32:38 00:28:04	<b>220</b> 00:30:09 00:27:03	<b>219</b> 00:28:43 <u>00:26:06</u>	<b>251</b> 00:37:21 00:34:09	<b>199</b> 00:35:06 00:32:51	<b>638</b>
220	125	OLACZEK	ŁUKASZ	MROZÓW	TATA STARTUJE // TRI AMO	1979	M40	<b>220</b> 00:31:46 00:27:00		<b>216</b> 00:27:15 <u>00:25:47</u>	<b>205</b> 00:28:15 00:26:24		<b>641</b>
221	197	KOWALSKI	ARTUR	WROCLAW	NIEZRZESZONY	1969	M50	<b>236</b> 00:30:05 00:28:23	<b>231</b> 00:29:52 <u>00:27:50</u>	<b>241</b> 00:31:04 00:28:32	<b>228</b> 00:32:01 00:28:59	<b>183</b> 00:30:46 00:28:30	<b>642</b>
222	284	JEZIOROWSKI	RYSZARD	WROCLAW	LSB-WE-FEEL-IT	1963	M50		<b>232</b> 00:31:26 00:28:04	<b>243</b> 00:31:59 00:29:09	<b>230</b> 00:32:28 00:29:13	<b>181</b> 00:30:34 <u>00:27:59</u>	<b>643</b>
223	1127	FIGAJ	KAMIL	WROCLAW	MATNER RUNNING TEAM	1979	M40	<b>232</b> 00:30:53 <u>00:27:45</u>	<b>236</b> 00:30:40 00:28:31	<b>244</b> 00:31:50 00:29:10	<b>229</b> 00:30:56 00:29:10	<b>184</b> 00:30:46 00:28:33	<b>645</b>
224	36	CISZEWSKI	PAWEŁ	WROCLAW		1994	M20	<b>250</b> 00:33:53 00:30:40	<b>250</b> 00:33:35 00:30:28	<b>258</b> 00:34:42 00:32:05	<b>216</b> 00:29:07 <u>00:27:28</u>	<b>187</b> 00:30:08 00:29:00	<b>653</b>
225	157	STRZYŻEWSKI	MACIEK	WROCLAW	BNW BO NIE WYPADA	1993	M20	<b>241</b> 00:33:31 00:28:53		<b>242</b> 00:31:14 00:28:34		<b>175</b> 00:29:30 <u>00:27:22</u>	<b>658</b>
226	283	PAWLUS	MAREK	WROCLAW		1986	M30		<b>239</b> 00:31:47 00:28:37	<b>261</b> 00:36:56 00:33:00	<b>243</b> 00:35:28 00:32:16	<b>178</b> 00:29:37 <u>00:27:31</u>	<b>660</b>
227	1229	ŻÓŁTOWSKI	BARTOSZ	WROCLAW		1982	M30	<b>216</b> 00:31:07 <u>00:26:33</u>		<b>235</b> 00:28:38 00:27:21	<b>222</b> 00:31:16 00:28:12		<b>673</b>
228	1060	RACZYŃSKI	ANDRZEJ	WROCLAW		1971	M50	<b>162</b> 00:24:46 <u>00:23:02</u>	<b>269</b> 00:33:53 00:32:40		<b>253</b> 00:38:05 00:35:31		<b>674</b>
229	127	ZAWADZKI	MICHAŁ	WROCLAW		1977	M40	<b>237</b> 00:33:06 <u>00:28:29</u>			<b>248</b> 00:36:49 00:33:14	<b>193</b> 00:32:55 00:30:27	<b>678</b>
230	258	KOKOT	KRZYSZTOF	WROCLAW	AMATORS TM	1983	M30	<b>255</b> 00:34:53 00:33:15	<b>257</b> 00:34:17 00:32:12	<b>252</b> 00:31:29 00:30:21	<b>238</b> 00:32:20 00:30:40	<b>190</b> 00:30:18 <u>00:29:12</u>	<b>680</b>
231	1022	TOMPALSKI	WOJCIECH	WROCLAW		1979	M40	<b>228</b> 00:30:27 00:27:24	<b>228</b> 00:29:28 <u>00:27:23</u>		<b>226</b> 00:31:52 00:28:44		<b>682</b>
232	1155	KRAŚNICKI	MARIUSZ	WYSOKA		1984	M30	<b>246</b> 00:30:07 <u>00:30:04</u>	<b>254</b> 00:35:21 00:32:03		<b>245</b> 00:36:12 00:32:51	<b>192</b> 00:32:21 00:30:05	<b>683</b>
233	1196	ADAMCZEWSKI	KAMIL	WROCLAW		1988	M30	<b>252</b> 00:32:10 00:32:05	<b>248</b> 00:33:06 <u>00:30:05</u>		<b>241</b> 00:34:58 00:31:56	<b>195</b> 00:33:28 00:31:17	<b>684</b>
234	1174	BODASZEWSKI	SZYMON	WROCLAW		1995	M20	<b>231</b> 00:32:23 00:27:45	<b>224</b> 00:30:18 00:27:10	<b>231</b> 00:30:42 <u>00:26:53</u>			<b>686</b>
235	1135	CIURA	KRZYSZTOF	SIEDLEC		1966	M50	<b>248</b> 00:35:12 00:30:28		<b>249</b> 00:33:24 <u>00:29:33</u>	<b>240</b> 00:34:34 00:31:04	<b>198</b> 00:33:58 00:31:34	<b>686</b>
236	148	POTOCZNY	JANUSZ	BIELANY WROCLAWSKIE	BRAK	1972	M40	<b>212</b> 00:27:58 <u>00:26:21</u>	<b>234</b> 00:29:14 00:28:07	<b>247</b> 00:30:40 00:29:28			<b>693</b>

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<b>237</b>	281	AJDUKIEWICZ	MAREK	NADOLICE WIELKIE	LSB-WE-FEEL-IT	1985	M30		<b>256</b> 00:35:22	<b>268</b> 00:39:37	<b>247</b> 00:36:44	<b>191</b> 00:32:15	<b>694</b>
<b>238</b>	100	SOCHA	PIOTR	WROCLAW	WROCLAW MARATHON TEAM	1972	M40	<b>251</b> 00:36:28	<b>251</b> 00:34:43	<b>260</b> 00:32:50	<b>250</b> 00:37:20	<b>201</b> 00:33:33	<b>702</b>
<b>239</b>	1193	KOTKOWSKI	TOMALA	WROCLAW		1980	M40	<b>249</b> 00:32:10		<b>259</b> 00:32:23		<b>197</b> 00:33:36	<b>705</b>
<b>240</b>	274	LEWANDOWSKI	LUKASZ	WROCLAW	LSB-WE-FEEL-IT	1989	M30		<b>260</b> 00:36:04	<b>266</b> 00:38:30	<b>252</b> 00:38:04	<b>194</b> 00:33:13	<b>706</b>
<b>241</b>	236	CHASZCZEWSKI	MARCIN	WROCLAW		1981	M40	<b>257</b> 00:38:31		<b>267</b> 00:34:50	<b>254</b> 00:39:06	<b>200</b> 00:35:51	<b>711</b>
<b>242</b>	1293	KASINSKI	PATRYK	LEGNICA	ORKI Z MAJORKI	1992	M20		<b>253</b> 00:35:17	<b>257</b> 00:35:52		<b>204</b> 00:36:46	<b>714</b>
<b>243</b>	1137	SROCZYŃSKI	MACIEJ	ŻERNIKI WROCLAWSKIE		1981	M40	<b>238</b> 00:33:09	<b>243</b> 00:32:20		<b>234</b> 00:33:34		<b>715</b>
<b>244</b>	65	WOJCIECHOWSKI	BARTOSZ	WROCLAW		1973	M40	<b>244</b> 00:31:28	<b>249</b> 00:31:37	<b>223</b> 00:27:31			<b>716</b>
<b>245</b>	248	MADEJ	MACIEJ	KIEŁCZÓW		1971	M50	<b>262</b> 00:42:12	<b>266</b> 00:37:51	<b>264</b> 00:37:38	<b>255</b> 00:40:52	<b>205</b> 00:37:38	<b>722</b>
<b>246</b>	57	HAWRON	TOMASZ	WROCLAW		1972	M40	<b>247</b> 00:34:56	<b>242</b> 00:32:25	<b>253</b> 00:33:26	<b>237</b> 00:34:03		<b>726</b>
<b>247</b>	232	JASKÓLSKI	MARCIN	WROCLAW	HAPPYFEETTEAM	1972	M40	<b>239</b> 00:33:31	<b>255</b> 00:35:20	<b>245</b> 00:33:06			<b>739</b>
<b>248</b>	203	PRZYBYLSKI	PAWEŁ	WROCLAW	PANPABLO	1984	M30	<b>254</b> 00:37:17	<b>247</b> 00:33:12	<b>255</b> 00:34:53			<b>756</b>
<b>249</b>	25	KRASICKI	ROBERT	WROCLAW		1982	M30	<b>253</b> 00:37:09		<b>263</b> 00:37:31	<b>249</b> 00:37:13		<b>765</b>
<b>250</b>	278	MAJER	MIROSLAW	LIGOTA PIĘKNA		1984	M30		<b>256</b> 00:35:28	<b>265</b> 00:37:52	<b>246</b> 00:36:23		<b>769</b>



## Zawodnicy nieklasyfikowani - mężczyźni

MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
1	2	BORATYŃSKI	DARIUSZ	WROCLAW	WOSIEK TEAM	1997	M20				2 00:15:08 00:15:06	1 00:14:26 00:14:25	3
2	3	CZERONEK	MIKOŁAJ	WROCLAW	ADAMEK TEAM	2000	M20	2 00:15:15 00:15:14			3 00:15:22 00:15:21		5
3	1153	KOWALSKI	WOJCIECH	NADOLICE WIELKIE	WKS ŚLĄSK	1982	M30	3 00:15:17 00:15:17			4 00:15:24 00:15:23		7
4	1381	KULIK	ROBERT	TWARDOGÓRA	WOSIEK TEAM	2002	M16			1 00:15:16 00:15:15	7 00:15:45 00:15:43		8
5	1071	DAŃKOWSKI	DOMINIK	WROCLAW	LITWIN TRIATHLON ELITE	2000	M20	10 00:16:39 00:16:38	2 00:16:32 00:16:31				12
6	1490	CHRZANOWSKI	PATRYK	BIELAWA	PCH SPORT TEAM	1989	M30				19 00:17:22 00:17:20	7 00:16:47 00:16:46	26
7	1149	SUSZCZEWSKI	MARCIN	WROCLAW	WKS ŚLĄSK	1996	M20	9 00:15:57 00:15:57			20 00:17:28 00:17:27		29
8	1341	KOS	ADRIAN	SMOLEC	SMOLECKA ZADYSZKA	1992	M20		16 00:18:05 00:18:03		33 00:18:12 00:18:10		49
9	242	SAWICKI	MACIEJ	RADWANICE		1992	M20	34 00:18:20 00:18:18				18 00:17:47 00:17:44	52
10	1043	DEMUCHA	MACIEJ	BILGORAJ		2001	M20		12 00:17:55 00:17:52		41 00:18:33 00:18:30		53
11	101	HABER	MARCIN	GROBLICE	SOBCZYK TEAM-MKS SIECHNICE	1987	M30	32 00:18:15 00:18:14	24 00:18:30 00:18:29				56
12	1053	GORBENKO	RAFAŁ	BYSTRZYCA	@CZOKO_SPOKO	1991	M30	36 00:18:22 00:18:21	21 00:18:26 00:18:23				57
13	1295	BLASEK	MAKS	KĘPNO	KS LENIWIEC #STAJNIAKTEAM	2005	M16		30 00:18:52 00:18:48	37 00:18:18 00:18:13			67
14	1207	MAJOWSKI	JAN	GÓRY KALWARII	WKS ŚLĄSK WROCLAW	2005	M16	35 00:18:21 00:18:19			34 00:18:13 00:18:09		69
15	7	SZULC	ROBERT	WĄGROWIEC	CITY TRAIL TEAM	1987	M30	45 00:18:41 00:18:40	34 00:19:05 00:19:02				79
16	1319	CHACHULSKI	ANTONI	WYSOKA	LITWIN TRIATHLON ELITE	2005	M16		46 00:19:25 00:19:25	36 00:18:15 00:18:13			82
17	1269	ZADKA	PAWEŁ	SYCÓW	TRIATHLON TEAM SYCÓW	1986	M30		37 00:19:14 00:19:10		60 00:19:18 00:19:13		97
18	1108	ZYCH	MARCIN	WROCLAW	#SOBASTEAM	1981	M40	63 00:19:28 00:19:24				36 00:19:21 00:19:19	99
19	96	KACZMARCZYK	PRZEMYSŁAW	ROLANTOWICE	140MINUT.PL	1993	M20			62 00:19:38 00:19:32		46 00:19:39 00:19:34	108
20	1006	WRÓBEL	PAWEŁ	SIECHNICE	MKS SIECHNICE	1989	M30		55 00:19:57 00:19:50		68 00:19:49 00:19:43		123
21	1532	ZAKRZEWSKI	WOJCIECH	WROCLAW	OIRP WROCLAW	1990	M30				82 00:20:18 00:20:10	53 00:20:05 00:20:01	135
22	1446	KALININ	JAROSŁAW	WROCLAW	WOSIEK TEAM	1996	M20				94 00:20:39 00:20:32	43 00:19:31 00:19:28	137
23	1192	SZOSTEK	JAKUB	WROCLAW	AKADEMIA WOJSK LĄDOWYCH	2000	M20	64 00:19:25 00:19:25			81 00:20:16 00:20:08		145
24	1277	MUSIAŁ	TOMASZ	WROCLAW		1990	M30	98 00:20:56 00:20:53				59 00:20:14 00:20:11	157
25	1418	PLUTA	JAKUB	CHRZAŚTAWA MAŁA	SWIMMINGLAB	1986	M30				95 00:20:59 00:20:54	62 00:20:25 00:20:20	157
26	1478	RASZEJA	FILIP	WROCLAW	DZIUBIŃSKI TEAM	2002	M16				107 00:22:58 00:21:24	69 00:20:54 00:20:48	176
27	1111	URBANIĄK	JAN	WROCLAW	140 MINUT.PL	1976	M40	92 00:20:39 00:20:35	92 00:21:24 00:21:17				184
28	1403	MUSIAŁ	TOMASZ	BYSTRZYCA GÓRNA	PCH SPORT TEAM	1989	M30				107 00:21:16 00:21:12	84 00:20:23 00:20:19	191
29	1302	KRAUSE	TOMASZ	WROCLAW	ATOS RUNNERS	1983	M30		87 00:21:09 00:21:03	104 00:21:11 00:21:03			191
30	1484	WAWRZYŃSKI	KRZYSZTOF	WROCLAW		1985	M30				116 00:22:00 00:21:50	79 00:21:11 00:21:07	195
31	1397	BUDNIK	ŁUKASZ	WROCLAW	BUDNIK TEAM	1984	M30				113 00:21:37 00:21:26	91 00:20:46 00:20:41	204
32	267	LABUSEK	ŁUKASZ	WROCLAW		1992	M20	112 00:21:38 00:21:31	95 00:21:33 00:21:23				207

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
33	1265	SZTOŃ	JAKUB	KOŚCIELEC		1999	M20	122 00:23:26 00:21:56	86 00:22:00 00:21:00				208
34	88	STANISZ	RADOSŁAW	STRZELIN	BEZKLABOWY	1983	M30	116 00:21:47 00:21:39	99 00:21:34 00:21:26				215
35	53	RYCHTYK	DAWID	WROCLAW	140MINUT.PL	1976	M40	132 00:22:20 00:22:11	104 00:21:56 00:21:45				236
36	1200	STELMACH	PIOTR	WROCLAW	STELMACH TEAM	1973	M40	124 00:22:04 00:22:01		121 00:21:57 00:21:44			245
37	1097	PIETRZYK	TOMASZ	SWIDNICA	140MINUT.PL	1979	M40	131 00:23:41 00:22:10	114 00:23:05 00:22:04				245
38	1320	KRÓL	PAWEŁ	SYCÓW	OLEŚNICKA GRUPA TRIATHLONOWA	1984	M30		126 00:22:29 00:22:24		121 00:22:14 00:22:03		247
39	122	WRÓBEL	TOMASZ	WROCLAW	TEAM DRACZYŃSKI	1981	M40			140 00:22:22 00:22:13	122 00:22:11 00:22:04		262
40	80	BUDZISZEWSKI	MAREK	OLEŚNICA		1985	M30	108 00:22:59 00:21:26	156 00:24:47 00:23:38				264
41	1171	KOWAL	SEBASTIAN	WROCLAW		1985	M30	140 00:24:01 00:22:19		126 00:22:16 00:21:53			266
42	290	FIJOLEK	TOMASZ	WROCLAW	FIZJOTERAPIA HD	1985	M30				163 00:25:15 00:23:37	106 00:23:31 00:22:27	269
43	1395	BEDNARCZYK	JAKUB	WROCLAW	STRONGER ATHLETE	1988	M30			159 00:24:23 00:23:15		110 00:23:45 00:22:35	269
44	1047	SZCZĘSNY	PAWEŁ	WROCLAW	FORTUM	1992	M20		169 00:25:16 00:24:10			119 00:24:08 00:23:02	288
45	79	CHOJNACKI	GRZEGORZ	WROCLAW		1976	M40			170 00:23:55 00:23:41	133 00:22:38 00:22:26		303
46	251	KALICIŃSKI	JAROSŁAW	SIECHNICE	ŚLĘZAK TEAM	1982	M30	181 00:25:49 00:24:07			138 00:22:53 00:22:38		319
47	1059	FERUGA	MAKS	WROCLAW	MATNER RUNNING TEAM	2000	M20	168 00:25:01 00:23:20	155 00:24:47 00:23:38				323
48	133	SKALIK	WOJCIECH	DOBRYKOWICE		1985	M30		152 00:24:39 00:23:33	175 00:25:25 00:23:50			327
49	16	ZWIERZ	PATRYK	WROCLAW		1984	M30	173 00:25:23 00:23:49		155 00:24:11 00:23:09			328
50	1523	KRÓLIKOWSKI	PRZEMYSŁAW	WROCLAW		1978	M40				204 00:29:26 00:26:19	128 00:24:47 00:23:36	332
51	1352	ABULEWICZ	WOJCIECH	WROCLAW	TRENING STUDIO 17	1968	M50		154 00:24:40 00:23:37	197 00:25:51 00:24:43			351
52	1526	KRYSIK	PRZEMYSŁAW	WROCLAW		1982	M30				225 00:28:44 00:28:44	129 00:24:52 00:23:41	354
53	1322	RAFALSKI	KAROL	KIEŁCZÓW		1988	M30		162 00:24:58 00:23:53	201 00:27:33 00:24:54			363
54	1421	ZATOŃ	ADRIAN	WROCLAW		1980	M40			180 00:25:11 00:24:01	184 00:28:44 00:25:15		364
55	1340	TABORET	MACIEJ	WROCLAW		1987	M30		177 00:25:48 00:24:36	187 00:25:29 00:24:17			364
56	1046	JÓŻWIK	RAFAL	WROCLAW		1992	M20			199 00:28:14 00:24:53		168 00:28:29 00:26:22	365
57	1042	WŁODARCZYK	PAWEŁ	CIECHÓW		1978	M40	194 00:27:46 00:24:44	174 00:26:37 00:24:33				368
58	1387	FRANCZUK	PAWEŁ	WROCLAW	HEART ATTACK	1990	M30			228 00:29:32 00:26:37		151 00:27:28 00:25:00	379
59	1118	SKROUBA	PIOTR	WROCLAW		1977	M40	191 00:27:29 00:24:28	191 00:27:16 00:25:13				382
60	1409	GRONOWSKI	MICHAŁ	PRZEMILÓW		1994	M20		184 00:26:06 00:24:57		198 00:27:49 00:26:00		382
61	1064	MYCEK	ARKADIUSZ	WROCLAW		1992	M20	184 00:27:16 00:24:11	206 00:27:57 00:25:48				390
62	269	HADAŁA	DANIEL	WROCLAW	MATNER RUNNING TEAM	1993	M20	179 00:27:08 00:24:02			212 00:28:27 00:26:52		391
63	1126	HALIK	HUBERT	WROCLAW		1989	M30	207 00:30:22 00:25:47	198 00:26:36 00:25:24				405
64	1010	DZIĘCIELSKI	KRZYSZTOF	GALÓW	POWSTAŃCY Z KANAPY	1963	M50	224 00:31:50 00:27:13			189 00:28:33 00:25:27		413
65	1516	PIASECKI	TOMASZ	WROCLAW	MATNER RUNNING TEAM	1970	M50				232 00:33:12 00:30:02	162 00:30:26 00:28:20	414
66	1353	JABŁOŃSKI	JAKUB	LEGNICA		1992	M20		212 00:28:41 00:26:31	206 00:26:25 00:25:11			418

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MSC	NR	NAZWISKO	IMIĘ	MIEJSCOWOŚĆ	KLUB	ROK	KAT	BIEG 1	BIEG 2	BIEG 3	BIEG 4	BIEG 5	PUNKTY
67	1396	JĘDRZEJAK	JAKUB	WROCŁAW		1992	M20			213 00:26:59 00:25:42	207 00:29:41 00:28:31		420
68	1163	WRÓBEL	DENIS	WOŁÓW		2001	M20	222 00:30:09 00:27:02		211 00:28:11 00:25:34			433
69	257	ŁUKASIEWICZ	GRZEGORZ	WROCŁAW	STANMIT	1967	M50	218 00:31:25 00:26:46	217 00:28:59 00:26:48				435
70	1509	GREHL	PAWEL	WROCŁAW	GVT	1979	M40				233 00:33:11 00:30:04	203 00:36:22 00:33:51	436
71	1294	BAŁA	PIOTR	BUKOWA	NIGHT RUNNERS	1985	M30		227 00:30:46 00:27:22	229 00:28:15 00:26:42			456
72	231	HEWCZUK	RAFAL	SMOLEC		1971	M50	227 00:29:00 00:27:23		248 00:32:18 00:29:32			475
73	169	KLIMEK	TOMASZ	WROCŁAW	DBTP	1989	M30	245 00:33:09 00:29:55	238 00:31:39 00:28:33				483
74	144	MOCHALSKI	DAWID	WROCŁAW	MONEYBROKERS24	1986	M30	243 00:32:38 00:29:34		256 00:35:31 00:31:37			499
75	1264	RYSZCZYK	ADAM	WROCŁAW	PATORUNNERS	1983	M30	256 00:38:06 00:33:30	252 00:35:01 00:31:58				508
76	183	KRAWCZUK	CEZARY	WROCŁAW		1990	M30	259 00:39:15 00:34:39	263 00:37:06 00:33:48				522
77	124	SKIBA	PIOTR	WROCŁAW		1990	M30	261 00:41:31 00:36:40	269 00:42:02 00:38:42				530
78	1146	POGORZELSKI	KONRAD	KOZUCHÓW	ADAM DRACZYŃSKI RUNNING TEAM NOWA SÓL	2003	M16	1 00:15:07 00:15:07					1
79	1475	ADAMCZAK	KACPER	TARCHALY WIELKIE	COCO JAMBO TEAM	2003	M16					2 00:14:55 00:14:55	2
80	1410	DYDUCH	DAMIAN	KĘPNO	#STAJNIAKTEAM AZS PO	1988	M30			4 00:15:29 00:15:26			4
81	1405	STAJNIAK	BARTŁOMIEJ	NAMYSLÓW	#STAJNIAKTEAM AZS PO	1991	M30			5 00:15:40 00:15:39			5
82	1507	LESIECKI	JACEK	WROCŁAW	WOSIEK TEAM	1991	M30				6 00:15:29 00:15:29		6
83	1377	PUTYRA	ADAM	WROCŁAW	WROCŁAWSKIE ITEN	1983	M30			6 00:15:59 00:15:57			6
84	1072	KULESZA	ROBERT	ODOLANÓW	KS STAL LA OSTRÓW WIELKOPOLSKI	1999	M20	7 00:15:49 00:15:49					7
85	1345	MAŃKOWSKI	KAMIL	WROCŁAW		1995	M20		8 00:17:27 00:17:26				8
86	1465	MARUSZEWSKI	ARKADIUSZ	BURZENIN	WOSIEK TEAM	1998	M20				9 00:15:59 00:15:59		9
87	1415	GUŁAJ	ARTUR	LEGNICA	BIEGAM Z PASJĄ	1977	M40			10 00:16:36 00:16:34			10
88	1468	ZAMIELSKI	PAWEŁ	WAŁBRZYCH	PRZEDWOJEWSKI TEAM	1993	M20					10 00:16:52 00:16:51	10
89	1373	ZUBIN	MATEUSZ	WROCŁAW		1990	M30			12 00:16:49 00:16:46			12
90	1101	CZAJKOWSKI	KRZYSZTOF	JASIONÓWKA		1988	M30	12 00:16:51 00:16:50					12
91	1467	ŁAWICKI	PIOTR	LUBIN	MKS POLKOWICE	1995	M20				13 00:16:10 00:16:08		13
92	1412	ŚWIĄTEK	FABIAN	KĘPNO	STAJNIAKTEAM	2004	M16			13 00:16:50 00:16:47			13
93	1062	KUŃCZAK	MICHAŁ	ZGORZELEC		1989	M30	13 00:16:56 00:16:55					13
94	1406	LEWANDOWSKI	KUBA	WROCŁAW	LITWIN TRIATHLON ELITE	2001	M20			15 00:16:58 00:16:55			15
95	1552	DUTKOWSKI	MIKOŁAJ	RASZKÓW	WKS ŚLĄSK WROCŁAW	1992	M20					15 00:17:31 00:17:29	15
96	1476	WOJŚLAW	BARTŁOMIEJ	BIAŁA	GLKS MARCINOWICE	1984	M30				17 00:17:11 00:17:10		17
97	1210	MARCJANEK	ŁUKASZ	SZCZYTNA	KLZK	1989	M30	19 00:17:22 00:17:21					19
98	1477	KASPRZAK	IRENEUSZ	WROCŁAW	KB VAMOS AMIGOS	1962	M50					21 00:17:59 00:17:59	21
99	8	SOBCZYK	TOMASZ	WROCŁAW	MKS SIECHNICE	1977	M40	23 00:17:28 00:17:28					23
100	1479	MONZO CAMPOS	DAVID	WROCŁAW		1989	M30				30 00:17:55 00:17:54		30

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101	1169	KINAL	PIOTR	KŁODZKO	KLZK	1975	M40	30 00:18:12 00:18:11					30
102	1483	CWENAR	ROBERT	WROCLAW	THE BEST FAMILY	1997	M20				32 00:18:00 00:17:59		32
103	1563	ROJKOWSKI	ŁUKASZ	ŻERNIKI WROCLAWSKIE		1992	M20					37 00:19:22 00:19:20	37
104	1462	WNUK	NORBERT	SZKLARSKA PORĘBA	AKADEMIA WOJSK ŁĄDOWYCH	1999	M20				43 00:18:36 00:18:32		43
105	1506	MARCINKOWSKI	ERYK	TYNEC MAŁY	GVT	2004	M16				44 00:18:37 00:18:34		44
106	1383	SABAT	KAMIL	WROCLAW	140MINUT.PL	1991	M30			44 00:18:51 00:18:41			44
107	1492	KUNICKI	KONRAD	WROCLAW	TROPEM ULTRA	1982	M30				47 00:18:51 00:18:47		47
108	1275	BEDNAREK	BARTŁOMIEJ	RADWANICE	MKS SIECHNICE/WIDUN KETTLEBELL CLUB	1984	M30	48 00:18:51 00:18:50					48
109	1491	STRZELECKI	GRZEGORZ	WROCLAW	ALOHA HAKUNA	1981	M40				50 00:18:56 00:18:54		50
110	1519	WOŚ	MICHAŁ	ÓLDRZYCHOWICE KŁODZKIE	KL ZIEMIA KŁODZKA	1991	M30				51 00:18:57 00:18:54		51
111	1325	KRUPA	NORBERT	ZĄBKOWICE ŚLĄSKIE		1976	M40	53 00:19:54 00:19:49					53
112	1464	GAŁOSZ	ŁUKASZ	OLEŚNICA		1992	M20				54 00:19:04 00:18:59		54
113	1489	ŁĘŻNIAK	ALEKSANDER	SOBÓTKA	MONK SANDALS TEAM	1989	M30				55 00:19:03 00:19:00		55
114	1358	TYCZYNO	WOJCIECH	WROCLAW	WATAHA	1982	M30			55 00:19:22 00:19:19			55
115	1402	SIEKIERKA	FILIP	PUŃCÓW	@FELIPO_GZO	2004	M16			56 00:19:34 00:19:20			56
116	1521	ANDRZEJCZAK	ADAM	WILCZYCE		1985	M30				59 00:19:10 00:19:08		59
117	1512	MATUSZYK	LUKASZ	WROCLAW	140MINUT	1979	M40				61 00:19:34 00:19:27		61
118	1384	AWRYCEWICZ	ROMAN	NOWA RUDA	NOWA RUDA BIEGA	1960	M60			61 00:19:41 00:19:32			61
119	139	HOTAŁA	PIOTR	WROCLAW	ALOHA HAKUNA	1979	M40	62 00:20:13 00:20:09					62
120	1527	MIKLAS	JAREK	GDAŃSK		1988	M30				63 00:19:38 00:19:30		63
121	1547	PAJAŁ	KRZYSZTOF	WROCLAW		1986	M30					65 00:20:26 00:20:26	65
122	1466	PISARSKI	BARTOSZ	WROCLAW		1988	M30				67 00:22:42 00:19:40		67
123	1398	GOŹDZIEJEWSKI	KRZYSZTOF	PSZENNO		1979	M40			68 00:19:43 00:19:43			68
124	1114	PIETRZYK	DANIEL	WAŁBRZYCH	ŁAZITEAMWAŁBRZYCH	1976	M40	73 00:19:43 00:19:42					73
125	1374	RUPA	ADRIAN	WROCLAW		1996	M20					73 00:22:03 00:20:56	73
126	1177	JERZYK	MATEUSZ	WROCLAW		1992	M20	75 00:19:52 00:19:49					75
127	1520	MARCINOWSKI	PAWEŁ	STARA ŁOMNICA	KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA	1989	M30				79 00:20:11 00:20:07		79
128	1203	ZAWADZKI	RAFAŁ	GORZANÓW	KL ZIEMIA KŁODZKA	1975	M40	82 00:20:17 00:20:11					82
129	1534	FOLGA	MAREK	WROCLAW	TRIMP	1975	M40				83 00:20:25 00:20:16		83
130	1324	STODÓŁKA	SZYMON	WILCZYCE	WOSIEK TEAM	1986	M30	84 00:21:03 00:20:59					84
131	1485	STRASZAK	PATRYK	WROCLAW		1996	M20				89 00:20:41 00:20:30		89
132	1376	KAWALEC	DOMINIK	MIRZEC		1996	M20			90 00:20:30 00:20:23			90
133	1301	MOŻEJKO	ZBIGNIEW	WROCLAW		1969	M50	90 00:21:18 00:21:14					90
134	163	STAROŃ	TOMASZ	WROCLAW	MOCNA GRUPA CEZARA	1976	M40	91 00:20:41 00:20:34					91

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135	1008	WŁOCH	MATEUSZ	SMOLEC	GT RAT	1986	M30	93 00:20:42 00:20:36					93
136	1414	DYBCZYŃSKI	WOJCIECH	WROCLAW		1991	M30			96 00:20:41 00:20:35			96
137	129	BASIS	BARTOSZ	ŚWIDNICA	ŚLĘZAK TEAM	1990	M30	97 00:21:02 00:20:53					97
138	1390	SERVULIA	SERHII	OLEŚNICA	AZS AWF WROCLAW	1996	M20			100 00:20:48 00:20:39			100
139	54	GŁOMBA	MICHAŁ	SMOLEC	SYSTEM ERROR	1982	M30			102 00:20:54 00:20:47			102
140	1329	ŁACNY	ŁUKASZ	WROCLAW	MATNER RUNNING TEAM	1983	M30		105 00:22:05 00:21:46				105
141	1469	WASZCZYŃSKI	TOMASZ	WROCLAW		1979	M40					105 00:23:32 00:22:24	105
142	1425	ŚRODKA	JACEK	SZCZYTKOWICE		1981	M40			106 00:22:10 00:21:09			106
143	1316	CWENAR	MAREK	WROCLAW	THE BEST FAMILY	1970	M50	107 00:22:01 00:21:50					107
144	1309	OSTREGA	MATEUSZ	ZŁOTORYJA	MATNER RUNNING TEAM	1995	M20		108 00:22:56 00:21:52				108
145	1546	LAWSON	VICO	WROCLAW		1993	M20					108 00:23:32 00:22:29	108
146	206	KOLAWA	PIOTR	KOBIERZYCE	TRENUJZNAMI.PL	1976	M40	111 00:21:28 00:21:28					111
147	1164	MINUZZI	FRANCESCO	WROCLAW		1986	M30		113 00:22:13 00:22:01				113
148	1545	KONTNY	BERNARD	WROCLAW		1993	M20					115 00:24:01 00:22:50	115
149	1401	PAWŁOWSKI	MICHAŁ	WROCLAW	GÓRYLASY1	1998	M20			117 00:21:43 00:21:34			117
150	1332	SAFARYN	MICHAŁ	WROCLAW		1985	M30		119 00:23:14 00:22:11				119
151	1357	KWADRANS	PIOTR	WROCLAW	WATAHA	1984	M30			123 00:21:55 00:21:49			123
152	1497	PAWŁAK	TOMASZ	RYCHWAŁ	KANCELARIA MALEC-PAWŁAK	1988	M30				125 00:23:44 00:22:11		125
153	160	SZMAGIEREWSKI	WOJCIECH	WROCLAW		1968	M50	127 00:22:15 00:22:04					127
154	1424	WIECZOREK	MICHAŁ	WROCLAW	MATNER RUNNING TEAM	1995	M20			132 00:22:13 00:22:01			132
155	250	ZAWADZKI	TOMASZ	TARNOWSKIE GÓRY		1998	M20		134 00:23:37 00:22:32				134
156	1553	HANULAK	IREK	WROCLAW	MATNER RUNNING TEAM	1981	M40					134 00:24:20 00:23:45	134
157	1564	KURIATA	PAWEŁ	BRZEG DOLNY	SENTE RUNNING TEAM	1992	M20					135 00:24:57 00:23:47	135
158	1434	KALETA	PAWEŁ	WROCLAW	WATAHA	1984	M30			139 00:23:13 00:22:10			139
159	1494	KOCHANOWSKI	RAFAŁ	OPOLE	MATNER RUNNING TEAM	1976	M40					139 00:24:20 00:24:16	139
160	1537	KOCHANOWSKI	RAFAŁ	OPOLE	MATNER RUNNING TEAM	1976	M40					139 00:24:20 00:24:16	139
161	1351	SMAGAŁA	WOJCIECH	WROCLAW	SMAGI TRI TEAM	1981	M40		142 00:24:06 00:22:58				142
162	1098	JANKOWSKI	WALDEMAR	ZERKÓW	BLIŹNIACY	1989	M30				143 00:24:26 00:22:45		143
163	1187	ZAPART	ŚLAWOMIR	ODOLANÓW		1979	M40	144 00:24:06 00:22:28					144
164	1451	SKRZEK	MARCIN	WROCLAW	PRO-RUN WROCLAW	1980	M40			145 00:25:17 00:22:42			145
165	1408	KRAKOWIAK	KRZYSZTOF	SZEWCE		1975	M40			148 00:23:04 00:22:48			148
166	1433	KIREŃCZUK	MATEUSZ	WROCLAW		1984	M30			151 00:24:14 00:22:58			151
167	1321	LIS	SZYMON	WROCLAW	NIGHT RUNNERS WROCLAW	1986	M30		153 00:24:38 00:23:35				153
168	1432	SOBOLEWSKI	MICHAŁ	WROCLAW	AKADEMIA WOJSK LĄDOWYCH	1996	M20			154 00:24:21 00:23:07			154

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169	1501	CHORYLEK	JAN	WROCLAW	TENIS POD SOSNAM I OSIECZÓW TEAM	1998	M20				155 00:24:50 00:23:12		155
170	1258	MARCINKIEWICZ	TADEUSZ	WROCLAW	MASTERS WROCLAW	1953	M60	156 00:24:19 00:22:47					156
171	1558	BIENIEK	MICHAL	WROCLAW		1979	M40					160 00:27:39 00:25:30	160
172	1214	KIELT	JACEK	WROCLAW		1987	M30	164 00:24:44 00:23:08					164
173	1457	ZIENIEWICZ	WOJCIECH	SIECHNICE		1975	M40			165 00:24:36 00:23:33			165
174	1474	ZIMOŃ	ADAM	WROCLAW	INTEGRUM BROKER	1975	M40				165 00:25:27 00:23:39		165
175	1339	SZMIT	RADOSŁAW	WROCLAW		1979	M40	167 00:26:07 00:23:59					167
176	1349	ŻAK	KONRAD	WROCLAW	FABRYCZNA BOULDER	1973	M40	168 00:26:06 00:24:00					168
177	219	GOMOŁA	MATEUSZ	WROCLAW	DAFT RUNNER	1981	M40					168 00:28:40 00:26:28	168
178	1236	RYCHARSKI	MICHAL	BRZEG DOLNY		1981	M40	169 00:24:57 00:23:21					169
179	1555	MIEDYŃSKI	JAROSŁAW	WROCLAW		1971	M50					171 00:28:49 00:26:37	171
180	1493	KUNICKI	MATEUSZ	WROCLAW	TROPEM ULTRA	2003	M16				173 00:26:05 00:24:27		173
181	1440	HYSKA	JAKUB	WROCLAW	NOA	1992	M20			176 00:23:53 00:23:53			176
182	1554	KRZEMIEŃ	SŁAWOMIR	TRZEBNICA	KRATOS TRZEBNICA	1974	M40					177 00:29:35 00:27:29	177
183	1330	MAZUREK	MIKOŁAJ	WROCLAW		1996	M20	178 00:27:41 00:24:37					178
184	1456	TEKIELA	KAMIL	KRAKÓW	IZZYRUNNING	1988	M30			179 00:26:44 00:24:00			179
185	204	GRABARA	ROBERT	WROCLAW		1985	M30	190 00:27:56 00:24:43					180
186	1548	ŚWIDERSKI	SŁAWOMIR	WROCLAW	DCO BLOK OPERACYJNY	1974	M40					180 00:30:12 00:27:46	180
187	1300	FRYDECKI	SŁAWOMIR	MIĘKINIA		1960	M60	182 00:25:54 00:24:50					182
188	1399	MAJEWSKI	DANIEL	WROCLAW		1991	M30			185 00:25:26 00:24:15			185
189	149	KABAŁA	PRZEMYSŁAW	WROCLAW	COGITARE TEAM	1981	M40	187 00:26:17 00:25:06					187
190	1370	BURY	MARCIN	WROCLAW	TRIATHLON CLUB WROCLAW	1978	M40			189 00:25:29 00:24:23			189
191	1559	ŁUKOMSKI	PAWEŁ	WROCLAW		1991	M30					189 00:31:20 00:29:06	189
192	1461	SZUMILAK	ADAM	WROCLAW		1984	M30				192 00:28:46 00:26:35		192
193	1411	KLUPŚCH	KRYSTIAN	WROCLAW		1994	M20			193 00:25:48 00:24:36			193
194	1337	DĄBROWSKI	PAWEŁ	WROCLAW		1971	M50	194 00:27:30 00:25:19					194
195	1504	ŻUROWSKI	MIKOŁAJ	WROCLAW	GVT	1996	M20				196 00:28:50 00:25:46		196
196	1543	SPYCHAJ	MARCIN	WROCLAW		1980	M40					196 00:33:50 00:31:19	196
197	1355	SCHMIDT	DAMIAN	WROCLAW		1990	M30	201 00:27:46 00:25:34					201
198	1417	PUPKA	ARTUR	LIGOTA PIĘKNA	GVT	1964	M50			205 00:26:12 00:25:10			205
199	1318	HAASE	TOMASZ	WROCLAW	PUEBLO 3	1976	M40	207 00:27:00 00:25:54					207
200	1305	GRABOWSKI	MATEUSZ	ŚRODA ŚLĄSKA	WATAHA	1988	M30	208 00:29:16 00:26:13					208
201	1531	ENGEL	JAROSŁAW	WROCLAW		1972	M40				211 00:30:25 00:26:51		211
202	1238	LUBELCZYK	GRZEGÓRZ	MIĘKINIA	SPELEOCLUB WROCLAW	1971	M50	214 00:29:38 00:26:27					214

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203	39	ZYMLINSKI	ROBERT	WROCŁAW	HEART ATTACK	1970	M50	215 00:31:21 00:26:30					215
204	1247	JANIAK	JAKUB	WROCŁAW		1989	M30		216 00:28:50 00:26:40				216
205	1437	LEWANDOWSKI	TADEUSZ	KIEŁCZÓW	WKB PIAST WROCŁAW	1949	M60			217 00:26:52 00:25:50			217
206	1205	GOLEBA	KONRAD	WROCŁAW		1984	M30	217 00:29:48 00:26:39					217
207	1495	ORFIN	PIOTR	WROCŁAW		1984	M30				217 00:30:45 00:27:33		217
208	1438	WESOŁOWSKI	PIOTR	WOŁÓW		2000	M20			218 00:28:40 00:26:02			218
209	1441	JAROWICZ	PAWEŁ	WROCŁAW		1975	M40			221 00:28:55 00:26:21			221
210	91	FRINDO	PAWEŁ	WROCŁAW		1973	M40	221 00:30:07 00:27:00					221
211	1289	STROŻEK	BARTEK	WROCŁAW		1975	M40			222 00:29:04 00:26:22			222
212	1133	ROSZKO	PIOTR	TRZEBNICA		1976	M40		225 00:29:22 00:27:13				225
213	1219	BILYK	ANDRII	WROCŁAW		1982	M30	229 00:29:15 00:27:33					229
214	1344	ŻYŁA	JANUSZ	WROCŁAW		1956	M60		229 00:30:57 00:27:45				229
215	1172	FLORCZAK	ZDZISŁAW	WROCŁAW	MOCNA GRUPA CEZARA	1952	M60	230 00:30:46 00:27:43					230
216	1452	GAWŁOWSKI	XAWERY	WROCŁAW	TRENING STUDIO 17	1997	M20			233 00:29:44 00:27:05			233
217	1443	STARUCHOWICZ	SZYMON	WILKSZYN		1980	M40			237 00:28:56 00:27:32			237
218	1327	MARKOWSKI	PAWEŁ	WROCŁAW		1987	M30	237 00:31:45 00:28:32					237
219	1447	DĄBROWSKI	GRZEGORZ	WROCŁAW		1966	M50			240 00:30:48 00:28:04			240
220	1089	SKORZEC	KAMIL	WROCŁAW		1995	M20	241 00:31:58 00:28:50					241
221	1044	KLUCZKIEWICZ	WOJCIECH	WROCŁAW		1988	M30	242 00:34:01 00:29:26					242
222	1513	PAZDEJ	ŁUKASZ	PRZECLAWICE	ŻYWIÓŁ	1982	M30				242 00:35:18 00:32:08		242
223	1296	SOBKOWSKI	PIOTR	WROCŁAW		1975	M40		244 00:32:23 00:29:19				244
224	1518	ŚLIWIŃSKI	JÓZEF	WROCŁAW	VEX TEAM	1980	M40				244 00:35:56 00:32:44		244
225	1107	GRUDA	RAFAŁ	WROCŁAW		1997	M20		245 00:32:44 00:29:37				245
226	84	GĄSIOR	ŁUKASZ	WROCŁAW		1982	M30		246 00:32:49 00:29:39				246
227	67	CICHOSZ	MARCIN	NIEMCZA	ŁAB	1978	M40			251 00:31:35 00:30:15			251
228	1393	GIELDA	TOMASZ	WROCŁAW	KRWAWIE STEFANY	1979	M40			254 00:34:45 00:30:48			254
229	1154	GLUCHOWICZ	RAFAL	KRZYŻANOWICE		1969	M50	258 00:38:44 00:34:04					258
230	1260	ARTAMONOV	ALEKSANDR	WROCŁAW		1989	M30	280 00:39:36 00:34:52					280
231	1310	STERNALSKI	MICHAŁ	WROCŁAW	DRACHENWALD	1976	M40		281 00:36:13 00:33:05				281
232	1391	ŻAK	KAROL	OLEŚNICA		1999	M20			282 00:37:10 00:33:16			282
233	1304	ZAGÓRNY	JAROSŁAW	WROCŁAW		1976	M40		282 00:36:25 00:33:23				282
234	253	KRZYSZTANOWICZ	ŁUKASZ	WROCŁAW		1986	M30	283 00:45:47 00:41:06					283
235	286	DĄBROWSKI	MACIEJ	DLUGOLEKA		1974	M40		284 00:37:02 00:33:49				284
236	1350	KUCHTA	MARIUSZ	BRZEZINA		1970	M50		285 00:37:16 00:34:10				285

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<b>237</b>	1334	JERZYK	MARCIN	WROCLAW		1985	M30		<b>267</b> 00:36:00 00:34:39				<b>267</b>
<b>238</b>	1449	BARTOSIK	JAREK	SMOLEC		1977	M40			<b>269</b> 00:39:03 00:36:22			<b>269</b>