

# Grand Prix CITY TRAIL 2025/2026

## Wrocław, Bieg 2, 2025-11-22



| MSC | NR   | NAZWISKO       | IMIĘ       | MIEJSCOWOŚĆ      | KLUB                                | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|----------------|------------|------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 1   | 206  | BUJAŁA         | MICHAŁ     | WILKSZYN         | SUB30MIN.COM                        | 1987 | M35 |          | 00:16:35   | 00:16:35    |   |   |
| 2   | 470  | WOJTYSZYN      | WOJCIECH   | WROCLAW          | EX TEAM                             | 1994 | M23 |          | 00:16:54   | 00:16:56    |   |   |
| 3   | 41   | ŻUREK          | PATRYK     | TRZEBNICA        | PRZEDWOJEWSKI TEAM                  | 1993 | M23 |          | 00:17:06   | 00:17:06    |   |   |
| 4   | 1152 | BANASZEWSKI    | JAKUB      | WROCLAW          | BIEGOWE POŁUDNIE WROCLAWIA          | 1988 | M35 |          | 00:17:11   | 00:17:12    |   |   |
| 5   | 23   | HARZOWSKI      | MATEUSZ    | WROCLAW          | GÓRYLASY                            | 1990 | M35 |          | 00:17:17   | 00:17:17    |   |   |
| 6   | 1120 | WIKTORSKI      | MIESZKO    | WROCLAW          | TRENUJZNAMI.PL / SMKS PARASOL WR... | 1981 | M40 |          | 00:17:20   | 00:17:20    |   |   |
| 7   | 309  | FURMAN         | JAKUB      | WROCLAW          |                                     | 1993 | M23 |          | 00:17:46   | 00:17:47    |   |   |
| 8   | 353  | KUSAL          | TOMASZ     | WROCLAW          | OMASZ.TEAM                          | 1995 | M23 |          | 00:17:47   | 00:17:48    |   |   |
| 9   | 1106 | SECEWICZ       | HUBERT     | WROCLAW          | MKS PARASOL WROCLAW                 | 2009 | M16 |          | 00:17:59   | 00:18:00    |   |   |
| 10  | 69   | NOWICKI        | MATEUSZ    | WROCLAW          |                                     | 1995 | M23 |          | 00:18:00   | 00:18:01    |   |   |
| 11  | 96   | FEDOROWICZ     | JACEK      | WROCLAW          | KB VAMOS AMIGOS WROCLAW             | 1970 | M55 |          | 00:18:01   | 00:18:01    |   |   |
| 12  | 182  | SZCZEPAŃSKI    | DANIEL     | BRZEG            | SZTUKA RUCHU                        | 2009 | M16 |          | 00:18:07   | 00:18:09    |   |   |
| 13  | 1121 | WIKTORSKI      | MICHAŁ     | WROCLAW          | SMKS PARASOL WROCLAW / LO XIV / ... | 2008 | M16 |          | 00:18:13   | 00:18:14    |   |   |
| 14  | 169  | GORCZYŃSKI     | BARTŁOMIEJ | WROCLAW          |                                     | 1989 | M35 |          | 00:18:12   | 00:18:16    |   |   |
| 15  | 325  | WĘGRZYK        | PIOTR      | IWINY            |                                     | 1991 | M23 |          | 00:18:16   | 00:18:17    |   |   |
| 16  | 1156 | GĄGOŁ          | FILIP      | SAMOTWÓR         | KLUB BIEGACZA KĄTY WROCLAWSKIE      | 1993 | M23 |          | 00:18:14   | 00:18:17    |   |   |
| 17  | 262  | SMARDZ         | MATEUSZ    | WROCLAW          | MATNER RUNNING TEAM                 | 1984 | M40 |          | 00:18:15   | 00:18:18    |   |   |
| 18  | 57   | KOWALSKI       | KONRAD     | WROCLAW          | TRENUJZNAMI.PL                      | 1990 | M35 |          | 00:18:22   | 00:18:25    |   |   |
| 19  | 17   | KASPRZAK       | IRENEUSZ   | WROCLAW          | KB VAMOS AMIGOS WROCLAW             | 1962 | M60 |          | 00:18:24   | 00:18:26    |   |   |
| 20  | 460  | LIPUTA         | EMILIA     | WROCLAW          | ALOHA HAKUNA                        | 1995 | K23 |          | 00:18:31   | 00:18:34    |   |   |
| 21  | 76   | GAWRON         | ARKADIUSZ  | WROCLAW          | BIEGACZE STU MOSTÓW                 | 1990 | M35 |          | 00:18:36   | 00:18:38    |   |   |
| 22  | 193  | MARKIEWICZ     | KAMIL      | JELENIA GÓRA     | #ZALINIAMETYTEAM                    | 1993 | M23 |          | 00:18:39   | 00:18:40    |   |   |
| 23  | 373  | STRZELECKI     | GRZEGORZ   | WROCLAW          | ALOHA HAKUNA                        | 1981 | M40 |          | 00:18:45   | 00:18:46    |   |   |
| 24  | 10   | KWIATKOWSKA    | KINGA      | RADKÓW           | HOKA GARMIN TEAM                    | 1988 | K35 |          | 00:18:45   | 00:18:48    |   |   |
| 25  | 40   | MĘKAŁ          | RADEK      | WAŁBRZYCH        | ZOFFEE RUN CLUB                     | 1979 | M45 |          | 00:18:46   | 00:18:49    |   |   |
| 26  | 319  | ZIENKIEWICZ    | MARCIN     | WROCLAW          | WAVES RUNNING                       | 1995 | M23 |          | 00:18:49   | 00:18:52    |   |   |
| 27  | 1125 | KOTKOWSKI      | PIOTR      | DĄBROWA          | DRUŻYNA SZPIKU / KOTKI TEAM         | 1975 | M50 |          | 00:18:50   | 00:18:52    |   |   |
| 28  | 257  | WRÓBEL         | DAMIAN     | WROCLAW          |                                     | 1989 | M35 |          | 00:18:53   | 00:18:57    |   |   |
| 29  | 1191 | MARCINKOWSKI   | ERYK       | WROCLAW          | GVT PCG TEAM                        | 2004 | M16 |          | 00:18:51   | 00:18:57    |   |   |
| 30  | 395  | BAGIŃSKI       | ŁUKASZ     | WROCLAW          |                                     | 1981 | M40 |          | 00:19:00   | 00:19:03    |   |   |
| 31  | 1124 | KOSUCIŃSKI     | SŁAWOMIR   | POLANICA ZDRÓJ   | LOKO TRUTNOV                        | 1981 | M40 |          | 00:19:04   | 00:19:07    |   |   |
| 32  | 367  | GRONOWSKI      | FRANCISZEK | PRZEMIŁÓW        | KLUB BIEGACZA SOBÓTKA               | 2007 | M16 |          | 00:19:09   | 00:19:11    |   |   |
| 33  | 196  | WAŻNY          | DARIUSZ    | WROCLAW          | WAŻNY TEAM                          | 1979 | M45 |          | 00:19:12   | 00:19:14    |   |   |
| 34  | 343  | STUDENCKI      | PIOTR      | NYSA             |                                     | 2006 | M16 |          | 00:19:09   | 00:19:14    |   |   |
| 35  | 414  | STUDNICKI      | PAWEŁ      | WROCLAW          | AW - SZYBCIEJ - TEAM                | 1979 | M45 |          | 00:19:15   | 00:19:17    |   |   |
| 36  | 1068 | CHOMA          | KATARZYNA  | JELENIA GÓRA     | KARKONOSZ RUNNING TEAM              | 1980 | K45 |          | 00:19:13   | 00:19:17    |   |   |
| 37  | 1168 | NOWICKI        | PIOTR      | WROCLAW          |                                     | 1994 | M23 |          | 00:19:16   | 00:19:18    |   |   |
| 38  | 20   | KRUPICKA       | KATARZYNA  | WROCLAW          | SCARPA TEAM POLSKA / RUN MY WAY     | 1991 | K23 |          | 00:19:27   | 00:19:30    |   |   |
| 39  | 177  | SZCZERBAKOWICZ | KAMIL      | NADOLICE WIELKIE |                                     | 1989 | M35 |          | 00:19:34   | 00:19:38    |   |   |
| 40  | 129  | SZEWSKI        | MAREK      | WROCLAW          | CZEŚĆ I SŁAWA                       | 1987 | M35 |          | 00:19:32   | 00:19:39    |   |   |
| 41  | 117  | PRUSEK         | PIOTR      | ŚRODA ŚLASKA     |                                     | 1974 | M50 |          | 00:19:41   | 00:19:43    |   |   |
| 42  | 429  | KUMISZCZO      | MARCIN     | WROCLAW          | TRIMP                               | 1988 | M35 |          | 00:19:48   | 00:19:49    |   |   |
| 43  | 221  | MIELCZAREK     | TOMASZ     | WROCLAW          |                                     | 1975 | M50 |          | 00:19:47   | 00:19:50    |   |   |
| 44  | 461  | MADERA         | ANDRZEJ    | WROCLAW          | ALOHA HAKUNA                        | 1977 | M45 |          | 00:19:48   | 00:19:52    |   |   |
| 45  | 1171 | STAŃCO         | BARTEK     | SKRZYŃKA         |                                     | 1988 | M35 |          | 00:19:49   | 00:19:53    |   |   |
| 46  | 212  | BUDZIEWSKA     | KATARZYNA  | ŁAGIEWNIKI       | TEAM AKTYWNI                        | 1985 | K40 |          | 00:19:52   | 00:19:56    |   |   |
| 47  | 94   | GNIADEK        | JAROSŁAW   | WROCLAW          |                                     | 1975 | M50 |          | 00:19:51   | 00:19:56    |   |   |
| 48  | 1208 | KOTAŁA         | ARKADIUSZ  | WROCLAW          | WATAHA                              | 1995 | M23 |          | 00:19:58   | 00:20:00    |   |   |
| 49  | 1130 | SZCZEPAŃSKI    | ADAM       | BRZEG            | SZTUKA RUCHU                        | 1977 | M45 |          | 00:20:03   | 00:20:05    |   |   |
| 50  | 1167 | KONIECZNY      | WOJCIECH   | WROCLAW          | PRZEDWOJEWSKI TEAM                  | 1984 | M40 |          | 00:19:57   | 00:20:05    |   |   |
| 51  | 1098 | LIBURA         | JAKUB      | RADWANICE        | MKS SIECHNICE                       | 2002 | M23 |          | 00:19:48   | 00:21:21    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ      | MIEJSCOWOŚĆ       | KLUB                             | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|-----------|-------------------|----------------------------------|------|-----|----------|------------|-------------|---|---|
| 52  | 1196 | BURSZTA-RYPEL      | MATYLDA   | WROCLAW           | WOSIEK TEAM                      | 1992 | K23 |          | 00:20:04   | 00:20:06    |   |   |
| 53  | 393  | ŁUKASZEWSKI        | ANDRZEJ   | WROCLAW           | KB VAMOS AMIGOS WROCLAW          | 1967 | M55 |          | 00:20:07   | 00:20:09    |   |   |
| 54  | 1225 | PIOTROWSKI         | RAFAŁ     | WROCLAW           | BIEGACZE STU MOSTÓW              | 1982 | M40 |          | 00:20:07   | 00:20:12    |   |   |
| 55  | 175  | ROGOZA             | PAWEŁ     | WROCLAW           | ALOHA TEAM                       | 1981 | M40 |          | 00:20:08   | 00:20:10    |   |   |
| 56  | 1229 | KOLANEK            | TOMASZ    | WILCZYCE          | MAM WYBIEGANE                    | 1982 | M40 |          | 00:20:10   | 00:20:18    |   |   |
| 57  | 368  | GRONOWSKI          | PAWEŁ     | PRZEMIŁÓW         |                                  | 1966 | M55 |          | 00:20:11   | 00:20:15    |   |   |
| 58  | 1072 | KRASIŃSKI          | JAROSŁAW  | TRZEBNICA         | TUPTATUTEAM                      | 1982 | M40 |          | 00:20:12   | 00:20:14    |   |   |
| 59  | 449  | KALINOWSKI         | SZYMON    | PEŁCZNICA         | KLUB BIEGACZA KĄTY WROCLAWSKIE   | 1985 | M40 |          | 00:20:12   | 00:20:22    |   |   |
| 60  | 229  | BIENKOWSKI         | KAMIL     | RADWANICE         | BEBETTER                         | 1983 | M40 |          | 00:20:13   | 00:20:18    |   |   |
| 61  | 1063 | KOCOWSKI-GÓRSKI    | KONRAD    | WROCLAW           | MŁYNARCZYK ENDURANCE TEAM        | 1991 | M23 |          | 00:20:15   | 00:20:16    |   |   |
| 62  | 53   | ZAKRZEWSKI         | PAWEŁ     | BRZĘZIA ŁĄKA      | ZA LINIĄ METY TEAM               | 1986 | M35 |          | 00:20:17   | 00:20:24    |   |   |
| 63  | 375  | CZARCIŃSKI         | MICHAŁ    | ZAWONIA           |                                  | 1974 | M50 |          | 00:20:18   | 00:20:23    |   |   |
| 64  | 278  | JAŃSKI             | SZYMON    | WROCLAW           |                                  | 1996 | M23 |          | 00:20:18   | 00:20:28    |   |   |
| 65  | 431  | KIELCZEWSKI        | GRZEGORZ  | WROCLAW           |                                  | 1960 | M65 |          | 00:20:18   | 00:20:20    |   |   |
| 66  | 318  | PIETRZAK           | ADAM      | WROCLAW           |                                  | 1983 | M40 |          | 00:20:20   | 00:20:23    |   |   |
| 67  | 455  | GLÓWKA             | MACIEJ    | KARWIANY          | ULTRAWAY WOJTEK KOTARBA          | 1987 | M35 |          | 00:20:21   | 00:20:27    |   |   |
| 68  | 1059 | MAJEWSKA           | AGATA     | WROCLAW           |                                  | 1978 | K45 |          | 00:20:29   | 00:20:31    |   |   |
| 69  | 1217 | ZASADA             | KAMIL     | WROCLAW           | ANATOMIA BIEGANIA                | 1995 | M23 |          | 00:20:31   | 00:20:37    |   |   |
| 70  | 1139 | STRÓŻYK            | ARTUR     | CHOJNO            |                                  | 1987 | M35 |          | 00:20:31   | 00:20:35    |   |   |
| 71  | 58   | ROKSELA            | PAWEŁ     | WROCLAW           | PEAKY RUNNERS                    | 1986 | M35 |          | 00:20:31   | 00:20:36    |   |   |
| 72  | 1201 | WITKOWSKI          | MARCIN    | KROTOSZYN         | WITKOWSKI WINIARSKI RUNNING TEAM | 1985 | M40 |          | 00:20:34   | 00:20:40    |   |   |
| 73  | 443  | NKWAMU             | KAMIL     | WROCLAW           | NN RUNNING TEAM                  | 2002 | M23 |          | 00:20:37   | 00:20:41    |   |   |
| 74  | 151  | BORATYŃSKA         | ANNA      | WROCLAW           |                                  | 1997 | K23 |          | 00:20:40   | 00:20:43    |   |   |
| 75  | 282  | DZIURA             | ARTUR     | BIESTRZYKÓW       |                                  | 1979 | M45 |          | 00:20:40   | 00:20:47    |   |   |
| 76  | 439  | BUDNIK             | ŁUKASZ    | WROCLAW           | BUDNIK TEAM                      | 1984 | M40 |          | 00:20:43   | 00:20:47    |   |   |
| 77  | 1154 | KUSIAK             | MACIEJ    | ZĄBKOWICE ŚLĄSKIE |                                  | 1989 | M35 |          | 00:20:44   | 00:20:48    |   |   |
| 78  | 1226 | IAKOVLEV           | DMITRY    | WROCLAW           | MATNER RUNNING TEAM              | 1974 | M50 |          | 00:20:46   | 00:20:51    |   |   |
| 79  | 205  | KUBICA             | PAWEŁ     | SIECHNICE         | GÓRYLASY                         | 1985 | M40 |          | 00:20:47   | 00:20:51    |   |   |
| 80  | 194  | WITKOWSKI          | MICHAŁ    | WROCLAW           |                                  | 2009 | M16 |          | 00:20:51   | 00:20:58    |   |   |
| 81  | 1176 | KARMOWSKI          | JAKUB     | WROCLAW           | QRAŚ TEAM                        | 1983 | M40 |          | 00:20:52   | 00:20:57    |   |   |
| 82  | 280  | LIPIEŃ             | PIOTR     | WROCLAW           | AKS BUKOWE TRZEBNICA             | 1996 | M23 |          | 00:20:54   | 00:21:04    |   |   |
| 83  | 149  | HOTŁOŚ             | RAFAŁ     | WROCLAW           |                                  | 1978 | M45 |          | 00:20:59   | 00:21:09    |   |   |
| 84  | 471  | IWAŃCZYK           | MARIUSZ   | WROCLAW           |                                  | 1979 | M45 |          | 00:21:02   | 00:21:10    |   |   |
| 85  | 120  | ZIÓŁKOWSKI         | MAREK     | PANOWICE          |                                  | 1972 | M50 |          | 00:21:03   | 00:21:09    |   |   |
| 86  | 42   | RUPINSKI           | JACEK     | DOBRZYKOWICE      | PEAKY RUNNERS                    | 1979 | M45 |          | 00:21:03   | 00:21:08    |   |   |
| 87  | 1177 | PROSZAK            | SEBASTIAN | KŁODZKO           | GÓRYLASY                         | 1972 | M50 |          | 00:21:08   | 00:21:25    |   |   |
| 88  | 1029 | MAJCHRZYK          | WOJCIECH  | ŚWIĘTA KATARZYNA  |                                  | 1990 | M35 |          | 00:21:10   | 00:21:19    |   |   |
| 89  | 1141 | JASIK              | WOJCIECH  | LEGNICA           |                                  | 1987 | M35 |          | 00:21:11   | 00:21:16    |   |   |
| 90  | 173  | MARCZUK            | JAKUB     | WROCLAW           | MATNER RUNNING TEAM              | 1993 | M23 |          | 00:21:13   | 00:21:18    |   |   |
| 91  | 68   | ZIĘTEK             | KRZYSZTOF | OSTRÓW WLKP.      | WAVES RUNNING                    | 1973 | M50 |          | 00:21:13   | 00:21:24    |   |   |
| 92  | 430  | BURDA              | GRZEGORZ  | OPOLE             | BIKY.PL                          | 1974 | M50 |          | 00:21:14   | 00:21:19    |   |   |
| 93  | 1207 | MOROŃ              | MACIEJ    | SIECHNICE         |                                  | 2004 | M16 |          | 00:21:16   | 00:21:23    |   |   |
| 94  | 316  | BUDNY              | KAMIL     | WROCLAW           | RUN MY WAY                       | 1991 | M23 |          | 00:21:16   | 00:21:23    |   |   |
| 95  | 209  | POMIANOWSKI        | SZYMEK    | WROCLAW           | KURACJUSZE                       | 1984 | M40 |          | 00:21:19   | 00:21:30    |   |   |
| 96  | 302  | TRZECIAK-SNOPCZ... | RENATA    | WROCLAW           |                                  | 1983 | K40 |          | 00:21:19   | 00:21:25    |   |   |
| 97  | 268  | KULCZEWSKI         | ŁUKASZ    | WROCLAW           | KB VAMOS AMIGOS WROCLAW          | 1980 | M45 |          | 00:21:19   | 00:24:20    |   |   |
| 98  | 391  | DŁUGOPOLSKI        | MARCIN    | BIELAWA           | CENTROWNICA                      | 1985 | M40 |          | 00:21:20   | 00:21:27    |   |   |
| 99  | 245  | CZERKAWSKI         | PIOTR     | WROCLAW           |                                  | 1989 | M35 |          | 00:21:23   | 00:21:28    |   |   |
| 100 | 306  | BUJAŁA             | IZABELA   | WILKSZYN          | SUB30MIN.COM                     | 1992 | K23 |          | 00:21:27   | 00:21:33    |   |   |
| 101 | 160  | MILEK              | AGNIESZKA | SMOLEC            |                                  | 1977 | K45 |          | 00:21:30   | 00:21:34    |   |   |
| 102 | 108  | NOWAK              | PAWEŁ     | WROCLAW           |                                  | 1982 | M40 |          | 00:21:30   | 00:21:32    |   |   |

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|-----|------|-------------|------------|---------------------|-------------------------------------|------|------|----------|------------|-------------|---|---|
| 103 | 1300 | WÓJCIK      | KAROLINA   | WROCLAW             | -                                   | 1989 | K35  |          | 00:21:33   | 00:21:38    |   |   |
| 104 | 37   | NAPIERAŁA   | ŁUKASZ     | PRUSZOWICE          |                                     | 1987 | M35  |          | 00:21:36   | 00:21:38    |   |   |
| 105 | 80   | RODAK       | SZYMON     | WROCLAW             | ELEKTROTECHNICY                     | 1992 | M23  |          | 00:21:38   | 00:21:42    |   |   |
| 106 | 401  | PANKAŁA     | RAFAŁ      | WROCLAW             |                                     | 1980 | M45  |          | 00:21:42   | 00:21:50    |   |   |
| 107 | 297  | STODÓŁKA    | SZYMON     | WILCZYCE            | LENIWIEC                            | 1986 | M35  |          | 00:21:42   | 00:21:48    |   |   |
| 108 | 441  | MALIK       | KAROLINA   | WROCLAW             | WAVES                               | 2002 | K23  |          | 00:21:42   | 00:21:49    |   |   |
| 109 | 436  | ZYCH        | ADAM       | WROCLAW             | ZYCHU TEAM                          | 1956 | M65  |          | 00:21:43   | 00:21:48    |   |   |
| 110 | 338  | IWANCZEWSKI | MARCIN     | WROCLAW             |                                     | 1981 | M40  |          | 00:21:44   | 00:21:54    |   |   |
| 111 | 24   | TYMEJCZYK   | JAKUB      | WROCLAW             |                                     | 1991 | M23  |          | 00:21:46   | 00:21:54    |   |   |
| 112 | 249  | CZUBLUN     | MATEUSZ    | WÓŁKA KOZODAWSKA    | FLOW WROCLAW                        | 2000 | M23  |          | 00:21:47   | 00:21:55    |   |   |
| 113 | 1214 | ZAJĄC       | MIROSLAW   | WROCLAW             | EVEREST                             | 1974 | M50  |          | 00:21:48   | 00:23:18    |   |   |
| 114 | 264  | MAJNER      | JACEK      | WROCLAW             |                                     | 1975 | M50  |          | 00:21:48   | 00:21:57    |   |   |
| 115 | 369  | GRONOWSKI   | MICHAŁ     | PRZEMIŁÓW           |                                     | 1994 | M23  |          | 00:21:48   | 00:23:21    |   |   |
| 116 | 1186 | HANULAK     | IREK       | RADWANICE           | MATNER RUNNING TEAM                 | 1981 | M40  |          | 00:21:49   | 00:21:51    |   |   |
| 117 | 1189 | WÓJCIK      | TOMASZ     | WROCLAW             | HARDY WYŻSZA FORMA                  | 1986 | M35  |          | 00:21:53   | 00:23:27    |   |   |
| 118 | 70   | WILK        | KRZYSZTOF  | IWINY               |                                     | 1976 | M45  |          | 00:21:57   | 00:22:06    |   |   |
| 119 | 419  | CIECIERSKA  | EMILIA     | PISKORZÓWEK         |                                     | 2008 | K16  |          | 00:21:59   | 00:22:06    |   |   |
| 120 | 1146 | JANKOWSKI   | DAMIAN     | BOGUSZYN            | WAVES RUNNING                       | 2000 | M23  |          | 00:22:00   | 00:23:38    |   |   |
| 121 | 1182 | ŁAZOWSKI    | MICHAŁ     | WROCLAW             |                                     | 1990 | M35  |          | 00:22:01   | 00:23:32    |   |   |
| 122 | 403  | ŁĄŻNIEWSKI  | DARIUSZ    | WYSOKA              | OLSZYNA BIEGA                       | 1986 | M35  |          | 00:22:02   | 00:22:10    |   |   |
| 123 | 468  | GIL         | STANISŁAW  | DZIERŻONIÓW         | BIELAWSKA AKADEMIA BIEGANIA         | 1956 | M65  |          | 00:22:03   | 00:22:09    |   |   |
| 124 | 1179 | WÓJCIK      | KRZYSZTOF  | WROCLAW             |                                     | 1994 | M23  |          | 00:22:06   | 00:22:15    |   |   |
| 125 | 1198 | SKOPOWSKI   | JAN        | WROCLAW             |                                     | 1983 | M40  |          | 00:22:09   | 00:22:19    |   |   |
| 126 | 1096 | DREKSLER    | JAKUB      | WROCLAW             | ZOUCREW CZĘSTOCHOWA                 | 1993 | M23  |          | 00:22:11   | 00:22:19    |   |   |
| 127 | 235  | RACZKOWSKI  | KRZYSZTOF  | WROCLAW             |                                     | 1978 | M45  |          | 00:22:14   | 00:22:24    |   |   |
| 128 | 157  | PASZKIEWICZ | OLGA       | PRZERECZYN ZDRÓJ    | TEAM AKTYWNI                        | 1990 | K35  |          | 00:22:19   | 00:22:25    |   |   |
| 129 | 346  | OLESZCZUK   | AGNIESZKA  | KŁODZKO             | KLUB LEKKOATLETYCZNY ZIEMIA KŁODZKA | 1990 | K35  |          | 00:22:19   | 00:22:23    |   |   |
| 130 | 1183 | PRZYBYSZ    | ARTUR      | SMOLEC              | @BIEGAJ.PO.ENDORFINY                | 1993 | M23  |          | 00:22:25   | 00:23:58    |   |   |
| 131 | 1185 | STROKA      | MICHAŁ     | WROCLAW             |                                     | 1993 | M23  |          | 00:22:29   | 00:24:01    |   |   |
| 132 | 110  | WASULA      | TOMASZ     | BIELANY WROCLAWSKIE |                                     | 1975 | M50  |          | 00:22:30   | 00:22:44    |   |   |
| 133 | 426  | KARAŚ       | TOMEK      | WROCLAW             |                                     | 1988 | M35  |          | 00:22:31   | 00:22:35    |   |   |
| 134 | 417  | GATSKO      | ANTON      | WROCLAW             |                                     | 1997 | M23  |          | 00:22:33   | 00:24:11    |   |   |
| 135 | 204  | STACHURSKI  | RADOSŁAW   | WROCLAW             |                                     | 1990 | M35  |          | 00:22:34   | 00:24:08    |   |   |
| 136 | 317  | PUDŁOWSKI   | BARTOSZ    | WROCLAW             | BIEGANIZM                           | 1974 | M50  |          | 00:22:37   | 00:22:48    |   |   |
| 137 | 269  | KOZIOŁEK    | JULIA      | KRZEP TÓW           |                                     | 1984 | K40  |          | 00:22:37   | 00:24:10    |   |   |
| 138 | 65   | DUDEK       | SZYMON     | WROCLAW             | WAVES RUNNING                       | 2002 | M23  |          | 00:22:37   | 00:22:44    |   |   |
| 139 | 88   | KOLBUSZ     | ŁUKASZ     | WROCLAW             | MATNER RUNNING TEAM                 | 1989 | M35  |          | 00:22:38   | 00:24:10    |   |   |
| 140 | 435  | SERMAK      | PAWEŁ      | WROCLAW             | HOTRUNNERS TEAM WROCLAW             | 1990 | M35  |          | 00:22:40   | 00:24:18    |   |   |
| 141 | 163  | KUBIAK      | KRZYSZTOF  | WROCLAW             |                                     | 1974 | M50  |          | 00:22:41   | 00:25:46    |   |   |
| 142 | 1220 | ŻABNICKI    | BARTOSZ    | SMOLEC              |                                     | 2009 | M16  |          | 00:22:41   | 00:24:16    |   |   |
| 143 | 252  | BRYCHCY     | KAROL      | WROCLAW             |                                     | 1986 | M35  |          | 00:22:43   | 00:22:53    |   |   |
| 144 | 66   | NIKIEL      | BARTŁOMIEJ | OLEŚNICA            | BIEGACZE STU MOSTÓW                 | 1990 | M35  |          | 00:22:47   | 00:22:55    |   |   |
| 145 | 93   | HAWRYLISZYN | JAN        | ŁOZINA              |                                     | 1983 | M40  |          | 00:22:48   | 00:22:57    |   |   |
| 146 | 1212 | KRZAK       | KACPER     | WROCLAW             |                                     | 2000 | M23  |          | 00:22:49   | 00:22:58    |   |   |
| 147 | 474  | PIWKO       | MICHAŁ     | WROCLAW             |                                     | 1084 | #N/A |          | 00:22:52   | 00:24:30    |   |   |
| 148 | 1014 | KWIATKOWSKA | JOANNA     | WROCLAW             |                                     | 1981 | K40  |          | 00:22:52   | 00:24:36    |   |   |
| 149 | 251  | ŁUKASIŃSKA  | MONIKA     | KRZYKÓW             |                                     | 1980 | K45  |          | 00:22:53   | 00:23:03    |   |   |
| 150 | 1202 | WALKOWIAK   | PAWEŁ      | WROCLAW             |                                     | 1995 | M23  |          | 00:22:53   | 00:24:27    |   |   |
| 151 | 1227 | GOSZCZYŃSKI | SEBASTIAN  | DOBRYZKOWICE        |                                     | 1985 | M40  |          | 00:22:56   | 00:24:29    |   |   |
| 152 | 1037 | MOMOT       | PIOTR      | WROCLAW             | TRIATHLON CLUB WROCLAW              | 1986 | M35  |          | 00:22:58   | 00:24:31    |   |   |
| 153 | 87   | RZECZYCKI   | TOMASZ     | WROCLAW             |                                     | 1990 | M35  |          | 00:22:59   | 00:24:35    |   |   |

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| MSC | NR   | NAZWISKO     | IMIĘ      | MIEJSCOWOŚĆ          | KLUB                             | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------|-----------|----------------------|----------------------------------|------|-----|----------|------------|-------------|---|---|
| 154 | 315  | DZIEKANOWSKA | MARIA     | WROCLAW              | BIEGANIZM                        | 1994 | K23 |          | 00:23:00   | 00:23:11    |   |   |
| 155 | 398  | TOMAKA       | MACIEJ    | OLDRZYCHOWICE KŁO... | DRUŻYNA KŁODZKA KOTLINA          | 1986 | M35 |          | 00:23:05   | 00:24:39    |   |   |
| 156 | 260  | GORYL        | SEBASTIAN | WILKSZYN             |                                  | 1985 | M40 |          | 00:23:06   | 00:24:43    |   |   |
| 157 | 355  | KUBIAK       | KRZYSZTOF | WROCLAW              |                                  | 1979 | M45 |          | 00:23:07   | 00:24:44    |   |   |
| 158 | 1027 | WĘGŁOWSKA    | ANNA      | WROCLAW              | MKS SIECHNICE/ SP 17             | 1981 | K40 |          | 00:23:07   | 00:24:52    |   |   |
| 159 | 99   | CUCH         | ADAM      | WROCLAW              |                                  | 1973 | M50 |          | 00:23:08   | 00:24:45    |   |   |
| 160 | 396  | PAWŁOWICZ    | OLGA      | WROCLAW              | MATNER RUNNING TEAM              | 1993 | K23 |          | 00:23:08   | 00:24:40    |   |   |
| 161 | 218  | FIJARCZYK    | TOMASZ    | WROCLAW              |                                  | 1981 | M40 |          | 00:23:11   | 00:24:44    |   |   |
| 162 | 172  | OLEKSA       | ROBERT    | KARWIANY             |                                  | 1972 | M50 |          | 00:23:14   | 00:23:29    |   |   |
| 163 | 410  | LABUSEK      | ŁUKASZ    | URAZ                 |                                  | 1992 | M23 |          | 00:23:15   | 00:23:22    |   |   |
| 164 | 1184 | BĄCZYŃSKI    | KONRAD    | WROCLAW              |                                  | 1994 | M23 |          | 00:23:17   | 00:24:49    |   |   |
| 165 | 444  | ŻUKOWSKI     | MICHAŁ    | ŻMIGRÓD              |                                  | 1990 | M35 |          | 00:23:18   | 00:23:25    |   |   |
| 166 | 406  | POCIEJOWSKI  | FRYDERYK  | WROCLAW              |                                  | 1982 | M40 |          | 00:23:20   | 00:25:00    |   |   |
| 167 | 103  | BUDZIEWSKI   | TOMASZ    | ŁAGIEWNIKI           | TEAM AKTYWNI                     | 1978 | M45 |          | 00:23:26   | 00:23:30    |   |   |
| 168 | 327  | GOLEMIEC     | KAZIMIERZ | WROCLAW              | IM INSPIRATION                   | 1965 | M60 |          | 00:23:27   | 00:24:59    |   |   |
| 169 | 1230 | HART         | LENA      | WROCLAW              | MKS SIECHNICE                    | 2009 | K16 |          | 00:23:30   | 00:23:35    |   |   |
| 170 | 299  | GIEROŃ       | ADAM      | WROCLAW              | GST / MILOTEAM                   | 1985 | M40 |          | 00:23:31   | 00:23:39    |   |   |
| 171 | 440  | ROGALSKI     | MARIUSZ   | WROCLAW              | NN RUNNING TEAM WROCLAW          | 1983 | M40 |          | 00:23:35   | 00:23:44    |   |   |
| 172 | 448  | ANTONISZYN   | PIOTR     | WROCLAW              | MATNER RUNNING TEAM              | 1997 | M23 |          | 00:23:37   | 00:26:41    |   |   |
| 173 | 462  | STANIÓW      | AGATA     | WROCLAW              |                                  | 1987 | K35 |          | 00:23:37   | 00:25:09    |   |   |
| 174 | 89   | PIEKARCZYK   | MONIKA    | WROCLAW              | GÓRYLASY                         | 1997 | K23 |          | 00:23:39   | 00:23:48    |   |   |
| 175 | 220  | SENGER       | ROBERT    | WROCLAW              |                                  | 2002 | M23 |          | 00:23:44   | 00:25:17    |   |   |
| 176 | 243  | KASPERCZYK   | MARTA     | WROCLAW              |                                  | 1990 | K35 |          | 00:23:52   | 00:25:24    |   |   |
| 177 | 1033 | BŁASZCZYK    | SŁAWOMIR  | SIEDLEC              |                                  | 1980 | M45 |          | 00:23:55   | 00:25:31    |   |   |
| 178 | 362  | MALESZKA     | KINGA     | WROCLAW              |                                  | 1985 | K40 |          | 00:23:58   | 00:24:06    |   |   |
| 179 | 201  | MIDOR        | KAROLINA  | WROCLAW              | OMASZ.TEAM                       | 1995 | K23 |          | 00:24:02   | 00:24:12    |   |   |
| 180 | 59   | MADEJA       | MARCIN    | WROCLAW              |                                  | 1983 | M40 |          | 00:24:05   | 00:27:08    |   |   |
| 181 | 100  | HAWRON       | AGNIESZKA | WROCLAW              | ALOHA HAKUNA                     | 1972 | K50 |          | 00:24:06   | 00:25:47    |   |   |
| 182 | 454  | BARAN        | EWA       | WROCLAW              | PARKRUN WROCLAW                  | 1978 | K45 |          | 00:24:07   | 00:25:47    |   |   |
| 183 | 150  | ŁAMBUCKA     | BEATA     | OLEŚNICA             |                                  | 1985 | K40 |          | 00:24:07   | 00:24:15    |   |   |
| 184 | 86   | FLORYAN      | AGATA     | WROCLAW              |                                  | 1982 | K40 |          | 00:24:08   | 00:25:45    |   |   |
| 185 | 382  | KIEŻA        | MAREK     | WROCLAW              |                                  | 1988 | M35 |          | 00:24:11   | 00:25:46    |   |   |
| 186 | 322  | KLAUS        | JOANNA    | WROCLAW              |                                  | 1986 | K35 |          | 00:24:11   | 00:25:53    |   |   |
| 187 | 1020 | KOWALKOWSKI  | DARIUSZ   | WROCLAW              | MATNER RUNNING TEAM              | 1980 | M45 |          | 00:24:15   | 00:25:49    |   |   |
| 188 | 258  | SROKOWSKI    | ŁUKASZ    | WROCLAW              |                                  | 1983 | M40 |          | 00:24:15   | 00:25:51    |   |   |
| 189 | 140  | ADAMSKI      | MARIUSZ   | WROCLAW              | DREAM TEAM                       | 1984 | M40 |          | 00:24:16   | 00:25:51    |   |   |
| 190 | 137  | GRABKA       | KATARZYNA | WROCLAW              |                                  | 1994 | K23 |          | 00:24:16   | 00:25:52    |   |   |
| 191 | 1036 | HĄDZLIK      | ANDRZEJ   | KAMIENIEC WROCLAWSKI |                                  | 1983 | M40 |          | 00:24:17   | 00:27:18    |   |   |
| 192 | 333  | OLACZEK      | ŁUKASZ    | MROZÓW               | TATA STARTUJE // TRI AMO         | 1979 | M45 |          | 00:24:26   | 00:26:12    |   |   |
| 193 | 134  | WANIEK       | KAROL     | WROCLAW              |                                  | 1983 | M40 |          | 00:24:28   | 00:25:59    |   |   |
| 194 | 85   | FLORYAN      | WIKTOR    | WROCLAW              |                                  | 1983 | M40 |          | 00:24:28   | 00:26:06    |   |   |
| 195 | 266  | KRZYŻKÓW     | PIOTR     | WROCLAW              |                                  | 1989 | M35 |          | 00:24:30   | 00:30:16    |   |   |
| 196 | 387  | DUDZIAK      | ANNA      | RADWANICE            |                                  | 1987 | K35 |          | 00:24:32   | 00:26:06    |   |   |
| 197 | 102  | DUTKIEWICZ   | ŁUKASZ    | WROCLAW              |                                  | 1986 | M35 |          | 00:24:32   | 00:26:13    |   |   |
| 198 | 453  | BANASZAK     | BARBARA   | WROCLAW              |                                  | 1997 | K23 |          | 00:24:36   | 00:26:17    |   |   |
| 199 | 1195 | KALETA       | KAMIL     | WIERUSZÓW            |                                  | 1994 | M23 |          | 00:24:36   | 00:26:14    |   |   |
| 200 | 311  | GŁOWACKI     | MARCIN    | WROCLAW              |                                  | 1994 | M23 |          | 00:24:38   | 00:26:09    |   |   |
| 201 | 1034 | SZEMELAK     | WOJCIECH  | WROCLAW              |                                  | 1999 | M23 |          | 00:24:38   | 00:24:46    |   |   |
| 202 | 289  | NOWICKA      | PAULINA   | WROCLAW              | MATNER RUNNING TEAM              | 1989 | K35 |          | 00:24:39   | 00:27:44    |   |   |
| 203 | 1203 | ANTONISZYN   | DARIUSZ   | SZCZYTOKOWICE        | ITM2M 2015 / MATNER RUNNING TEAM | 1967 | M55 |          | 00:24:49   | 00:27:55    |   |   |
| 204 | 466  | MAZUR        | PAWEŁ     | IWINY                | MATNER RUNNING TEAM              | 1979 | M45 |          | 00:24:50   | 00:27:56    |   |   |

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| MSC | NR   | NAZWISKO      | IMIĘ       | MIEJSCOWOŚĆ          | KLUB                                | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|---------------|------------|----------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 205 | 34   | GADASZEWSKA   | ANNA       | TRZEBNICA            | AKS BUKOWE TRZEBNICA                | 1977 | K45 |          | 00:24:59   | 00:26:38    |   |   |
| 206 | 84   | KUDŁA         | ANNA       | WROCLAW              | MATNER RUNNING TEAM                 | 1990 | K35 |          | 00:25:00   | 00:28:05    |   |   |
| 207 | 328  | RACZYŃSKI     | ANDRZEJ    | WROCLAW              |                                     | 1971 | M50 |          | 00:25:03   | 00:29:53    |   |   |
| 208 | 1108 | OMASTA        | MARTA      | WROCLAW              | MKS SIECHNICE                       | 2009 | K16 |          | 00:25:04   | 00:25:12    |   |   |
| 209 | 416  | DYMAŁA        | MIROSLAW   | POPIELÓW             | SZTUKA RUCHU                        | 1982 | M40 |          | 00:25:07   | 00:26:48    |   |   |
| 210 | 22   | SOBKOWICZ     | MAGDALENA  | WROCLAW              |                                     | 1977 | K45 |          | 00:25:10   | 00:26:47    |   |   |
| 211 | 427  | PONIATOWSKI   | MARIUSZ    | NADOLICE WIELKIE     |                                     | 1974 | M50 |          | 00:25:12   | 00:26:52    |   |   |
| 212 | 1216 | POPIEL        | JAN        | WROCLAW              |                                     | 1978 | M45 |          | 00:25:13   | 00:26:46    |   |   |
| 213 | 354  | DOMARADZKA    | MAŁGORZATA | WROCLAW              | MACOPHARMA                          | 1975 | K50 |          | 00:25:14   | 00:25:26    |   |   |
| 214 | 135  | HOSTYŃSKI     | RAFAŁ      | WROCLAW              | MATNER RUNNING TEAM                 | 1977 | M45 |          | 00:25:18   | 00:28:22    |   |   |
| 215 | 113  | STUCZYŃSKA    | IDA        | WROCLAW              |                                     | 2005 | K16 |          | 00:25:19   | 00:28:28    |   |   |
| 216 | 109  | POSŁUSZNY     | PAWEŁ      | WROCLAW              | ALOHA HAKUNA / AWF WROCLAW          | 1979 | M45 |          | 00:25:20   | 00:29:54    |   |   |
| 217 | 263  | TAŃSKI        | MAREK      | WROCLAW              |                                     | 1968 | M55 |          | 00:25:21   | 00:27:04    |   |   |
| 218 | 1221 | KĄDZIOLKA     | ARTUR      | WROCLAW              |                                     | 1988 | M35 |          | 00:25:21   | 00:26:58    |   |   |
| 219 | 404  | GLÓD          | BARBARA    | WROCLAW              |                                     | 2007 | K16 |          | 00:25:21   | 00:28:24    |   |   |
| 220 | 119  | GLÓD          | MATEUSZ    | WROCLAW              |                                     | 1979 | M45 |          | 00:25:23   | 00:28:26    |   |   |
| 221 | 464  | KULA          | LESŁAW     | WROCLAW              | STS EXTREME GROM-BIKE INTRAWER TEAM | 1978 | M45 |          | 00:25:26   | 00:27:16    |   |   |
| 222 | 52   | JASEK         | DOMINIKA   | GROBLICE             | GVT                                 | 1976 | K45 |          | 00:25:33   | 00:27:10    |   |   |
| 223 | 423  | PACZEŚNA      | KATARZYNA  | ÓLDRZYCHOWICE KŁO... | DRUŻYNA KŁODZKA KOTLINA             | 1980 | K45 |          | 00:25:35   | 00:27:09    |   |   |
| 224 | 1142 | JASIK         | JOANNA     | LEGNICA              |                                     | 1987 | K35 |          | 00:25:41   | 00:27:18    |   |   |
| 225 | 132  | CYBURT        | SEBASTIAN  | WROCLAW              |                                     | 1995 | M23 |          | 00:25:42   | 00:27:22    |   |   |
| 226 | 465  | JANIK         | JERZY      | WROCLAW              | VELICANTE SPORT TEAM                | 2006 | M16 |          | 00:25:44   | 00:27:18    |   |   |
| 227 | 125  | HEJNE         | KAROLINA   | WROCLAW              |                                     | 1990 | K35 |          | 00:25:51   | 00:28:53    |   |   |
| 228 | 400  | BAKALARZ      | NATALIA    | WROCLAW              |                                     | 2007 | K16 |          | 00:25:51   | 00:27:30    |   |   |
| 229 | 1215 | OCZKOWSKA     | JUSTYNA    | WROCLAW              |                                     | 1979 | K45 |          | 00:25:54   | 00:27:29    |   |   |
| 230 | 247  | BUCHANIEWICZ  | TOMASZ     | KAMIENIEC WROCLAWSKI | MMS BIEGA                           | 2009 | M16 |          | 00:25:58   | 00:27:34    |   |   |
| 231 | 75   | WOJCIECHOWSKI | BARTOSZ    | WROCLAW              |                                     | 1973 | M50 |          | 00:25:59   | 00:27:46    |   |   |
| 232 | 446  | SAWER         | TOMASZ     | BRZEG                |                                     | 1984 | M40 |          | 00:25:59   | 00:29:12    |   |   |
| 233 | 1076 | PALUCH        | WIKTORIA   | PACZKÓW              |                                     | 2003 | K16 |          | 00:26:00   | 00:30:35    |   |   |
| 234 | 36   | URBANSKA      | KLAUDIA    | WROCLAW              |                                     | 1987 | K35 |          | 00:26:00   | 00:29:04    |   |   |
| 235 | 78   | ZAWADZKI      | PIOTR      | PIECOWICE            |                                     | 1976 | M45 |          | 00:26:00   | 00:29:06    |   |   |
| 236 | 167  | OSTAPCZUK     | LIDIA      | KĄTY WROCLAWSKIE     | KLUB BIEGACZA KĄTY WROCLAWSKIE      | 1985 | K40 |          | 00:26:01   | 00:27:40    |   |   |
| 237 | 152  | TELEŃCZUK     | TOMASZ     | WROCLAW              | SZYBKIE STOPY                       | 1975 | M50 |          | 00:26:01   | 00:27:36    |   |   |
| 238 | 207  | NIEDUZIAK     | AGNIESZKA  | WROCLAW              |                                     | 1971 | K50 |          | 00:26:08   | 00:27:52    |   |   |
| 239 | 1170 | BOGDAŃSKI     | MATEUSZ    | WROCLAW              |                                     | 1995 | M23 |          | 00:26:08   | 00:27:44    |   |   |
| 240 | 214  | NIEDUZIAK     | PAWEŁ      | WROCLAW              |                                     | 1970 | M55 |          | 00:26:09   | 00:27:52    |   |   |
| 241 | 147  | ŻEBRANOWICZ   | MARIUSZ    | WROCLAW              |                                     | 1969 | M55 |          | 00:26:11   | 00:29:14    |   |   |
| 242 | 1030 | CHOJNACKA     | MAJA       | WROCLAW              |                                     | 2007 | K16 |          | 00:26:13   | 00:29:16    |   |   |
| 243 | 271  | HAŁAS         | MAREK      | WROCLAW              | MOCNA GRUPA CEZARA                  | 1969 | M55 |          | 00:26:14   | 00:29:18    |   |   |
| 244 | 331  | ZSIRAI        | ROBERT     | WROCLAW              | NOA                                 | 1982 | M40 |          | 00:26:18   | 00:28:02    |   |   |
| 245 | 473  | BOROWIECKI    | KRZYSZTOF  | WROCLAW              |                                     | 1997 | M23 |          | 00:26:22   | 00:28:12    |   |   |
| 246 | 274  | JEZIEFSKI     | DOMINIK    | WROCLAW              |                                     | 1995 | M23 |          | 00:26:22   | 00:27:58    |   |   |
| 247 | 459  | BORUCKI       | KACPER     | WROCLAW              |                                     | 1997 | M23 |          | 00:26:23   | 00:29:27    |   |   |
| 248 | 379  | WESOŁOWSKI    | TOMASZ     | WROCLAW              |                                     | 1975 | M50 |          | 00:26:27   | 00:28:10    |   |   |
| 249 | 181  | PLATEK        | MAGDALENA  | WROCLAW              |                                     | 1986 | K35 |          | 00:26:37   | 00:28:24    |   |   |
| 250 | 313  | CHUDY         | SZYMON     | ŻŁOBIZNA             |                                     | 1990 | M35 |          | 00:26:38   | 00:28:21    |   |   |
| 251 | 95   | KOŚLACZ       | ANNA       | ŁAGIEWNIKI           | TEAM AKTYWNI                        | 1974 | K50 |          | 00:26:39   | 00:28:20    |   |   |
| 252 | 314  | OLEWICZ       | WOJCIECH   | WROCLAW              |                                     | 1985 | M40 |          | 00:26:46   | 00:29:55    |   |   |
| 253 | 195  | MACHAŁA       | PAWEŁ      | WROCLAW              | KURACJUSZE                          | 1984 | M40 |          | 00:26:47   | 00:30:00    |   |   |
| 254 | 237  | RUDA          | KAMILA     | WROCLAW              | KURACJUSZE                          | 1987 | K35 |          | 00:26:47   | 00:30:00    |   |   |
| 255 | 248  | NIŻAŁOWSKA    | DOROTA     | ŁAGIEWNIKI           | TEAM AKTYWNI                        | 1981 | K40 |          | 00:26:49   | 00:28:30    |   |   |

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| MSC | NR   | NAZWISKO     | IMIĘ           | MIEJSCOWOŚĆ          | KLUB                                | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------|----------------|----------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 256 | 130  | SIBIŃSKI     | MACIEJ         | WROCLAW              |                                     | 1981 | M40 |          | 00:26:50   | 00:29:53    |   |   |
| 257 | 288  | KLIMEK       | TOMASZ         | WROCLAW              | DBTP                                | 1989 | M35 |          | 00:26:53   | 00:29:58    |   |   |
| 258 | 386  | TOMAKA       | PATRYCJA AGATA | OŁDRZYCHOWICE KŁO... | DRUŻYNA KŁODZKA KOTLINA             | 1988 | K35 |          | 00:26:55   | 00:28:30    |   |   |
| 259 | 421  | KADŁUBOWSKI  | PIOTR          | BRZEG                | GÓRYLASY / KOTWICA BRZEG            | 1977 | M45 |          | 00:26:56   | 00:28:42    |   |   |
| 260 | 54   | KOWALSKI     | ARTUR          | WROCLAW              | KDPAK-TAX                           | 1969 | M55 |          | 00:26:57   | 00:30:00    |   |   |
| 261 | 372  | KULASA       | KAMIL          | WROCLAW              |                                     | 1990 | M35 |          | 00:26:59   | 00:30:18    |   |   |
| 262 | 344  | MITEK        | MICHAŁ         | WROCLAW              |                                     | 1991 | M23 |          | 00:27:01   | 00:30:13    |   |   |
| 263 | 144  | MILEK        | MAŁGORZATA     | WROCLAW              |                                     | 1977 | K45 |          | 00:27:02   | 00:30:14    |   |   |
| 264 | 158  | PARADYŻ      | JAROSŁAW       | WROCLAW              | ALKO-TREKKING KOMANDO               | 1982 | M40 |          | 00:27:03   | 00:30:14    |   |   |
| 265 | 1019 | WIŚNIEWSKA   | MARTA          | WROCLAW              |                                     | 1980 | K45 |          | 00:27:04   | 00:28:44    |   |   |
| 266 | 1144 | UNTON        | JOANNA         | KĄTY WROCLAWSKIE     |                                     | 1979 | K45 |          | 00:27:04   | 00:28:42    |   |   |
| 267 | 241  | SOLTYS       | ALICJA         | WROCLAW              | JAMNIKI ZAGŁADY                     | 1997 | K23 |          | 00:27:08   | 00:30:12    |   |   |
| 268 | 240  | KONDRAT      | KAMIL          | WROCLAW              | JAMNIKI ZAGŁADY                     | 1994 | M23 |          | 00:27:08   | 00:30:11    |   |   |
| 269 | 1199 | PAWŁOWSKA    | JUSTYNA        | WROCLAW              |                                     | 1992 | K23 |          | 00:27:09   | 00:30:12    |   |   |
| 270 | 142  | CWIEK        | MANTA          | WROCLAW              |                                     | 1976 | M45 |          | 00:27:10   | 00:28:59    |   |   |
| 271 | 123  | ŚWIĄTEK      | ŁUKASZ         | WROCLAW              |                                     | 1981 | M40 |          | 00:27:11   | 00:29:00    |   |   |
| 272 | 1086 | PIGULSKI     | MACIEJ         | WROCLAW              | BIEGANIZM                           | 1983 | M40 |          | 00:27:12   | 00:30:27    |   |   |
| 273 | 178  | SOCHA        | PIOTR          | WROCLAW              | MATNER RUNNING TEAM                 | 1972 | M50 |          | 00:27:17   | 00:30:22    |   |   |
| 274 | 60   | BŁACH        | MATEUSZ        | WIERUSZÓW            |                                     | 2000 | M23 |          | 00:27:17   | 00:30:23    |   |   |
| 275 | 336  | RODAK        | AGATA          | GDYNIA               |                                     | 2002 | K23 |          | 00:27:20   | 00:30:28    |   |   |
| 276 | 1181 | POPIOŁEK     | MARCIN         | KATOWICE             |                                     | 1976 | M45 |          | 00:27:21   | 00:27:31    |   |   |
| 277 | 165  | PARDA        | AGNIESZKA      | WROCLAW              |                                     | 1985 | K40 |          | 00:27:22   | 00:30:30    |   |   |
| 278 | 62   | WOŹNIAK      | KAROLINA       | WROCLAW              |                                     | 1995 | K23 |          | 00:27:23   | 00:30:25    |   |   |
| 279 | 433  | DAWID        | MAŁGORZATA     | WROCLAW              | STREFA DOBREJ FORMY                 | 1988 | K35 |          | 00:27:29   | 00:30:36    |   |   |
| 280 | 335  | TRUS         | JULIA          | LUBLIN               |                                     | 2001 | K23 |          | 00:27:33   | 00:30:40    |   |   |
| 281 | 232  | ŚWIGUT       | PIOTR          | KRAPKOWICE           |                                     | 1961 | M60 |          | 00:27:36   | 00:27:43    |   |   |
| 282 | 469  | KEMONA       | MARCIN         | WROCLAW              | POKEMON                             | 1985 | M40 |          | 00:27:36   | 00:32:16    |   |   |
| 283 | 1194 | MAKOWSKI     | BARTOSZ        | BRZEG                |                                     | 1973 | M50 |          | 00:27:38   | 00:32:17    |   |   |
| 284 | 1137 | SERWACH      | KATARZYNA      | SIECHNICE            |                                     | 1978 | K45 |          | 00:27:39   | 00:32:15    |   |   |
| 285 | 437  | KUŁAKOWSKA   | MAGDALENA      | ŚRODA ŚLĄSKA         | MATNER RUNNING TEAM                 | 1976 | K45 |          | 00:27:40   | 00:30:45    |   |   |
| 286 | 1003 | TYLECKI      | PIOTR          | KĄTY WROCLAWSKIE     | KLUB BIEGACZA KĄTY WROCLAWSKIE      | 2000 | M23 |          | 00:27:41   | 00:32:15    |   |   |
| 287 | 203  | FLORCZAK     | MARTA          | WROCLAW              | ARKADIUSZ GARDZIELEWSKI RUNNING ... | 1979 | K45 |          | 00:27:43   | 00:32:15    |   |   |
| 288 | 1147 | PLACHIMOWICZ | NATALIA        | WROCLAW              | TRAIL IS OUR WAY                    | 1981 | K40 |          | 00:27:44   | 00:30:47    |   |   |
| 289 | 1210 | ŁABUDA       | AGATA          | WROCLAW              |                                     | 1996 | K23 |          | 00:27:45   | 00:30:51    |   |   |
| 290 | 308  | KOTLIŃSKA    | DOMINIKA       | WROCLAW              |                                     | 1986 | K35 |          | 00:27:50   | 00:29:30    |   |   |
| 291 | 334  | FIRGANEK     | KAMIL          | WROCLAW              |                                     | 2001 | M23 |          | 00:27:56   | 00:32:29    |   |   |
| 292 | 211  | STANULA      | MAGDALENA      | WROCLAW              | MATNER RUNNING CLUB                 | 1998 | K23 |          | 00:27:58   | 00:31:11    |   |   |
| 293 | 1017 | GRZEŚKÓW     | ADRIAN         | WROCLAW              | WROWELO                             | 1993 | M23 |          | 00:28:02   | 00:28:02    |   |   |
| 294 | 413  | KAMIŃSKI     | MICHAŁ         | WROCLAW              | MATNER RUNNING TEAM                 | 1990 | M35 |          | 00:28:02   | 00:31:09    |   |   |
| 295 | 1296 | SKRZESZEWSKA | ANNA           | WROCLAW              |                                     | 1995 | K23 |          | 00:28:03   | 00:32:41    |   |   |
| 296 | 305  | BRAMOWSKI    | MATEUSZ        | CZAPLE               |                                     | 1986 | M35 |          | 00:28:03   | 00:32:39    |   |   |
| 297 | 1200 | ABRAMIK      | STANISŁAW      | WROCLAW              |                                     | 1991 | M23 |          | 00:28:03   | 00:32:40    |   |   |
| 298 | 273  | RAIŃCZUK     | MACIEJ         | WROCLAW              | SII RUNNING TEAM                    | 1986 | M35 |          | 00:28:05   | 00:31:10    |   |   |
| 299 | 1219 | JARCZYŃSKA   | ADRIANA        | WROCLAW              |                                     | 1984 | K40 |          | 00:28:06   | 00:32:55    |   |   |
| 300 | 21   | SZNAJDER     | JOANNA         | WROCLAW              |                                     | 1983 | K40 |          | 00:28:08   | 00:32:41    |   |   |
| 301 | 451  | SKOREK       | MACIEJ         | ZDZIESZOWICE         | NN RUNNING TEAM WROCLAW             | 1980 | M45 |          | 00:28:09   | 00:32:50    |   |   |
| 302 | 1188 | ŻABCZAK      | ANIA           | ROKIETNICA           |                                     | 1983 | K40 |          | 00:28:09   | 00:31:20    |   |   |
| 303 | 1222 | KWARCIAK     | PIOTR          | WROCLAW              |                                     | 1988 | M35 |          | 00:28:09   | 00:29:56    |   |   |
| 304 | 122  | CZARNY       | PIOTR          | WROCLAW              |                                     | 1986 | M35 |          | 00:28:10   | 00:31:17    |   |   |
| 305 | 1193 | SZYNAL       | JUSTYNA        | KĄTY WROCLAWSKIE     | KLUB BIEGACZA KĄTY WROCLAWSKIE      | 1990 | K35 |          | 00:28:14   | 00:31:26    |   |   |
| 306 | 255  | ZYMLINSKI    | ROBERT         | WROCLAW              | HEART ATTACK                        | 1970 | M55 |          | 00:28:21   | 00:33:08    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ       | MIEJSCOWOŚĆ       | KLUB                           | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|-------------------|--------------------------------|------|-----|----------|------------|-------------|---|---|
| 307 | 408  | WOLIKOWSKA         | JOANNA     | WROCLAW           | KOMANDO FOKI                   | 1993 | K23 |          | 00:28:22   | 00:32:54    |   |   |
| 308 | 114  | MATUSZYK           | SZYMON     | SMOLEC            |                                | 1995 | M23 |          | 00:28:27   | 00:31:34    |   |   |
| 309 | 1126 | GAŚECKA            | ALICJA     | WROCLAW           |                                | 1996 | K23 |          | 00:28:28   | 00:33:01    |   |   |
| 310 | 1299 | ADAMCZEWSKI        | KAMIL      | WROCLAW           |                                | 1988 | M35 |          | 00:28:28   | 00:33:01    |   |   |
| 311 | 112  | GRAŚ               | WERONIKA   | SMOLEC            |                                | 1995 | K23 |          | 00:28:29   | 00:31:35    |   |   |
| 312 | 227  | BIĄŁOSKÓRSKA       | MONIKA     | WROCLAW           |                                | 1991 | K23 |          | 00:28:31   | 00:31:41    |   |   |
| 313 | 1075 | LACHOWSKA          | MALGORZATA | WROCLAW           |                                | 1990 | K35 |          | 00:28:31   | 00:31:34    |   |   |
| 314 | 1074 | SZAREK             | BARTOSZ    | WROCLAW           |                                | 1978 | M45 |          | 00:28:31   | 00:31:34    |   |   |
| 315 | 1223 | SARENCA            | SZYMON     | WROCO             |                                | 1992 | M23 |          | 00:28:33   | 00:33:17    |   |   |
| 316 | 1228 | SIBIGA             | JULIA      | WROCLAW           |                                | 2000 | K23 |          | 00:28:34   | 00:33:10    |   |   |
| 317 | 199  | MULTAŃSKI          | TOMASZ     | WROCLAW           |                                | 1971 | M50 |          | 00:28:34   | 00:33:09    |   |   |
| 318 | 399  | RUTA               | ANITA      | JELCZ-LASKOWICE   | MG ULKS MŁODZIK ZIEMIA OŁAWSKA | 1992 | K23 |          | 00:28:35   | 00:31:47    |   |   |
| 319 | 296  | SIKORA             | BARBARA    | WROCLAW           |                                | 1979 | K45 |          | 00:28:36   | 00:31:43    |   |   |
| 320 | 1145 | KĘDZIA             | RENATA     | KĄTY WROCLAWSKIE  | KLUB BIEGACZA KĄTY WROCLAWSKIE | 1985 | K40 |          | 00:28:37   | 00:30:15    |   |   |
| 321 | 1148 | SUTKOWSKI          | MICHAŁ     | WARSZAWA          |                                | 1978 | M45 |          | 00:28:37   | 00:33:14    |   |   |
| 322 | 1211 | RUTKOWSKA          | KATARZYNA  | WROCLAW           | BIEGANIZM                      | 1983 | K40 |          | 00:28:39   | 00:33:21    |   |   |
| 323 | 29   | SŁUPECKI           | MAREK      | WROCLAW           |                                | 1976 | M45 |          | 00:28:39   | 00:31:45    |   |   |
| 324 | 301  | SAWA               | DOMINO     | WROCLAW           |                                | 1975 | M50 |          | 00:28:40   | 00:33:20    |   |   |
| 325 | 1187 | GAZDA              | MAREK      | PISARZOWICE       | SZTUKA RUCHU                   | 1979 | M45 |          | 00:28:40   | 00:33:23    |   |   |
| 326 | 116  | DZIĘCIELSKI        | KRZYSZTOF  | GAŁÓW             | POWSTAŃCY Z KANAPY             | 1963 | M60 |          | 00:28:41   | 00:33:18    |   |   |
| 327 | 1231 | SKRZYPCZAK         | WOJCIECH   | DAKOWY SUCHE      |                                | 1996 | M23 |          | 00:28:42   | 00:33:20    |   |   |
| 328 | 115  | SKORACKA           | ANNA       | WROCLAW           | BAKEMANIA                      | 1992 | K23 |          | 00:28:42   | 00:31:49    |   |   |
| 329 | 1127 | PACZKA             | ANNA       | GNIEZNO           |                                | 1977 | K45 |          | 00:28:43   | 00:33:22    |   |   |
| 330 | 236  | FILARSKA           | MALGORZATA | WROCLAW           | MATNER RUNNING TEAM            | 1981 | K40 |          | 00:28:45   | 00:33:19    |   |   |
| 331 | 1015 | PUKALSKA           | URSZULA    | WROCLAW           | TRIATHLOLOLO                   | 1985 | K40 |          | 00:28:45   | 00:31:53    |   |   |
| 332 | 26   | KOZIŃSKA           | EDYTA      | BRZĘZINKA ŚREDZKA |                                | 1975 | K50 |          | 00:28:46   | 00:31:47    |   |   |
| 333 | 1005 | KUDASZEWICZ        | KATARZYNA  | WROCLAW           |                                | 1990 | K35 |          | 00:28:48   | 00:33:24    |   |   |
| 334 | 208  | KURPIK             | PIOTR      | ZABÓR WIELKI      |                                | 1988 | M35 |          | 00:28:51   | 00:33:25    |   |   |
| 335 | 371  | KLADA              | DARIA      | GRABÓW NAD PROSNĄ | JAMNIKI ZAGŁADY                | 1997 | K23 |          | 00:28:54   | 00:33:30    |   |   |
| 336 | 365  | MADEJSKA           | KAROLINA   | WROCLAW           |                                | 1982 | K40 |          | 00:28:56   | 00:33:31    |   |   |
| 337 | 298  | STELMACH           | BARBARA    | WROCLAW           | STELMACH TEAM                  | 1969 | K55 |          | 00:28:56   | 00:30:32    |   |   |
| 338 | 250  | FURMAN             | ZUZANNA    | WROCLAW           |                                | 1994 | K23 |          | 00:28:56   | 00:33:29    |   |   |
| 339 | 1172 | STAŃCO             | DARIA      | SKRZYŃKA          |                                | 1990 | K35 |          | 00:28:57   | 00:30:32    |   |   |
| 340 | 467  | KAMUS              | MARTA      | WROCLAW           |                                | 1980 | K45 |          | 00:29:00   | 00:32:10    |   |   |
| 341 | 164  | LISZEWSKA          | MARCELINA  | WROCLAW           | KLUB AKTYWNYCH BABECZEK        | 1984 | K40 |          | 00:29:01   | 00:32:09    |   |   |
| 342 | 1295 | KONICKI            | MATEUSZ    | WROCLAW           | JAMNIKI ZAGŁADY                | 1994 | M23 |          | 00:29:03   | 00:33:40    |   |   |
| 343 | 50   | KŁOSZEWSKA         | EWA        | WROCLAW           |                                | 1981 | K40 |          | 00:29:04   | 00:33:38    |   |   |
| 344 | 64   | KULIG-POSŁUSZNY    | REGINA     | WROCLAW           |                                | 1991 | K23 |          | 00:29:08   | 00:33:44    |   |   |
| 345 | 74   | KARMOWSKA          | MAGDALENA  | WROCLAW           |                                | 1979 | K45 |          | 00:29:09   | 00:30:55    |   |   |
| 346 | 168  | BABICKA            | ANIA       | BYSTRZYCA         | KLUB BIEGACZA KĄTY WROCLAWSKIE | 2000 | K23 |          | 00:29:13   | 00:33:47    |   |   |
| 347 | 445  | MORYN              | MAGDA      | WROCLAW           |                                | 1994 | K23 |          | 00:29:14   | 00:32:22    |   |   |
| 348 | 215  | NOWAKOWSKI         | KRYSTIAN   | WROCLAW           |                                | 1982 | M40 |          | 00:29:15   | 00:33:50    |   |   |
| 349 | 253  | WOJTALA            | TERESA     | WROCLAW           |                                | 1969 | K55 |          | 00:29:23   | 00:33:59    |   |   |
| 350 | 56   | RUSNARCZYK         | AGATA      | WROCLAW           |                                | 1990 | K35 |          | 00:29:25   | 00:32:31    |   |   |
| 351 | 154  | TELEŃCZUK          | HANIA      | WROCLAW           | SZYBKE STOPY                   | 2004 | K16 |          | 00:29:29   | 00:31:03    |   |   |
| 352 | 411  | BĄCZEK             | MARIKA     | ŁAGIEWNIKI        | TEAM AKTYWNI                   | 1987 | K35 |          | 00:29:30   | 00:32:40    |   |   |
| 353 | 1140 | SZKWAREK           | MAGDALENA  | WROCLAW           | IPA WROCLAW                    | 1997 | K23 |          | 00:29:30   | 00:34:05    |   |   |
| 354 | 1204 | WIŚNIEWSKI         | STEFAN     | WROCLAW           |                                | 1949 | M65 |          | 00:29:31   | 00:34:07    |   |   |
| 355 | 1297 | WIĄCEK             | JACEK      | SZCZODRE          | JACK-POL LOGISTICS             | 1977 | M45 |          | 00:29:31   | 00:31:17    |   |   |
| 356 | 284  | ŁUSZKIEWICZ-CĘD... | ANNA       | WROCLAW           |                                | 1987 | K35 |          | 00:29:31   | 00:34:09    |   |   |
| 357 | 1298 | WIĄCEK             | ANNA       | SZCZODRE          | JACK-POL LOGISTICS             | 1976 | K45 |          | 00:29:32   | 00:31:17    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ        | MIEJSCOWOŚĆ      | KLUB                             | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|-------------|------------------|----------------------------------|------|-----|----------|------------|-------------|---|---|
| 358 | 259  | SROKOWSKA          | JOANNA      | WROCLAW          | POTEM WINO                       | 1981 | K40 |          | 00:29:43   | 00:34:18    |   |   |
| 359 | 118  | DYMKOWSKA          | MAŁGORZATA  | WROCLAW          | VELICANTE SPORT TEAM             | 1976 | K45 |          | 00:29:44   | 00:32:54    |   |   |
| 360 | 425  | ŁUŻYŃSKI           | WOJCIECH    | LUBSZA           |                                  | 1980 | M45 |          | 00:29:45   | 00:34:23    |   |   |
| 361 | 1035 | MIKOŁAJCZYK        | KAROLINA    | WROCLAW          |                                  | 1986 | K35 |          | 00:29:45   | 00:34:25    |   |   |
| 362 | 1178 | SULEJA             | JOANNA      | STARGARD         | SKL                              | 1960 | K65 |          | 00:29:48   | 00:32:59    |   |   |
| 363 | 1155 | NIEDŹWIECKA        | EWELINA     | STRZELIN         | KLUB BIEGACZA KĄTY WROCLAWSKIE   | 1983 | K40 |          | 00:29:51   | 00:34:28    |   |   |
| 364 | 1051 | OPALA              | MAJA        | WROCLAW          |                                  | 1991 | K23 |          | 00:29:52   | 00:34:28    |   |   |
| 365 | 1233 | GRONOWSKA-KOWALSKA | ALICJA      | MIERUSZÓW        |                                  | 1996 | K23 |          | 00:29:54   | 00:33:05    |   |   |
| 366 | 1088 | KOWALSKI           | RADOSŁAW    | KOWALOWA         |                                  | 1995 | M23 |          | 00:29:54   | 00:33:05    |   |   |
| 367 | 450  | SIKOŃ-WILCZYŃSKA   | MAGDALENA   | WROCLAW          |                                  | 1975 | K50 |          | 00:29:59   | 00:33:09    |   |   |
| 368 | 77   | PAŁGAN             | ANNA        | WROCLAW          |                                  | 1986 | K35 |          | 00:30:08   | 00:34:48    |   |   |
| 369 | 166  | PIEKARSKA          | KRYSTYNA    | WROCLAW          |                                  | 1979 | K45 |          | 00:30:11   | 00:31:50    |   |   |
| 370 | 1023 | BULANDA            | DAWID       | WROCLAW          |                                  | 1996 | M23 |          | 00:30:12   | 00:34:51    |   |   |
| 371 | 1024 | LUDWICKI           | KAMIL       | BIERUTÓW         |                                  | 1990 | M35 |          | 00:30:13   | 00:34:52    |   |   |
| 372 | 35   | NOWAK-KASPRZAK     | ANNA        | WROCLAW          |                                  | 1985 | K40 |          | 00:30:18   | 00:34:57    |   |   |
| 373 | 1232 | ZIÓŁKOWSKA         | PAULINA     | PANOWICE         |                                  | 1998 | K23 |          | 00:30:21   | 00:35:04    |   |   |
| 374 | 1048 | WAKSMAŃSKA         | MAŁGOSIA    | KATOWICE         |                                  | 1976 | K45 |          | 00:30:23   | 00:30:34    |   |   |
| 375 | 358  | CYLEJOWSKA         | EWELINA     | RASZÓW           |                                  | 1986 | K35 |          | 00:30:25   | 00:33:34    |   |   |
| 376 | 171  | KOPAŁA             | JUSTYNA     | WROCLAW          |                                  | 1978 | K45 |          | 00:30:29   | 00:35:06    |   |   |
| 377 | 390  | KRAUZE             | TOMASZ      | WROCLAW          |                                  | 1967 | M55 |          | 00:30:30   | 00:33:45    |   |   |
| 378 | 27   | PATROŃSKA          | ANNA        | WROCLAW          |                                  | 1972 | K50 |          | 00:30:40   | 00:33:52    |   |   |
| 379 | 424  | ZAREMBA            | BEATA       | WROCLAW          |                                  | 1992 | K23 |          | 00:30:41   | 00:35:15    |   |   |
| 380 | 1192 | OSĘKA              | JAN         | SOBIENIE JEZIORY |                                  | 2004 | M16 |          | 00:30:41   | 00:32:19    |   |   |
| 381 | 79   | JANUSZ             | TOMASZ      | WROCLAW          | DBTP                             | 1984 | M40 |          | 00:30:43   | 00:35:17    |   |   |
| 382 | 155  | HYŻYK              | ANNA        | WROCLAW          | MATNER RUNNING TEAM              | 1977 | K45 |          | 00:30:52   | 00:35:29    |   |   |
| 383 | 384  | LIPKOWSKI          | PAWEŁ       | WROCLAW          | VELICANTE SPORT TEAM             | 1973 | M50 |          | 00:30:57   | 00:35:33    |   |   |
| 384 | 1206 | KRECZKO            | SZYMON      | DĄBROWA GÓRNICZA | MBM                              | 2004 | M16 |          | 00:30:59   | 00:32:36    |   |   |
| 385 | 345  | WOJTYŁŁO           | KRZYSZTOF   | WROCLAW          |                                  | 1949 | M65 |          | 00:31:03   | 00:34:15    |   |   |
| 386 | 153  | ANDRZEJCZYK        | ALEKSANDRA  | WROCLAW          |                                  | 1982 | K40 |          | 00:31:05   | 00:35:46    |   |   |
| 387 | 456  | ŁABUZ              | EWA         | WROCLAW          |                                  | 1955 | K65 |          | 00:31:09   | 00:32:54    |   |   |
| 388 | 1205 | NIWIŃSKI           | OSKAR       | WROCLAW          |                                  | 2002 | M23 |          | 00:31:10   | 00:35:51    |   |   |
| 389 | 101  | HAWRON             | TOMASZ      | WROCLAW          | PARKRUN WROCLAW                  | 1972 | M50 |          | 00:31:14   | 00:35:54    |   |   |
| 390 | 434  | JEZIOROWSKI        | RYSZARD     | WROCLAW          | LSB-WE-FEEL-IT                   | 1963 | M60 |          | 00:31:14   | 00:35:58    |   |   |
| 391 | 432  | JASZEK             | EDYTA       | WROCLAW          |                                  | 1987 | K35 |          | 00:31:22   | 00:34:30    |   |   |
| 392 | 385  | LIPKOWSKA          | EWA         | WROCLAW          |                                  | 1973 | K50 |          | 00:31:23   | 00:33:05    |   |   |
| 393 | 198  | MULTAŃSKA          | DOROTA      | WROCLAW          |                                  | 1972 | K50 |          | 00:31:25   | 00:34:35    |   |   |
| 394 | 300  | GIEROŃ             | KASIA       | WROCLAW          | GAJEWSKI SWIMMING TEAM           | 1984 | K40 |          | 00:31:26   | 00:36:04    |   |   |
| 395 | 98   | KWIATKOWSKA        | MARTA       | WROCLAW          |                                  | 1992 | K23 |          | 00:31:30   | 00:36:11    |   |   |
| 396 | 1109 | WITKOWSKA          | NATALIA     | KROTOSZYN        | WITKOWSKI WINIARSKI RUNNING TEAM | 1983 | K40 |          | 00:31:32   | 00:36:13    |   |   |
| 397 | 1213 | KRUPSKI            | MAKSYMILIAN | SMOLEC           |                                  | 1976 | M45 |          | 00:31:34   | 00:33:20    |   |   |
| 398 | 339  | ADAMCZYK           | KATARZYNA   | WROCLAW          |                                  | 1992 | K23 |          | 00:31:38   | 00:36:19    |   |   |
| 399 | 457  | MICHALEWICZ        | ŁUKASZ      | WROCLAW          |                                  | 1989 | M35 |          | 00:31:49   | 00:33:29    |   |   |
| 400 | 72   | SYDORUK            | NINA        | WROCLAW          | MACOPHARMA                       | 1972 | K50 |          | 00:32:11   | 00:36:45    |   |   |
| 401 | 291  | SOLTYSIAK          | MACIEJ      | WROCLAW          |                                  | 1982 | M40 |          | 00:32:13   | 00:36:52    |   |   |
| 402 | 231  | GORCZYCA           | AGNIESZKA   | WROCLAW          | PŁONĄCE RACICZKI                 | 1986 | K35 |          | 00:32:15   | 00:36:48    |   |   |
| 403 | 230  | ZWOLSKA            | ALEKSANDRA  | WROCLAW          | PŁONĄCE RACICZKI                 | 1982 | K40 |          | 00:32:16   | 00:36:48    |   |   |
| 404 | 392  | DŁUGOPOLSKA        | MONIKA      | BIELAWA          | CENTROWNICA                      | 1983 | K40 |          | 00:32:23   | 00:35:25    |   |   |
| 405 | 452  | ŁYNIĘWSKI          | CEZARY      | WROCLAW          |                                  | 1974 | M50 |          | 00:32:28   | 00:37:04    |   |   |
| 406 | 71   | PARADYŻ            | MONIKA      | WROCLAW          |                                  | 1982 | K40 |          | 00:32:33   | 00:37:17    |   |   |
| 407 | 174  | WÓJCIAK            | MAŁGORZATA  | WROCLAW          |                                  | 1979 | K45 |          | 00:32:35   | 00:34:22    |   |   |

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| MSC | NR   | NAZWISKO           | IMIĘ       | MIEJSCOWOŚĆ        | KLUB                    | ROK  | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|--------------------|-------------------------|------|-----|----------|------------|-------------|---|---|
| 408 | 405  | BOJARSKA           | ZUZANNA    | WROCLAW            | BW BIEGACZE WYMIATACZE  | 2004 | K16 |          | 00:32:57   | 00:37:40    |   |   |
| 409 | 49   | KENIO              | ANNA       | WROCLAW            | MATNER RUNNING TEAM     | 1982 | K40 |          | 00:33:01   | 00:36:09    |   |   |
| 410 | 1164 | PODLEŚNY           | KATARZYNA  | PĘGÓW              |                         | 1975 | K50 |          | 00:33:12   | 00:37:59    |   |   |
| 411 | 1169 | CHODAKOWSKA        | KAMILA     | WROCLAW            |                         | 1993 | K23 |          | 00:33:19   | 00:36:33    |   |   |
| 412 | 1153 | MARGAS-NOWAK       | EWA        | ŚWIĘTA KATARZYNA   |                         | 1988 | K35 |          | 00:33:19   | 00:36:33    |   |   |
| 413 | 447  | CIURA              | MARZENA    | SIEDLEC            |                         | 1971 | K50 |          | 00:33:22   | 00:38:03    |   |   |
| 414 | 225  | STRAKOWSKA         | DOMINIKA   | WROCLAW            |                         | 1992 | K23 |          | 00:33:31   | 00:38:06    |   |   |
| 415 | 1055 | MAJEWSKA           | GABRIELA   | WROCLAW            |                         | 2005 | K16 |          | 00:33:49   | 00:38:25    |   |   |
| 416 | 458  | SOSNOWSKA          | ALEKSANDRA | WROCLAW            |                         | 1994 | K23 |          | 00:33:51   | 00:37:01    |   |   |
| 417 | 388  | CIESIÓŁKA          | MAGDALENA  | WROCLAW            | ENERGOTERM SPORTS TEAM  | 1977 | K45 |          | 00:33:55   | 00:38:35    |   |   |
| 418 | 287  | SZWED              | ANNA       | WROCLAW            | ATOS                    | 1989 | K35 |          | 00:34:13   | 00:37:14    |   |   |
| 419 | 33   | GRZELCZYK          | MICHAŁ     | WROCLAW            |                         | 2001 | M23 |          | 00:34:18   | 00:37:22    |   |   |
| 420 | 32   | KLESZCZEWSKA       | ALEKSANDRA | WROCLAW            |                         | 2001 | K23 |          | 00:34:19   | 00:37:23    |   |   |
| 421 | 124  | ŻUBER              | ELŻBIETA   | WROCLAW            | TEAM AKTYWNI            | 1971 | K50 |          | 00:34:19   | 00:37:31    |   |   |
| 422 | 294  | PATOKA             | ANETA      | ŚLIWICE            |                         | 1990 | K35 |          | 00:34:21   | 00:39:01    |   |   |
| 423 | 156  | GREGORCZYK         | JOANNA     | WROCLAW            | GREGORY                 | 1986 | K35 |          | 00:34:26   | 00:39:03    |   |   |
| 424 | 131  | TROMBIK-CWIEK      | AGNIESZKA  | SMOLEC             |                         | 1976 | K45 |          | 00:34:31   | 00:37:38    |   |   |
| 425 | 472  | KAZAŁSKA           | JULIA      | SMOLEC             |                         | 1997 | K23 |          | 00:34:33   | 00:37:43    |   |   |
| 426 | 30   | CHEŁMINIAK         | EWA        | KRÓLIKOWICE        |                         | 1972 | K50 |          | 00:34:44   | 00:37:56    |   |   |
| 427 | 1115 | CHUDY              | AMELIA     | WROCLAW            |                         | 2003 | K16 |          | 00:35:04   | 00:39:46    |   |   |
| 428 | 285  | GWOŹDZIEWICZ       | SZYMON     | KIEŁCZÓW           |                         | 2000 | M23 |          | 00:35:06   | 00:39:48    |   |   |
| 429 | 233  | MADEJ              | MACIEJ     | KIEŁCZÓW           |                         | 1971 | M50 |          | 00:35:10   | 00:39:49    |   |   |
| 430 | 46   | WNUK               | MATEUSZ    | WROCLAW            |                         | 1991 | M23 |          | 00:35:21   | 00:38:31    |   |   |
| 431 | 321  | SUSDORF            | KRZYSZTOF  | PSARY              |                         | 1957 | M65 |          | 00:35:21   | 00:40:05    |   |   |
| 432 | 265  | GUL                | KATARZYNA  | WROCLAW            | MATNER RUNNING TEAM     | 1991 | K23 |          | 00:35:22   | 00:38:23    |   |   |
| 433 | 357  | GRELA              | ŁUKASZ     | WROCLAW            |                         | 1992 | M23 |          | 00:35:40   | 00:40:26    |   |   |
| 434 | 48   | ANIŁCZYK           | AGNIESZKA  | WROCLAW            |                         | 1979 | K45 |          | 00:35:44   | 00:40:31    |   |   |
| 435 | 397  | GRYSZPIŃSKA        | ALICJA     | WROCLAW            |                         | 1972 | K50 |          | 00:35:44   | 00:40:30    |   |   |
| 436 | 1032 | CHUPIKOVA          | ANNA       | WROCLAW            |                         | 1979 | K45 |          | 00:35:50   | 00:40:34    |   |   |
| 437 | 128  | SMYRNOVA           | KATERYNA   | WROCLAW            |                         | 1986 | K35 |          | 00:36:17   | 00:39:25    |   |   |
| 438 | 1224 | ŻABCZAK            | PIOTR      | ROKIETNICA         | FROG                    | 1980 | M45 |          | 00:36:32   | 00:41:17    |   |   |
| 439 | 415  | LYNIEWSKA          | ANNA       | WROCLAW            |                         | 1974 | K50 |          | 00:36:33   | 00:41:12    |   |   |
| 440 | 213  | RUSZCZAK           | MAŁGORZATA | OLESZNA            | TEAM AKTYWNI            | 1985 | K40 |          | 00:36:55   | 00:40:08    |   |   |
| 441 | 310  | MICHALIK-KWAŚNICKA | KATARZYNA  | WROCLAW            | TEAM ŁAPKA              | 1985 | K40 |          | 00:37:17   | 00:42:01    |   |   |
| 442 | 1026 | WŁODARSKA          | MILENA     | WROCLAW            |                         | 1994 | K23 |          | 00:37:44   | 00:42:26    |   |   |
| 443 | 1174 | WOLSKA             | ANNA       | ALEKSANDRÓW ŁÓDZKI | SNG WILD DUCKS          | 1996 | K23 |          | 00:37:45   | 00:42:26    |   |   |
| 444 | 90   | PIEKARZ            | OLEK       | WROCLAW            |                         | 1983 | M40 |          | 00:37:51   | 00:42:28    |   |   |
| 445 | 438  | KOPACZYŃSKA        | ALEKSANDRA | WROCLAW            | NN RUNNING TEAM WROCLAW | 1998 | K23 |          | 00:38:15   | 00:39:53    |   |   |
| 446 | 376  | WIRTH-CZARCIŃSKA   | MAGDALENA  | ZAWONIA            |                         | 1975 | K50 |          | 00:38:21   | 00:40:03    |   |   |
| 447 | 216  | MADEJ              | MAGDALENA  | WROCLAW            |                         | 1974 | K50 |          | 00:38:46   | 00:41:55    |   |   |
| 448 | 1157 | FLIS SCHYNK        | ELA        | LEGNICA            |                         | 1975 | K50 |          | 00:38:46   | 00:41:55    |   |   |
| 449 | 47   | RYFA               | TOMASZ     | WROCLAW            |                         | 1978 | M45 |          | 00:38:51   | 00:43:38    |   |   |
| 450 | 141  | JÓZEFczyk          | JOANNA     | WROCLAW            |                         | 1974 | K50 |          | 00:38:56   | 00:43:35    |   |   |
| 451 | 428  | KUNA               | MARCIN     | IWINY              | NN RUNNING TEAM WROCLAW | 1984 | M40 |          | 00:39:14   | 00:43:50    |   |   |
| 452 | 389  | JASKÓLSKI          | MARCIN     | WROCLAW            | HAPPYFEETTEAM           | 1972 | M50 |          | 00:39:30   | 00:44:12    |   |   |
| 453 | 279  | SOŁTYSIAK          | DIANA      | WROCLAW            |                         | 1982 | K40 |          | 00:39:53   | 00:44:32    |   |   |
| 454 | 320  | SUSDORF            | ANNA       | PSARY              |                         | 1977 | K45 |          | 00:40:05   | 00:44:50    |   |   |
| 455 | 25   | FILIPEK            | AGNIESZKA  | WROCLAW            | KLUB BOBIKA             | 1981 | K40 |          | 00:40:07   | 00:44:50    |   |   |
| 456 | 146  | JANUSZKIEWICZ      | MAGDALENA  | WROCLAW            |                         | 1982 | K40 |          | 00:40:11   | 00:43:24    |   |   |
| 457 | 293  | POLAK              | KATARZYNA  | WROCLAW            |                         | 1985 | K40 |          | 00:40:26   | 00:43:26    |   |   |
| 458 | 270  | HAŁAS              | IZABELLA   | WROCLAW            | PARKRUN WROCLAW         | 1966 | K55 |          | 00:45:50   | 00:50:34    |   |   |